

PHYSICAL PERFORMANCE / STRENGTH AND CONDITIONING COACHES – Casual

The Illawarra Academy of Sport provide a unique opportunity for physical performance coaches in **Shoalhaven (Ulladulla, Vincentia and North Nowra) and Moss Vale** to undertake casual positions for strength and conditioning coaches assisting IAS athletes in the regional areas. All coaches will be under the direction of head Physical Performance coach, IAS and all programming will be provided.

Ideally, candidates will have had some experience in working with developing athletes. The role will primarily require the supervision of the delivery of S&C sessions at identified training venues from 6:30am.

Key Responsibilities

- Implement a program that meets the needs of the athlete
- Capacity to oversee individualised gym-based sessions if required.
- Liaise with the Head Physical Performance coach and the IAS team on the monitoring of the athletes progress and attendance

Qualifications

Candidates must have (or be willing to attain) the following certification

- Cert III or IV in Fitness OR Exercise Science degree
- Current level 1 or 2 Strength and Conditioning Accreditation (ASCA) (or equivalent)
- Current CPR & First Aid
- Hold or ability to obtain a current Working with Children Check (WWCC)
- Sports Integrity Australia Certificate (formerly ASADA Level 1)
- Drivers License

Applicants to provide an expression of interest (maximum 2 page) and a resume to ceo@ias.org.au or performance@ias.org.au. Appointments may be made prior to closing date and will be made within days of close of application.

For further information please contact John Armstrong CEO, IAS on 0412 257 990 or via ceo@ias.org.au or Mitchell Nielsen on 0418 604 736 or at performance@ias.org.au or go to www.ias.org.au/jobs

Applications close COB Monday 20 December 2021