

ANNUAL REPORT

2020

CONTENTS

4 President's Report

6 CEO's Report

ILLAWARA ACADEMY OF SPORT 2020 OVERVIEW

10 Corporate vision statement

12 Board of Directors

13 Administrative Operations

14 Academy Position & Structure

16 Scholarship Programs

18 Advancements in 2020

19 Total Scholarships Offered

20 Honour Roll

ILLAWARA ACADEMY OF SPORT 2020 PROGRAMS

26 Athlete, Coach & Program Manager's Report

28 AFL Girls

30 AWD

32 Basketball

34 Cycling

36 Golf

38 Hockey

40 Lonestar

42 Netball

44 Netball Umpires

46 Rugby Union

48 Swimming

50 Triathlon

ILLAWARA ACADEMY OF SPORT 2020 AWARDS

54 DRB Group Tobin Family Award

56 Brett Stibners Award

57 Athlete of the Year Awards by sport

68 Class of 2020

69 Scholarship Holders by Sport & Region

ILLAWARA ACADEMY OF SPORT 2020 FINANCIALS

72 Financial Reports



PRESIDENT'S REPORT 2020 AGM

To say the 2019/2020 scholarship year has been challenging is an understatement. Little did we know when the Academy launched optimistically into the new scholarship year last September that our nation would be ravaged by horrendous bushfires followed by a global pandemic, COVID-19. These developments have impacted the way we live and do business to this day.

The Illawarra Academy of Sport, relies heavily on interpersonal contact between its educators, scholarship holders, sponsors and other key stakeholders, which have not been exempted from the restrictions and limitations of life in COVID times. Having said this, I am proud to have led an institution whose staff, athletes and the wider Academy family have adapted to the challenges before us. The Academy has found ways through innovation and technology to deliver a meaningful scholarship offering to our clients - the young, emerging and potentially elite athletic talent of our Region.

Many people have made the comment in recent months that "life will never go back to the way it was", and this statement is probably true. However, that doesn't mean that moving into a new space such as working from home or learning on-line rather than in a classroom are necessarily retrograde steps. I am sure that the lessons learned from being adaptable in our delivery of educational content or training and fitness routines, allowing athletes to learn from home or other remote locations have delivered efficiencies which we will carry into the future. I am indebted to Academy CEO John Armstrong, Athlete, Coach and Program Manager Dane Robinson, and newly appointed full time staff member Mitchell Nielsen who delivers our Strength and Conditioning programs for their innovation and enablement in the area of program delivery.

I am indebted to our Communications

and Marketing staffer Emily Robinson for effectively lubricating the day to day communications between the Academy and the athletes and their families. Emily has also rebuilt and refreshed the Academy's website (www.ias.org.au) making it more user friendly and a useful management tool. She organised this year's Annual Golf Day at the Links Shell Cove, which was very well attended by representatives of our sponsors and the wider business community.

To have maintained operations that delivered an acceptable scholarship offering to the largest annual intake of athletes in a scholarship year gives the Board and wider membership of the Academy considerable satisfaction. Some 274 athletes across eleven scholarship programs representing some 25 different sports has been a rewarding challenge.

FINANCES

The Academy's financial position continues to be sound. I extend my thanks to the many financial supporters - public and private who continue to invest in the Region's youth and therefore the Region's future.

The beginning of the financial year was a time of financial uncertainty with the announcement by the Academy movements principal financial contributor, the NSW Office of Sport advising that the four-year 2016-2020 funding boost arrangement was drawing to a conclusion and that reversion to 2016 funding levels was under consideration. A state-wide lobbying effort by all Academies, co-ordinated by the Regional Academies of Sport Incorporated (RASi) has resulted in the maintenance of current funding levels for a further year and consideration of a revised funding bid by the NSW Government for all Academies.

We are grateful to all the Councils of our Region, with Wollongong, Shellharbour, Kiama, Wingecarribee and Shoalhaven

increasing their annual contributions to the Academy. In these difficult times for business and the economy, we are particularly grateful to have new sponsors in the form of the Illawarra Credit Union and MCR join our family of sponsors. The ability to access the Federal Governments COVID related Jobkeeper program has assisted. This combination of additional support, together with ongoing support from long time supporters such as BluescopeWIN Community Partners, Aceit, Soto Engineering, University of Wollongong, BaiMed, Illawarra Yacht Club, Premier Illawarra and Permian Storage. Their ongoing support is deeply appreciated.

I am pleased to announce that the DRB Group joined our family of supporters through sponsoring our pre-eminent Sports Award - the Tobin Family Athlete of the Year Award.

I particularly wish to thank Selin Kahraman, the Academy's Financial Administrator for her sound stewardship of our resources and auditors, O'Donnell Hennessy.

VALE PETER BOWMAN

The saddest moment of the year was the passing of our colleague and great friend Peter Bowman. A Member and Board member of the Academy for over twenty-five years, Peter was the Australian Institute of Sport's representative to the Academy. As an employee of the AIS, Peter had profound experience and knowledge of sport having been manager and coach at National level in swimming and track and field. A qualified chartered accountant, his insights into the Academy's financial affairs were always astute and pretty much on the mark. Peter played a pivotal role in developing the criteria for the Tobin Award selection process and contributed so much to policy development whist on the

Board. He had a "no nonsense" approach but always affable, with a keen sense of humour.

Peter was awarded Life Membership to the Academy in February 2020, (pictured below). Peter Bowman is irreplaceable, and we all feel a deep sense of loss at his passing.

GOVERNANCE

The Academy is governed by a Board with the support of a wider membership. The arrangements around governance have been mixed, using a blend of spatially distanced COVID compliant arrangements, Zoom meetings and the occasional circular resolution process. Communication by phone, email and text in place of face to face has become the norm. Nonetheless it's been a year of achievement. We adopted a Governance Framework during the year, secured an additional staffing resource to deliver on an elevated commitment to strength and conditioning, secured new

sponsors and contributed to the Regional Academies of Sport Inc.

I extend my thanks and appreciation to my colleagues on the Board for their support, encouragement, insights and contributions. Similarly, to the non-Board members of the Academy, your contributions are likewise equally valued.

For the support extended to the Board by CEO John Armstrong and the other Academy staff, thank you. Your enthusiasm and commitment to our 'main game' - the athletes - is admirable and appreciated.

On behalf of Vice President Sharon Wingate and myself I extend our genuine gratitude to all associated with the Academy. We will continue to commit to the region's future by preparing our young scholarship holders for excellence in sporting competition and lifelong citizenship.

JOHN WELLS
PRESIDENT





CEO'S REPORT 2020

Part of the task of a good coach is to provide certainty amidst chaos. In 2019-20 the Illawarra Academy of Sport faced the threat of reduced government funding, loss of sponsorship and a massive disruption of normal activities through the restrictions imposed by COVID-19. The IAS has emerged from this year with new partners via the Illawarra Credit Union and Multi Civil and Rail, retention of funding from government, revised programs, additional support for athletes, divergent means of delivery and a reinforcement from the athletes, parents and partner organisations that we are progressing in the right direction.

At every level, one cannot progress an organisation such as the IAS without strong support from partners and supporters. The IAS is part of a Regional Academy of Sport network and the synergy, support and combined effort has led to the government funding being secured, programs being shared and additional support being provided to enhance the activities of the IAS. The untiring efforts of the staff in extraordinary circumstances has enabled the continuation of programs through the COVID restricted period and in fact an enhancement of the programs throughout the year.

The engagement of the athletes through online agility sessions, webinars, captain's forums and Insta takeovers continues to reinforce the forward thinking of the Illawarra Academy of Sport.

The Academy is expanding in service, opportunity and support. We have increased the level of support for the coaches through specific professional development, we have expanded the level of strength and conditioning options, we have enhanced the level of sports psychology support and we have provided athlete welfare support where appropriate.

Thanks to the support of MCR, this year provided the platform for a new Indigenous Sports Program that will be expanded and developed over the 2020/21 program year. It is only one of the initiatives that will allow the IAS to enhance the opportunities for our athletes and continue to provide the highest level of support possible for our emerging talented athletes of the region. The inclusion of the DRB Group to support the Tobin Family Award and the addition of the Illawarra Credit Union as a major sponsor were examples of the community stepping forward to assist.

To make things work well we must be in synergy with the community, our partners, the sporting organisations, the councils, the board, the staff and the broader vision of the organisation. Amidst uncertainty, the IAS, with all of its collective pieces, has provided support and a stronger direction for its future. As the CEO, I am incredibly proud to play a part in that progression and hold great hopes for the future of the IAS.

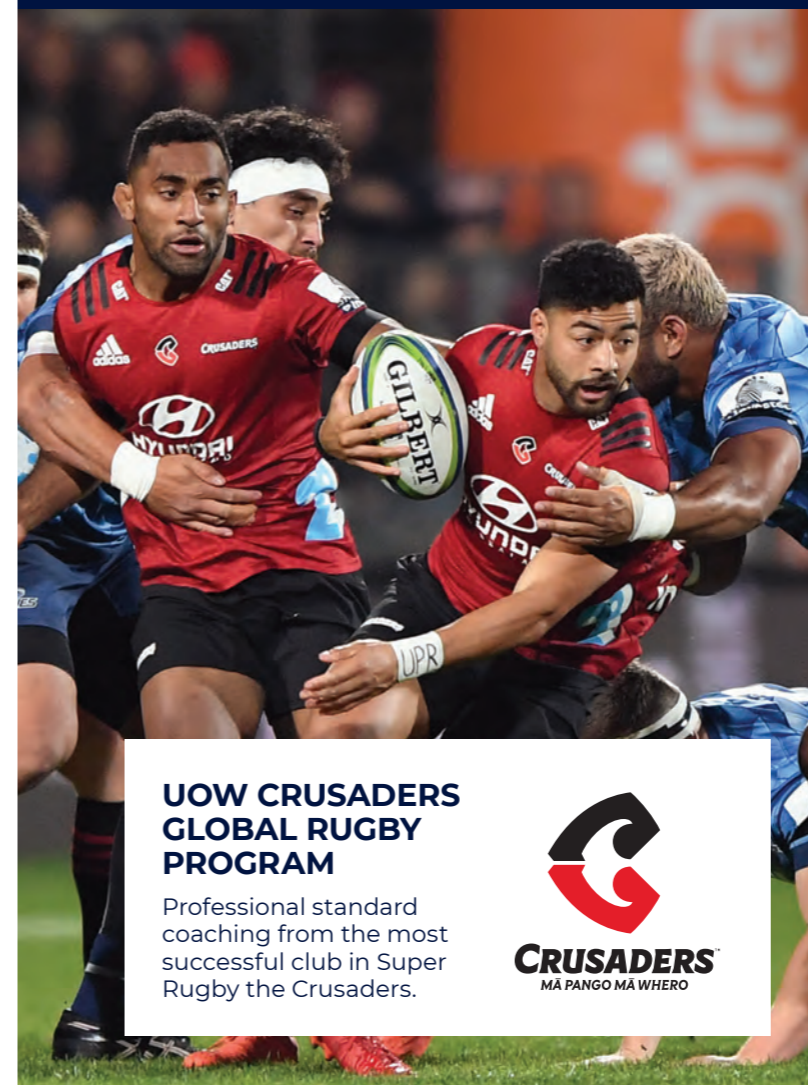
JOHN ARMSTRONG
CEO

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OF WOLLONGONG
AUSTRALIA**

1. QS World University Rankings 2021
2. GUG 2021

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OVERVIEW

2020



illawarra
academy of sport
"a pathway to excellence"

CORPORATE VISION FOR THE ILLAWARRA ACADEMY OF SPORT

VISION

To enable athletes of the Illawarra the maximum opportunity for holistic success and development through excellence in program delivery.

Success looks like ...

- An engaged and competent, functioning Board and staff.
- Long-term sustainability is evident.
- There is viability in future growth opportunities.
- The IAS is perceived as an integral part of the success of the Illawarra community.
- The IAS is perceived as a leading player in sports development and outcomes of the Illawarra sporting community.
- There is continual and regular exposure of the IAS in the community.
- Sponsors and sporting organisations look to the IAS for inclusion.
- Athletes, coaches and program staff have improved understanding, increased competence and modified behaviour due to their engagement in effective programs.

- There are diversified delivery options in education and skills development, and training is provided to best meet the needs of the program, coaches and athletes.
- The IAS is seen as a leader in coach, athlete and program development from within the industry.

We will be measured by ...

- Allocation of sufficient resources to deliver the desired program outcomes through financial and operational efficiency.
- A positive perception of personnel by community and partners.
- The level of involvement of the Academy in the community.
- The level of inclusion in broader sporting outcomes in the Illawarra.
- The regular, appropriate and timely engagement in internal and external communications.
- The development and deployment of a Communications Strategy.
- The way participants respond to the delivery of programs.
- A capacity to meet the holistic needs of the athletes / coaches / staff of the IAS.

HISTORY

The concept of the Illawarra Academy of Sport emanated from a community based investigation into sport and lifestyle opportunities in the Illawarra.

A committee which comprised of representatives from government, education, business and community sport recommended the establishment of an Academy to expand sporting opportunities for talented athletes of the region.

With the University of Wollongong facilitating its progress, the committee's vision became a reality. Then the Illawarra Institute of Sport was launched in December 1985, becoming Australia's first Regional Academy of Sport. For funding reasons, the term Institute, was replaced with Academy prior to incorporation in 1988.

Since 1985, there have been over 6140 scholarships offered to local athletes, producing 15 Olympians, 20 Commonwealth Games Representatives, 11 World Champions and 75 Senior National Team Representatives. The IAS will continue to build on the range of sports available to local athletes.

The regional academy format, pioneered in the Illawarra, has now been replicated across Australia and overseas. Nine independent regional academies are in operation across NSW with the national network of regional academies increasing. The strength of the Illawarra Academy of Sport has always been its strategic alliances and partnerships with Illawarra business, local government, sporting associations at regional and state level and support of the University of Wollongong.

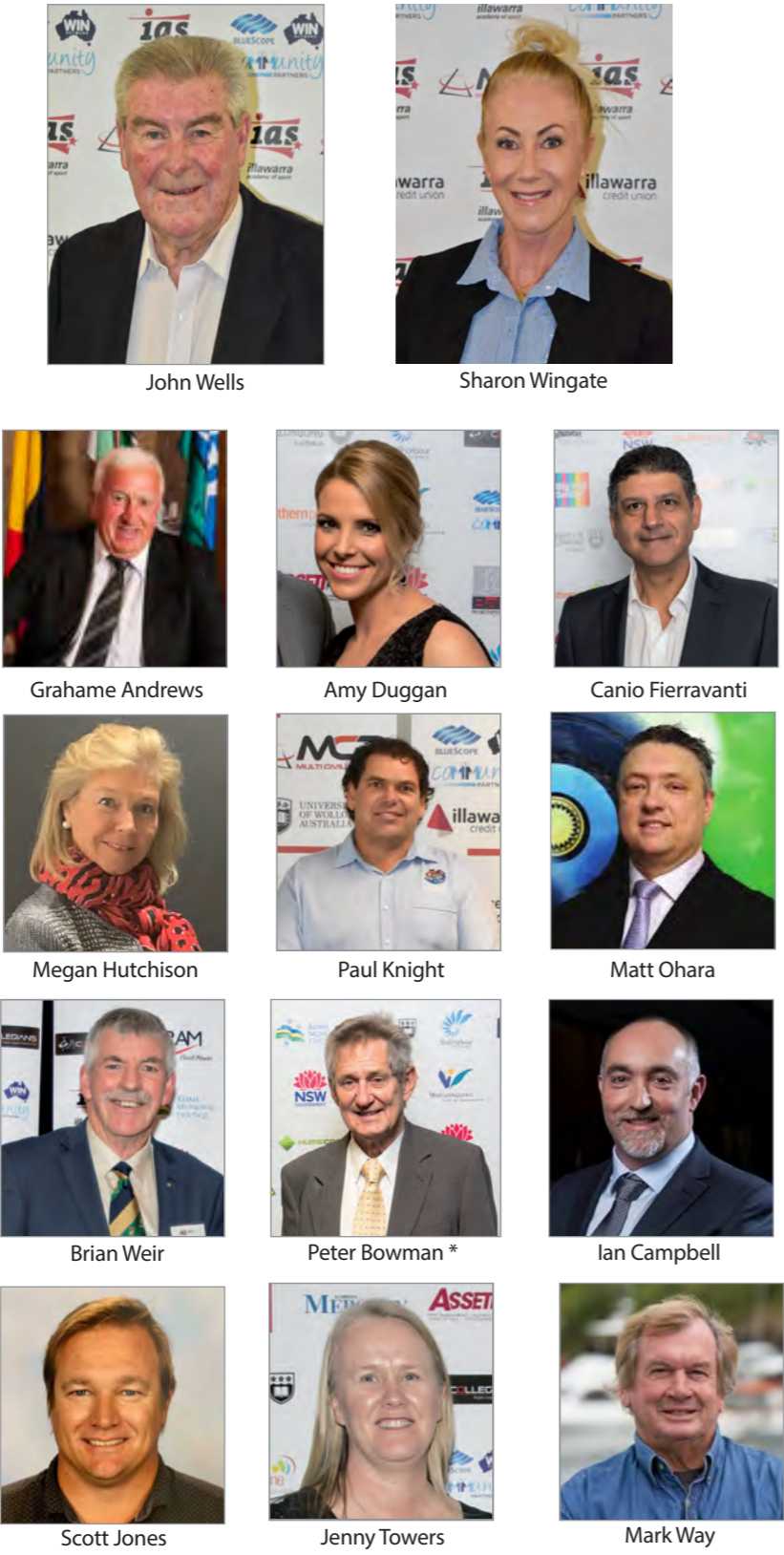


“To provide opportunities and services for sport, talented athletes and coaches within the Illawarra Area to achieve excellence.”



