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## PRESIDENT'S REPORT 2018

am pleased to present this, my first Presidents Report, for consideration at the Annual General Meeting of the Illawarra Academy of Sport for year 2017-2018.

This AGM is the first July-June based financial and operating year and completes the transition from a calendar-based year, a process which began in 2015.

We look back or the past year with considerable pride at the achievements of not only our current athletes but also our past athletes who compete with great success on the national and international stage. In this regard, Australia hosted the Gold Coast Commonwealth Games during the year and the Illawarra Academy of Sport had nine former scholarship holders compete with great credit in a variety of sports. Emma McKeon secured multiple gold and bronze medals in a stunning swimming performance.

I also mention the performance of Madeleine Hill who, whilst not winning her 5000 metre and 10,000 metre running events, displayed great sportsmanship and care by waiting at the finishing line to welcome the last place-getter home. Such behaviour represents what the Illawarra Academy of Sport represents – respect and friendship are core values irrespective of the heat of competition.

Other significant events to occur during the year included the Academy's Annual Presentation Night held at Novotel Wollongong in September. This function introduces each of our athletes to the wider regional community and presents them with their graduation certificates. The night also hosts the presentation of the prestigious Tobin Family Award for the Academy's most outstanding Athlete. For 2018 that

Athlete was Lonestar squad member, Kieran Wooley.

Around eighty athletes and staff attended the statewide "Your Local Club" Regional Academy Games held this year in the Hunter. Our athletes again performed with great credit and enjoyed the event in the process.

#### **FINANCES**

The Academy's financial position continues to be sound and I extend thanks to the many financial supporters of the Academy for continuing to invest in the region's youth. As can be seen in comments regarding staffing hereunder, Staff turnover during the year has carried with it some costs. Notwithstanding, the Academy continues to operate sustainably with additional revenue generation being a focus for the future. I extend particular thanks to the Academy's Auditors O'Donnell Hennessy & Co. and staffer Selin Kahraman.

#### **PROGRAMS**

It is clear that Regional Academies of Sport, of which the Illawarra Academy of Sport was the original model, and which later became replicated across the nation, continue to have a valid and important role to play in providing a talent identification and development pathway for athletes in the region. Whilst several sporting codes have their own pathway/academy-style programs, many do not. Providing a pathway for those sports contributes significantly to their survival and success. In this regard, two 'new' squads were added to our Academies suite of offerings during 2017-2018. These were surfing and AFL Girls, both launched with the full support of the Office of Sport and the respective State Sporting Organisations. Our programs continue to offer skill development, competition opportunities, educational components on a range of subjects and strength and conditioning services, an area which the Academy is devoting more attention to. We strive for continuous improvement across all scholarship components.

I will now touch on the policy, operational, and resourcing aspects of the Illawarra Academy of Sports operations throughout 2017/18.

#### **GOVERNANCE**

The year 2017 was the final year of the Academy's 5-year Strategic Plan. This necessitated the incoming Board and membership to review its strategic plan and develop a new plan reflecting the key values and strategic priorities of the organisation. The new plan will deliver on a vision which enables athletes of the Illawarra the maximum opportunity for holistic success and development through excellence in program delivery. The vision will be achieved through robust administration by professional staff and continuing improvement in the quality and diversity of services to our athletes.

I thank all members, directors and staff in delivering the abovementioned governance measures with particular thanks to CEO John Armstrong.

#### **SPONSORS**

The Academy could not exist without the financial assistance of its government and private sector supporters. The recently increased level of support and assurance of its continuation by the Minister for Sport and NSW Office of Sport is much appreciated. The five councils of the Academy's region are foundational member and continue to contribute financially each year. Likewise, the University of Wollongong contributes financially and in providing access to an excellent range of facilities and professional advice.

Our private sector sponsors including platinum sponsors Collegians, and longstanding sponsors Bluescope and WIN, Aceit Sportswear and our strength and conditioning consultant/provider BaiMed have been loyal and highly valued supporters who I sincerely thank on behalf of all our young athletes and Academy community.

#### **MEDIA**

To the media throughout the Illawarra, I extend the Academy's appreciation and thanks for your positive coverage of the outstanding talent and achievements of our athletes.

#### COACHES/SUPPORT STAFF/ CONSULTANTS

The Illawarra Academy of Sport is, in essence, an educational institution which develops skills and imparts information to its scholarship holders. The Academy strives to secure coaches, support staff and educators/consultants of the highest calibre and this is a pursuit which will receive higher resourcing and attention under the new Strategic Plan. You are the key to our success on court and field. On behalf of the Board and Academy staff, thank you for your commitment and effort towards our athletes.

#### **ACADEMY STAFF**

2017/18 has been a turbulent year, but change is the only constant in life and if well managed can produce rewarding and beneficial results. One change arose from the Constitution adopted in March 2017 which incorporated the roles of Public Officer, Chief Financial officer and General Manager into a new role under the title of Chief Executive Officer. The incoming Board reviewed the new position and determined to test the market by advertising the position when the General Manager's contract expired early September 2017. The level of interest was quite extraordinary with the end result being the appointment of John Armstrong, a person of great experience and qualification in sports administration, development and coaching. John commenced work as CEO with the Academy on 1 November 2017 and hit the ground running. He has been pivotal in our strategic planning and program development processes.

More change in the ranks occurred in May 2018 when former Athlete and Program Development Manager Andrew

Barrett accepted a position with the Illawarra Hawks. We wish Andrew well in his new role. Again, an open market and transparent advertising process produced an excellent field of candidates from whom Dane Robinson has been selected. A former Australian representative triathlete, Dane brings great experience, enthusiasm and drive to his new role. Finally, the Academy's administration assistant, Angela resigned recently and again, new talent is being sought for this position. Our Financial Manager Selin Kahraman continues to provide excellent service to the Academy and is appreciated by all.

The Board extends its thanks to departed staff and welcomes its new team with considerable expectation and excitement.

#### THE BOARD AND MEMBERSHIP

I continually remind myself that all members are volunteers who, at the expense of their own time and energy, give unstintingly to the work of the Academy. Our reward is seeing skills being developed, performance being played out, knowledge being learned, confidence growing, and maturity emerging in some of the finest young individuals our communities continue to produce.

Each member of the Academy has played a unique role in the work of the organisation this year. Some have served on staff and athlete selection panels. Others have invested in the Strategic Plan, while others have focused on the details of the Employee Handbook. Many more have represented the Academy. Everyone has contributed.

On behalf of Vice President Amy
Duggan and myself, I extend our genuine
gratitude to you. You are an asset to your
communities and a great team for the
Academy.

John Wells
PRESIDENT
ILLAWARRA ACADEMY OF SPORT



## CEO'S REPORT 2018

to commence on 1 November 2017, the IAS embarked upon a course of change and development that has been both deliberate and relatively speedy. The continued commitment to the development and welfare of athletes within the Illawarra and Region catchment led to a maintenance of the programs that were evident in 2016-17 with the exception of Ten-Pin Bowls as a program but with the inclusion of Surfing.

The programs maintained the commitment to effective education programs that ran throughout the year, with recognition to all the presenters that enabled this. Unfortunately, the anticipated inclusion of the "iHub" that would integrate the learning platform with the communication platform and the TeambuildR App (for strength and conditioning) was unable to come to fruition due to IT integration issues.

The commitment to the physical development of the athletes through the Strength and Conditioning offerings provided by BaiMed were placed in abeyance early in the program with the collapse in sponsorship offerings provided by the Jetts franchises. This was replaced with the provision of training facilities at Moss Vale Aquatic Centre, Bay and Basin Leisure Centre, Kiama Leisure Centre and UniActive at the University of Wollongong. A large thank you to each of the facility providers - their support enabled the inclusion of a revised program that allowed supervised and structured sessions to be conducted in each of the regional areas of the IAS catchment. BaiMed provided the option for supervised sessions in the second and third terms of school in 2018. This was met with some limited success and provides the basis upon which the 2018-19 programs will be formed.

The appointment of the CEO coincided with a commitment to a revised Strategic

Direction and the production of the Strategic Plan 2018-2021. This provides the platform for the IAS to continue to pursue excellence in the provision of services for its emerging athletes as well as provide the flexibility to broaden its scope to remain relevant and contemporary in a continually changing landscape of sport.

The IAS simply could not work without the commitment by its coaches and support staff and we are blessed with a strong contingent of coaches that are dedicated to the development of the athletes. We collectively thank them for their skills, expertise and dedication.

2018 saw some structural change, with the IAS revising its workforce. The resignation of the Program Manager followed by the Administration Officer heralded the modification of skill sets required to advance the IAS via its administrative support. The expansion of the role of Athlete and Program Manager to include Coach Development and the allocation of funds to establish a Communications Officer and a Strength and Conditioning service delivery, recognises the commitment by the Board to these areas for 2019.

Our commitment to the Illawarra community through fundraising and support for the Disability Trust, Red Shield Appeal and other fundraisers remains. Equally, we are dependent upon, and thankful for, the support provided by all of our sponsors, in particular the Office of Sport, the Collegians Rugby League Football Club, BlueScopeWIN Community partners, Illawarra Mercury and BaiMed Physiotherapy.

2018 has maintained the integrity of the IAS, embarked upon change that will advance its capability into the future and provided a framework for continual development in meeting the needs of the athletes of the Illawarra. It has set the platform for the future success of the Illawarra Academy of Sport.

John Armstrong
CEO
ILLAWARRA ACADEMY OF SPORT

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#### **TOP TEAM**

#1 university in NSW1

#### **TOP COACHES**

#1 in NSW/ACT for Teaching Quality<sup>1</sup>

#### **TOP EQUIPMENT**

#1 in NSW/ACT for Learning Resources<sup>1</sup>

#### **IMPRESS SELECTORS**

Employers are more satisfied with graduates from the University of Wollongong (UOW) than graduates from all other NSW universities<sup>2</sup>



UNIVERSITY OF WOLLONGONG AUSTRALIA

1. QILT 2017
2. Australian Government's Quality Indicators for Learning and Teaching 2017 Employer Satisfaction Survey (QILT ESS)



## CORPORATE VISION FOR THE **ILLAWARRA ACADEMY OF SPORT**

#### SUCCESS LOOKS LIKE ...

- · An engaged and competent, functioning Board and staff.
- Long-term sustainability is evident.
- There is viability in future growth opportunities.
- The IAS is perceived as an integral part of the success of the Illawarra
- The IAS is perceived as a leading player in sports development and outcomes of the Illawarra sporting community.
- There is continual and regular exposure of the IAS in the community.
- Sponsors and sporting organisations look to the IAS for inclusion.
- Athletes, coaches and program

- staff have improved understanding, increased competence and modified behaviour due to their engagement in effective programs.
- There are diversified delivery options in education and skills development, and training is provided to best meet the needs of the program / coaches /
- The IAS is seen as a leader in coach / athlete / program development from within the industry.

#### WE WILL BE MEASURED BY ...

• Allocation of sufficient resources to deliver the desired program outcomes through financial and operational

efficiency.

- A positive perception of personnel by community and partners.
- The level of involvement of the Academy in the community.
- The level of inclusion in broader sporting outcomes in the Illawarra.
- The regular, appropriate and timely engagement in internal and external communications.
- The development and deployment of a Communications Strategy.
- The way participants respond to the delivery of programs.
- A capacity to meet the holistic needs of the athletes / coaches / staff of the

#### **HISTORY**

"The concept of the Illawarra Academy of Sport emanated from a communitybased investigation into sport and lifestyle opportunities in the Illawarra. A committee which comprised of representatives from government, education, business and community sport recommended the establishment of an Academy to expand sporting opportunities for talented athletes of the region."

