

# Netball NSW Athlete Pathway

## Sparkle Love the Game



**F<sub>3</sub>**

### Netball for Life

Develop your skills, make friends, enhance fitness and learn to love the game.

- A program for every time of life.
- Local Associations and Clubs
- Community Engagement



**F<sub>2</sub>**

### Explore Netball

First exposure to age-appropriate, modified netball. Enjoy free play.

- Sporting Schools



**F<sub>1</sub>**

### FUNDAMENTALS

Develop a repertoire of fundamental movement skills that contribute to netball such as running, jumping, twisting, turning, catching and throwing.

## Strive Enjoy the Challenge



**T<sub>3</sub>**

### Commit

Commit to a recognised pre-elite training environment and regular competition. Comply with ET behaviours and embrace team culture.



**T<sub>4</sub>**

### Breakthrough

Showcase readiness on and off the court to progress to a senior elite level of representation.

- NA Australian Squad
- Netball Youth World Cup
- QBE Swifts Academy
- GIANTS Netball Academy



**T<sub>2</sub>**

### Confirm

Confirm your holistic talent within a dedicated strategy and program including camps and competition. Engage with ET behaviours.

- Indigenous All Stars
- Metro Emerging Talent
- Regional Emerging Talent
- Regional Academies of Sport



**T<sub>1</sub>**

### Demonstrate Potential

Display your on court technical, tactical psychological and physical potential.

- Indigenous Athletes Emerging Talent
- Court Craft Summer Series



## Shine Touch the Stars

**M<sub>1</sub>**

### Multiple Success

A long standing member of the Australian Diamonds that wins multiple medals on the world stage.



**E<sub>2</sub>**

### Elite Success

Team member of the Australian Diamonds that wins a medal at a key international event.



**E<sub>1</sub>**

### Elite Representation

Selected into a Suncorp Super Netball franchise and/or the Australian Diamonds squad.

- World Cup
- Commonwealth Games



Emerging Talent (ET) to Talent

Elite to Mastery