BOARD OF DIRECTORS AND MEMBERS

- Cr. John Wells, President**
Representative of Mayor of Shoalhaven,
Cr. Amanda Findley
- Ms. Sharon Wingate, Vice President**
Community member
Shellharbour representative
- Mr. Grahame Andrews, Director**
Representative of the Mayor of Wingecarribee,
Cr. Duncan Gair
- Ms. Amy Duggan, Director**
Community member, Wollongong representative
- Mr. Canio Fierravanti, Director**
Representative of the Vice Chancellor
of University of Wollongong
- Ms. Megan Hutchison, Director**
Community member, Kiama representative
- Mr. Paul Knight, Director**
“Special” Community member
- Mr. Matt Ohara, Director**
Community member, Wollongong representative
- Mr. Brian Weir PSM, Director**
Representative of Mayor of Shellharbour,
Cr. Marianne Saliba
- Mr. Peter Bowman, Member (*deceased)**
Representative of the Director of
Australian Institute of Sport
- Mr. Ian Campbell, Member**
Community member, Wingecarribee representative
- Mr. Scott Jones, Member**
Community member, Wollongong representative
- Ms. Lisa Kennedy, Member**
Community member, Shoalhaven representative
- Ms. Jenny Towers, Member**
Representative of the Lord Mayor
of Wollongong, Cr. Gordon Bradbery
- Mr. Mark Way, Member**
Representative of the Mayor of Kiama,
Mr. Mark Honey
- Not pictured - Lisa Kennedy



ADMINISTRATIVE OPERATIONS

The Academy Administration Centre is based at the University of Wollongong. The location offers access to IAS training facilities for a range of sports, access to lecture and tutorial rooms, physiotherapy facilities and close links with key volunteer, sports groups and consultants.

The Academy employed four full-time and one part-time staff in 2020. Academy coaching staff are contracted on a casual basis and as volunteers receive a small honorarium to cover their costs.

STAFF 2020

Full Time		Part Time	
Chief Executive Officer	1	Finance Manager	1
Athlete, Coach and Program Manager	1		
Communications and Event Officer	1		
Physical Performance Coach	1		

ACADEMY POSITION IN SPORTS STRUCTURE



As a provider of talent development services, the Academy aims to position itself within the sports system at a level which will be of most benefit to athletes.

As an independent, autonomous organisation, the Academy is in effect, working on behalf of the local and state sporting associations to develop talented athletes for the benefit of both the athletes and the sport.

The Academy programs are designed to complement the activities the athletes receive through their club and representative structure.

LINKS TO SPORTING GROUPS
The Academy operates within the sports system at several pre-elite athlete levels.

It maintains relationships with a range of organisations to ensure that the local talented athletes receive the best possible support in their path to excellence.

NSW GOVERNMENT OFFICE OF SPORT
As the largest single partner of the Academy, there are close operational links with the NSW Office of Sport with regular interaction with the South Coast Region and at senior officer level.

LOCAL & STATE SPORTS ASSOCIATIONS
Administrative and coaching connections are maintained with local and state sporting associations in the Academy's scholarship sports programs.

NSW INSTITUTE OF SPORT
The Illawarra Academy sports programs are structured to ensure the athletes have the greatest opportunity to feed into the NSW Institute of Sport programs (where appropriate).

NSW REGIONAL ACADEMY NETWORK
The eleven independent Regional Academies in NSW maintain a strong connection for athlete competition and training and sport management information sharing.

ACADEMIES OF SPORT INC (RASI)
The eleven independent Regional Academies in NSW, in 2003, formed RASi. The principal purpose of this organization is the planning and support of the Academy Games - a multi sport festival involving all Academies.

AUSTRALIAN INSTITUTE OF SPORT
The links with the AIS were established when the Academy was formed in 1985.

Academy athletes have the opportunity of gaining entry to the AIS and a number of Academy athletes have graduated into AIS programs.

ACADEMY CATCHMENT AREA
The Academy operates through the Illawarra's geographic region comprising the five local government areas of: Wollongong, Shellharbour, Kiama, Shoalhaven, and Wingecarribee.

Illawarra covers an area of 8,485 square kilometres and extends from Helensburgh in the north, Ulladulla in the south and across to the Southern Highlands in the west. The region has a population of approximately 480,000.



WHAT DOES THE ACADEMY OFFER EACH ATHLETE?

The Academy’s major focus is the delivery of sport coaching, physical development and education programs for its scholarship athletes to improve each individual athlete’s sporting ability.

COMMON ATHLETE ELIGIBILITY CRITERIA

All athletes should;

- Reside within the catchment area of the IAS.
- Be open to advancing their technical and personal development through coaching and associated support services.
- Demonstrate a specific level of achievement that meets the squad’s entry level technical criteria (if appropriate).
- Be a registered participant of an association within the region.

PROGRAM BENEFITS & SERVICES

- Access to high quality coaches from within their sport
 - Regular identified training sessions that are designed to meet the specific needs of that sport (squads only)
 - Targeted skills development progression based upon the FTEM model of athlete development
 - Specific parental education in athlete development options and strength and conditioning basics
 - All IAS head coaches receive specific, personalised and additional coach development opportunities and support services to enable them to be a better coach through the QUBE Ports Coach Development program
 - All assistant or support coaches will have access to the QUBE Ports Coach
- Development program, including access to the 6-week “Mindful Coaching” Development sessions and support opportunities
- Access to leading edge Sports Psychology education and support and reduced rates for one-on-one sports psychology support
 - Access to mayoral receptions and sponsor relationship evenings
 - Access to unique competition opportunities including the “Your Local Club” Regional Academy Games (cancelled due to COVID-19 restrictions)
 - Sports specific, physical performance testing and musculo-skeletal assessments
 - Access to a broad range of education and personal development curriculum;
 - Sports Psychology
 - Drugs in Sport and anti-doping

- Sports Nutrition
 - Athlete Movement & Injury Prevention
 - Strength and conditioning
 - Media skills and public speaking
 - Social media, safety and bullying
 - Parent education - Supporting your Athlete
- A comprehensive Strength and Conditioning service to all athletes (subject to age restrictions) that includes;
 - Free access to council-based strength and conditioning facilities in local areas
 - 1 x local area supervised S&C session at local gym weekly
 - 2 x centralised supervised sessions weekly
 - Squad specific, age specific program
 - 3 x generic advancements in S&C programming across the Academy year
 - Specific squad-based training focusing on conditioning, speed, agility, mobility, etc.
 - Capacity to access improved, individualised programming and supervision
 - Open education session
 - Community development opportunities including, Red Shield Appeal; Healthy Cities; Flagstaff.



A key objective of the Academy is to holistically develop young athletes through skill training, education curriculum and personal development, in turn developing outstanding sports citizens and future leaders in the local community.



PERSONAL DEVELOPMENT

A key objective of the Academy is to develop outstanding sports citizens, utilising education and awareness sessions based on public speaking, sport psychology, drugs in sport, media skills and sponsor servicing.

In addition, athletes are exposed to community-driven and promotional opportunities to develop their personal understanding of the breadth of sports development and community awareness.

During the scholarship, athletes attended a personal development day, designed to physically and emotionally challenge them and complete leadership and team building activities. This scholarship’s personal development camp was conducted by Savvy Fitness with a ‘Survivor’ Leadership Day.

ADVANCEMENTS IN 2020

The Academy’s vision is to enable athletes of the Illawarra the maximum opportunity for holistic success and development through excellence in program delivery. In the 2019-20 scholarship year we continued to innovate program delivery.

CHANGED DELIVERY DUE TO COVID-19 RESTRICTIONS

The restrictions imposed by the onset of the COVID-19 virus in late March stopped all face-to-face training, education and games until further notice. That required the IAS to change its delivery mode. The resulting adaptations provided athletes with home-based strength & conditioning programs, delivery of online sport-specific tasks, webinar-based education sessions, regular online team-based meetings with their squad and coaches, and social media challenges.

The IAS marked itself as one of the few sporting organisations in the Illawarra – and indeed throughout NSW – to continue its delivery of services to its athletes, albeit modified. Many athletes appreciated the opportunities provided to them at home and found the eventual return to sport much easier.

STRENGTH AND CONDITIONING

The IAS not only remained committed to ensuring our athletes received high quality programming, guidance & supervision throughout the year – it expanded its service in 2020. With regular competition and training loads greatly decreased, the aim of the IAS strength & conditioning program was to ensure our athletes maintained a standard of physical conditioning that would allow them to perform at the same level upon the resumption of routine training & competition.

Bodyweight-based strength programs were delivered remotely through a series of online videos. Weekly mobility sessions were conducted online to supplement our athlete’s

strength programs. Training programs had videos to indicate the correct technique.

Once restrictions were eased, weekly outdoor conditioning sessions were delivered to help athletes maintain their cardiovascular endurance while regular sports training & competition was on hold. Conditioning sessions were conducted in Wollongong, Kiama and the Shoalhaven.

The IAS expanded the role of Mitchell Nielsen, our Physical Performance coach to a full-time role in March, recognising the roles’ importance in athlete development. With newly-established links to NSWIS in this area, it will help strengthen pathway opportunities for our athletes and provides direct access to world class physical performance expertise. The IAS expects to continue its provision of strength and conditioning to our athletes, ensuring a strong foundation is established for their present and future physical development.

COMMUNICATIONS

Continual improvements to our communication channels and online presence was evident in 2019-20. A major highlight was the rebuild and design of the new Illawarra Academy of Sport website (ias.org.au).

Our social media improved in engagement and content variety, particularly through the introduction of ‘Athlete Takeovers’ via Instagram and online challenges, complementing the continued support of athlete and coach achievements, IAS activities and other resources. The Academy’s Instagram has seen a follower increase of over 111% and our Facebook following grew by over 31%, with LinkedIn and Twitter having continued interaction.

The utilisation of ‘TeamApp’ for communication to Athletes from IAS Staff and Coaches has proved beneficial in accessibility and ease of communication to specific groups or squads,

particularly for attendance tracking and monitoring.

In continuing to live the #nostoppongtheIAS motto, mayoral receptions were delivered via video, and the 2020 Presentation and Awards were delivered via all media channels, website and through the Illawarra Mercury over a two week period – culminating to the DRB Group Tobin Family Award presentation on 2 October 2020. All squad athlete awards were supported by video, interviews and print based recognition.

The majority of our education sessions were completed using webinars in 2020. Zoom meetings were critical in keeping connected.

CAPTAIN’S CLASS

The IAS has always put the athletes’ needs first and foremost, and 2020 saw the initiation of a team of Captains, assigned from each program, to represent the athlete body. Leadership development is a major component of the IAS Scholarship, as is assisting athletes to become not only better athletes but better people and future leaders of our community. Allowing the athletes to have a voice and ability to input to their own development is crucial in providing the best service for the up-and-coming talent of the region.

COACH DEVELOPMENT

The best way to reach the athletes is to through the coaches. Through the support of QUBE Ports, the IAS continues to maintain its focus upon the ongoing development of the coaches within our programs. In an Australian first, the QUBE Ports Coach Development program enabled the delivery of a unique 6-week ‘Mindful Coach’ course offered by one of Australia’s most respected Skills Acquisitionists. This was in addition to continual support and development opportunities provided to all coaches, including a Women’s Leadership forum and sport-specific mentoring.

TOTAL SCHOLARSHIPS OFFERED 1986-2020

AFL	
Female	97
ATHLETES WITH A DISABILITY	
Male	62
Female	39
BASKETBALL	
Male	177
Female	168
CRICKET	
Male	559
Female	95
CYCLING	
Male	188
Female	89
GOLF	
Male	235
Female	61
GYMNASTICS	
Female	26
HOCKEY	
Male	495
Female	510
INDIVIDUAL ATHLETES	
Male	74
Female	75
LAWN BOWLS	
Male	104
Female	54
LONESTAR	
Male	158
Female	215
NETBALL	
Female	767

NETBALL UMPIRES	
Female	10
RUGBY LEAGUE	
Male	666
RUGBY 7S	
Male	30
Female	24
RUGBY UNION	
Male	494
Female	16
SAILING	
Male	81
Female	25
SOCCER	
Male	144
Female	1
SURFING	
Male	64
Female	19
SWIMMING	
Male	104
Female	88
TENNIS	
Male	0
Female	26
TENPIN BOWLING	
Male	2
Female	3
TOUCH	
Male	35
Female	3
TRIATHLON	
Male	37
Female	25
TOTAL SCHOLARSHIPS OFFERED	6146

ILLAWARRA ACADEMY OF SPORT HONOUR ROLL

IAS Graduates that have represented at an Olympic Games, World Championships or Commonwealth Games

SPORT	ATHLETE	ACHIEVEMENT	YEAR
Athletics	SARAH CARLI	2019 World Championships	2012
Athletics	RYAN GREGSON	2012 & 2016 Olympic Games and 2014 Commonwealth Games	2008
Athletics	MADELINE HILLS (NEE HEINER)	2016 Olympic Games and 2014 Commonwealth Games	2004
AWD	SIOBHAN PATON	World Champion and 2000 Paralympics Gold Medalist	1998
AWD	MEGAN NEWELL	2011 Special Olympics Gold Medalist	2002
AWD	JESSICA SMITH	2004 Paralympic Games	2003
AWD	BRETT STIBERS	2016 Paralympian and 2008 Paralympic Gold Medalist	1996
Cricket	BRETT LEE	2003 Cricket World Cup	1990
Cricket	SHANE LEE	1999 Cricket World Cup	1989
Cycling	ROCHELLE GILMORE	World Champion and Commonwealth Games Medalist	1996
Cycling	BEN KERSTEN	2006 Commonwealth Games and Gold Medalist	1995
Cycling	JOSH KERSTEN	1998 Commonwealth Games Bronze Medalist	1994
Cycling	JAMES WILLIAMSON	MTB 24 hour Solo World Championships Gold Medalist	2002
Cycling	CALEB EWAN	2014 Commonwealth Games	2010
Hockey	KIERAN GOVERS	World Champion, 2012 Olympic Bronze Medalist and 2014 Commonwealth Games Gold Medalist	2004
Hockey	BLAKE GOVERS	2016 Olympic Games	2012
Hockey	GRACE STEWART	2016 Olympic Games	2014
Hockey	TRISTAN WHITE	2014 Commonwealth Games Gold Medalist and Australian Kookaburras	2006
Hockey	FLYNN OGILVE	2015 Indoor Hockey World Cup and Australian Kookaburras	2007
Hockey	MELISSIA SIMPSON	2007 Indoor Hockey World Cup	2002
Hockey	EMMA MACLEASH (NEE COBBIN)	2011 Indoor Hockey World Cup	2004
Hockey	SIMON BEATON	2015 Indoor Hockey World Cup	2000
Hockey	HEATH OGILVIE	2015 Indoor Hockey World Cup	2008
Hockey	KURT OGLVIE	2011 and 2015 Indoor Hockey World Cup	2000
Hockey	LYNDAL OGILVIE	2011 Indoor Hockey World Cup	2001
Hockey	KYLIE SMITH	2011 Indoor Hockey World Cup	1999