With the University of Wollongong facilitating its progress, the committee's vision became a reality. Then the Illawarra Institute of Sport was launched in December 1985, becoming Australia's first Regional

Academy of Sport. For funding reasons, the term Institute, was replaced with Academy prior to incorporation in 1988.

#### **SPORTS PROGRAMS**

As the Academy evolved, the range of sports expanded and since 1986 programs have been conducted in 18 different sports. Although, gymnastics, touch, basketball, soccer and surfing are no longer in the Academy, eleven sports programs remain.

"Currently there are programs offered for AFL girls, AWD, golf, netball, hockey, rugby union, cycling, Lonestar, and triathlon. Since 1985, there have been over 5400 scholarships offered to local athletes." The IAS will continue to build on the range of sports available to local athletes

#### A GROWING EXAMPLE

The regional academy format, pioneered in the Illawarra, has now been replicated across Australia and overseas. Ten independent regional academies are in operation across NSW with the national network of regional academies now totally nineteen.

The strength of the Illawarra Academy of Sport has always been its strategic alliances and partnerships with Illawarra business, local government, sporting associations at regional and state level and support of the University of Wollongong.



#### **MISSION**

"To provide opportunities and services for sport, talented athletes and coaches within the Illawarra Area to achieve excellence."





## **BOARD OF DIRECTORS**

Mr. John Wells, President Representative of Mayor of Shoalhaven, Councillor Amanda Findley's

Ms. Amy Duggan, Vice President **Community Member** Wollongong Representative

Mr. Peter Bowman, Director Representative of Australian Institute of Sport Director's

Mr. Canio Fierravanti, Director Representative of University of Wollongong Vice Chancellor's

Ms. Megan Hutchison, Director Community Member - Kiama Representative

Ms. Jenny Towers, Director Representative of Lord Mayor of Wollongong Councillor Gordon Bradbery's

Mr. Garry Turland, Director Representative of Mayor of Wingecarribee Councillor Ken Halstead's

Mr. Brian Weir, Director Representative of Mayor of Shellharbour, Councillor Marianne Saliba's

Mrs. Clare Rogers, Member Representative of Mayor of Kiama, Councillor Mark Honey's

Mr. Gary Lord, Member **Community Member Shellharbour Representative** 

Mr. Grant Hughes, Director **Community Member Wollongong Representative** 

Mr. Scott Parr, Member **Community Member Wollongong Representative** 



John Wells



Amy Duggan



Peter Bowman



Canio Fierravanti



Megan Hutchinson



Jenny Towers



Garry Turland



Brian Weir



Clare Rogers



Gary Lord



Grant Hughes



Scott Parr



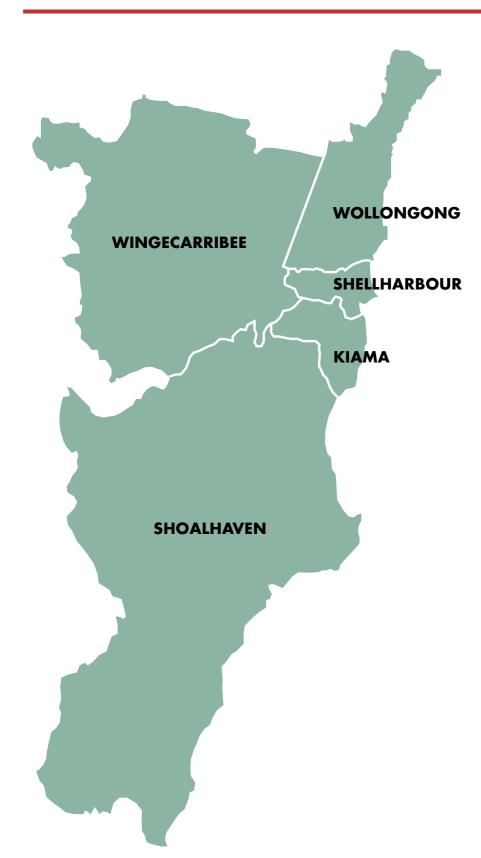




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## **ACADEMY POSITION IN SPORTS STRUCTURE**



s a provider of talent development services, the Academy aims to position itself within the sports system at a level which will be of most benefit to athletes.

As an independent autonomous organisation, the Academy is in effect, working on behalf of the local and state sporting associations to develop talented athletes for the benefit of both the athletes and the sport.

The Academy programs are designed to complement the activities the athletes receive through their club and representative structure.

#### **LINKS TO SPORTING GROUPS**

The Academy operates within the sports system at several pre elite athlete levels.

It maintains links with a range of organisations to ensure that the local talented athletes receive the best possible support in their path to excellence.

#### **NSW OFFICE OF SPORT -SPORT & RECREATION**

As the largest single partner of the Academy, there are close operational links with the Office of Communities Sport and Recreation with regular interaction with the South Coast Region and at senior officer level.

#### **LOCAL & STATE SPORTS ASSOCIATIONS**

Administrative and coaching links are maintained with local and State sporting associations in the scholarship sports that have programs in the Academy.

#### **NSW INSTITUTE OF SPORT**

The Illawarra Academy sports programs are structured to ensure the athletes have



the greatest opportunity to feed into the NSW Institute of Sport programs (where appropriate).

#### **NSW REGIONAL ACADEMY NETWORK**

The eleven independent Regional Academies in NSW maintain close links for athlete competition and training and sport management information sharing.

#### **ACADEMIES OF SPORT** INC (RASI)

The eleven independent Regional Academies in NSW, in 2003, formed RASi. The principal purpose of this organization is the planning and support of the Academy Games - a multi sport festival involving all Academies.

#### **AUSTRALIAN INSTITUTE OF SPORT**

The links with the AIS were established when the Academy was formed in 1985. Academy athletes have the opportunity of gaining entry to the AIS and a number of Academy athletes have graduated into AIS programs.

#### **ACADEMY CATCHMENT AREA**

The Academy operates through the Illawarra's geographic region comprising the five local government areas of: Wollongong, Shellharbour, Kiama, Shoalhaven, and Wingecarribee. Illawarra covers an area of 8,485 square kilometres and extends from Helensburgh in the north, Ulladulla in the south and across to the Southern Highlands in the west. The region has a population of approximately 480,000.











### SCHOLARSHIP PROGRAMS



he major focus of Academy activity is the delivery of sport coaching, physical development and education programs for its scholarship athletes. Services are provided to a select group who must satisfy eligibility and selection criteria.

#### **COMMON ATHLETE ELIGIBILITY CRITERIA**

The athlete must:

- 1. Reside in the Illawarra region (Wollongong, Shellharbour, Kiama, Shoalhaven and Wingecarribee);
- 2. Display an ability to apply coaching and technical instruction;
- 3. Demonstrate, through past performance and/or potential capacity, the potential to improve performance to a high level;
- 4. Be a registered participant of an association within the Illawarra area.

#### **SELECTION CRITERIA AND PROGRAM DESIGN**

In addition to the eligibility criteria outlined above sport programs have additional selection criteria which varies from program to program. At time of nomination this criteria is outlined to all applicants.

#### **PROGRAM BENEFITS & SERVICES**

A generic Academy scholarship provides the following benefits and services to the region's talented youth:

#### **Sport Specific Skill Development**

- Elite coaching by the region's leading coaches include high level guest
- Technical and tactical skill acquisition with video analysis support.
- Exposure to high level competition including the ClubsNSW Academy Games as well as regional and interstate tours.

#### **Athlete Performance Development**

- Musculoskeletal screening with individualised pre-had exercise programs.
- Movement competency evaluations
- High performance resistance training

programs in line with the 'long term athlete development model' and weekly access to a HP training facility.

- Sports specific fitness testing and evaluation
- Specialist training including athletic movement and speed development training.

#### **Elite Sport Education Curriculum**

Sport specific education modules including:

- Performance Psychology,
- · Sports Nutrition,
- Drugs in sport, and;
- · Athletic movement and injury prevention

#### Athlete personal development modules including:

- Goal-setting and time management
- · Media awareness and public speaking, · Athlete professionalism
- In 2-Uni Academic Support

#### **CORE PROGRAM COMPONENTS**

The primary objective of the Academy is to improve an individual athlete's sporting ability and to equip them with skills to enhance their prospects of future success.

#### **Training & Technical Development**

Coaching and training sessions form the major component of the scholarship program (except individual athlete program).

The coaching staff design programs that emphasize individual development concentrating on the strengths and weaknesses of the athletes together with activities to improve and athlete's knowledge and ability in the tactical aspects of their sport.

#### **Sport Science**

To supplement the coaching and training component of the program,

the athlete receives advice in specialist areas of athlete development. The sport science program elements aim to provide regular and relevant feedback to the coaches and the athletes on the physical fitness and training levels of the athletes.

Athletes annually complete sessions in nutrition, sport psychology and sports injury prevention and management. The aim of these sessions is to provide information to make athletes aware of the role these areas play in enhancing individual performance.

#### **Competition Opportunities**

Academy squads participate in selected competitive fixtures during their scholarship program. Competition is primarily against selected opponents including other Regional Academies, State Academies, representative sides or strong club teams and is valuable to the coaches in providing feedback on the progress of the athlete and the effectiveness of the coaching program.

Sporting tours overseas, interstate and within NSW may also be conducted to provide competitive opportunities in the unique touring environment.

#### Personal Development

A key objective of the Academy is to develop outstanding sports citizens and therefore Education and Awareness sessions, based on public speaking, drugs in sport, media and sponsor servicing, are incorporated into the program.

In addition, athletes are exposed to social and promotional situations to develop their personal understanding of the breadth of sports development and community service opportunities.



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### CORE PROGRAM COMPONENTS

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## TRAINING & TECHNICAL DEVELOPMENT

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#### **SPORTS SCIENCE**

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## **TOTAL SCHOLARSHIPS OFFERED 1986-2018**

AFL GIRLS	
Female	18
ATHLETES WITH A DISABILI	ΤΥ
Male	53
Female	35
BASKETBALL	
Male	149
Female	142
CRICKET	
Male	559
Female	95
CYCLING	
Male	170
Female	78
GOLF	
Male	215
Female	57
GYMNASTIC	
Female	26
HOCKEY	
Male	481
Female	491
INDIVIDUAL ATHLETES	
Male	74
Female	75
LAWN BOWLS	
Male	104
Female	54
LONESTAR	
Male	133
Female	177

NETBALL	
Female	709
RUGBY LEAGUE	
Male	666
RUGBY 7s	
Male	30
Female	24
RUGBY UNION	
Male	443
SAILING	
Male	81
Female	25
SOCCER	
Male Female	144
	1
SURFING	(1
Male Female	19
SWIMMING	17
Male	92
Female	79
TENNIS	
Male	0
Female	26
TENPIN BOWLING	
Male	2
Female	3
TOUCH	
Male	35
Female	3
TRIATHLON	
Male	14
Female	15
TOTAL SCHOLARSHIPS OFFERED	5665

## ILLAWARRA ACADEMY OF SPORT HONOUR ROLL

IAS Graduates	s that have represented at an Olympic	Games, World Championships or Commonwealth Games					
SPORT	ATHLETE	ACHIEVEMENT	YEAR	SPORT	ATHLETE	ACHIEVEMENT	YEAR
Athletics	ryan gregson	2012 & 2016 Olympic Games and 2014 Commonwealth Games	2008	Kayaking	ZOE LYNAM (NEE UPHILL)	2008 Olympic Games	1999
Athletics	MADELINE HILLS (NEE HEINER)	2016 Olympic Games and 2014 Commonewealth Games	2004	Lawn Bowls	KAREN MURPHY	World Champion & Commonwealth Games Gold Medalist	1990
AWD	SIOBHAN PATON	World Champion and 2000 Paralympics Gold Medalist	1998	Lawn Bowls	LEIF SELBY	World Champion & 2010 Commonwealth Games Silver Medalist	1990
AWD	MEGAN NEWELL	2011 Special Olympics Gold Medalist	2002	Lawn Bowls	BRET DUPREZ	World Champion & 1998 Commonwealth Games Gold Medalist	1990
AWD	JESSICA SMITH	2004 Paralympic Games	2003	Rowing	DAVID SMITH	2012 Olympic Games Gold Medalist	2001
AWD	BRETT STIBERS	2016 Paralympian and 2008 Paralympic Gold Medalist	1996	Rugby League	JOSH MORRIS	2013 Rugby League World Cup Winner	2001
Cricket	BRETT LEE	2003 Cricket World Cup	1990	0, 0	BRETT STEWART	2008 Rugby League World Cup	1999
Cricket	SHANE LEE	1999 Cricket World Cup	1989	Rugby League	KANE LINNETT	2013 Rugby League World Cup	2005
Cycling	ROCHELLE GILMORE	World Champion and	1996	Rugby League	KEITH LULIA	2013 Rugby League World Cup	2002
- /		Commonwealth Games Medalist 2006 Commonwealth Games and		Rugby League	CRAIG FITZGIBBON	2008 Rugby League World Cup	1994
Cycling	BEN KERSTEN	Gold Medalist	1995	Rugby Union	TOM CONNOR	Australian Rugby 7's Team, 2018 Commonwealth Games	2010
Cycling	JOSH KERSTEN	1998 Commonwealth Games Bronze Medalist	1994	Soccer	LUKE WILKSHIRE	2010 World Cup and 2004 Olympic Games	1996
Cycling	JAMES WILLIAMSON	MTB 24 hour Solo World Championships Gold Medalist	2002	Surfing	MICHAEL LOWE	World Surfing Championships	1990
Cycling	CALEB EWAN	2014 Commonwealth Games	2010	Surfing	SALLY FITZGIBBONS	World Surfing Championships	2007
Hockey	KIERAN GOVERS	World Champion, 2012 Olympic Bronze Medalist and	2004	Surfing	KIM WOOLDRIDGE	World Surfing Championships	1988
, and the second		2014 Commonwealth Games Gold Medalist		Surfing	CHAD RYAN	World Surfing Championships	1990
Hockey	BLAKE GOVERS	2016 Olympic Games	2012	Surfing	JAKE SPOONER	World Surfing Championships	1988
Hockey	GRACE STEWART	2016 Olympic Games	2014	Surfing	TODD PRESTAGE	World Surfing Championships	1988
Hockey	TRISTAN WHITE	2014 Commonwealth Games Gold Medalist and Australian Kookaburras	2006	Swimming	DAVID MCKEON	2012/2014/2016 Olympic Games & Commonwealth Games Gold Medalist	2010
Hockey	FLYNN OGILIVE	2015 Indoor Hockey World Cup and Australian Kookaburras	2007	Swimming	JARROD POORT	2016 and 2012 Olympic Games	2010
Hockey	MELISSIA SIMPSON	2007 Indoor Hockey World Cup	2002			2014 Commonwealth Games Gold Medalist	
Hockey	EMMA MACLEASH (NEE COBBIN)	2011 Indoor Hockey World Cup	2004	Swimming	EMMA MCKEON	2016 Olympic Games Gold Medalist 2018 Commonwealth Games multiple Gold & Bronze medalist	2010
Hockey	SIMON BEATON	2015 Indoor Hockey World Cup	2000	Swimming	ROBERT HURLEY	2010 Commonwealth Games  2010 Commonwealth Games	2006
Hockey	HEATH OGILVIE	2015 Indoor Hockey World Cup	2008			World Champion and	
Hockey	KURT OGLVIE	2011 and 2015 Indoor Hockey World Cup	2000	Swimming	JASON CRAM	2002 Commonwealth Games Gold Medalist	2000
Hockey	LYNDAL OGILVIE	2011 Indoor Hockey World Cup	2001	Swimming	LORI MUNZ	1998 Commonwealth Games Gold Medalist	1997
Hockey	KYLIE SMITH	2011 Indoor Hockey World Cup	1999	Swimming	SARAH KASOULIS	2002 Commonwealth Games	1999

# ILLAWARRA ACADEMY OF SPORT HONOUR ROLL

IAS Graduates Who Have Represented at Intenational Le	vel
---	-----

SPORT	ATHLETE	ACHIEVEMENT	YEAR
AWD	SAM HARDAKER	Australian Disability Swim Team	2001
AWD	JACQUELINE CHARLESWORTH	Australian Women's Wheelchair Basketball Team	1999
Cricket	PHIL JAQUES	Australian Cricket Team	1993
Cricket	ADAM ZAMPA	Australian Cricket Team	2007
Cycling	AMIEL CAVALIER	Australian MTB Team	2005
Cycling	JOSH WALL	Australian Cycling Team	2001
Golf	JORDAN ZUNIC	Winner of the New Zealand Open	2007
Hockey	STEPHEN MADGE	Australian Kookaburras	2000
Hockey	KYAH GRAY	Australian Indoor Hockey Team	2009
Lawn Bowls	SARAH BODDINGTON	Australian Women's Team	2008
Netball	MARNI HANSELL	Australian Netball Team	1996
Netball	SARAH BARRETT	Australian Netball Team	1996
Rugby League	LUKE BAILEY	Australian Kangaroos	1995
Rugby League	SHAUN TIMMINS	Australian Kangaroos	1993
Rugby League	JOHN SIMON	Australian Kangaroos	1990
Rugby League	BEN HORNBY	Australian Kangaroos	1995
Rugby Union	MARTIN SCHLIEBS	Australian Rugby 7's Team	1998
Rugby Union	PAUL ASQUITH	Australian Rugby 7's Team	2007
Rugby Union	ALEXANDER KANAAR	Australian Wallabies	1999
Rugby Union	DAN PALMER	Australian Wallabies	2004
Swimming	BEN DENNER	Australian Swimming Team	2000
Swimming	KAINE LOVE	Australian Swimming Team	2000





**PROGRAM MANAGER'S REPORT** 



## **PROGRAM MANAGER'S REPORT 2018**

018 was a fantastic year for the Academy with 186 graduating athletes from 10 sport programs covering 21 different sports.

In 2018 the IAS offered Sports Scholarships across 10 programs: AFL Girls, Athletes with a Disability, Basketball, Cycling, Golf, Hockey, Netball, Rugby 7's, Surfing Triathlon, as well as the non-sportspecific LoneStar Program.

Once again, the scholarship year started in October with our induction weekend. This weekend saw all athletes and parents from all programs gather at the University of Wollongong.

In 2018 the IAS Community Outreach Program provided opportunities for scholarship athletes to get involved in targeted community projects as part of their holistic development and support of local community. The IAS continued, and developed new relationships with a variety of local community organisations which saw IAS athletes and staff volunteer their time to support various fundraising events

The IAS Sports Education Curriculum provided education for all athletes in areas including nutrition, psychology and athletic movement. Our physiotherapy partner Baimed provided musculoskeletal

screenings and individualised training programs for all athletes. These included access to three resistance sessions a week at the High Performance Training Area in the UOW Sports Hub. The Academy's resistance program is based on the Athlete Long Term Development Model which identifies a number of physical competency markers which Athletes must achieve to progress, thus providing an effective foundation for future strength and conditioning programs.

I would like to congratulate all athletes on their achievements over the past 12 months and thank our dedicated, passionate and talented coaches, managers, education consultants and the various other volunteers for their hard work. The sport programs would not run successfully without their commitment and willingness

I'm proud of what the Academy has been able to achieve in 2018, and excited about the challenges ahead in 2019.

I hope you enjoy the following sport reports, which will give an insight into what each sport is accomplishing within their programs.

Dane Robinson ATHLETE, COACH AND PROGRAM MANAGER

## **AFL GIRLS REPORT 2018**

018 was the first year the IAS have had an U16's Youth Girls AFL scholarship. The year started with trials in March at Bonaira Oval. Selections were quickly made, and 18 enthusiastic young girls joined the academy under the AFL banner.

There were five training sessions before the academy games. The girls mainly focused on their kicking and handballing skills in the lead up to the trip to Newcastle.

Academy games was a blast and despite not winning a game the girls played with great sportsmanship and enthusiasm.

The improvement as a team and as individuals over the carnival was quite impressive. The opportunity to re-watch their games was a great tool and helped the girls to visualise what you should and shouldn't do on the oval.

The girls became a tight knit group at academy games and continued working on skills post-academy games. As their basic skills started to build, we started working on some more advanced skills like snap kicks as well as starting the education program.

By the end of the scholarship, all of the girls' basic skills have improved out of

sight. Their understanding of the game has also improved, but most importantly they've all become great friends and love playing football.

It was the first year of the program and the first year of club AFL for girls in the Illawarra. Although we had a few bumps along the way, all the girls have done their coaches proud and are full of potential to make their way to the AFLW in the future if they keep up their enthusiasm.

#### COACH AND MANAGING STAFF

Ms Nicola Kennedy, Joint Head Coach Mr Brent Johnson, Joint Head Coach Ms Jenny Kennedy, Manager





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## AWD REPORT 2018



018 has been another busy and successful year for the IAS's AWD program with a number of athletes having great success in their sports.

Our athletes have been put through their paces with weekly strength and conditioning sessions and skill specific training directly related to their sports which has allowed them to transfer these skills and aspects of strength and conditioning into their competition allowing them to perform at a high level.

Our most experienced athlete Timothy Walsh has been part of the AWD program for a number of years, his high level of application and hard work has paid off with him making a number of representative teams not only in basketball but also being selected for state teams in

tennis. Tim has continued to give his all in all sessions and his skill development both at training and during competition has been at the highest level.

Jarred Dyer is a very successful young swimmer who has come leaps and bounds over the last 12 months with an impressive collection of places and medals at a number of swimming meets this year. He has also represented at both state team level and at national competitions. Jarred is to be commended on his positive attitude towards his training which is evident in his achievements in the pool.

Tarren Dyer is another strong swimmer who has continued to improve and all aspects of his training and performance during competitions. Tarren's attitude and focus toward his training has been outstanding this year with him

improving in a number of areas, which has resulted in a consistent and commendable level of achievement in the pool throughout the year.

A new athlete to the program Luke has had a great start to the year, coming leaps and bounds in his strength and having an open mind to try new things. Being a basketball player, we have looked at developing his lower body strength and power application and Luke has applied himself well to the training and always gives 100% during all sessions.

His performance at the Special Olympics was a highlight with them taking out the tournament, so only bigger and better things to come from Luke.

**COACH**: Kurt Freeme

## **BASKETBALL REPORT 2018**

he 2018 Illawarra Academy of Sport Basketball Squad consisted of six male athletes and six female athletes. Based out of the University of Wollongong Indoor Basketball Courts, the squad was under the direction of Head Coach Rhys Martin and Assistant Coach Lauren Sparks.

In just its second year returning to the IAS sporting program, Basketball has a challenging schedule to juggle with athletes being involved in club, rep and regional state programs. Athletes dedicated their time of an evening once a week or fortnight to advance their individual skills and many thanks go to the parents who sacrificed their time.