SPORT	ATHLETE	ACHIEVEMENT	YEAR
Kayaking	ZOE LYNAM (NEE UPHILL)	2008 Olympic Games	1999
Lawn Bowls	KAREN MURPHY	World Champion and Commonwealth Games Gold Medalist	1990
Lawn Bowls	LEIF SELBY	World Champion and 2010 Commonwealth Games Silver Medalist	1990
Lawn Bowls	BRET DUPREZ	World Champion and 1998 Commonwealth Games Gold Medalist	1990
Rowing	DAVID SMITH	2012 Olympic Games Gold Medalist	2001
Rugby League	JOSH MORRIS	2013 Rugby League World Cup Winner	2001
Rugby League	BRETT STEWART	2008 Rugby League World Cup	1999
Rugby League	KANE LINNETT	2013 Rugby League World Cup	2005
Rugby League	KEITH LULIA	2013 Rugby League World Cup	2002
Rugby League	CRAIG FITZGIBBON	2008 Rugby League World Cup	1994
Soccer	LUKE WILKSHIRE	2010 World Cup and 2004 Olympic Games	1996
Surfing	MICHAEL LOWE	World Surfing Championships	1990
Surfing	SALLY FITZGIBBONS	World Surfing Championships	2007
Surfing	KIM WOOLDRIDGE	World Surfing Championships	1988
Surfing	CHAD RYAN	World Surfing Championships	1990
Surfing	JAKE SPOONER	World Surfing Championships	1988
Surfing	TODD PRESTAGE	World Surfing Championships	1988
Swimming	DAVID MCKEON	2016 and 2012 Olympic Games and 2014 Commonwealth Games Gold Medalist	2010
Swimming	JARROD POORT	2016 and 2012 Olympic Games	2010
Swimming	EMMA MCKEON	2016 Olympic Games Gold Medalist and 2014 Commonwealth Games Gold Medalist	2010
Swimming	ROBERT HURLEY	2010 Commonwealth Games	2006
Swimming	JASON CRAM	World Champion and 2002 Commonwealth Games Gold Medalist	2000
Swimming	LORI MUNZ	1998 Commonwealth Games Gold Medalist	1997
Swimming	SARAH KASOULIS	2002 Commonwealth Games	1999

ILLAWARRA ACADEMY OF SPORT

HONOUR ROLL

IAS Graduates Who Have Represented at Intenational Level

SPORT	ATHLETE	ACHIEVEMENT	YEAR
AWD	SAM HARDAKER	Australian Disability Swim Team	2001
AWD	JACQUELINE CHARLESWORTH	Australian Women's Wheelchair Basketball Team	1999
Cricket	PHIL JAQUES	Australian Cricket Team	1993
Cricket	ADAM ZAMPA	Australian Cricket Team	2007
Cycling	AMIEL CAVALIER	Australian MTB Team	2005
Cycling	JOSH WALL	Australian Cycling Team	2001
Golf	JORDAN ZUNIC	Winner of the New Zealand Open	2007
Hockey	STEPHEN MADGE	Australian Kookaburras	2000
Hockey	KYAH GRAY	Australian Indoor Hockey Team	2009
Lawn Bowls	SARAH BODDINGTON	Australian Women's Team	2008
Netball	MARNI HANSELL	Australian Netball Team	1996
Netball	SARAH BARRETT	Australian Netball Team	1996
Rugby League	LUKE BAILEY	Australian Kangaroos	1995
Rugby League	SHAUN TIMMINS	Australian Kangaroos	1993
Rugby League	JOHN SIMON	Australian Kangaroos	1990
Rugby League	BEN HORNBY	Australian Kangaroos	1995
Rugby Union	MARTIN SCHLIEBS	Australian Rugby 7's Team	1998
Rugby Union	PAUL ASQUITH	Australian Rugby 7's Team	2007
Rugby Union	ALEXANDER KANAAR	Australian Wallabies	1999
Rugby Union	DAN PALMER	Australian Wallabies	2004
Swimming	BEN DENNER	Australian Swimming Team	2000
Swimming	KAINE LOVE	Australian Swimming Team	2000



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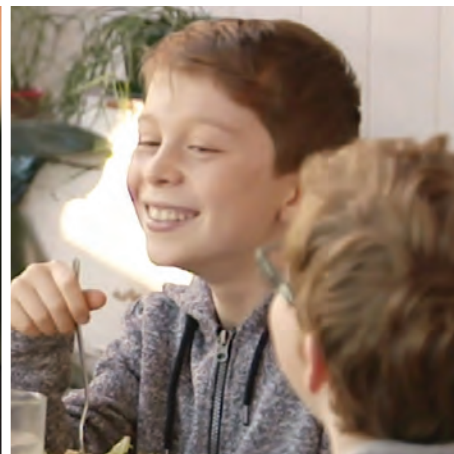
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PROGRAM REPORT

2020



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ATHLETE, COACH & PROGRAM MANAGER'S REPORT 2020



The Academy belongs to the athletes of the region, and we are proud of the leadership and development that each of the athletes have undertaken for themselves in a year where most of the competition was either stopped, delayed or inhibited.

The athletes stepped up by engaging in the online strength and conditioning services offered over the COVID restrictions period, and partaking in the webinars provided in nutrition, sports psychology and utilisation of social media. Additionally, we estimate that 78% of athletes have taken up the offer of strength and conditioning as a platform for their physical development.

It is the standard of behaviour of the athletes that provides the highest level of pride for those associated with the Academy and the athletes deserve a high level of praise for the manner in which they have conducted themselves in every environment. It is expected – and it was delivered.

Each squad within the IAS Programs is driven by the coaches and managers. The IAS has provided specific support to all coaches through access to "The Mindful Coach" Professional Development offered by a leading Skills Acquisitionist in the country. Additionally, support has been provided through different mentor programs and formal education opportunities that have arisen. We believe in the development of the coach and will continue to offer strong support in this area, thanks to Qube Ports for supporting the Coach Development Program.

The Academy will continue to provide the highest level of support in skills development, education across a broad cross section, physical development through the strength and conditioning, and "off field" development such as community support, media skills, sports psychology and more. We continue to be impressed by the athletes of the region and hope that we have played some small part in their athletic and personal development through the support offered.

The support must extend to the role that Emily Robinson has played in enabling the athletes a platform through the social media channels and the broader media exposure offered. The athletes have been highly engaged through the lockdown period and the communications channels were key to this.

We are encouraged by the feedback provided by the athletes and the parents in the end-of-year survey, indicating that we are progressing in our provision of support that is meaningful and effective. Our commitment is to continue this into the future.

My congratulations go to Ryan Britten as the DRB Group Tobin Family Award Athlete of the Year – a stunning performance in a very tough year and an example of the quality of athletes that the IAS is assisting in 2019-20.

DANE ROBINSON
ATHLETE, COACH & PROGRAM MANAGER



AFL GIRLS REPORT 2020

2020 was the third year of the AFL Girls Program, consisting of 41 athletes across the U16 and U18 age groups.

The IAS AFL Girls Program was designed to provide coaching, training and competition to improve athlete development with a view to

- Develop the fundamental skill level of athletes
- Prepare athletes to a level where their transition to any NSW State Team is seamless
- Increase the level of success of those athletes at competition and events

PROGRAM STAFF

Lee Murray	Head Coach
Sheree Mason	Manager
Bentley Murphy	Assistant Coach
Liam James	Assistant Coach
Thomas Dore	Assistant Coach
Katie Gaskin	Assistant Coach
Peter Anstice	Assistant Coach
Peter Deards	Assistant Coach

OUTLINE OF AFL PROGRAM COMPONENTS AND FOCUS

Program Components

- Weekly training
- Education sessions
- Media skills sessions
- Nutrition Webinars
- Strength and Conditioning programs

Focus Skill Points

- Basic kicking and handballing skills
- Communication and Teamwork
- Decision making with the football
- Training under pressure through competitive and contested drills

OTHER DEVELOPMENTS ATHLETES HAVE MADE FROM THE PROGRAM

The girls have all come a very long way in their development since the commencement of the program in October. Their commitment and motivation for the program has been impressive and the comradery that they have built as a team has been special to witness. Their confidence in their ability

has led to drastic improvements in their skill development. Overall, the girls have improved in almost every possible way over the course of the year.



2020 SUMMARY

For any coach, the Academy Program is definitely a great opportunity to promote, encourage and develop players at an important developmental time in their sporting lives.

I took to this program with bold ambitions, the largest squad on the IAS books and a noteworthy list of coaches to assist in the goal of developing this squad into better players and as a team. Premier division captains, coaches, premierships winners, South Coast AFL rep players and senior rep coaches were just some of the talent brought on board to assist with coaching the program, each with a unique skill set and talent that the squad were able to learn

from. Having a plethora of coaches at all pre COVID sessions allowed the squad to cover a broad range of skills, drills and develop into quite a formidable force.

The AFL Girls had the opportunity to put their impressive skills on display at a Tri Series weekend in Wagga with Southern Sports Academy and Western Region Academy of Sport. The squad participated in team building activities, a mud run, training and education sessions, in addition to playing in a round robin environment, with their hard work rewarded with acknowledgement from the other Academies, coaches and our on-field results. During the trip we displayed an improved skill set and sense of game play – well and truly on track to shine at Academy Games before COVID hit.

For me it has been an honour and a privilege to have coached the Illawarra Academy of Sport AFL squad, something I look forward to continuing in 2021 as I believe the region to have a rich talent that under this program and its offerings will help develop players to their full potential.

I must thank the unbelievable work of our team manager Sheree Mason, who ran a very tight ship and kept us all organised. I must also acknowledge the support and efforts of my assistant coaches, who added the finishing touches to this program. My hope was that sessions were enjoyed, new skills were learnt and a love for this great game of AFL was further developed.

Lee Murray, Head Coach



AWD REPORT 2020

The AWD program is a structured and elite program focusing on a high level of skill and performance development for Athletes with a Disability. The athletes within the program come from a range of sports and throughout the program are supported in the strength and conditioning, skills development and proficiency in order to perform at a high level in their respective sports. The program is structured around weekly strength, conditioning and skill development sessions which is coupled by the IAS educational programs in a supportive environment. The athletes within the program present with a range of physical and intellectual disabilities and different experiences levels within their sports. The programs primary goal is to give AWD a supportive and leading opportunity to participate in high end sports / skill development and education.

OUTLINE OF AWD PROGRAM COMPONENTS AND FOCUS SKILL TARGETS

- Individualised Strength and conditioning for each athlete specific for the needs of their sports.
- Individualised skill development and skill proficiency/ mastery throughout programs
- Transfer of skills for athletes to apply across sporting fields and or events.
- Effective feedback both verbal and written around athlete development and improvement.

PROGRAM STAFF	
Kurt Freeme	Head Coach
Georgia Flynn	Coach



ATHLETE ACHIEVEMENTS

All individual athletes had a great year despite many events being cancelled. The highlights included:

- Telaya Blacksmith - Sydney Swans AFL Training Academy and Athletics records
- Jarred Dyer - Selected in the Para Development Squad, and numerous placings at State and National Swimming meets
- Tarren Dyer - NSW Swimming Championships
- Patrick Mitchell - NSW Soccer squad
- Chloe Williamson - Swimming records

2020 SUMMARY

2020 has been another busy, challenging, and successful year for the IAS AWD program with athletes having great success in their sports. Despite the unknown challenges thrown at the athletes during the 2020 season, all athletes remained

focused and consistent with their training and performance. In 2020, we welcomed new athletes, Telaya Blacksmith and Chloe Williamson, who both worked hard in their related sports from the start. The squad had our returning athletes Jarred and Tarren Dyer and Patrick Mitchell, giving us a squad of 5 athletes this year. Our athletes have been put through their paces with weekly strength and conditioning sessions and skill specific training directly related to their sports, allowing them to transfer these skills and aspects of strength and conditioning into their competition. Even during the initial COVID-19 restrictions we had all athletes still checking into our weekly training



sessions via Zoom and they all continued to perform at a high level.

One of our experienced athletes Jarred Dyer, utilised his strong work ethic, hard work and high level of application to represent in both State and National level squads and meets for swimming. Jarred has had an outstanding year in the pool with several accolades, including numerous medals and many records broken throughout the swim season. Jarred was successfully selected as one of the targeted athletes of the Paralympic Development Squad for 2022 and also in the NSW Institute of Sport.

Tarren Dyer has continued to be a strong performer in the pool, always displaying an amazing work ethic at training. Tarren's attitude and focus on his training has been outstanding, leading to another successful year for Tarren.

Patrick Mitchell has displayed a high level of skill proficiency and skill transfer, representing at State level in soccer for numerous years. He is now training for athletics, with a focus on running. Patrick attends each session open minded and is enthusiastic to learning new skills and pushing himself to the limit, he has the ability to achieve in a range of sporting arenas.

Telaya Blacksmith is a new and promising

athlete within the AWD squad. She is a promising runner who already has several accolades under her belt including both places and records at regional, state, and national level events. Telaya has developed in her confidence and application to training throughout the year, especially regarding her movement patterns and motivation. Telaya was also successfully selected for the Sydney Swans AFL training academy squad and trains weekly with them. Telaya has immense potential and we look forward to seeing where the young athlete will go.



reflected by her continuous great results and achievements in the pool this year.

The AWD program has been another successful year with all athletes working hard and consistently overcoming the obstacles. **Well done to all members of the AWD squad a great year!**



BASKETBALL REPORT 2020

The IAS BluescopeWIN Basketball Program was designed to provide coaching, training and competition to improve athlete development with a view to;

- Develop the fundamental skill level of athletes
- Prepare athletes to a level where their transition to any NSW State Team is seamless in terms of pathways
- Increase the level of success of those athletes at competition and events

PROGRAM STAFF

Tori Forrester	Coach
Glen Saville	Coach
Kerrie Jamieson	Manager

OUTLINE OF BASKETBALL PROGRAM COMPONENTS AND FOCUS SKILL TARGETS

The IAS Basketball Program for 2019/20 had a great emphasis on training and teaching the athletes to become holistic and complete basketball players. The program consisted of weekly skill and game concept

development training sessions to which the athletes were exposed to new fundamental skills and relevant game concept styles that is common in today's game.

Along with the weekly training sessions, athletes were given specific individual 'homework', which provided the athletes with goals and focus points to continue to develop their individual weaknesses. Athletes were also able to access strength and conditioning sessions to become bigger, stronger and faster on the court.

DEVELOPMENTS ATHLETES HAVE MADE FROM THE PROGRAM

The IAS Basketballers have grown in numerous aspects throughout the year. The most noticeable is their confidence and communication skills. Effective communication on the court is paramount to any successful basketball team and witnessing the IAS athlete's communication skills develop has been a crucial step in their development. This development has coincided with the athletes having more confidence in themselves and their ability,

leading to improved performances.

ATHLETE ACHIEVEMENTS

On the court some basketball athletes have taken strides in their development, including 13 athletes selected to represent NSW Country. Higher selections include:

- Amelia Cotter and Mason Broadhead were selected to represent Australia in New Zealand (cancelled due to COVID-19)
- Riley Broadhead and Josh Spark were selected for the Junior NBA program they completed in a worldwide online competition.

2020 SUMMARY

The Basketball program focuses on improving athletes individually, building confidence, improving skills and teamwork, with the aim of athletes progressing to State or Australian teams.

After many talented athletes trialing

for the program, this year's squad had 41 basketballers, who were eager to continually improve and develop their skills. A highlight of the 2019/20 program was travelling to Canberra early in the scholarship year to undertake a training camp in conjunction with the Hunter Academy of Sport. The camp saw the



athletes being put through intensive training sessions, with guest coaches in attendance. The athletes also experienced an AIS tour and watched the Canberra Capitals in a WNBL game, giving them a taste of the professional athlete life.

After keeping their skills up during the COVID-19 shut down, through home skills and Strength and Conditioning programs, the basketball squad returned to training focused and ready to pick up from where they left off.

After a challenging year the athletes are to be commended on their persistence, attitude and improvements. We look forward to continuing to build on this year's success with the 2020/21 squad.



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CYCLING REPORT 2020

PROGRAM STAFF

Mick Marshall	Head Coach
Michelle Vermonde	Coach
Chloe Heffernan	Coach
Gavin Cliff	Manager

The IAS cycling Program was designed to provide coaching, training, competition and facilities to improve athlete development with a view to:

- Develop the fundamental skill level of athletes in all areas on and off the bike.
- Prepare athletes to a level where their transition to the NSWIS squad is seamless in line with the Cycling Australia Development Pathway.
- Increase the level of success of those athletes at competition and events in cycling competition



OUTLINE OF CYCLING PROGRAM COMPONENTS AND FOCUS SKILL TARGETS

TRACK SPRINT/BMX

- Natural riding style and handling skills. High Anaerobic capacity and lactate tolerance (repeated short efforts) A background in other sprint type sports, BMX, Athletics etc. Have an ability to achieve very high Pedal Cadence.
- Testing Results Peak Power outputs to be Considered (Guide Only) Male U15 800w & 15wkg U17 1000w & 17wkg U19 1200w & 19wkg Female U17 800w & 15wkg U19 1000w & 17wkg Athlete Age and potential for growth to be taken into consideration also.

TRACK ENDURANCE / ROAD / MOUNTAIN BIKE/ CYCLE CROSS

- Natural riding style and handling skills. Team player Adaptability Relevant Competition Performances in the Individual Pursuit, Track Endurance events and or Road events. High Power to weight ratio. High Aerobic capacity (ability to sustain effort for extended Period) Background ion other endurance sport, Triathlon, rowing etc.
- Testing Results. 3 min average power test outputs to be considered (Guide Only) Male U15 280w & 3.8wkg U17 300w & 4.5 wig U19 360w & 5.2 wig. Female U15 230w & 3.5wkg U17 250w & 4 wig U19 275 w & 4.5 wig

MENTAL & OTHER DESIRABLE CHARACTERISTICS DEVELOPMENT FOCUS:

- The Athlete has a desire and motivation to be a high Performance athlete.
- Athlete is receptive to coaching and follows instructions.
- The Athlete behaves and conducts themselves in a fashion that promotes professionalism and performance.