Throughout the scholarship year, a vast improvement was seen not just in the basic understanding of the game but also how to communicate with teammates and coaches. A real strength of athletes is the ability to lead and this skill crosses over into other aspects of life. The Basketball program looks to bring this quality out in athletes and will endeavour to develop confidence and self-belief.

Each on court session, athletes worked on shot technique, defensive containment, offensive timing and spacing. These formed the base with athletes also exposed to professional level drills of repetition shooting, one on one game play and the breakdown of offensive plays to better understand how each position plays a role on court.

Athletes engaged in classroom sessions for education about other parts of sport and a strength and conditioning program sponsored by Baimed was introduced for all athletes. Developing off court knowledge is just as important and through the 2017/18 IAS scholarship athletes gained this advantage.

The IAS basketball program would like to finally thank the IAS staff, Basketball NSW. local council and the basketball stadiums across the Illawarra for their continuing support.

#### **BASKETBALL COACHING AND** SUPPORT TEAM

Mr. Rhys Martin, Head Coach Ms. Lauren Sparks, Assistant Coach



IAS CYCLING REPORT

## **CYCLING REPORT 2018**





he Cycling Program has continued to build upon the success of the 2016 squad. The 2018 squad consisted of 12 athletes in age divisions from U15 to U19.

The 2017 IAS Cycling Program required athletes to attend two sports specific training sessions per/week during the track season and two sports specific training session per week during the road season.

Athletes also completed the educational curriculum of Sports Nutrition, Performance Psychology, Media Training, Injury Management and Public Speaking.

During the 2018 Track and Road seasons, IAS Cycling Program athletes competed in major Track, Road and Mountain Bike Cycling events including:

- Australian Junior Road Championships
- National Junior Track Series.
- Clarence Street Cup
- Sydney Cup on Wheels
- NSW Country Championships
- NSW Track Championships (Sydney)
- Australian Junior Track Championships (U15/U17 - Melbourne)
- Australian Elite Track Championships (Brisbane)
- Australian Omnium Championships (Melbourne)
- Australian Madison Championships (Melbourne)
- · Austral Wheel Race Carnival (Melbourne)
- Oceania Track Championships (Cambridge New Zealand)
- National Junior Road Championships (Under 19) Victoria

Three IAS Cycling Program athletes were selected to represent NSW at the Australian Junior Track Cycling Championships.

- Sarah Cliff (Under 15 Women's)
- Ryan Britton (Under 15 Men's)
- Tahlia Dole (Under 17 Women's)

Two IAS Cycling Program athletes were selected to represent NSW at the Elite Australian Track Cycling Championships.

- Shari Heffernan (Under 19 Women's)
- Zachary Marshall (Under 19 Men)

One IAS Cycling Program Athlete was selected to represent Australia at the Oceania Track Championships in New

• Zachary Marshall (Under 19 Men)

The IAS Cycling staff and athletes wish to acknowledge and thank Cycling NSW as well as our sponsors; Soto Engineering Consultants, Ben Mikic Foundation, CRAM Fluid Power.

#### **PROGRAM SNAPSHOT**

13 – 18 years during scholarship

12 Athletes (5 females | 7 males)

#### **PROGRAM YEAR:**

October – September (12 months) **KEY PEOPLE:** 

Mick Marshall (Coach) Simon Britton (Coach) Kieran Heffernan (Manager)

#### **CYCLING PROGRAM ATHLETES:**

Shari Heffernan (19 Women's) Tahlia Dole (17 Women's) Amelia Trukulia (17 Women's) Sarah Cliff (15 Women's) Emily Strumfin (15 Women's) Zac Marshall (19 Men's) Luke Britton (19 Men's) Sam Estelle (19 Men's) Jarrod Williams (19 Men's) Rvan Britton (15 Men's) Tane Matthews-Obrien (15 Men's) Curtis Trukulia (15 Men's)



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## **GOLF REPORT 2018**

here were 10 very talented Athletes in the 2018 Golf program, each of whom improved their game, and many who also gathered some exceptional results.

Some of the results from the 2018 squad were -

#### Andrew Brown:

- 2018 Tied first in the 7/8/9 school championships but unfortunately losing in the playoff.
- 2018 Winner of year 8.
- 2018 3rd at Camden/Campbelltown 13 years and under

#### Will Diabarra:

- 2018 State Development Squad Selection
- 2018 Runner up at the NSW All Schools Championships
- 2018 Member of the NSW Schoolboys team to compete in the national Championships
- 2018 Mollymook Junior Classic Champion
- 2018 Runner up in the Wollongong Junior Open
- 2018 runner up in the Wollongong Junior Open

- 2018 Foursomes winner at Kiama Golf
- 2018 Member of the Golf Illawarra Eric Apperly team (under 21 team)
- 2018 Golf Illawarra representative
- 2018 South Coast match Play Champion

#### **Ethan Harvey:**

- Golf Illawarra Junior Pennant Winner
- Golf Illawarra Junior Encourage Shield Winner - 2017
- Golf Illawarra Junior Masters U/14's Winner - 2017
- Golf Illawarra Junior Masters Boys Overall Nett Winner - 2017
- Wagga Junior Masters Boys 13 Years Nett Runner up - 2017
- Kembla Grange Junior Open U/16s Nett Runner - 2017
- Gerringong Junior Open Runner Up -
- Wollongong Junior Open Runner Up -
- Golf Illawarra Junior Illawarra Open Series Nett Runner Up – 2017
- Illawarra Junior Masters 14-15 Boys Nett

#### Runner Up - 2018

- JNJG North vs South Cup South Team Member - 2018
- The Grange Junior Open Boys Nett Runner Up – 2018
- Golf Illawarra Selection Junior Boys Team vs Newcastle Inter District - 2018
- Nowra Junior Open Boys Open Champion – 2018
- · Golf Illawarra Junior Pennant Winner - 2018

#### **Eddie Ward:**

- 2017 Kiama Junior Open Winner
- 2017 Grange Junior Open Winner
- 2018 State Development Squad Selection,
- 2018 Illawarra Junior Masters age winner 14/15 (even par)
- 2018 Kiama Foursomes Championships. (with Wil) and winning the plate section at the 2018 Plate Champion at the State Championships
- 2018 Golf Illawarra Eric Apperly representative
- 2018 Golf Illawarra District representative
- 2018 Port Kembla A Pennant Player
- 2016-18 Port Kembla Junior Champion
- 2018 Macarther Junior Masters Runner Up
- 2017/18 Kiama Junior Pennent district winner
- 2018 State Development Squad selection

#### Selena Bosevski:

- 2017 Kiama Jnr Open winner
- 2017 Wollongong Inr Open winner
- 2017 & Aron Price Jnr Open winner
- 2018 Peter O'Malley Jnr Masters winner
- 2018 The Grange Inr Open winner

Rounding out the squad Josh Hayes, Harrison Kitely, Will Bromley and Bradley Wills each gave a strong account of themselves.

#### GOLF COACHING AND SUPPORT TEAM

Mr Luke Grinham, Head Coach Mr Matt Carter, Assistant Coach Mr Richard Jumrukovski, Assistant Coach

## **HOCKEY REPORT 2018**

he Illawarra Academy of Sport 2018 Hockey Squad, consisted of athletes from the Illawarra, Southern Highlands and Shoalhaven regions. During the program training took place fortnightly utilising synthetic hockey pitches at the University of Wollongong, Unanderra Hockey Stadium and Croome Road Hockey Centre. The scholarship period gave the athletes a chance to improve their basic skills, gameplay and fitness before the start of the upcoming season and representative duties.

The athletes under took hockey specific training session while also undertaking classroom sessions to develop a wellrounded athlete. These sessions included Sports nutrition, performance psychology, presentation skills, sporting pathways, media skills and athlete professionalism and were conducted by professionals in their fields. The athletes were able to attend strength and conditioning training at the University of Wollongong and associated gyms, provided by the IAS staff to aid in their physical development and improve their fitness and skills required for the game.

While on the Hockey field sessions focused on further development of their core basic skills, game awareness, space creation, counter attacks, attacking and defencing structures, goal scoring and strategical play. With such a wide variety of focuses, athletes were able to understand what to do in different situations that they might face in a game situation.

The athletes were able to develop their individual games which transferred through to the matches which was played as part of the NSW Clubs Academy games. Throughout the year athletes were lucky enough to receive guess coaches to help learn new skills. Kookaburra Flynn Ogilvie and



Queensland Scorches player Tegan Richards assisted in counter attacking plays and various individual skills. This was an invaluable experience for many athletes to see some of Australians best athletes and hopefully this relationship will continue with past Illawarra Academy graduates.

As previously mentioned both men's and women's squads travelled to the Newcastle to play against the best athletes from around NSW in other Regional Academies. This year again the competition was a 9 aside format, which allowed for open play and for the athletes to test out their skills acquired throughout the training sessions building up to the Games. This was overseen by Hockey NSW Regional Coaching Directors who sought out potential athletes to move into the Hockey NSW age group state squads, such as Ella Gibson who has been named in the 2019 Under 18 NSW Girls Squad.

The strength of the program in the past, present and future should be accredited to the hard work of the Academy Staff, Supporting councils and especially the parents of scholarship holders. Currently the past IAS players play for the Kookaburras, Hockeyroos, Australian Development squads, Australian Indoor Hockey Squads and various junior NSW age groups.

The Illawarra Academy of Sport Hockey program would like to thank Hockey Australia, Hockey NSW, the NSW institute of sport, local hockey associations, local councils, business sponsors and external coaches who have given up their time to increase the ability of hockey players from Illawarra, Shoalhaven and the Southern Highlands.

#### HEAD COACH: ALEXANDER MACKAY

Women's Coach: Caitlyn Rosser Assistant Coach: Craig Williams



## RUGBY 7s REPORT 2018

llawarra Academy of Sport Rugby Union Program was conducted between September 2017 and April 2018. Several venues throughout the region were used and we would like to express our gratitude to Bowral and Wollongong University Rugby Union Clubs for use of their grounds.

Each training session saw the girls turn up and enthusiastically embrace the range of skills and drills aimed at adding value to themselves as players in rugby union.

These skills and drills involved contact situations, attacking and defensive work and the tackle contest. The squad attended lectures on Media Awareness, Sports Nutrition, Athletic Movement, Performance Psychology and they were also screened for musculoskeletal ability by Bai Med Physiotherapy. In addition to these activities the squad also attended weekly Resistance Training.

The girls always demonstrated good sportsmanship and best behaviour and are to be congratulated for their efforts. Additional thanks must also go to the girl's parents for their support.

IAS Rugby Union Head Coach, Tony Leeder-Smith and Manager, Alarna Hall would like to thank the IAS staff, and the Australian Rugby Union for their ongoing support of the IAS Rugby Union Program.

We would also like to take this opportunity to congratulate the CEO and staff of the IAS for their contribution to the success of the Illawarra Academy of Sport over its 30-year period of operation. ■



#### **PROGRAM SNAPSHOT**

**AGES:** 14 – 17 years during scholarship

**SQUAD:** Nine athletes

PROGRAM YEAR: September - April **KEY PEOPLE:** Alarna Hall [Manager]

Tony Leeder Smith [Head Coach]

#### **HIGHLIGHTS**

#### Illawarra Reps:

Emily Hall, Katelyn Hall, Ellie Fleming, Stella Casey, Lilli O'Dea and Lily Murdoch

**NSW Country Development squad U15s:** 

Lilli O'Dea

#### Tasmania Reps:

Emily Hall, Katelyn Hall and Ellie Fleming. Andrew Barrett (Co-ordinator)

## **LONESTAR REPORT 2018**

n 2018 the BlueScopeWIN LoneStar Program was made up of 25 athletes from 11 different sports, including athletics, equestrian, water polo, gymnastics, soccer, acrobatics, surf lifesaving, surfing, swimming, motorcycle racing and skateboarding.