ATHLETE ACHIEVEMENTS

TAHLIA DOLE Track

- 2020 U19 NSW Individual Pursuit 4th
- 2012 U19 NSW Points Race Bronze Medalist.
- 2020 U19 NSW Omnium Silver Medalist
- 2020 U19 NSW Tempo Race Silver Medalist
- 2019 Sydney Cup on Wheels Women's 2nd.

Road

- Tour Southland New Zealand: 3 x stage wins, 2nd General Classification, 1st Queen of Mountain Category.
- National Road Championships under 19 Criterium – Bronze Medalist.

SARAH CLIFF Track

- JW17 NSW Gold Medals - Points Race, Individual Pursuit, Scratch Race
- JW17 NSW 500m Time Trial Championships 2nd
- JW17 NSW Elimination Championships
- JW17 NSW Tempo Championships 1st

Road

- JW17 National Individual Time Trial Championships
- JW17 NSW Road Race Championships 2nd
- JW17 NSW Individual Time Trial Championships 2nd
- NSW Country Road Championship 1st
- Dooley's Junior Tour of Sydney Road Race 1st
- Orica Hunter Junior Tour of Sydney Road Race 1st
- Orica Hunter Junior Tour of Sydney Time-trial 1st
- Orica Hunter Junior Tour of Sydney Criterium 2nd
- NSWIS Scholarship Athlete 2020

RYAN BRITTEN Track

- JM17 NSW Gold Medals Time Trial, Individual Pursuit, Sprint, Scratch Race, Points Race, Tempo Race, Kieran
- ### Road
- 2020 U17 Men's NSW Criterium Champion.
 - 2020 U17 Men's NSW Country Criterium Champion
 - NSWIS Scholarship Athlete 2020

AMELIA TRKULJA Track

- Winner 2019 Wagga Wagga Women's Wheel Race
- 2020 U19 NSW Sprint Championships Bronze Medal



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2020 SUMMARY

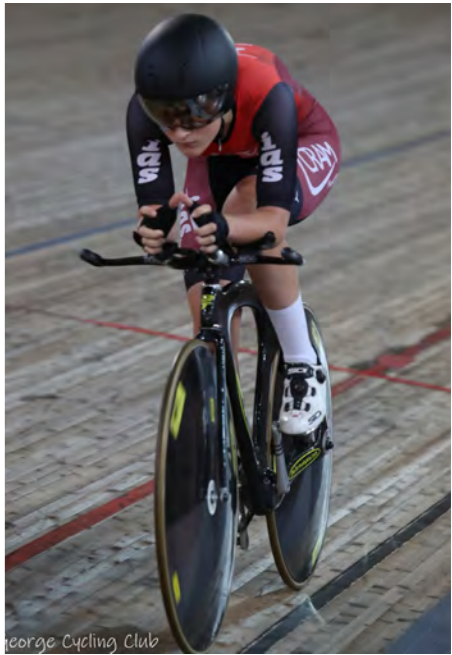
The Cycling Program has continued to build upon the success of the previous squad.

The 2019/20 IAS Cycling Program required athletes to attend two sports specific training sessions per/week during the track season and two sports specific training sessions per week during the road season.

During the 2019/20, Track, Road & Mountain Bike seasons, IAS Cycling Program athletes competed in major Track, Road and Mountain Bike Cycling events including:

- Australian Junior Mountain Bike Championships
- Oceania Junior Mountain Bike Championships
- National Junior Track Series.
- NSW Country Championships
- NSW Track Championships (Sydney)
- Australian Omnium Championships (Melbourne)
- Australian Madison Championships (Melbourne)

A number of Cycling Australia Events were cancelled or postponed due to COVID-19.



Sarah Cliff, Ryan Britten and Jonah Hamer were selected to represent NSW at the Australian Junior Track Cycling Championships. Tahlia Dole and Harry Dennington were selected to represent NSW at the Elite Australian Track Cycling Championships. Ryan Britten and Sarah Cliff were selected for NSWIS Scholarships.



GOLF REPORT 2020



The IAS golf program was designed to provide coaching, training and competition to improve athlete development with a view to:

- Develop the fundamental skill level of athletes
- Prepare athletes to a level where their transition to the next level of the pathway is seamless
- Increase the level of success of those athletes at competition and events in golf competition
- Insure the Athletes have knowledge of best practice
- Continue to guide the athletes with their holistic development across all areas of their chosen sport.

PROGRAM STAFF

- Luke Grinham** Head Coach
- Richard Harvey** Manager
- Justin Clarke** Coach
- Tahnja Ravnjak** Coach

OUTLINE OF GOLF PROGRAM COMPONENTS AND FOCUS SKILL TARGETS

While the 2019/20 was certainly one of the toughest seasons anyone has ever gone through the IAS Golf Program focused on the holistic development of the athlete through skill development, athletic movement development, performance, education curriculum, as well as competition strategy development.

The Golf program covers a wide variety of Skill targets to insure the Athletes gain knowledge in all areas of the sport. The coaching staff ensure the Athletes have on course training to development their course management, mental toughness and resilience, learn the art of pre and post shot routines, how to better cope in a pressure situation and how to get the best possible outcome of their game.

ATHLETE ACHIEVEMENTS

The Golf Program had a number of amazing

achievements throughout the year with athletes competing all over the country.

- Ethan Harvey
- 2019 NSW Junior Championships – 2nd Under 16 Years Boys
 - 2019 Kiama Golf Club Championships – Men’s Champion
 - 2019 Golf Illawarra District Champion of Champions – Open Winner & Junior Winner
 - 2020 Winner of the men’s foursomes championship at Wollongong Golf Club
 - 2019 JNIG Most Improved Junior Boy Golfer of the Year

- Andrew Brown
- 2020 Concord Golf Club junior development squad
 - 2020 Represented Wollongong Golf Club men’s A grade pennants
 - 2020 Selected for the JNIG Development Squad and
 - 2020 Winner of the men’s foursomes championship at Wollongong Golf Club

- Sienna Clark
- 2020 Ladies St Georges Basin Country Club Champion
 - 2020 Illawarra 36 Champion
 - 2020 Vincentia Golf Club Golf Ladies Champion

2020 SUMMARY

For the 2019/20 Scholarship, we had a main golf squad and a development squad. The development squad program was reintroduced to help give younger, less experienced athletes, the opportunity to develop their game. The development squad had access to extra coaching, basic swing fundamentals, education sessions, Zoom meetings during COVID-19, Sport Specific training and learning how to

practice with purpose, with the aim to elevate these athletes to the main squad for 2020/21.

All golf athletes and development players received sport specific training sessions, with coaching staff taking the athletes through a full range of skill instruction and drills to improve their game. The skill components included course management, short game, long irons, short irons, shot shaping, trajectory control, fitness, swing analysis via video and Putting Analysis using Putt Lab technology.

Theory sessions were conducted mostly at home via Zoom to allow the athletes to allow for athletes to maximise their time.

All Athletes in the 2019/20 Program reduced their handicaps. Well done golf squad on a great year! We look forward to continuing to build for the 2020/21 Program.



HOCKEY REPORT 2020

The IAS program underpins the AAP (Athlete Acceleration Program) and focuses on assisting athletes from the Illawarra region develop their skills and be given the support they need to progress to the next level of the pathway.

IAS has provided support to our athletes both on and off the pitch which has included access to on field technical training, a broad range of education and strength and conditioning.

PROGRAM STAFF

Alexander Mackay	Head Coach
Maddy Rosser	Coach
Craig Williams	Coach
Paul Schofield	Coach

OUTLINE OF HOCKEY PROGRAM COMPONENTS AND FOCUS SKILL TARGETS

The focus for the 2019/20 IAS Hockey program was to develop the region's



athletes in the skills, understanding and mental capabilities in hockey. By focusing on the athlete's fitness development with the Academy's own Strength and Conditioning Coach, athletes were able to improve off the field in order to gain advantages during matches. With individualised programs for athletes the focus was to improve on physical opportunities while also decrease the chance of injury while playing.

On the field, athletes focused on their basic skills to ensure these were continually improving while also attempting more advanced moves within a safe setting. External coaches were also utilised to provide expert coaching and guidance for all athletes. Within a game of hockey most athletes will touch the ball over 20 times, but most of these will rely on the basic or fundamental skills associated with hockey. For this reason, to become a better hockey player it important to complete these proficiently regardless of the circumstances one may find themselves in. Only very rarely do any athletes complete more difficult skills during a match. Therefore, it is key to confidently execute these basic skills under

pressure and to do so takes practice. Time was also taken to learn and improve more difficult skills that are generally not taught while at local club training. By participating in these from high-level coaches in a safe environment provides an opportunity for athletes to complete these skills when they may otherwise not get the chance.

The mental side of hockey was also a major focus for the program with athletes being continually questioned and having to solve problems of varying difficulty they may face while playing in a match. By taking a game sense approach allowed athletes to develop their understanding of hockey in challenging ways they may face in the future. Throughout the program initiative games and creative industries activities were also used to develop universal skills related to all sports. The aim of this was to improve the problem solving, decision making, communication, teamwork and metacognitive strategies.

OTHER DEVELOPMENTS ATHLETES HAVE MADE FROM THE PROGRAM

There was a large focus at the skills-based training sessions on challenging all the athletes on their communication skills, showing initiative and problem-solving skills.

The group regularly completed different 'games' to improve all these aspects that are aimed to develop them as all round athletes. In witnessing the progression of the athletes over the course of the year it was clear the athletes took a lot away from these exercises.

2020 SUMMARY

Over the past 12 months the Illawarra



Academy of sport Hockey program has been a success. On the hockey field all athletes have taken strides forward as they continue to achieve their personal goals such as being selected in AAP and underage state teams. Although some athletes were selected in various association and state squads, external circumstances have not allowed for many of these to proceed.

At a more local level, many athletes have made their 1st grade debut in both the men's and women's competitions which is a wonderful achievement considering the age and standard being set.

On behalf of the Illawarra Academy of Sport Hockey program, we would like to thank all of the tireless work that the Academy staff and board of directors do to ensure sessions are organised and prepared throughout the year. This could not be done without the assistance of various local sponsors, local governments and Hockey NSW. The assistance they have given has allowed for this program to continue to improve local hockey athletes into the future.





LONESTAR REPORT 2020

In 2019/20 the BluescopeWIN Lonestar squad was made up of 30 athletes from 16 different sports. These sports ranged from athletics, snowboarding, tennis, water polo, motorcycle racing, soccer and surf lifesaving.

Given the large array of different sports within the Lonestar program, skills-based sessions are not available to these athletes. However, they have access to all other support the IAS offers their athletes.

The goal of the Lonestar program is to support the developmental needs of the region’s young talented athletes by providing high level support services to the athletes to achieve their sporting goals.

ATHLETE ACHIEVEMENTS

Lonestar athletes regularly provide the Academy with some their highest achieving athletes and this year was no different, despite COVID-19 interfering with many sporting competitions and tours. The quality of athletes across the program was exceedingly high with every athlete looking to progress to State, National and/or International success. High achieving results included:

- AFL**
Elias Oldfield
- Sydney Swans Academy

- Beach Volleyball**
Malia Barrele
- National Junior Beach Volleyball Championships
 - NSW U17 Team

- Parri Barrele**
- National Junior Beach Volleyball Championships
 - NSW U16 Team

- Futsal**
Xavier Brightman
- Australian Futsal Association’s Nationals
 - Australian All-Star team - to compete in Greece

- Motorcycle Racing**
Jacob Roulstone
- European Talent Cup for Leopard Impala

- Pool Rescue**
Chelsea Jones
- NZ Pool Rescue Championships medallist

- Holly Holmesby**
- 2019 Commonwealth Festival of Lifesaving (England) medallist
 - Australian National Pool Lifesaving Team

- Surf Life Saving**
Chelsea Jones
- Surf Life Saving Australia Interstates medallist
 - Surf Life Saving NSW State Championships medallist

- Holly Holmesby**
- Surf Life Saving NSW State Championships medallist

- Kirra Dale**
- Surf Life Saving Australia Interstates
 - NSW Country Team
 - Surf Life Saving NSW Country Championships medallist

- Misha Boniface**
- Surf Life Saving NSW Country Championships medallist

- Montana Doubell**
- Surf Life Saving NSW Country Championships medallist
 - Surf Life Saving NSW State Championships medallist

- Tobias Delaney**
- Surf Life Saving NSW State Championships medallist

- Swimming**
Bailey Crehan
- Swimming NSW Country Championship medallist

- Chelsea Jones**
- Australian State Teams Short Course Age Championships Medallist
 - Swimming NSW Country Championship medallist
 - NSW Swimming Long Course State Champs - 7 medals
 - 2020/21 Swimming NSW State Squad – Performance Squad
 - NSW South Coast School Sports Association Individual Athlete of the Year for 2019

- Talika Irvine**
- Swimming NSW Country Championship medallist

- Surfing**
Keira Buckpitt
- Surfing NSW Junior State Titles - 3rd
 - Qualified for Australian Junior Surfing Titles

- Tennis**
Parri Barrele
- Junior State Championships Runner Up – Singles & Doubles
 - Rafa Nadal Tour Singles Quarter-finalist
 - Doubles Semi-finalist
 - Sportsmanship Award for the ‘Trophy of Values’ finals in Melbourne
 - Junior Development Series South East Regional Finals Winner

- Touch Football**
Noah Fien
- School Sport Australian National Touch Championships National Champion
 - NSW Representative

- Water Polo**
Mia Parker
- NSW State Squad (2006 born)

- Wrestling**
Jake Treyvaud
- National Wrestling Championships Opens & Under 18s National Champion

NETBALL REPORT 2020

The IAS Netball program targets 14 – 16 year olds, in preparation for the start of the Netball NSW State and/or Emerging Talent Team selections. This is a very important step in confirming individual athletes’ umpires’ and team officials’ holistic talents, and provides all involved with the opportunity to grow in the sport.

The purpose of the IAS Netball Program is to:

- Assist athletes in progressing through the Netball NSW pathway and helping them develop those high performance behaviours expected of them
- Educate the athletes on not only physical skills, but also nutrition, health and well-being and understanding various sporting framework
- Provide access to quality strength and conditioning coaches
- Provide opportunities for coach development
- Work with the IAS Netball Umpires program to develop the skills of those umpires selected in that program

OUTLINE OF NETBALL PROGRAM COMPONENTS AND FOCUS SKILL TARGETS

The program is committed to delivering the continual development of a holistic athlete by providing elite training in Netball specific skills development, education and development around strength and conditioning, as well as a sports education curriculum.

Sports Specific Skill Development
Each athlete is provided elite Netball skill development sessions targeting core skills, whilst building towards the NSW U17

PROGRAM STAFF

Ashlee Scofield	Head Coach
Jessica Davis	Assistant Coach
Michelle Hendrie	Assistant Coach
Matt Scofield	Assistant Coach
Shaye Wilkinson	Assistant Coach
Karen Clark	Manager

underage pathway selection. This also provides each Netballer the opportunity to be exposed to high quality instruction from the region’s leading Netball coaches.

ATHLETE ACHIEVEMENTS

With so many events unfortunately postponed during the 2020 netball season, it was a hard year for individual athletes to be recognised, however some were still able to make moves in their netball careers, namely:

- Emma Keane
- Netball NSW Emerging Talent Squad
 - South Coast Blaze U23s training partner

- Claudia McGoldrick
- South Coast Blaze U23s training partner



- Taylah Flack
- South Coast Blaze U23s training partner

OTHER DEVELOPMENTS ATHLETES HAVE MADE FROM THE PROGRAM

2020 was obviously a new and trying time for the world in general, but the Netball squad took it all in their stride.

During the lockdown period when physical squad training was suspended, the squad embraced online Zoom sessions run by coaching staff - setting themselves goals and targets to achieve in their home environment while continuing to keep physically and mentally fit.

During these sessions, the athletes were able to connect with other members of our squad as well as other Regional Academies. They completed video analysis and were able to troubleshoot and discuss some of the challenges for each area of the court and work on different strategies to overcome them. These sessions also gave our returning athletes leadership experience and provided a contact person for the squad members.

After the extended break the athletes returned



to training with high enthusiasm and skills.

2020 SUMMARY

Whilst 2020 was certainly a season like no other with unfortunate event cancellations, the athletes still managed to carry out a full strength and conditioning program and develop their netball skills. During isolation the athletes attended online strength and conditioning sessions and were provided with skill programs that they could complete at home.

They also attended various online education sessions facilitated by IAS, which covered topics such as mental toughness and social media use. Many athletes commented on the benefits they received from these additional programs, both physically and mentally.

2020 also saw two new coaches and a new manager join the program. During isolation, each coach was given development opportunities and was able to attend a 5-week skills acquisition program via Zoom and benefited from attending many online training programs. With the help of the IAS, several of our squad coaches have obtained further accreditations towards their coaching development.

The netball squad held training sessions as far south as Bomaderry and as far north as UOW, and was lucky enough to be one of the first

sporting squads to test out the new Shoalhaven Indoor Sports Centre.

We would like to congratulate each athlete who remained committed to attending sessions and the improvement they have shown during a trying 2020 season. A special mention to our Captains for the 2020 year: Claudia McGoldrick, Taylah Flack and Emilia Krstevski who led by example not only at face-to-face training, but also during our isolation sessions. All three of these athletes have been great role models for our squad members.

The IAS Coaching and Management team would like to acknowledge and thank all the Clubs and Associations for their continued support in developing the talented athletes within our region. Without the help and support from all levels the athletes would not be able to fully develop to their potential.

Lastly, the Netball squad and Coaches would like to thank the IAS for its continued support of the Netball program and all of the staff who provide opportunities to athletes to develop and continue to reach for their goals.



NETBALL UMPIRES REPORT 2020

PROGRAM STAFF

Jodie Correia Head Coach
Teena Hobden Coach
Torren Eyles-Balukea Coach

The purpose of the IAS Netball Umpires Program is to:

- Provide a training environment that allows eligible Illawarra Academy of Sport athletes to access quality services and programs as they progress through the NNSW Athlete Pathway
- Promote continuous improvement to develop the region's coaches
- Provide umpire education and promote continuous improvement to develop the region's umpires

The main focus of the Netball Umpiring program is to provide pathways for Umpires and Umpire Coaches from across the region that they may not receive at local competition level.

The program exposes umpires and coaches to Netball NSW for further development including umpiring at higher levels of competition throughout the year whilst learning theory and practical at training sessions and networking with other Academies.

OUTLINE OF NETBALL PROGRAM COMPONENTS AND FOCUS SKILL TARGETS

The program is committed to delivering the continual development of a holistic athlete by providing elite training in Netball umpiring specific skills development, education and development around strength and conditioning, as well as sports education.



ACHIEVEMENTS

The Umpire program consisted of 7 umpires with 1 Umpire Head Coach and 2 Assistant coaches.

The Umpires were all of different skill sets, which presented a great challenge for the umpire coaches to develop techniques and fitness levels to be of the same level.

With no competitions available for the Umpires due to COVID-19, we were given the opportunity to badge at local competitions. Two of our umpires were successfully tested for National Badges. Congratulations to Hannah Deacon from Illawarra and Gabi Dean from Kiama who both achieved their National C badges at their home associations.

All umpires have grown as wonderful athletes and we look forward to continued development next year with more opportunities at Academy Games and Challenge.

2020 SUMMARY

Despite the disruption to the Academy Games and Academy Challenge in 2020, the umpires and umpire coaches have grown with great potential to become confident and respectable leaders in representatives their associations.



Congratulations IAS athletes of 2020 and welcome to the athletes of the future!

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RUGBY UNION REPORT 2020

The IAS Rugby Program was designed to support the developmental needs of the regions young talented rugby players by providing industry leading high-performance sport developmental programs. The program focus is targeted for the off season, leading into representative programs.

The main goals of the program was to increase the core rugby skills of the athletes so they could progress to Illawarra and NSW Country and ultimately NSW Gen Blue representation, the provision of a targeted physical performance program and the provision of increased education around sport psychology, nutrition, media skills and other life skills for their athletic development.

OUTLINE OF RUGBY PROGRAM COMPONENTS AND FOCUS SKILL TARGETS

Each session was often broken into half with one half undertaking strength and conditioning and the other half skill based technical work. This would then be followed by activities to maintain and improve core skills such as tackle contest, tackle technique, passing and body shape. The program had 2 professional coaches come in and take sessions, Alan Gaffney and Jay Tregonning added great value to the sessions they attended. The athletes also completed a Referees course to give them an increase understanding of the rules of the game.

2020 SUMMARY

The 2019/20 Rugby Union squad, made up of 33 athletes, began training in October and had their last run in July. During this time the athletes trained weekly under the guidance of four coaches, as well as regular strength and conditioning sessions. Training took place across the region, in Bowral, Kiama,



and Wollongong. As part of their skill development, the athletes completed a junior referee course and were given the opportunity to attend a series of sport psychology webinars. They also had sprint training sessions, with Ian Hatfield, focusing on how small changes result in big improvements.

In late January the athletes were given the opportunity to attend an overnight camp at the AIS in Canberra. This was a fantastic experience, appreciated by the majority of athletes, and an outstanding highlight of this past year. They toured the AIS facilities, and trained with current Brumbies forwards coach, Laurie Fisher, before utilising the AIS Recovery Centre. The squad attended the opening round of the Super Rugby season, gaining more insight into where their passion and drive for the game can take them.

As COVID-19 took over, the athletes were

limited to home sessions, and a few skill based videos. Full credit to the athletes for their continued commitment and perseverance to development of their skills and performance. Their drive and passion for Rugby became clear as they continued training in isolation and welcomed the return to on field squad training.

Thank you to the coaching staff for their continued hard work and ability to bring new, exciting drills each week. Finally, thank you to the athletes and parents for all your hard work throughout the program, always looking to excel and improve rugby in the Illawarra.



PROGRAM STAFF

- Tony Leeder-Smith** Head Coach
- Tim Filan** Assistant Coach
- Ian Westwood** Assistant Coach
- Brooke Harper** Mentor Coach
- Penny Fletcher** Manager



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SWIMMING REPORT 2020

Whilst swimming has been within the IAS in the past, the 2019/20 intake saw the Swimming program reinvigorated and unique within the IAS.

The program commenced in June 2019 and combined with South East Swimming Association. Unique items attached to the program included;

- Selection Criteria: Eligibility was through athlete's attaining a qualification time to compete at the 2019 Australian Age Championships (normally held in April)
- The programs goal was to advance athletes to the top 10 at the 2020 National Championships
- Education and development of the

coaches was just as vital to the effectiveness of the program

The Swimming Program held two camps in the lead up to the 2020 Nationals (cancelled due to COVID-19), where the athletes and coaches fine-tuned their technique and training methods with some national leaders in the area of biomechanics, skill acquisition, physiology, nutritionist and sport psychology.

The IAS Swimming Program provides support services to improve athlete development with a view to:

- Improve the performance of identified talented athletes
- Enhance opportunities for selection into

state performance squads and state teams / squads

- Increase the level of success of those athletes at competition and events
- Increase athlete exposure to sports science, personal development and education
- Provide coach development opportunities for the athlete's swimming coaches in the squad

ATHLETE ACHIEVEMENTS

Achieving qualifying times for the National Age Championships in 2019 is a significant achievement in itself. National Championships (scheduled for April) were

unfortunately cancelled, and the strong restrictions applied to water-based activities severely limited capacity to improve in 2020.

Athletes were still active in dry land training and participation in education-based webinars.

2020 SUMMARY

The Australian Championships were cancelled, leaving the swimmers with no competitions for the remainder of 2020. Despite this, the swimmers are aiming towards the 2021 Australian Championships. Throughout 2019 and 2020 the Swimming Program had all 21 athletes and 6 coaches engaged in a range of theory and practical sessions at the University of Wollongong and focused on athlete and coach development.

The participants had access to five industry experts in David Pyne, swimming physiologist; Derek Panchuk, skill aionist; David Pease, biomechanist; Jodie Hirst, nutritionist and David Barracosa, Sports Psychologist. All shared their diverse knowledge with the athletes and coaches



to enhance all areas of their development and enabling an excellent environment for knowledge sharing and learning. The athletes participated in technique correction and dry land activities.

As this program is quite unique, we are eager to progress the opportunities for athlete and coach advancement through further innovative means in the years to come.



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TRIATHLON REPORT 2020

The IAS Triathlon program was designed to provide coaching, training and competition to improve athlete development with a view to:

- Develop the fundamental skill level of athletes
- Prepare athletes to a level where their transition to the next level of the pathway is seamless
- Increase the level of success of those athletes at competition and events

PROGRAM STAFF

Ben Bell Head Coach



OUTLINE OF TRIATHLON PROGRAM COMPONENTS AND FOCUS SKILL TARGETS

The focus of the Triathlon Program this year was to develop the draft legal skills required allowing new athletes to compete in the State and Australian junior draft legal racing series. The focus for returning athletes was to further develop their skills so they could progress through Triathlon NSW junior pathways development program.

With the introduction of the relay format, we identified the transition as one aspect we could improve on as a squad. Regular “transition” training was also a major focus for all level of athletes.

The strength and conditioning program

was a key component for all athletes. This emphasis helped to reduce injuries - enabling athletes to train consistently without major injury interruptions.

OTHER DEVELOPMENTS ATHLETES HAVE MADE FROM THE PROGRAM

The main objective was for all new scholarship holders to gain their draft legal endorsement. Seven athletes successfully gained this endorsement in readiness for the Academy Games. Whilst this competition was postponed, all athletes will be draft legal for the 2020/21 season and ready for the introduction of the Tri NSW Pathways Series.

There also has been a large emphasis on developing individual race plans and tactical awareness. This was designed so that the individuals can race to their strengths.



Squad members have also used the down time to work on individual correctives that will help them achieve improved race results once racing resumes.

ATHLETE ACHIEVEMENTS

Whilst COVID-19 caused the cancellation of the major races at the backend of the season, some outstanding results were achieved prior to this:

NSW All Schools Triathlon

- Brooklyn Henry - 6th (3rd CIS)
- Liam Hinchcliffe - 8th (1st CHS)
- Alexis Bell - 10th (3rd CHS)

Other Results

- Mitch Blackburn - 1st Callala Super Sprint
- Callum Burge - 1st Huski Super Sprint
- Lauren Myers - 1st Callala Sprint
- Kye Robinson - 2nd Splash Wollongong

Brooklyn Henry and Liam Hinchcliffe are also to be congratulated on their recent selection in the NSW Emerging Talent Squad.

Recent Academy graduate Jacinta Cliff was also selected in the NSW U23 Development Squad.

2020 SUMMARY

2020 certainly has been a challenging year. The coaching staff is extremely proud of the way the athletes have bounced back from the COVID interruption. All athletes have returned to full training with increased enthusiasm and hunger to succeed in the forthcoming season.

To all outgoing and graduating athletes, thank you for your commitment and dedication over your scholarship period and wish you every success for the future.

With the emphasis on skill development and race education, both the higher-level experienced



athletes and the entry level athletes have made great strides that will see them succeed in the new NSW State Series. A major achievement was ensuring all athletes are now draft legal.

From the athletes to the coaches, all involved with the Triathlon Program are extremely enthusiastic and dedicated to improving.





INDIGENOUS SPORTS **PROGRAM**

The **MCR** Indigenous Sports Program (**ISP**) provides increased and specific sporting opportunities.

The program will provide talented Indigenous athletes from within the **IAS** programs an increased level of support to enable their sporting progress.



ATHLETE OF THE YEAR AWARDS 2020



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RYAN BRITTEN – TOBIN AWARD

2020 DRB GROUP TOBIN FAMILY AWARD & BEN MIKIC CYCLING ATHLETE OF THE YEAR

In 2002 the IAS created a new annual perpetual award which recognises excellence in junior sport in the Illawarra. The award, presented to the Illawarra Academy of Sport's Athlete of the Year, was named "The Tobin Family Award" in recognition of that family's contribution to sports in the Illawarra for more than sixty-five years. For 2020 we welcome DRB Group as the sponsor and supporter of the Tobin Family Award.

The DRB Group Tobin Family Award is given to the Academy athlete who, during their scholarship, displays an exceptional level of sports performance,

a commendable attitude to competition, persistent dedication to learning and strong community focus.

2020 is the 19th year the Tobin Family Award has been presented, past winners include Kieran Govers, Sally Fitzgibbons, Ryan Gregson, Emma McKeon and Blake Govers.

The recipient of the DRB Group Tobin Family Award receives a trophy and a \$5000 scholarship to assist in their continued development within their chosen sport. Thanks to DRB Group for their support of the award.

The 2020 DRB Group Tobin Family Award winner is cycling sensation, Ryan Britten!

The IAS has a history of developing excellent cyclists, with Ryan Britten being no exception and joining a host of talented athletes to be the sixth cyclist to win the Tobin Family Award.

Ryan Britten has achieved remarkable results over the past 12 months, dominating on both the road and track. During the scholarship period (October 2019 – September 2020) Ryan achieved a rare feat, winning all seven gold medals on offer at the NSW Junior Track Championships.

IAS Cycling Head Coach, Mick Marshall described Ryan's achievements at the NSW Track Championships as "some of the best I have witnessed in a junior athlete as this event."

During the scholarship Ryan was selected into the NSW Junior Track and Road Team and received a NSW Institute of Sport (NSWIS) Scholarship. He won gold in the NSW Country Road race and the NSW Criterium Championships, and finished second overall in the U17 Men National Junior Track Series after racing in Sydney, Brisbane and Melbourne in early 2020.

Unfortunately, Ryan was unable to compete at a National level in 2020, as COVID-19 caused the National Track Championships and many other events to be cancelled or postponed, including events for the 2020 Road season.

Ryan is a determined athlete and has demonstrated a commitment to the pursuit of excellence through hard work.

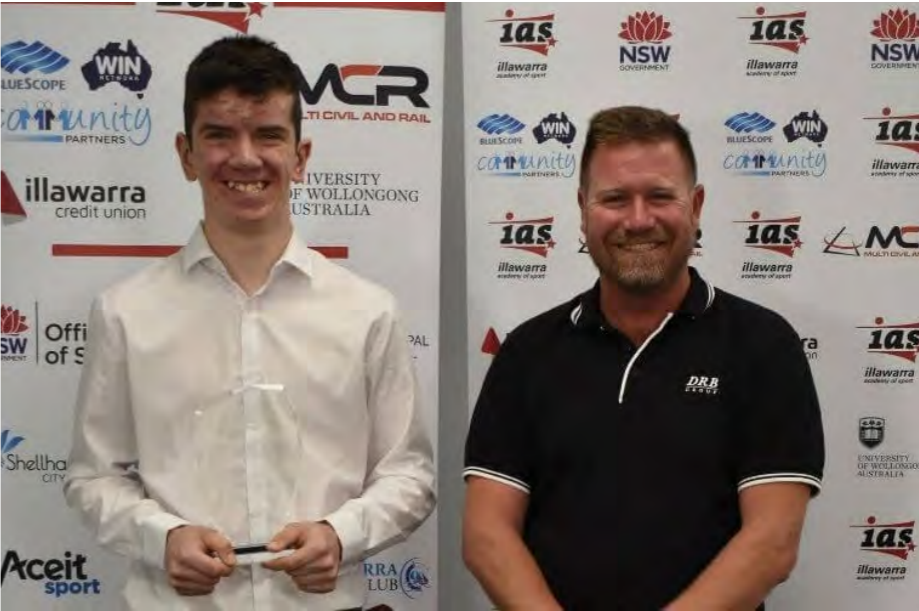
"He has improved in all facets of his performance & skills development and appears to be maintaining an upward trajectory within the Cycling Australia development pathway," Mick Marshall said.

There is a bright future ahead for this talented cyclist!

Congratulations Ryan!

PAST TOBIN AWARD WINNERS

YEAR	NAME	PROGRAM	DISCIPLINE
2002	Rebecca Borgo	Cycling	Cycling
2003	Anita Cowley	IAP	Kayaking
2004	Keiran Govers	Hockey	Hockey
2005	Amiel Cavalier	IAP	Mountain Bike
2006	Sally Fitzgibbons	IAP	Surfing
2007	Sally Fitzgibbons	IAP	Surfing
2008	Ryan Gregson	IAP	Athletics
2009	Jackson Law	Cycling	Cycling
2010	Emma McKeon	Swimming	Swimming
2011	Sarah Carli	IAP	Athletics
2012	Blake Govers	Govers	Hockey
2013	Cameron Scott	Cycling	Cycling
2014	Mitchell Wright	Cycling	Cycling
2015	Courtney Buchanan	LoneStar	Fencing
2016	Chloe Heffernan	Cycling	Cycling
2017	Abby Holmes	Rugby 7's	Rugby 7's
2018	Kieran Woolley	LoneStar	Skateboarding
2019	Asha Phillips	Basketball	Basketball
2020	Ryan Britten	Cycling	Track & Road



JARRED DYER - BRETT STIBNERS AWARD

2020 AWD ATHLETE OF THE YEAR

Jarred Dyer has become no stranger to the AWD Athlete of the Year recognition, with 2020 being his third consecutive AWD Brett Stibners Award. Jarred continues to go from strength to strength, with his achievements over the past 12 months gaining him selection on the Swimming Australia Para Development Squad and selection in the NSW Institute of Sport.

Jarred received the Wollongong Lord Mayor's Award, for outstanding contribution to sport in the city of Wollongong.

AWD Head Coach, Kurt Freeme said, "Jarred is not only a competitor, but he always demonstrates fairness and respect for his fellow athletes. Jarred will always go out of his way to support the younger athletes in the squad. He is a humble athlete who gives his best and always supports others. He demonstrates immense talent and will work hard on and off the field to ensure he performs at his best."