Due to the challenges of the athletes participating in a variety of sports, the squad is not provided regular skill development training, however the athletes were provided core skills that transcend across most sports such as speed and agility sessions. In addition to these sessions, through regular discussions between the IAS, our athletes and their coaches targeted support was provided as required.

The LoneStar squad attended regular sport specific education sessions to add value to their training programs. These included Sports Nutrition, Performance Psychology, Athletic Movement, Time Management, Drugs in Sport, Injury Prevention, Media Awareness, Mental Health and Public Speaking.

All IAS LoneStar Athletes received Musculoskeletal Screenings and individualised pre-hab exercise programs to be complete in their own time on a weekly basis. The screenings form an essential part of the foundation for the Athlete Long Term Development (ALTD) Model.

The LoneStar athletes along with those athletes from sport specific programs were offered complementary Gym Memberships at one of the IAS Performance Partner's clubs, or one of our Council Partners facilities. This enabled all athletes regardless of their sport or location to have access to a facility within a short drive of their home.

All Academy athletes were supplied a sports specific strength and conditioning

program by IAS Performance Partner BaiMed. These sports specific strength and conditioning programs were delivered in line with the 'athlete long tern development model' adopted at the IAS. Athletes received age and developmental appropriate programs to establish efficient movement

competencies and therefore provide a strong physical foundation for further development moving forward.

The Illawarra Academy of Sport would like to acknowledge and thank BlueScopeWIN Community Partners for their continued support of the LoneStar Program.



## **NETBALL REPORT 2018**

he Netball Squad has made considerable advances throughout the 2017-2018 program seeing yet another productive and competitive year for the squad. Program end has been extended this year to include an upcoming inaugural Academy Challenge to be held in late September. And the growing IAS Umpire Program.

The athletes have undergone specific fitness training as directed by the Netball Australia Develop a Diamond Athlete Program (DADA) and have been provided with leading edge Strength and Conditioning program, assessments and treatments under IAS Sponsor Bai Med Physiotherapy and Bai Med Blue High Performance Centre tailored completely to the age group of 14-16yrs.

The program began in October 2017, with over 70 athletes from the IAS five regional

council areas participating in the singlephase trial. A final player squad of 24 athletes were selected.

This year's IAS Umpire Program intake increased from three in 2017 to an impressive eight in 2018.

The Umpire program trains alongside the netball squad and participates in all tournaments (approx 20 games per day over two days); inter academy days, NSW High Performance camp and all IAS training sessions. This not only gives them transferable but refined ruling of skills which improves their officiating of matches. Evident by the recognition of two National Accreditation badges awarded within the program.

Still in infancy; feedback from regional associations and NSW on the IAS Umpire Program has led to continual support and

retention by each association. Together with the Netball athletes, the umpires take the full squad membership to 32.

The full squad program initial training sessions focused on the delivery and understanding of speed, strength and conditioning as well as re-establishing strong foundation skills for the individual, the team and the squad environment. Squad members have also had the opportunity to train and play against other NSW Regional Academies squads (RAS) and exposure to International, National and State coaching.

The program conducted squad training sessions throughout the Illawarra region of councils (IROC) to ensure that the IAS had maximum visibility to all regions. We have been able to do this by ensuring all court sessions are open to all associations, coaches, other athletes, and outside audiences.

The majority of the squad are currently preparing with determination for the upcoming 2018 Netball NSW under age selections commencing in October - off the back of a successful 2017 trialling IAS squad – 2 current members of the IAS are all in selection contention via the newly formed NSW U17 Regional Development squad.

Earlier in 2018 the squad attended a combined inter- Academy training and match play session with Western Sydney Academy of Sport at 'Netball Central' NNSW home at Olympic Park Homebush. The IAS also hosted a combined interacademy training and matchplay with both Western Sydney Academy of Sport (WSAS) and South East Sports Academy (SESA) attending the IAS home at the University Of Wollongong Sports Hub. The session drew the Academy squads together with players undertaking self-evaluation of positional play and squad skill activities.

It is important to note that IAS is one of many Regional Academies positioned outside of the NSW Metro area it is crucial to recognise the depth of talent and work rate that has been involved the past season to improve our consistency and performances throughout the program. 2018 has been a positive result for the program and all involved.

The academy coaching staff worked directly throughout the program with regional associations, both coaches, officials and players. This has a positive impact on player development, load management with strong emphasis on communication and responsibilities. Squad members have had the privilege in this program of having exciting opportunities provided to them; whether its working with numerous well qualified coaches or professionals in the delivery of an athletic performance program inclusive of individual musculoskeletal screenings, resistance training programs, athlete movement and speed development, water recovery as well as sports specific fitness testing, high performance screening and SnC programs developed inline within the NA under age selection criteria and DADA skill pathway driven by IAS sponsors Bai Med.

The academy coaching and management team wish to formally acknowledge all club and association coaches for their work with all their team players, but specifically all academy members. Without the great support from all levels the players are not able to fully develop into the elite athlete that they can be.

Finally, the coaching and management team would like to acknowledge the IAS sponsors for their support of the netball program and to the IAS program staff to providing the means for the athletes to pursue their sporting dreams.

#### **PROGRAM SNAPSHOT**

AGES: 13 – 16 years during scholarship SQUAD: 24 Athletes / 6 Umpires

PROGRAM YEAR: November - October (11 months)

KEY PEOPLE: Marji Parr (Head Coach)

Elise Edney (Assistant Coach)
Jessica Davis (Assistant Coach)
Ashlee Scofield (Trainee Coach)
Sharon Briggs (Manager)

#### **HIGHLIGHTS:**

Events/Tours:

Training Camp – Western Sydney Academy of Sport

Training Camp - South East Sports Academy

Training Camp – South West Sydney Academy of Sport

Regular training session match play Clubs NSW Academy Games – Maitland

Academy Challenge – Orange

#### **ATHLETE ACHIEVEMENTS:**

#### **Sharnee Behr**

• NSW U17 Regional Development squad - selection at age 13

#### **Annalise Chadrawy**

- Premier League Club: UTS Academy selection
- Metro League selection

#### Jade Frankham

- Premier League Club: UTS Academy selection
- Metro League selection

#### **Cartia Toranto**

- Premier League Club: UTS Academy selection
- Metro League selection

#### Aishah Muhammad

- Premier League Club: UTS Academy selection
- Metro League selection

#### **Ruby Sargent Wilson**

- Premier League Club: UTS Academy selection
- NSW U17 Regional Talented squad selection
- NSWCHS U15 School team
- U18 South Coast School team



## **SURFING REPORT 2018**

hirty-three surfers comprising 13 girls and 20 boys from Lake Tabourie to Stanwell Park filled out the Surfing Program in 2018, making it one of the best subscribed in the Academy.

Throughout the program, the Illawarra Academy of Sport offered a number of other high-performance sessions to develop well-rounded athletes. There were five education sessions conducted by various industry professionals to provide expert advice to players regarding sports psychology, nutrition and media awareness.

The scholarship holders also underwent strength and conditioning sessions where they developed surf-specific functional movement patterns, muscular strength and cardiovascular fitness to prepare them for future resistance training sessions as they progress as athletes.

The Illawarra Academy of Sport program is a pathway program to allow scholarship holders the opportunity to gain experience of life as a professional surfer and improve their skill base in preparation for future pathway programs through the Surfing Australia system. The squad selected have all demonstrated a positive attitude and willingness to learn which will hold them in good stead moving forward.

We'd like to congratulate the 2018 Surfing squad for their progress and performances over the past 12 months. Moving into 2019 Surfing won't be a stand-alone program offered by the IAS however athletes keen to pursue surfing through the Academy can still do so and access all the benefits the IAS has to offer via the Lonestar Program.





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## **TRIATHLON REPORT 2018**

he IAS triathlon squad had a very positive start to the scholarship year with a record number of scholarships awarded to young athletes since the sport's inception as an academy program. With a new coach leading the program an early emphasis on skill development, education and individual development se the program up for a strong summer season.

In local triathlon events IAS triathletes showed a strong presence with most of the squad competing in events up and down the Illawarra and Shoalhaven. In the Nowra triathlon Grace Mahon took out the women's supersprint event overall whilst

Freya Robinson-Mills and Brooklyn Henry placed second in their respective groups in the same event.

In the prestigious Australia Day Aquathon in Wollongong Finn Stapley fought for a 2nd place overall in the short course race with Brooklyn not far behind in 3rd. In the same event Jacinta Cliff placed second in the U16 with Grace 3rd. Towards the end of the summer the strengthening squad really started to shine with a strong showing at the Wollongong Triathlon with Brooklyn, Liam Hinchcliffe and Jacinta taking on the sprint distance with Jacinta and Brooklyn placing in the overall results,

2nd and 3rd respectively and Liam 4th in the 14-15 age group.

In the super sprint race Freya took overall line honours, Taj Hooper finished 2nd overall and Nash Hay nailed an impressive 3rd in the 12-13 group.

On a national level the squad was proudly represented with many scholarship holders taking on various National Series competitions around the country. Closing out the year at the Australian All Schools triathlon Taj Hooper, Jacinta Cliff and Brooklyn Henry competed as part of the SSA NSW team and competed with great heart. Jacinta and Brooklyn left the championships with a bronze medal in the All Age mixed relay.

Off the triathlon circuit the squad was representing the IAS in single discipline arenas. Freya swam to multiple medals at the NSWCCC swimming championships going on to compete at the Australian Age championships in 200m breaststroke. On the cycling scene Jacinta qualified for the NSW cycling team and will compete at the national championships later this year and Liam raced at the Australian Cross-Country running championships.

From a development perspective many athletes who started the scholarship year with little to no pure triathlon experience found their way over the season. In some athlete's cases they were facing the challenge of understanding and learning not one but three new sports but, true to the personality traits they were granted scholarships for, they showed strong work ethic, an open mind and a hunger to learn. Many of these athletes produced achievements which may not show up on a race results sheet but do exemplify their attitude to improve and uphold the virtues of the IAS.







## **KIERAN WOOLLEY - TOBIN FAMILY AWARD**

#### **ILLAWARRA MERCURY IAS TOBIN FAMILY AWARD & 2018** LONESTAR ATHLETE OF THE YEAR

he Illawarra Academy of Sport, in 2002 created a new annual perpetual award which recognises excellence in junior sport in the Illawarra. The award, presented to the Illawarra Academy of Sport's Athlete of the Year, was named "The Tobin Family Award" in recognition of that family's contribution to sports in the Illawarra for more than sixty-five years.

The Illawarra Mercury Tobin Family Award is given to the Academy athlete who, during the course of their scholarship, displays an exception level of sports performance, a commendable attitude to competition, persistent dedication to learning and strong community focus. All Academy sports program athletes are eligible for the award.

2018 is the 16th year the award has been presented. With past winners include Kieran Govers, Sally Fitzgibbons, Ryan Gregson, Emma McKeon and Blake Govers.

The recipient of the award receives a trophy and a \$5000.00 scholarship to assist in their continued development within their chosen sport.