Congratulations Jarred, all the best!



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RYLEE JANSEN

2020 AFL GIRLS ATHLETE OF THE YEAR

Over the past 12 months Rylee Jansen has shown herself to not only be a talented player but also a leader amongst her peers. Given her leadership qualities and commitment to the improving both herself and the IAS AFL program, Rylee was awarded the IAS U18 Captain.

Lee Murray, AFL Girls Head Coach states, "Rylee is an exceptional leader who leads from the front and by example. Rylee is always in attendance at gym sessions, training and education workshops. She is an athlete who gives everything 110% in everything."

While COVID-19 prevented Rylee from showcasing her talents at the U18 selection trials, Rylee still has plenty to look forward to with her budding AFL career.

Rylee's commitment to her development and the IAS has been exceptional, showing great leadership, sportsmanship and being an integral part in creating a performance culture within the AFL girls' squad.

We wish Rylee all the best in her quest to play in the AFLW.



MASON BROADHEAD

2020 BLUESCOPEWIN BASKETBALL ATHLETE OF THE YEAR

Mason Broadhead has achieved fantastic results this year, with a major achievement of selection in the Australian Country Under 16 Boys team to tour New Zealand and in the NSW state squad to compete at the National Championships.

Although these events not going ahead due to COVID-19, it did not dampen Mason’s attitude to continue to improve and develop his basketball skills.

Mason continued to train with the Baller Elite program, an online program designed to be interactive with representative athletes, and diligently completed his IAS home-based strength and conditioning program so that he was raring and ready to go for when basketball resumed.

Mason is a selfless, sympathetic and compassionate citizen. He helped coordinate a drop off point in Thirroul for food and water to assist the people affected in the Sussex Inlet area by the bushfires in early 2020. Mason regularly gives back to the community by completing food drops for the ‘Need for a Feed’ at Bulli Uniting Church.

Mason has been a standout for the program as he trains with high intensity and a positive, supportive attitude. Mason’s leadership qualities and positive influence saw him be selected as one of the BluescopeWIN Basketball squad Captain’s for 2019/20.

We all look forward to seeing Mason have the chance to continue to pursue his Basketball dreams.



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ANDREW BROWN - VIC BURROWS AWARD

2020 VIC BURROWS AWARD

In addition to the IAS Golf Athlete of the Year, an IAS golfing athlete who has excelled both in sport and in community engagement is awarded a special award. In 2009, the Academy introduced the Vic Burrows Memorial Award. Vic was the founding coordinator of the IAS Golf program and devoted 10 years to ensuring the program was a success for aspiring young golfers of the region. The recipient of the Vic Burrows Memorial Award receives a \$500 scholarship courtesy of Golf Illawarra.

The 2020 recipient is Andrew Brown, winning the scholarship for a second

year in a row.

Andrew has continued to improve and develop his game this year. Andrew demonstrates outstanding commitment to golf by practicing 6 days a week and attending the IAS education and development sessions.

In addition to being in the IAS Golf Program, Andrew is a member of the Jack Newton Junior Golf Development Squad, Concord Junior Development squad and Wollongong Golf Club High-Performance squad. At only 15 years of age, Andrew represented Wollongong Golf Club in the Men's A Grade

Pennants and won the Men's Foursome Championships.

Off the golf course, Andrew continues to excel academically being awarded an Excellence Scholarship for Year 11 and 12 at the Illawarra Grammar School. Andrew also assists in coaching junior golfers, providing them with skills and tips to improve their golfing.

Andrew's selections and achievements are testament to his well-respected and hard-working character.

Well done Andrew!



ETHAN HARVEY

2020 GOLF ATHLETE OF THE YEAR

Ethan Harvey has continued to impress over the past 12 months, and for the second-year running has been awarded the IAS Golf Athlete of the Year.

Ethan continually seeks to improve his skills not just on the golf course but as an all-round person. He is generous with his time and is always one of the first to put his hand up for any community involvement on offer from the IAS. Ethan has become an important cog in the running of the annual IAS Golf Day.

Ethan still had an impressive array of achievements despite COVID interrupting numerous competitions in 2020, including:

- 2019 Victorian Junior Championships 7th Overall
- 2019 JNJG International Classic T26 Overall, 7th U16's & Nett Runner Up U16's
- 2019 JNJG Fayde Match Play Runner Up U16's
- 2019 Kiama Golf Club Championships Junior & Men's Champion
- 2019 Jamberoo Junior Open Winner
- 2019 Kiama Junior Masters Winner
- 2019 Highlands Junior Classic Winner
- 2019 The Lakes Golf Club Scholarship Recipient
- 2019 JNJG Brett Ogle Junior Masters 7th Overall & 3rd over 16's
- 2019 Links Junior Open T4th
- 2019 Golf Illawarra District Champion of Champions Open & Junior Winner
- 2019 Wollongong Junior Open Winner
- 2019 JNJG Most Improved Junior Boy Golfer of the Year
- 2020 Wollongong Golf Club Foursomes Championships Winner



"For a 16-year-old golfer to be playing in under 21 and Open age competitions and being extremely competitive is rare in this sport. For high level Golf Clubs like the Lakes Golf Club in Sydney to invite a 16-year old to join their open Pennant team speaks volumes for the ability of this young man," IAS Golf Head Coach, Luke Grinham said.

Congratulations Ethan!

IMOGEN FOWLES

2020 HOCKEY ATHLETE OF YEAR



Imogen Fowles embodies what it is to be an IAS athlete, she is a dedicated, hardworking, committed athlete that takes advantage of all that is on offer. Imogen is continually seeking to improve her skills not just in the game of hockey, but also within the Strength and Conditioning program, education programs and all aspects of development that is on offer from the IAS.

It is no coincidence that Imogen who is extremely dedicated to her development continues to take strides with her achievements. Imogen was a member of the NSW U18's Accelerating Athlete Program training squad and was announced in the NSW Blues U18's Girls team, to

compete in Launceston in Tasmania for the U18 Girls National Hockey Championship. Unfortunately, due to COVID, the championships were unable to proceed.

"Over the past 12 months Imogen has taken her selection into NSW age group teams and NSW u/16 All Schools team and continued to improve on her playing ability. Without many chances for selection into representative teams or achievement, Imogen has moved into her role as a first-grade player with more responsibility and willingness to be a part of her club team. This has allowed her to continue to improve as representative teams start to take shape for 2021," Alex Mackay,

Hockey Head Coach stated.

Imogen also enjoys giving back to the community and was one of four members to be selected for the leadership panel for Hockey New South Wales U18s National tournament. Imogen also coaches juniors and focuses on developing their basic skills to grow their love and respect for the game and on top of this Imogen volunteers to travel to local schools to engage younger children in physical activity and sports.

Congratulations Imogen on another outstanding year and winning the Hockey Athlete of the Year for the second year in a row.

CHELSEA JONES

2020 BLUESCOPEWIN LONESTAR ATHLETE OF THE YEAR

While Chelsea Jones has been awarded the BluescopeWIN Lonestar award specifically for her achievements in Swimming, Chelsea is somewhat of an overachiever, having success in not one, two or three, but four sports. Chelsea is kept extremely busy with her commitments in swimming, surf lifesaving, pool rescue and is a member of the IAS Netball team.

Over the past year, Chelsea has produced incredible achievements despite her main focus and event for the year, the Australian National Swimming Championships, being cancelled due to COVID.

Chelsea's major achievements over the past year include:

Swimming

- 2019 Swimming NSW Gold Sharks squad member
- 2019 NSW State Championships: 4 gold, 2 silver, 1 bronze
- Awarded Swimmer of the Night for 200 free at the NSW Championships, for being the closest percentage scale to the Australian record.
- 2020 NSW Country Champs: 3x gold, 3x silver, 1x bronze
- 2020 NSW Performance squad member

Surf Life Saving

- NSW Youth Team (Australian gold medal team)
- Sydney Water Surf Series winner

- Awarded Illawarra Best Junior Athlete of the Year
 - NSW State Surf Championships: 2 silver, 1 bronze
- Pool rescue
- New Zealand National Championships: 2 gold, 2 silver, 1 bronze

Even with her huge sporting and training commitments, Chelsea always

finds time to partake in IAS offerings and is one of the first to volunteer for any community engagement activities. Chelsea volunteers her time for the 'Riding the Waves' Program that assists children with disabilities participate in nippers and become surf aware.

Chelsea is a hard-working talent, we are all excited to see what she can achieve.

Keep striving for greatness Chelsea!



EMMA KEANE

2020 NETBALL ATHLETE OF THE YEAR

Overcoming the year’s challenges, Emma Keane still achieved outstanding accomplishments during the 2019/20 scholarship year.

The talented shooter was selected into the Netball NSW Emerging Talent Squad and as a training partner for the South Coast Blaze U23s to compete in the Netball NSW Premier League.

“Being selected into the NSW Emerging Talent Program means an athlete has been identified to have potential as an athlete, a strong work ethic and determination to succeed. It maximizes and assists athletes be ready to progress through the Netball NSW Athlete Pathway,” Head Coach, Ashlee Scofield applauded.

Emma was one of only 22 athletes from across NSW to be selected into the Emerging Talent Program.

We have no doubt that we will continue to see Emma grow into a high achieving netballer. Looking forward to a big year ahead in 2021, and hopefully the return of State competitions!

Congratulations Emma!



CHARLOTTE TREGONNING

2020 RUGBY UNION ATHLETE OF THE YEAR

Charlotte Tregonning has had an exceptional year of Rugby Union, continually performing at a high level and standard.

Charlotte is an Illawarra representative in both the U15’s 10 and 7 aside squads, the Illawarra U17’s 7 aside squad and the U16’s 15 aside squad.

Charlotte is a leader within the IAS Rugby program, building excellent rapport with teammates and leading by example through her consistency and

commitment to training.

Charlotte is eager to develop both on and off the field by maximising the personal development and education opportunities provided by the IAS. Charlotte is enthusiastic to assist at IAS events and to be a leader within the community.

“Charlotte has experienced high levels of achievement across multiple forms of Rugby Union. She is committed, hardworking, displays excellent

sportsmanship and is a true leader of the game,” Head Coach, Tony Leeder-Smith said.

Charlotte has been a standout for the Rugby Union program through her dedication and commitment to not only Rugby Union but to the IAS as a whole.

We look forward to seeing the progression she will make over the next few years.

Congratulations Charlotte, good luck!



KAYLAH BRENNAN

2020 SWIMMING ATHLETE OF THE YEAR



Kaylah Brennan has made huge developments over the past 12 months, a testament to her strong work ethic and determination.

Kaylah was a finalist at the Senior State Age Championships in the 100m Freestyle, 50m Freestyle and 100m Butterfly. Kaylah went on to win a gold medal 15/16 years girls medley relay, with the team breaking the Club and All-comers record time. Kaylah’s performances were impressive.

“Kaylah reinvented herself,” Swimming NSW Coaching Director, Jon Shaw said on reflection of Kaylah’s improvements at the Senior State Age Championships.

Kaylah continued her form at the NSW Country Championships, having two top 10 finishes.

Unfortunately, COVID-19 restrictions halted the 2020 Nationals and all other competitions.

Not only is Kaylah committed to her own development but also that of others and volunteers as judge of stroke at club point score nights.

We look forward to seeing Kaylah’s progression as the return to competition continues. Kaylah effectively used the COVID break to reset, evaluate her stroke and build her strength in preparation for the upcoming season.

Congratulations Kaylah!

BROOKLYN HENRY

2020 TRIATHLON ATHLETE OF THE YEAR

Three times a charm for Brooklyn Henry, having won this award already in 2017 & 2018, he is back on top in 2020!

Brooklyn is a promising triathlete who continues to take big steps in his development and goal of competing at the elite level. Brooklyn placed 6th in the senior division at the NSW All Schools Triathlon, earning him a place on the NSW team to compete at the School Sports Australia Championships. The Nationals event was unfortunately cancelled due to COVID-19 restrictions.

Brooklyn came 1st at the Canberra Triathlon Festival Sprint Duathlon and was awarded Triathlete of the Year at Nowra Anglican College.

Head Coach, Ben Bell expressed, “Brooklyn’s preparation is exceptional. His consistently outstanding results over several years is testament to his professional approach to his sport. His attitude and record for fair racing is exemplary and is a great role model to the younger athletes. His professional attitude and drive will help him succeed

as professional in the future.”

Brooklyn is a committed athlete and member of the IAS community, enthusiastically participating in all activities on offer.

Brooklyn is a fine young man who has been an absolute pleasure to work with over his time at the IAS and we look forward to his budding career within triathlon.

Congratulations Brooklyn!



CLASS OF 2020

- AFL GIRLS

Amelia Anderson, Yasmin Anderson, Georgia Anderson, Jaime Brown, Olivia Chaffer, Taylah Clarke, Lateisha Coelho, Jasmine Cook, Claudia Decker, Olivia Delahenty, Sarah Eagleton, Ivy Halliwell, Hannah Hegarty, Nellie Hicks, Georgia Hilton, Grace Hughes, Emily Jack, Lila Jack, Paris Jack, Rylee Jansen, Emma Lowe, Brielle Luccitti, Dakota Mason, Georgia McEvoy, Mia McMurtrie, Ella Moate, Lauren Myers, Bindi O’Hara, Georgia Ridding, Claire Ridding, Lauren Rooke, Ruby Sargent-Wilson, Ruby Sewell, Kiah Shine, Rani Sossai, Victoria Summerill, Riley Sutherland, Jade Timbrell, Sofia Wilson, Claire Wilson, Maya Wood

AWD

Telaya Blacksmith, Jarred Dyer, Tarren Dyer, Patrick Mitchell, Chloe Williamson

BASKETBALL

Igor Basrak, Tyson Biermann, Solomon Black, Kiara Bradley, Samuel Brannon, Mason Broadhead, Riley Broadhead, Darcy Bull, Sarah Bull, Amy Campbell, Lukas Chiaverini, Nazareth Christie, Amelia Cotter, Alannah Curtis, Sienna Curtis, Cooper Delaney, Tobias Delaney, Charli Dignam, Max Driscoll, Milo Fallows, Miranda Feely, Charlotte Giles, Riley Giles, Chelsea Groves, Indiana Hayburn, Benjamin Hunwick, Judah Kami, Logan Lewis, Benjamin Lu, Remy Martin, Tori Martin, Jackson Paulic, Lillian Ragan, Sienna Rossi, Denali Rowley, Joshua Spark, Dash Stewart, Imogen Thompson, Jessica Weston, Mia Yardley, Tyrone Young

CYCLING

Ryan Britten, Sarah Cliff, Harry Denington, Tahlia Dole, Maizy Evans, Jonah Hamer, Jack Harris, Harrison Johnston, Hugh Sessini, Luke Skelly, Emily Strumfin, Amelia Trkulja, Curtis Trkulja

GOLF

Andrew Brown, Broc Callaghan, Sam Cascio, Sienna Clarke, Thomas Eagleton, Sonny Ettridge, Ethan Harvey, Josh Hayes, Daniel
- Marsden, Coopar Nianios, Jett Parker, Bella-Rose Pond, Aksel Thomsen, Lara Thomsen, Owen Welsh

HOCKEY

Abby Bailey, Chloé Barton, Zoe Bayliss, Allie Broun, Kuan Brown, Charli Corbin, Thomas Duncan, Max Ferri, Imogen Fowles, Oscar Goulder, Paris Hales, Damon Harper, Charlotte Menzies, Perri North, Alex Rae, Isabelle Robertson, Montana Stamp, Mia Vorster, Thomas Ward

LONESTAR

Malia Barrele, Parri Barrele, Mischa Boniface, Xavier Brightman, Keira Buckpitt, Bailey Crehan, Kirra Dale, Tobias Delaney, Montana Doubell, Oliver Driscoll, Ella Dyball, William Dyball, Noah Fien, Ben Giason, Holly Holmesby, Talika Irvine, Chelsea Jones, Omar Matar, Zali Miklas, Teagan Myers, Elias Oldfield, Mia Parker, Jacob Roulstone, Caleb Sharman, Tahlia Sharrock, Emer Spiers, Caycee Stratten, Max Timbrell, Jake Treyvaud, Erin Willetts

NETBALL

Daniella Avtarovski, Lauren Bancroft, Chelsea Blanch, Olivia Bow, Ayla Clark, Larissa Clarke, Taryn Drewe, Ella Dyball, Gabby Eaton, Darci Edwards, Taylah Flack, Jemima Graham-Wansey, Imogen Harrison, Kyah Humphrey, Chelsea Jones, Emma Keane, Emilia Krstevski, Bella Lachlan, Emily Manning, Georgia McAlister, Claudia McGoldrick, Halle McKnight, Molly Mills, Elanore Rapley, Liana Taufa’ao, Zahli Terry, Isabella Wood, Sienna Yeo

NETBALL UMPIRES

Tamsyn Anning, Madelyn Black, Hannah Deacon, Gabrielle Deen, Mia Lock, Ainsley Sackett, Heidi Walton