And our 2018 Illawarra Mercury Tobin Family Award winner is Minnanmurra skateboard prodigy, Kieran Woolley!

Kieran has had a sensational year punching well above his weight and age, claiming many national and international titles...just take a quick look at the list below.

- 2017 and 2018 Australian Junior **Bowlriding Champion** (U18) - The peak and most competitive Australian Skateboarding Title.
- 4th 2018 Open Men's in the Oceania **Continental Championships Global**



Qualifier (Vans Park Series) (Next year this result would qualify me for Tokyo

- 1st 2018 Open Sponsored Men Grind for Life USA National Series, San Luis Obispo, USA
- 1st 2018 Advanced Bowl Hot Wheels Junior National Series. Woodward Tahoe, USA
- 1st 2018 Advanced Street Hot Wheels Junior National Series, Woodward Tahoe, USA
- 3rd 2018 Australian Championship of **Street Skateboarding** (16 and Under)
- 1st 2018 **Bowlzilla**. Ellanora
- 1st 2018 **King of Vert** Prahan
- 1st 2018 23nd Annual Fernside Skate
- 1st 2017 King of the Street, Mansfield
- 1st 2017 King of the Concrete, Torquay
- 1st 2018 Truckee Gromfest, Truckee,
- 2nd 2018 Skate Park League National Finals (Street), Melbourne
- Ranked No1 (16 and under) Bowl/Park skateboarder on the ASF (Australian Skateboarding Federation) National

- Rankings
- Ranked No2 (16 and under) Street skateboarder on the ASF National
- Ranked 48th in the world (Open Men) in Bowl/Vert and rising quickly

We're thrilled to have been part of Kieran's journey over the past couple of years.

Talking about his experience with the Academy, Kieran said "I would like to thank the Academy for their support in the past year, particularly with the new physical training opportunities I have been able to access at Kiama Leisure Centre and the great support that all athletes receive from Baimed. I am sure you don't always see the academy's impact on athletes (especially Lone Star Athletes) however I can assure you that the IAS program has significantly contributed to my success over the past two years."

We're excited about the prospects for Kieran's future and look forward to following his career and success through coming years.

# PROUD FOUNDATION PARTNER OF THE ILLAWARRA ACADEMY OF SPORT. WITH JUNIOR SPORT FEATURED EACH THURSDAY.

VERCURY



#### 2018 CYCLING ATHLETE OF THE YEAR



He 2018 IAS Cycling Athlete of the Year, which is also known as The Ben Mikic Award, goes to Zachary Marshall.

Zachary has achieved exceptional results in the past 12 months representing the Illawarra NSW and Australia. Here's a quick rundown of just some of his exploits.

#### Oceania Champs

- 1st Oceania Team Pursuit (Representing Australia)
- 2nd Kieran
- 2nd Madison (Representing Australia)
- 4th Kilometre Time trial

#### **NSW Champs**

- 1st Scratch race
- 2nd Omnium
- 2nd Sprint
- 2nd Kieran
- 3rd 1km Time Trial
- 4th Individual pursuit
- Selected to represent NSW at Nationals

#### **Australian Championships**

- 1st Team Sprint
- 3rd Scratch race
- 5Th Omnium

#### Other achievements

- Selected for an NSWIS scholarship
- 1st in the 120th Austral Wheel Race (Oldest bicycle race in the world)
- 1st in the Wagga Wagga Golden Wheel race

Truly exceptional results here Zach, well done and keep up the good work. We all look forward to seeing you progress on to a successful racing career.

### **ETHAN HARVEY - VIC BURROWS AWARD**

#### **2018 VIC BURROWS AWARD**

part from the IAS Athlete of the Year in the golfing sphere, we present a special award to a golfing athlete who has excelled both in sport and also in community engagement. In 2009, the Academy introduced the Vic Burrows Memorial Award. Vic was the founding coordinator of the IAS Golf program and devoted 10 years to ensuring the program was a success for aspiring young golfers of the region. The recipient of the Vic Burrows Memorial Award receives a \$500 scholarship courtesy of Golf Illawarra.

"Grinham is also impressed with Ethan's prospects. "Ethan has been gradually improving over the past 6-12 months. Ethan continues to travel to his coach in Sydney showing how committed to Ethan is to his sport. Ethan also plays football, doing a great job to continue to improve at both sports. Ethan would be hopeful of inclusion in the State Development squad over the next 12-24 months". Coach Luke Grinham

This award is testament to your golfing skill and also to your exemplary character Ethan. Congratulations!



## **SERENA COOPER**

#### 2018 AFL ATHLETE OF THE YEAR



ver the past 12 months Serena has shown herself to be a talented player, a leader amongst her peers and a star of the future. She has represented the Illawarra in the Shoalhaven Carnival: 2016, 2017, 2018, captained the IAS U16's girls squad at Academy games and also captained her local team- the U15's Youth Girls Albion Park Crows.

Serena is also an umpire, she goal-umpires senior men's games, and field-umpires senior women's. There are few female umpires in the Illawarra and Serena is an asset to the Illawarra AFL community. Fantastic news Serena! Congratulations.

IAS coach of the squad during 2018, Nicola Kennedy said "Serena is a strong kick of the footy and is not afraid to get her head over the ball. She plays the game with great sportsmanship and is a real leader among her peers. She is always looking for ways to improve her game and has a real potential for AFLW if she continues on the path she is on."

## **JARROD DYER**

#### 2018 AWD ATHLETE OF THE YEAR

cross 2018 Jarrod has continued to perform at a high level where he has made both state and national teams in both individual and team positions. He has been a successful swimmer in a number of squads and also throughout a number of strokes over a range of distances. Jarrod has had a number of places inclusive of 1st, 2nd and 3rd in a number of races at all meets he attends.

He was SESA 2018 winter short course overall multi class champion.

Along with a string of other titles Jarrod figured strongly in the SESA Summer Championships winning each to the 50 free, 100 free, 200 back, 100 breast and 200 IM events.

Kurt said "Jarrod Dyer is a very successful young swimmer who has come leaps and bounds over the last 12 months with an impressive collection of places and medals at a number of swimming meets this year. He has also represented at both state team level and at national competitions. Jarrod is to be commended on his positive attitude towards his training which is evident in his achievements in the pool. in the future Jarrod is aiming to gain more experience on the national stage and his goal is to be swimming at Tokyo Paralympics in 2020.

Great work Jarrod, keep it up and we look forward to more awesome results from you.



## **ZOE ROULSTON**

#### 2018 BASKETBALL ATHLETE OF THE YEAR



oe has achieved very strong results this year including being selected for Australian Country Junior Basketball Cup (one of 20 NSW country athletes selected)

She played for Australian Junior Basketball at the Mel Young Basketball Classic in New Zealand winning the gold medal for U17 women at the Mel Young Easter Classic.

Zoe was named as a reserve in the NSW Country State Representative team.

She was also named MVP at the 2018 John Martin Country Tournament for U16 Girls

She played in the Illawarra U16 girls representative team won a gold medal at in the 2018 BNSW Southern Junior League, a gold medal at the 2018 John Martin Country Tournament, and silver at the 2018 U16 Girl's BNSW Country Champions League.

And was selected in the 2018 Association of Independent Co-Educational Schools (AICES) open women's representative team. The AICES team won a gold medal at the 2018 Combined Independent Schools Championships.

Zoe has been a stand out for the program as she trains with a high intensity and a positive attitude. Zoe is always willing to push through tough drills and encourage her teammates. Zoe should be aiming for a college career after high school and to begin her pro career in the WNBL or Europe after graduating.

### **RUBY SARGENT-WILSON**

#### 2018 NETBALL ATHLETE OF THE YEAR



uby is something of a sporting chameleon, excelling in not only Netball but also AFL and touch football. However, this award is for her netball prowess.

At 15, Ruby has been with the Academy for two years now and achieved strong recognition for her efforts. These include being selected in the 2018 U18 South Coast school team to compete at the State Championships.

Ruby was also named MVP at the 2017 Academy games and played as an Illawarra Netball Representative and captain 2017 and 2018. She was Selected in the NSW

Talent Program identified from the 2018 State Championships. Some very gratifying rewards for your efforts there Ruby.

Well done Ruby here's to a great 2018/19 season too!

Coach words Ella is a polite and enthusiastic athlete who has shown exquisite dedication to improving her hockey over the past 24 months with the Illawarra Academy. She has exceptional vision, hitting and communication skills which is helpful in any team she plays. Ella has now set her sights on pursuing a position within the 2019 NSW girl's hockey team.

ATHLETE OF THE YEAR - HOCKEY

## **ELLA GIBSON**

#### **2018 BLUESCOPEWIN HOCKEY** ATHLETE OF THE YEAR

lla has been a regular member of her Illawarra
south Coast teams in her age group in both indoor and outdoor hockey over the past 12 months. She has recently been selected into the NSW Accelerated Athletes program which has placed her into the NSW Hockey U/18 women's squad for 2019. She is also a regular player in the 1st grade women's competition for Fairy Meadow.

Ella has been selected for various teams including Illawarra South

Coast Hockey Open Women's Indoor Representative, Fairy Meadow Hockey Club First Grade Women's Indoor and Outdoor Hockey Team, NSW Hockey U18 Girls Indoor team.

Ella also plays in the men's league with Fairy Meadow Third Grade Men's Outdoor Hockey Team and was named Captain of Illawarra Academy of Sport Girls Hockey at the Academy Games.

Well done Ella, this is a fabulous result, and very well-deserved.













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## Investing in the FUTURE of our region's rising STARS

Proud sponsor of the IAS Hockey & Lonestar Program Providing aspiring sports persons with industry leading support through education, skill coaching and physical development

## **EDDIE WARD**

#### 2018 GOLF ATHLETE OF THE YEAR



- ddie has racked up some outstanding results across the 2017/18 program including the following.
- 2017 Kiama Junior Open Winner
- 2017 Grange Junior Open Winner
- 2018 State Development Squad Selection
- 2018 Illawarra Junior Masters age winner 14/15 (even par)
- 2018 Kiama Foursomes Championships. (with Wil) and winning the plate section at the 2018 Plate Champion at the State Championships
- 2018 Golf Illawarra Eric Apperly representative
- 2018 Golf Illawarra District representative

- 2018 Port Kembla A Pennant Player
- 2016-18 Port Kembla Junior Champion
- 2018 Macarthur Junior Masters Runner Up
- 2017/18 Kiama Junior Pennant district winner
- 2018 State Development Squad selection

IAS Head Coach of Golf, Luke Grinham rates Eddie as a star in the making. "Eddie has made great progress over the past 12 months. Eddie continues to work hard on his game and his recent inclusion in the NSW State development squad has allowed Eddie to learn all aspects of the game at the next level."

## **LENNIX SMITH**

#### 2018 SURFING ATHLETE OF THE YEAR



ennix Smith is the IAS 2018 Surfing
Athlete of the Year! He is surely one
of Australia's most talented 13-yearold surfers

Lennix has gained a place in the heavily contested Billabong Team, and also the even more competitive Billabong Bloodlines initiative where 8 surfers worldwide between the ages of 11 - 14 were selected to travel to Hawaii for a development camp.

He's also part of the Surfing Australia Talent ID Program places him on Surfing Australia's developmental pathway to support the most talented surfers coming out of Australia.

Lennix also won the U14's Illawarra Title's which was held at Sandon Point where he posted the Highest wave and heat scores throughout the day.

He also came 2nd in the Billabong Oz Grom Cup at Coffs Harbour... one of Australia's biggest and most contested 'grom's' event

## LILLI O'DEA

## 2018 RUGBY 7s ATHLETE OF THE YEAR

illi has been a star performer in this, her first year with the IAS.