RUGBY UNION

Madeleine Allen, Flynn Anthony, Sebastian Ball, Bailey Benn, Jack Cesare, Cooper Clarke, Alfred Coulthart, Blake Crehan, Thomas Fletcher, Nathaniel Gallagher, Miles

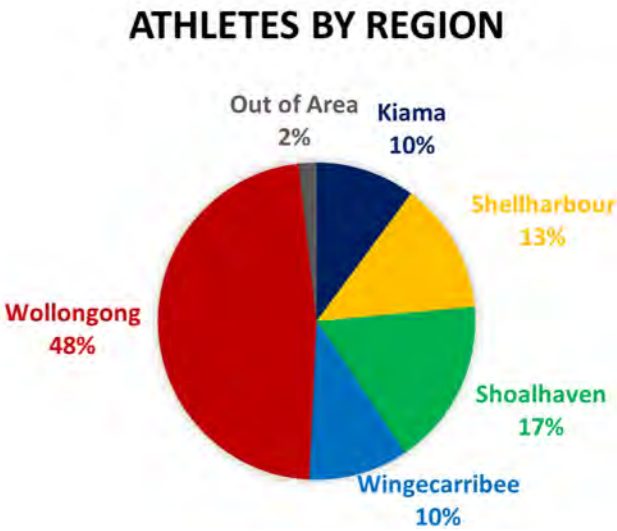
- Gorgijovski, Adam Iaali, Charlie Jeffers, Finn Kiefer, Ella Koster, Joshua Lewsam, Harry Mattick, Harry McAlister, Angus McIlwaine, Molly Mills, Michael Milross-Rose, Monty Goulder, Elliot Rainford, Harrison Schutz, Kelera Sigabalavu, Amelia Sika, Molimoli Sika, Mitchell Sweet, Evan Thomas, Sam Tracey, Charlotte Tregonning, Kane Wilson-Jones
- SWIMMING
- Nick Bamford, Jackson Blake, Lachlan Blake, Kaylah Brennan, Sebastian Buchanan, Georgia Caldwell, Callum Elliott, Izzy Green, Bailey Hazlewood, Eva Katkjaer, Matthew Leembruggen, Aya Milton, Madison Newman, Grace Ohara, Clint Ridding, Nathan Robinson, Veronica Simmons-Curcio, Archie Skinner, Regan Smith, Jayden Wells, Sarah Williams
- TRIATHLON
- Alexis Bell, Mitchell Blackburn, Callum Burge, Dane Burge, Deklan Campbell, Ryan Fleming, Brooklyn Henry, Liam Hinchcliffe, Zara Jobson, Lauren Myers, Zac Peters, Alexander Pozzer, Kye Robinson, Matthew Smith, Angus Waddell



SCHOLARSHIPS HOLDERS BY SPORT & REGION

REGION							
SPORT	KIAMA	SHELLHARBOUR	SHOALHAVEN	WINGECARRIBEE	WOLLONGONG	OUT OF AREA	TOTAL
AFL Girls	1	14	7	2	22	0	46
AWD	0	2	0	0	3	0	5
Basketball	1	4	4	7	26	0	42
Cycling	2	1	0	5	5	0	13
Golf	5	0	3	0	7	0	15
Hockey	1	2	0	5	11	0	19
Lonestar	5	2	9	0	14	0	30
Netball	3	5	8	4	10	0	30
Netball	1	0	2	0	4	0	7
Rugby Union	3	4	5	3	13	5	33
Swimming	4	3	6	0	8	0	21
Triathlon	2	0	3	2	8	0	15
TOTAL	28	37	47	28	131	5	276

GENDER			
SPORT	MALE	FEMALE	TOTAL
AFL Girls	0	46	46
Athlete with a Disability	3	2	5
Basketball	22	20	42
Cycling	8	5	13
Golf	12	3	15
Hockey	7	12	19
Lonestar	13	17	30
Netball	0	30	30
Netball Umpires	0	7	7
Rugby Union	26	7	33
Swimming	12	9	21
Triathlon	12	3	15
TOTAL	115	161	276





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More than just the pelvic floor, we guide you through pregnancy and beyond with techniques to help you avoid unnecessary pain and discomfort.



Orthotics, footwear and so much more! Biomechanical assessment, injury screening and video analysis in combination with strength testing and sports specific footwear advice. Comprehensive management of the entire lower limb.



Whether it's a lifestyle goal, a medical condition or to enhance performance at sport, let us help you optimise your nutritional intake for the best results.



Sports injuries, headaches, pregnancy and musculoskeletal issues. Our holistic approach to how the skeleton, joints, muscles, nerves and circulation work together aims for total wellbeing.



Remedial massage or simply for relaxation, our therapists specialise in a variety of techniques to treat your individual requirements.



A range of advice and treatment for kids from newborns to adolescents in a family friendly and stress free environment. Let us help your child move, play and flourish in a fun and practical way.



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FINANCIAL REPORT

2020



illawarra
academy of sport
"a pathway to excellence"

ILLAWARRA ACADEMY OF SPORTS INCORPORATED
ABN: 31 659 625 641

Annual Financial Report For The Year Ended
30 June 2020

ILLAWARRA ACADEMY OF SPORTS INCORPORATED ABN: 31 659 625 641
COMMITTEE'S REPORT

Your committee members submit the financial report of the Illawarra Academy of Sports Inc. for the financial year ended 30 June 2020.

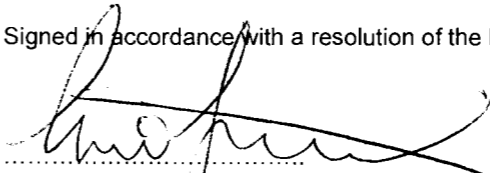
Principal Activities

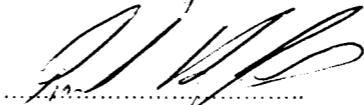
The principal activities of the association during the course of the financial year were to provide localised training and education opportunities for talented young athletes, coaches and administrators across the Illawarra region. There have been no significant changes in the nature of these activities during the financial year.

Operating Result

The profit after providing for income tax amounted to \$4,810.25.

Signed in accordance with a resolution of the Members of the Committee.


.....
Committee Member


.....
Committee Member

ILLAWARRA ACADEMY OF SPORTS INCORPORATED
NOTES TO AND FORMING PART OF THE FINANCIAL REPORT
FOR THE YEAR ENDED 30 JUNE 2020

NOTE 1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

This financial report is a special purpose financial report prepared for use by the Committee. The committee have determined that the organisation is not a reporting entity.

(a) Basis of Preparation

The report has been prepared in accordance with the requirements of the following Australian Accounting Standards:

AASB 101: Presentation of Financial Statements
AASB 108: Accounting Policies, Changes in Accounting Estimates and Errors
AASB 110: Events after the Reporting Period

No other Australian Accounting Standards or mandatory professional reporting requirements have been applied.

The report is prepared on an accruals basis and is based on historical costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following specific accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this report:

(b) Revenue and Revenue Recognition

Revenue is recognised when the amount of the revenue can be measured reliably, it is probable that economic benefits associated with the transaction will flow to the entity and specific criteria relating to the type of revenue as noted below, has been satisfied. Revenue is measured at the fair value of the consideration received or receivable and is presented net of returns, discounts and rebates.

All revenue is stated net of the amount of goods and services tax (GST)

(c) Taxation

The operations of the company are exempt from income tax under section 50-5 and 50-45 of the Income Tax Assessment Act (1997).

(d) Receivables and Accounts Payable

Trade accounts receivable are generally settled within 90 days are carried at amounts due. The collectability of debts is assessed at balance date and specific provision is made for any doubtful accounts.

Liabilities are recognised for amounts to be paid in the future for goods or services received, whether or not billed to the company. Trade accounts payable are generally settled in 30 days.

(e) Plant and equipment

Items of plant and equipment are initially recorded at cost and depreciated as outlined below. Items of plant and equipment are depreciated using the straight-line or diminishing value method over their estimated useful lives.

The depreciation rates used for each class of assets are as follows:

Plant & Equipments	14 - 50%
Furniture & Fixtures	7.5%
Motor Vehicles	25%

ILLAWARRA ACADEMY OF SPORTS INCORPORATED
NOTES TO AND FORMING PART OF THE FINANCIAL REPORT
FOR THE YEAR ENDED 30 JUNE 2020

(f) Provisions

Employee entitlements

The provision for employee entitlements to wages, salaries and annual leave represent the amount that the company has a present obligation to pay resulting from employees services provided up to the balance date. The provisions have been calculated at undiscounted amounts based on current wage and salary rates.

The company contributes to several defined benefit and defined contribution superannuation plans. Contributions are charged against income as they are made. The company is under no legal obligation to make up any shortfall in the funds assets to meet payments due to employees.

(g) Goods and Services Tax

Revenue, expenses and assets are recognised net of the amount of good and services tax (GST), except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO). In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of expense.

Payables and receivables are stated with the amount of GST included.

The net amount of GST recoverable from, or payable to, the ATO is included as a current asset or liability in the balance sheet.

These notes should be read in conjunction with the attached audit report.

ILLAWARRA ACADEMY OF SPORT INCORPORATED

INDEPENDENT AUDIT REPORT TO THE MEMBERS OF ILLAWARRA ACADEMY OF SPORT INCORPORATED

Opinion

We have audited the financial report of Illawarra Academy of Sport Inc., which comprises the Balance Sheet as at 30 June 2020, the Profit and Loss Statement and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial report of Illawarra Academy of Sport Inc. presents fairly, in all material respects, the Balance Sheet as at 30 June 2020 and the Profit and Loss Statement for the year then ended in accordance with the *Associations Incorporation Act 2009 (the Act)* and the Regulations.

Basis for Opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the Entity in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of Matter - Basis of Accounting

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist Illawarra Academy of Sport Inc. to meet the requirements of the *Associations Incorporation Act 2009 (the Act)* and the Regulations. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

Responsibilities of Management and Those Charged with Governance for the Financial Report

Management is responsible for the preparation and fair presentation of the financial report in accordance with the financial reporting requirements of the applicable legislation and for such internal control as management determines is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, management is responsible for assessing the Entity's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless management either intends to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Entity's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the committee.
- Conclude on the appropriateness of the committee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the committee regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.



Angela Wang
Registered Company Auditor Number: 486917
Chartered Accountants

O'DONNELL HENNESSY & TAYLOR.
1/41 Market Street
WOLLONGONG NSW 2500
Date:

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Balance Sheet [Last Year Analysis]

June 2020

ILLAWARRA ACADEMY OF SPORT

P.O.Box U39
University of Wollongong
NSW 2500

ABN: 31 659 625 641
Email: accounts@ias.org.au

	This Year	Last Year	Difference	Difference
Assets				
CURRENT ASSETS				
ICU Business Account	\$22,715.63	\$9,847.68	\$12,867.95	130.7%
ICU IQ Saver	\$278,708.11	\$281,833.01	-\$3,124.90	(1.1)%
ICU Debit Card	\$1,755.35	\$4,244.84	-\$2,489.49	(58.6)%
Trade Debtors	\$8,525.00	\$20,900.00	-\$12,375.00	(59.2)%
Prepaid expenses	\$4,941.56	\$780.00	\$4,161.56	533.5%
Total CURRENT ASSETS	\$316,645.65	\$317,605.53	-\$959.88	(0.3)%
FIXED ASSETS				
Equipment	\$36,696.38	\$36,696.38	\$0.00	0.0%
Accum Depreciation - Equipment	-\$31,190.00	-\$29,901.00	-\$1,289.00	(4.3)%
Furniture & Fittings	\$2,870.00	\$2,870.00	\$0.00	0.0%
Accum Depreciation - Furniture	-\$4,401.00	-\$4,069.00	-\$332.00	(8.2)%
Vehicle	\$25,450.00	\$25,450.00	\$0.00	0.0%
Accum Depreciation - Vehicle	-\$20,026.00	-\$18,217.00	-\$1,809.00	(9.9)%
Total FIXED ASSETS	\$9,399.38	\$12,829.38	-\$3,430.00	(26.7)%
Total Assets	\$326,045.03	\$330,434.91	-\$4,389.88	(1.3)%
Liabilities				
CURRENT LIABILITIES				
Trade Creditors	\$1,270.50	\$0.00	\$1,270.50	NA
Accrued Expenses	\$0.00	\$10,463.33	-\$10,463.33	(100.0)%
Superannuation	\$0.00	\$9,648.73	-\$9,648.73	(100.0)%
Annual Leave Liability	\$33,535.82	\$24,681.80	\$8,854.02	35.9%
LSL Liability	\$7,362.57	\$6,665.57	\$697.00	10.5%
Total CURRENT LIABILITIES	\$42,168.89	\$51,459.43	-\$9,290.54	(18.1)%
GST				
GST Collected from Sales	\$3,855.41	\$9,421.01	-\$5,565.60	(59.1)%
GST Paid on Purchases	-\$3,411.02	-\$2,675.99	-\$735.03	(27.5)%
Total GST	\$444.39	\$6,745.02	-\$6,300.63	(93.4)%
INCOME IN ADVANCE				
Office of Sport	\$114,000.00	\$114,000.00	\$0.00	0.0%
Total INCOME IN ADVANCE	\$114,000.00	\$114,000.00	\$0.00	0.0%
PAYG TAX PAYABLE	\$9,657.04	\$3,266.00	\$6,391.04	195.7%
Total Liabilities	\$166,270.32	\$175,470.45	-\$9,200.13	(5.2)%
Net Assets	\$159,774.71	\$154,964.46	\$4,810.25	3.1%
Equity				
Retained Earnings	\$154,964.46	\$171,092.75	-\$16,128.29	(9.4)%
Current Year Earnings	\$4,810.25	-\$16,128.29	\$20,938.54	129.8%
Total Equity	\$159,774.71	\$154,964.46	\$4,810.25	3.1%

This report includes Year-End Adjustments.

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Profit & Loss [Last Year Analysis]

July 2019 To June 2020

ILLAWARRA ACADEMY OF SPORT

P.O.Box U39
University of Wollongong
NSW 2500

ABN: 31 659 625 641
Email: accounts@ias.org.au

	This Year	Last Year	Difference	% Difference
INCOME				
SHARED INCOME				
Office of Sport	\$228,000.00	\$228,000.00	\$0.00	0.0%
Wollongong City Council	\$37,000.00	\$35,000.00	\$2,000.00	5.7%
Shellharbour City Council	\$17,000.00	\$15,000.00	\$2,000.00	13.3%
Shoalhaven City Council	\$17,000.00	\$15,000.00	\$2,000.00	13.3%
Wingecarribee Shire Council	\$12,200.00	\$10,100.00	\$2,100.00	20.8%
Kiama Municipal Council	\$8,000.00	\$6,000.00	\$2,000.00	33.3%
University of Wollongong	\$25,000.00	\$25,000.00	\$0.00	0.0%
Bluescope Steel	\$20,000.00	\$20,000.00	\$0.00	0.0%
Aceit Sportswear	\$4,500.00	\$4,500.00	\$0.00	0.0%
Collegians	\$0.00	\$27,500.00	-\$27,500.00	(100.0)%
Cram Fluid Power	\$0.00	\$5,000.00	-\$5,000.00	(100.0)%
Additional Sponsorship	\$16,466.00	\$24,586.36	-\$8,120.36	(33.0)%
Bank Sponsor	\$15,000.00	\$0.00	\$15,000.00	NA
Total SHARED INCOME	\$400,166.00	\$415,686.36	-\$15,520.36	(3.7)%
SPORT SPECIFIC INCOME				
AFL INCOME				
AFL NSW/ACT	\$8,000.00	\$8,000.00	\$0.00	0.0%
Athlete Tours	\$4,609.02	\$0.00	\$4,609.02	NA
Total AFL INCOME	\$12,609.02	\$8,000.00	\$4,609.02	57.6%
AWD INCOME				
MoneyQuest	\$3,500.00	\$3,500.00	\$0.00	0.0%
Total AWD INCOME	\$3,500.00	\$3,500.00	\$0.00	0.0%
CYCLING INCOME				
NSW Cycling Federation	\$3,000.00	\$3,000.00	\$0.00	0.0%
Cycling Sponsors	\$2,000.00	\$2,000.00	\$0.00	0.0%
Additional Uniforms	\$1,445.00	\$2,045.41	-\$600.41	(29.4)%
Total CYCLING INCOME	\$6,445.00	\$7,045.41	-\$600.41	(8.5)%
GOLF INCOME				
State Golf Assoc & Foundations	\$5,500.00	\$5,500.00	\$0.00	0.0%
Golf Illawarra	\$4,500.00	\$4,500.00	\$0.00	0.0%
Golf Day Fundraiser	\$4,847.49	\$6,420.82	-\$1,573.33	(24.5)%
Athlete Tours	\$509.10	\$1,272.75	-\$763.65	(60.0)%
Total GOLF INCOME	\$15,356.59	\$17,693.57	-\$2,336.98	(13.2)%
HOCKEY INCOME				
Local Hockey Associations	\$2,839.00	\$2,004.00	\$835.00	41.7%
Hockey NSW	\$3,000.00	\$3,000.00	\$0.00	0.0%
Total HOCKEY INCOME	\$5,839.00	\$5,004.00	\$835.00	16.7%
LONESTAR INCOME				
LoneStar Sponsor	\$3,000.00	\$0.00	\$3,000.00	NA
Total LONESTAR INCOME	\$3,000.00	\$0.00	\$3,000.00	NA
RUGBY UNION INCOME				
Illawarra District Rugby Union	\$3,000.00	\$3,000.00	\$0.00	0.0%
Athlete Tours	\$6,836.33	\$0.00	\$6,836.33	NA
Total RUGBY UNION INCOME	\$9,836.33	\$3,000.00	\$6,836.33	227.9%
NETBALL INCOME				
NSW Netball Association	\$7,500.00	\$7,500.00	\$0.00	0.0%
Local Netball Associations	\$10,640.00	\$5,600.00	\$5,040.00	90.0%
Additional Uniforms	\$0.00	\$222.73	-\$222.73	(100.0)%

This report includes Year-End Adjustments.

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Profit & Loss [Last Year Analysis]

July 2019 To June 2020

ILLAWARRA ACADEMY OF SPORT

P.O.Box U39
University of Wollongong
NSW 2500

ABN: 31 659 625 641
Email: accounts@ias.org.au

	This Year	Last Year	Difference	% Difference
Athlete Tours	\$7,936.30	\$7,218.12	\$718.18	9.9%
Total NETBALL INCOME	\$26,076.30	\$20,540.85	\$5,535.45	26.9%
SWIMMING INCOME				
South East Swimming Associatio	\$2,000.00	\$0.00	\$2,000.00	NA
Swimming Sponsor	\$6,800.00	\$0.00	\$6,800.00	NA
Total SWIMMING INCOME	\$8,800.00	\$0.00	\$8,800.00	NA
TRIATHLON INCOME				
Triathlon NSW	\$1,363.64	\$909.10	\$454.54	50.0%
Additional Uniforms	\$210.00	\$0.00	\$210.00	NA
Athlete Tours	\$0.00	\$4,969.10	-\$4,969.10	(100.0)%
Total TRIATHLON INCOME	\$1,573.64	\$5,878.20	-\$4,304.56	(73.2)%
BASKETBALL INCOME				
Basketball NSW	\$6,000.00	\$3,000.00	\$3,000.00	100.0%
Athlete Tours	\$5,668.15	\$0.00	\$5,668.15	NA
Total BASKETBALL INCOME	\$11,668.15	\$3,000.00	\$8,668.15	288.9%
Total SPORT SPECIFIC INCOME	\$104,704.03	\$73,662.03	\$31,042.00	42.1%
PROGRAM OR PROJECT INCOME				
PRESENTATION NIGHT				
Paying Guests	\$8,645.74	\$5,310.40	\$3,335.34	62.8%
TOBIN FAMILY AWARD				
Sponsorship	\$0.00	\$5,000.00	-\$5,000.00	(100.0)%
LEADERSHIP TRAINING CAMP				
Leadership Camp Athlete Levies	\$10,935.45	\$9,420.15	\$1,515.30	16.1%
ACADEMY GAMES				
Athlete Levies	\$0.00	\$30,036.61	-\$30,036.61	(100.0)%
Total ACADEMY GAMES	\$0.00	\$30,036.61	-\$30,036.61	(100.0)%
Total PROGRAM OR PROJECT INCOME	\$19,581.19	\$49,767.16	-\$30,185.97	(60.7)%
COVID -19 INCOME				
Jobkeeper Subsidy (No Gst)	\$24,000.00	\$0.00	\$24,000.00	NA
Cash Flow Boost	\$29,364.00	\$0.00	\$29,364.00	NA
Service NSW Grant	\$10,000.00	\$0.00	\$10,000.00	NA
Total INCOME	\$587,815.22	\$539,115.55	\$48,699.67	9.0%
Gross Profit	\$587,815.22	\$539,115.55	\$48,699.67	9.0%
EXPENSES				
EMPLOYEE RELATED EXPENSES				
Permanent Staff				
Salary Costs	\$318,162.91	\$284,065.41	\$34,097.50	12.0%
Annual Leave Provision	\$8,854.02	\$9,422.44	-\$568.42	(6.0)%
LSL Provision	\$697.00	\$796.47	-\$99.47	(12.5)%
Travel Reimbursement	\$1,828.34	\$2,379.59	-\$551.25	(23.2)%
Employsure	\$5,471.96	\$5,471.96	\$0.00	0.0%
Superannuation	\$31,223.04	\$38,716.10	-\$7,493.06	(19.4)%
Advertising/Recruitment	\$0.00	\$6,717.27	-\$6,717.27	(100.0)%
Staff Uniforms	\$272.60	\$173.65	\$98.95	57.0%
Workers Compensation	\$1,328.55	\$1,531.25	-\$202.70	(13.2)%
Total EMPLOYEE RELATED EXPENSES	\$367,838.42	\$349,274.14	\$18,564.28	5.3%
ADMINISTRATIVE COSTS				
Bank Fees & Charges	\$0.00	\$29.58	-\$29.58	(100.0)%

This report includes Year-End Adjustments.

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Profit & Loss [Last Year Analysis]

July 2019 To June 2020

ILLAWARRA ACADEMY OF SPORT

P.O.Box U39
University of Wollongong
NSW 2500

ABN: 31 659 625 641
Email: accounts@ias.org.au

	This Year	Last Year	Difference	% Difference
Insurance	\$4,103.98	\$3,108.50	\$995.48	32.0%
Staff Professional Development	\$3,104.54	\$524.96	\$2,579.58	491.4%
Subscriptions & Memberships	\$2,761.13	\$3,337.42	-\$576.29	(17.3)%
Staff Amenities	\$863.50	\$833.47	\$30.03	3.6%
Travel	\$3,025.89	\$4,090.26	-\$1,064.37	(26.0)%
Motor Vehicle Expenses	\$3,891.12	\$4,080.35	-\$189.23	(4.6)%
Audit Fees	\$2,751.97	\$2,657.20	\$94.77	3.6%
Consultancy Fees	\$0.00	\$8,687.82	-\$8,687.82	(100.0)%
Total ADMINISTRATIVE COSTS	\$20,502.13	\$27,349.56	-\$6,847.43	(25.0)%
COMMUNICATIONS				
Postage	\$0.00	\$2,256.86	-\$2,256.86	(100.0)%
Telephone & Internet	\$3,663.49	\$3,207.31	\$456.18	14.2%
Total COMMUNICATIONS	\$3,663.49	\$5,464.17	-\$1,800.68	(33.0)%
IT SERVICES				
Hosting & Registration	\$360.00	\$930.00	-\$570.00	(61.3)%
IT Support	\$0.00	\$1,975.00	-\$1,975.00	(100.0)%
Total IT SERVICES	\$360.00	\$2,905.00	-\$2,545.00	(87.6)%
PROMOTIONS & FUNCTIONS				
Promotions	\$3,762.75	\$1,091.82	\$2,670.93	244.6%
Advertising - General	\$689.58	\$1,034.84	-\$345.26	(33.4)%
Functions	\$3,579.93	\$1,622.05	\$1,957.88	120.7%
Athlete Induction	\$2,666.76	\$664.16	\$2,002.60	301.5%
Meetings	\$1,612.08	\$2,133.43	-\$521.35	(24.4)%
RASI Meetings	\$346.74	\$1,109.18	-\$762.44	(68.7)%
Total PROMOTIONS & FUNCTIONS	\$12,657.84	\$7,655.48	\$5,002.36	65.3%
MARKETING				
Website	\$5,087.50	\$635.00	\$4,452.50	701.2%
Total MARKETING	\$5,087.50	\$635.00	\$4,452.50	701.2%
PUBLICATIONS & PRINTING				
Newspapers	\$177.24	\$261.84	-\$84.60	(32.3)%
Photocopier	\$2,210.95	\$2,372.33	-\$161.38	(6.8)%
Stationery	\$388.02	\$1,958.52	-\$1,570.50	(80.2)%
Annual Report	\$5,105.45	\$7,398.18	-\$2,292.73	(31.0)%
Banners	\$1,187.27	\$126.36	\$1,060.91	839.6%
Athlete Profile Photos	\$925.00	\$0.00	\$925.00	NA
Total PUBLICATIONS & PRINTING	\$9,993.93	\$12,117.23	-\$2,123.30	(17.5)%
FACILITY & EQUIPMENT				
Office Equipment	\$2,376.39	\$2,216.49	\$159.90	7.2%
First Aid Kit	\$390.00	\$70.13	\$319.87	456.1%
Computer Equipment	\$375.28	\$0.00	\$375.28	NA
Computer Software	\$3,752.91	\$2,527.41	\$1,225.50	48.5%
Record Storage	\$306.60	\$353.60	-\$47.00	(13.3)%
Rent	\$9,749.96	\$14,159.86	-\$4,409.90	(31.1)%
Total FACILITY & EQUIPMENT	\$16,951.14	\$19,327.49	-\$2,376.35	(12.3)%
SPORT SPECIFIC EXPENSES				
AFL EXPENSES				
AFL Venue Hire	\$1,059.10	\$946.72	\$112.38	11.9%
Additional Uniforms	\$464.00	\$0.00	\$464.00	NA
Equipment	\$0.00	\$1,899.18	-\$1,899.18	(100.0)%
Tour Expenses	\$5,027.27	\$0.00	\$5,027.27	NA
Staff Support	\$3,300.00	\$3,250.00	\$50.00	1.5%

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	This Year	Last Year	\$ Difference	% Difference
Total AFL EXPENSES	\$9,850.37	\$6,095.90	\$3,754.47	61.6%
AWD EXPENSES				
First Aid	\$0.00	\$70.13	-\$70.13	(100.0)%
Staff Support	\$2,250.00	\$1,500.00	\$750.00	50.0%
Brett Stibners Award	\$500.00	\$500.00	\$0.00	0.0%
Total AWD EXPENSES	\$2,750.00	\$2,070.13	\$679.87	32.8%
CYCLING EXPENSES				
Uniforms & Equipment	\$4,211.72	\$3,405.00	\$806.72	23.7%
First Aid	\$0.00	\$70.12	-\$70.12	(100.0)%
Staff Support	\$4,200.00	\$2,650.00	\$1,550.00	58.5%
Coach Development	\$204.55	\$0.00	\$204.55	NA
Ben Mikic Award	\$500.00	\$500.00	\$0.00	0.0%
Total CYCLING EXPENSES	\$9,116.27	\$6,625.12	\$2,491.15	37.6%
GOLF EXPENSES				
Additional Uniforms	\$909.10	\$0.00	\$909.10	NA
Equipment	\$1,590.00	\$0.00	\$1,590.00	NA
First Aid	\$0.00	\$70.15	-\$70.15	(100.0)%
Staff Support	\$2,720.00	\$2,040.00	\$680.00	33.3%
Golf Day Expenses	\$2,615.53	\$4,383.17	-\$1,767.64	(40.3)%
Tour Expenses	\$1,107.27	\$1,760.27	-\$653.00	(37.1)%
Vic Burrows Award	\$500.00	\$500.00	\$0.00	0.0%
Total GOLF EXPENSES	\$9,441.90	\$8,753.59	\$688.31	7.9%
HOCKEY EXPENSES				
Hockey Venue Hire	\$806.81	\$1,446.82	-\$640.01	(44.2)%
Additional Uniforms	\$1,272.72	\$0.00	\$1,272.72	NA
Equipment	\$0.00	\$617.56	-\$617.56	(100.0)%
Staff Support	\$2,600.00	\$2,250.00	\$350.00	15.6%
Total HOCKEY EXPENSES	\$4,679.53	\$4,314.38	\$365.15	8.5%
LONESTAR EXPENSES				
Athlete Development	\$399.95	\$0.00	\$399.95	NA
Total LONESTAR EXPENSES	\$399.95	\$0.00	\$399.95	NA
RUGBY UNION EXPENSES				
Rugby Venue Hire	\$1,568.18	\$1,593.17	-\$24.99	(1.6)%
Additional Uniforms	\$742.28	\$0.00	\$742.28	NA
Equipment	\$0.00	\$444.00	-\$444.00	(100.0)%
Staff Support	\$2,500.00	\$1,650.00	\$850.00	51.5%
Tour Expenses	\$6,199.31	\$0.00	\$6,199.31	NA
Total RUGBY UNION EXPENSES	\$11,009.77	\$3,687.17	\$7,322.60	198.6%
NETBALL EXPENSES				
Netball Venue Hire	\$3,220.11	\$2,821.83	\$398.28	14.1%
Additional Uniforms	\$1,042.19	\$63.64	\$978.55	1,537.6%
Equipment	\$389.00	\$998.59	-\$609.59	(61.0)%
First Aid	\$0.00	\$70.12	-\$70.12	(100.0)%
Staff Support	\$4,250.00	\$2,400.00	\$1,850.00	77.1%
Coach Development	\$109.09	\$0.00	\$109.09	NA
Tour Expenses	\$8,778.18	\$8,118.82	\$659.36	8.1%
Total NETBALL EXPENSES	\$17,788.57	\$14,473.00	\$3,315.57	22.9%
SWIMMING EXPENSES				
Swimming Venue Hire	\$90.91	\$0.00	\$90.91	NA
Additional Uniforms	\$1,000.00	\$0.00	\$1,000.00	NA

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Camp expenses	\$3,459.67	\$0.00	\$3,459.67	NA
Total SWIMMING EXPENSES	\$4,550.58	\$0.00	\$4,550.58	NA
TRIATHLON EXPENSES				
Triathlon Venue Hire	\$231.80	\$540.59	-\$308.79	(57.1)%
Additional Uniforms	\$818.18	\$0.00	\$818.18	NA
First Aid	\$0.00	\$70.13	-\$70.13	(100.0)%
Staff Support	\$1,000.00	\$1,250.00	-\$250.00	(20.0)%
Tour Expenses	\$0.00	\$7,070.39	-\$7,070.39	(100.0)%
Total TRIATHLON EXPENSES	\$2,049.98	\$8,931.11	-\$6,881.13	(77.0)%
BASKETBALL EXPENSES				
Basketball Venue Hire	\$2,934.10	\$1,655.12	\$1,278.98	77.3%
Additional Uniforms	\$1,090.90	\$0.00	\$1,090.90	NA
Equipment	\$0.00	\$34.09	-\$34.09	(100.0)%
Staff Support	\$3,500.00	\$1,800.00	\$1,700.00	94.4%
Tour Expenses	\$4,416.07	\$0.00	\$4,416.07	NA
Total BASKETBALL EXPENSES	\$11,941.07	\$3,489.21	\$8,451.86	242.2%
PROGRAM DEVELOPMENT SUPPORT				
Coach Development	\$3,836.36	\$4,021.82	-\$185.46	(4.6)%
Education Lectures	\$3,210.70	\$1,504.50	\$1,706.20	113.4%
Total SPORT SPECIFIC EXPENSES	\$90,625.05	\$63,965.93	\$26,659.12	41.7%
PROGRAM OR PROJECT EXPENSES				
ATHLETE SERVICES				
Physical Performance	\$4,779.81	\$2,470.06	\$2,309.75	93.5%
TOBIN FAMILY AWARD				
Tobin Family Award Winner	\$5,000.00	\$5,000.00	\$0.00	0.0%
PRESENTATION NIGHT				
Production	\$25,467.42	\$23,577.37	\$1,890.05	8.0%
LEADERSHIP TRAINING CAMP				
Leadership Camp Expenses	\$11,168.18	\$7,973.64	\$3,194.54	40.1%
ACADEMY GAMES				
Athlete Expenses	\$0.00	\$26,994.96	-\$26,994.96	(100.0)%
Total PROGRAM OR PROJECT EXPENSES	\$46,415.41	\$66,016.03	-\$19,600.62	(29.7)%
Total EXPENSES	\$574,094.91	\$554,710.03	\$19,384.88	3.5%
Operating Profit	\$13,720.31	-\$15,594.48	\$29,314.79	188.0%
OTHER INCOME				
Misc Income	\$51.30	\$0.00	\$51.30	NA
Credit Interest	\$1,486.81	\$4,917.83	-\$3,431.02	(69.8)%
Total OTHER INCOME	\$1,538.11	\$4,917.83	-\$3,379.72	(68.7)%
OTHER EXPENSES				
Bad Debt Expense	\$5,000.00	\$0.00	\$5,000.00	NA
Depreciation	\$3,430.00	\$5,088.00	-\$1,658.00	(32.6)%
Donations	\$650.00	\$0.00	\$650.00	NA
Presidents Relief Fund	\$1,368.17	\$363.64	\$1,004.53	276.2%
Total OTHER EXPENSES	\$10,448.17	\$5,451.64	\$4,996.53	91.7%
Net Profit/(Loss)	\$4,810.25	-\$16,128.29	\$20,938.54	129.8%

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