She's been an Illawarra rep for the 15s State Championships, played in the Illawarra 10s Country Championships, was named in the NSW Country U15s squad, been a member of the Illawarra Rep Rugby 7s, and finally, played in the Wollongong Diocese Touch football team. This 2018 Athlete of the Year award is a feather in your cap Lilli, and a strong vote of confidence in your rugby future. Great work Lilli. We hope you have a brilliant year in 2018/19.





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### **BROOKLYN HENRY**

#### 2018 TRIATHLON ATHLETE OF THE YEAR

rooklyn is 15 years old and has been with the Academy for two years.

He is a member of Triathlon NSW Talent ID Program, and has had some great results in 2018 including:

- 1st place in Husky Triathlon Festival super sprint
- 3rd in mixed age mixed team relay at National all schools Triathlon
- 3rd place overall in Wollongong Aquathon Splash and Dash
- Nowra Anglican College 15yr
- Boys Champion .... for both Swimming and Cross-Country Running
- He's also the SASSA 15yr boys Champion for both Cross Country Running and Swimming.

Brendan Sexton Brooklyn's IAS coach said "Brooklyn is a very focused athlete with a passion for triathlon that is often only seen in athlete many years his senior. Brooklyn's drive is rooted deeply in his will to better himself and that determination showed over the past 12 months when he represented the state at

a national All Schools level and exceeding his own expectations achieving a 6th in the intermediate individual age category and a bronze medal in the all age mixed relay event. As is his nature Brooklyn has plans to continue to hone his swim, cycle and run skills and build his strength to take on local and national competitions into 2019."





## Proud to sponsor the Illawarra Academy of Sport

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### **CLASS OF 2018**

#### **AFL GIRLS**

Kesara McLaurin, Serena Cooper, Emily Giddings, Yasmin Anderson, Amelia Anderson, Claudia Decker, Jasmine Limon, Megan Ashford, Kayla Milham, Ella Moate, Rani Sossai, Jorja Yates, Chloe George, Kiana Eady, Naomi Hinton, Lauren Myers, Ruby Tilden, Jemma Turner

#### ATHLETE WITH A DISABILITY

Tarren Dyer - Swimming, Jarrod Dyer - Swimming, Luke Huska - Basketball, Timothy Walsh - Basketball

#### **BASKETBALL**

Zoe Roulston, Jayden Wright, Noah Martin, Ziad., El Tobgy, Summer Lewis, Bailey, Benson, Paige Nancarrow, Alicia Widjaja, Georgia Chrystal-Foy, Ruby Brannon, Alexander Poscoliero, Anakin Hughes

#### **CYCLING**

Amelia Trkulja, Curtis Trkulja, Tahlia Dole, Tane Mathews O'Brien, Ryan Britten, Luke Britten,

Jarrod Williams, Samuel, Estell, Zachary Marshall, Shari Heffernan, Emily Strumfin, Sarah Cliff

#### **GOLF**

Will Blomley, Wil Daibarra, Ethan Harvey, Harrison Kiteley, Corey Nolan, Selena Bosevski, Eddie Ward, Bradley Wills, Michelle Di Natale, Josh Hayes, Andrew Brown.

#### HOCKEY

Rebekah Brown, Briana Inskip, Kirra Schofield, Cassandra McMillan, Jordan Lillie, Charlotte Naulty, Lachlan O'Neill, Rory Hanrahan, Riley Harper, Ella Gibson, Libby Hall, Aiden Corbin

#### LONESTAR

Olivia Falconer – Gymnastics, Jacob Roulstone - motorcycling racing, Kieran



Woolley - skateboarding, Tylah Richards -Swimming & Surf Lifesaving, Shiira-Paige De Horta - Gymnastics, Miranda Blades - Gymnastics, Sydney Brown - Swimming, Mykenna Collier - Acrobatics Gymnastics, Chelsea, Pheeney - Swimming, Kirra Dale - Swimming/Surf Lifesaving, Shania Campbell-Cooper - Swimming, Courtney Lendvay - Swimming, Zara Sharman - Swimming, Zarko Selak -Waterpolo, Isaak Wilson - Swimming, Ben Giason - Athletics and Soccer, Tenaya Hegarty - Gymnastics, Omar Matar - AFL & Swimming, Zara Sharman - Swimming, Jessica Adams - Gymnastic Acrobatics, Isabella Green - Swimming, Angus McGoldrick - Surf Life Saving, Riley Powell - Swimming, Emily Lord -Equestrian, Hannah Crinnion - Athletics

#### NETBALL

Jessica Almond, Brooke McCabe, Elyssa Franey, Alivia Brown, Taylah Afflick, Emily Bow, Lilly Sellers, Cartia Taranto, Sophie Rodwell, Ruby Sargent-Wilson, Tayla Ward, Aishah Muhammed, Tailah Wagner, Victoria Guest, Jade Frankham, Annalise Chadrawy, Sharnee Behr, Mia Evans, Jodie Correia, Alicia Sturman, Holly Wilson, Emily Oates, Hayley Whitchurch, Lauren White, Bella Surace, Madi Check, Danielle Shaw

#### **RUGBY 7S**

Viena Tinao, Stella Casey, Lily Murdoch, Katelyn Hall, Emily Hall, Eloise Fleming, Olivia Daley, Molly Parkes, Lilli O'Dea

CLASS OF 2018 53

#### **SURFING**

Bayley Daniels, Cooper Collinge, Samara Cox, Tahlia Collinge, Tom Feneley, Keegan Willetts, Jordan Moran, Max Bullen, Chae Conti, Hayden Ward, Kiara Meredith, Oceanna Rogers, Lennix Smith, Keira Buckpitt, Holly Wishart, Bronte Campbell, Claire Bierke, Kye Farmilo, Tyler Ikin, Beau Buckpitt, Archie Riddick, Aidan Lewand-Parsons, Ben Buckpitt, Charli Hurst, Finley McLaren, Jed Ashton, William Clarke, Darci Air, Summer Simon, Taj Simon, Lachlan O'Sullivan, Kasey Hargreaves, Zoe Gelder

#### **TRIATHLON**

Grace Mahon, Aiden Wingate, Tom Knight, Ruby Sawtell, Nash Hay, Brooklyn Henry, Freya Robinson-Mills, Liam Hinchcliffe, Hannah Bradley, Mackenzie Miller, Sophie Mills, Angus Waddell, Finn Stapley, Blake McKenna, Deklan Campbell, Lauren Myers, Taj Hooper, Jacinta Cliff

## **SCHOLARSHIPS HOLDERS BY SPORT & REGION**

			REGIOI	N			
SPORT	KIAMA	SHELLHARBOUR	SHOALHAVEN	WINGECARRIBEE	WOLLONGONG	OUT OF AREA	TOTAL
AFL Girls	0	3	2	0	13	0	18
Athlete with a Disability	0	0	0	0	4	0	4
Basketball	0	1	2	2	6	0	11
Cycling	2	1	0	0	9	0	12
Golf	4	4	0	0	2	0	10
Hockey	0	3	1	1	7	0	12
LoneStar	3	5	3	0	14	0	25
Netball	3	2	6	1	21	0	33
Rugby 7's	0	3	0	5	1	0	9
Surfing	10	3	10	0	10	0	33
Triathlon	1	2	3	1	10	0	17
TOTAL	22	27	26	9	96	0	184

	GENDER		
SPORT	MALE	FEMALE	TOTAL
AFL Girls	0	18	18
Athlete with a Disability	4	0	4
Basketball	5	6	11
Cycling	7	5	12
Golf	9	1	10
Hockey	5	7	12
LoneStar	8	17	25
Netball	0	33	33
Rugby 7's	0	9	9
Surfing	20	13	33
Triathlon	10	7	17
TOTAL	68	116	184



#### **ILLAWARRA ACADEMY OF SPORTS INCORPORATED** ABN: 31 659 625 641

Annual Financial Report For The Year Ended 30 June 2018

#### ILLAWARRA ACADEMY OF SPORTS INCORPORATED ABN: 31 659 625 641 COMMITTEE'S REPORT

Your committee members submit the financial report of the Illawarra Academy of Sports Inc. for the financial year ended 30 June 2018.

#### **Principal Activities**

The principal activities of the association during the course of the financial year were to provide localised training and education opportunities for talented young athletes, coaches and administrators across the Illawarra region. There have been no significant changes in the nature of these activities during the financial year.

Operating Result	
The loss after providing for income tax amounted to \$28,770.68	

Signed in accordance with a resolution of the Members of the Committee.
---

Committee Member
Committee Member

#### ILLAWARRA ACADEMY OF SPORTS INCORPORATED

#### NOTES TO AND FORMING PART OF THE FINANCIAL REPORT FOR THE YEAR ENDED 30 JUNE 2018

#### NOTE 1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

This financial report is a special purpose financial report prepared for use by the Committee. The committee have determined that the organisation is not a reporting entity.

#### (a) Basis of Preparation

The report has been prepared in accordance with the requirements of the following Australian Accounting Standards:

AASB 101: Presentation of Financial Statements

AASB 108: Accounting Policies, Changes in Accounting Estimates and Errors

AASB 110: Events after the Reporting Period

No other Australian Accounting Standards or mandatory professional reporting requirements have been applied.

The report is prepared on an accruals basis and is based on historical costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following specific accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this report:

#### (b) Revenue and Revenue Recognition

Revenue is recognised when the amount of the revenue can be measured reliably, it is probable that economic benefits associated with the transaction will flow to the entity and specific criteria relating to the type of revenue as noted below, has been satisfied.

Revenue is measured at the fair value of the consideration received or receivable and is presented net of returns, discounts and rebates.

All revenue is stated net of the amount of goods and services tax (GST)

#### (c) Taxation

The operations of the company are exempt from income tax under section 50-5 and 50-45 of the Income Tax Assessment Act (1997).

#### (d) Receivables and Accounts Payable

Trade accounts receivable are generally settled within 90 days are carried at amounts due. The collectability of debts is assessed at balance date and specific provision is made for any doubtful accounts.

Liabilities are recognised for amounts to be paid in the future for goods or services received, whether or not billed to the company. Trade accounts payable are generally settled in 30 days.

#### (e) Plant and equipment

Items of plant and equipment are initially recorded at cost and depreciated as outlined below. Items of plant and equipment are depreciated using the straight-line or diminishing value method over their estimated useful

The depreciation rates used for each class of assets are as follows:

14 - 50% Plant & Equipments 7.5% Furniture & Fixtures 25% Motor Vehicles

#### ILLAWARRA ACADEMY OF SPORTS INCORPORATED

#### NOTES TO AND FORMING PART OF THE FINANCIAL REPORT FOR THE YEAR ENDED 30 JUNE 2018

#### (f) Provisions

Employee entitlements

The provision for employee entitlements to wages, salaries and annual leave represent the amount that the company has a present obligation to pay resulting from employees services provided up to the balance date. The provisions have been calculated at undiscounted amounts based on current wage and salary rates.

The company contributes to several defined benefit and defined contribution superannuation plans. Contributions are charged against income as they are made. The company is under no legal obligation to make up any shortfall in the funds assets to meet payments due to employees.

#### (g) Goods and Services Tax

Revenue, expenses and assets are recognised net of the amount of good and services tax (GST), except where the amount of GST incurred is not recoverable from the Australian Taxation Office (ATO). In these circumstances the GST is recognised as part of the cost of acquisition of the asset or as part of an item of expense.

Payables and receivables are stated with the amount of GST included.

The net amount of GST recoverable from, or payable to, the ATO is included as a current asset or liability in the balance sheet.

These notes should be read in conjunction with the attached audit report.

#### ILLAWARRA ACADEMY OF SPORT INCORPORATED

## INDEPENDENT AUDIT REPORT TO THE MEMBERS OF ILLAWARRA ACADEMY OF SPORT INCORPORATED

#### **Opinion**

We have audited the financial report of Illawarra Academy of Sport Inc., which comprises the Balance Sheet as at 30 June 2018, the Profit and Loss Statement and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial report of Illawarra Academy of Sport Inc. presents fairly, in all material respects, the Balance Sheet as at 30 June 2018 and the Profit and Loss Statement for the year then ended in accordance with the Associations Incorporation Act 2009 (the Act) and the Regulations.

#### **Basis for Opinion**

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the Entity in accordance with the ethical requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants (the Code) that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion

#### **Emphasis of Matter - Basis of Accounting**

We draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report has been prepared to assist Illawarra Academy of Sport Inc. to meet the requirements of the *Associations Incorporation Act 2009 (the Act)* and the Regulations. As a result, the financial report may not be suitable for another purpose. Our opinion is not modified in respect of this matter.

#### Responsibilities of Management and Those Charged with Governance for the Financial Report

Management is responsible for the preparation and fair presentation of the financial report in accordance with the financial reporting requirements of the applicable legislation and for such internal control as management determines is necessary to enable the preparation and fair presentation of a financial report that is free from material misstatement, whether due to fraud or error.

In preparing the financial report, management is responsible for assessing the Entity's ability to continue as a going concern, disclosing, as applicable, matters relating to going concern and using the going concern basis of accounting unless management either intends to liquidate the Entity or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Entity's financial reporting process.

#### Auditor's Responsibilities for the Audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with the Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- •
- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Association's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the committee.
- Conclude on the appropriateness of the committee's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the association's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the association to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the
  disclosures, and whether the financial report represents the underlying transactions and events in a
  manner that achieves fair presentation.

We communicate with the committee regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

CAngela Wang

Registered Company Auditor Number: 486917 Chartered Accountants

O'DONNELL HENNESSY & CO. 1/41 Market Street WOLLONGONG NSW 2500

Date: 20.01.2018

Created: 20/07/2018 10:04 AM

**Balance Sheet** 

#### ILLAWARRA ACADEMY OF SPORT

P.O.Box U39 University of Wollongong

As of June 2018

ABN: 31 659 625 641

Email: accounts@ias.org.au

Assets		
CURRENT ASSETS		
ICU Business Account	\$23,096.62	
ICU IQ Saver	\$268,977.70	
ICU Debit Card	\$7,751.27	
Trade Debtors	\$10,076.00	
Prepaid expenses	\$888.67	
Total CURRENT ASSETS	\$310,79	0.26
FIXED ASSETS		
Equipment	\$36,696.38	
Accum Depreciation - Equipment	-\$27,557.00	
Furniture & Fittings	\$2,870.00	
Accum Depreciation - Furniture	-\$3,737.00	
Vehicle	\$25,450.00	
Accum Depreciation - Vehicle	-\$15,805.00	
Total FIXED ASSETS	\$17,91	7.38
Total Assets		\$328,707.64
Liabilities		
CURRENT LIABILITIES		
Trade Creditors	\$2,367.50	
Accrued Expenses	\$3,667.50	
Superannuation	\$3,399.55	
Annual Leave Liability	\$15,259.36	
LSL Liability	\$5,869.10	
Total CURRENT LIABILITIES	\$30,56	3.01
GST		
GST Collected from Sales	\$4,370.32	
GST Paid on Purchases	-\$3,552.44	
Total GST	\$81	7.88
INCOME IN ADVANCE		
Office of Sport	\$114,000.00	
Total INCOME IN ADVANCE	\$114,00	0.00
PAYG TAX PAYABLE	\$12,23	4.00
Total Liabilities		\$157,614.89
Net Assets		\$171,092.75
Equity		
Retained Earnings	\$199,86	3.43
Current Year Earnings	-\$28,77	0.68
Total Equity		\$171,092.75

Created: 20/07/2018 9:01 AM

Profit & Loss [Last Year Analysis]

#### ILLAWARRA ACADEMY OF SPORT

P.O.Box U39 University of Wollongong NSW 2500

ABN: 31 659 625 641 Email: accounts@ias.org.au

July 2017 To June 2018

	The second second			
	This Year	Last Year	\$ Difference	% Difference
NCOME				
SHARED INCOME				
Office of Sport	\$228,000.00	\$114,000.00	\$114,000.00	100.0%
Wollongong City Council	\$35,000.00	\$35,000.00	\$0.00	0.0%
Shellharbour City Council	\$15,000.00	\$15,000.00	\$0.00	0.0%
Shoalhaven City Council	\$15,000.00	\$15,000.00	\$0.00	0.09
Wingecarribee Shire Council	\$10,100.00	\$10,100.00	\$0.00	0.09
Kiama Municipal Council	\$6,000.00	\$6,000.00	\$0.00	0.09
University of Wollongong	\$25,000.00	\$25,000.00	\$0.00	0.09
Bluescope Steel	\$20,000.00	\$20,000.00	\$0.00	0.09
Aceit Sportswear	\$4,500.00	\$4,500.00	\$0.00	0.09
Collegians	\$27,500.00	\$25,000.00	\$2,500.00	10.09
Big Fat Smile	\$0.00	\$10,000.00	-\$10,000.00	(100.0)9
Cram Fluid Power	\$5,000.00	\$5,000.00	\$0.00	0.09
Peoplecare	\$0.00	\$3,000.00	-\$3,000.00	(100.0)9
KKKK	\$0.00	\$3,000.00	-\$3,000.00	(100.0)
Additional Sponsorship	\$12,000.00	\$10,000.00	\$2,000.00	20.09
Total SHARED INCOME	\$403,100.00	\$300,600.00	\$102,500.00	34.19
SPORT SPECIFIC INCOME				
AWD INCOME				
The Disability Trust	\$2,500.00	\$0.00	\$2,500.00	N
MoneyQuest	\$3,000.00	\$3,000.00	\$0.00	0.0
Total AWD INCOME	\$5,500.00	\$3,000.00	\$2,500.00	83.3
CRICKET INCOME				
NSW Cricket Association	\$0.00	\$225.00	-\$225.00	(100.0)
Total CRICKET INCOME	\$0.00	\$225.00	-\$225.00	(100.0)9
CYCLING INCOME				
NSW Cycling Federation	\$3,000.00	\$3,000.00	\$0.00	0.09
Cycling Sponsors	\$2,000.00	\$2,000.00	\$0.00	0.0
Additional Uniforms	\$0.00	\$654.56	-\$654.56	(100.0)
Athete Tours	\$681.81	\$0.00	\$681.81	N
Total CYCLING INCOME	\$5,681.81	\$5,654.56	\$27.25	0.5
GOLF INCOME				
State Golf Assoc & Foundations	\$5,500.00	\$6,500.00	-\$1,000.00	(15.4)
Golf Illawarra	\$4,500.00	\$4,000.00	\$500.00	12.5
Golf Day Fundraiser	\$3,762.73	\$4,691.82	-\$929.09	(19.8)
Athlete Tours	\$1,022.72	\$0.00	\$1,022.72	N
Total GOLF INCOME	\$14,785.45	\$15,191.82	-\$406.37	(2.7)
HOCKEY INCOME				
Local Hockey Associations	\$2,003.64	\$2,839.00	-\$835.36	(29.4)
Hockey NSW	\$3,000.00	\$3,000.00	\$0.00	0.0
Total HOCKEY INCOME	\$5,003.64	\$5,839.00	-\$835.36	(14.3)
RUGBY UNION INCOME				
Athlete Tours	\$0.00	\$5,095.35	-\$5,095.35	(100.0)
Total RUGBY UNION INCOME	\$0.00	\$5,095.35	-\$5,095.35	(100.0)
NETBALL INCOME				
INET BALL INCOME				12.5
NSW Netball Association	\$6,750.00	\$6,000.00	\$750.00	12.5
	\$6,750.00 \$7,840.00	\$6,000.00 \$6,185.45	\$750.00 \$1,654.55	
NSW Netball Association				12.59 26.79 (100.0)9

This report includes Year-End Adjustments.

This report includes Year-End Adjustments.

Profit & Loss [Last Year Analysis]

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July 2017 To June 2018

#### ILLAWARRA ACADEMY OF SPORT

## P.O.Box U39

ABN: 31 659 625 641

Email: accounts@ias.org.au

	This Year	Last Year	\$ Difference	% Difference
Total NETBALL INCOME	\$20,803.56	\$15,444.51	\$5,359.05	34.7%
LAWN BOWLS INCOME				
Local Bowls Zones	\$0.00	-\$100.00	\$100.00	100.0%
Total LAWN BOWLS INCOME	\$0.00	-\$100.00	\$100.00	100.0%
TRIATHLON INCOME				
Triathlon NSW	\$1,363.65	\$0.00	\$1,363.65	NA
Additonal Uniforms	\$0.00	\$327.28	-\$327.28	(100.0)%
Total TRIATHLON INCOME	\$1,363.65	\$327.28	\$1,036.37	316.7%
BASKETBALL INCOME				
Basketball NSW	\$3,000.00	\$0.00	\$3,000.00	NA
Total BASKETBALL INCOME	\$3,000.00	\$0.00	\$3,000.00	NA
Total SPORT SPECIFIC INCOME	\$56,138.11	\$50,677.52	\$5,460.59	10.8%
PROGRAM OR PROJECT INCOME				
PRESENTATION NIGHT				
Paying Guests	\$7,754.72	\$9,818.30	-\$2,063.58	(21.0)%
TOBIN FAMILY AWARD				
Sponsorship	\$5,000.00	\$5,000.00	\$0.00	0.0%
BERRY TRAINING CAMP				
Berry Camp Athlete Levies	\$11,736.83	\$0.00	\$11,736.83	NA
ACADEMY GAMES				
Athlete Levies	\$15,454.36	\$28,012.57	-\$12,558.21	(44.8)%
Registration	\$0.00	\$1,260.00	-\$1,260.00	(100.0)%
Total ACADEMY GAMES	\$15,454.36	\$29,272.57	-\$13,818.21	(47.2)%
Total PROGRAM OR PROJECT INCOME	\$39,945.91	\$44,090.87	-\$4,144.96	(9.4)%
Total INCOME	\$499,184.02	\$395,368.39	\$103,815.63	26.3%
Gross Profit	\$499,184.02	\$395,368.39	\$103,815.63	26.3%
EXPENSES				
EMPLOYEE RELATED EXPENSES				
Permanent Staff				
Salary Costs	\$294,350.43	\$221,744.59	\$72,605.84	32.7%
Annual Leave Provision	-\$27,155.63	-\$2,538.82	-\$24,616.81	(969.6)%
LSL Provision	\$1,067.39	\$1,735.71	-\$668.32	(38.5)%
Travel Reimbursement	\$3,454.39	\$1,852.42	\$1,601.97	86.5%
Staff Costs	\$25,328.00	\$0.00	\$25,328.00	NA
Employsure	\$2,735.98	\$0.00	\$2,735.98	NA
Superannuation	\$25,261.17	\$20,973.07	\$4,288.10	20.4%
Advertising/Recruitment	\$930.00	\$0.00	\$930.00	NA
Staff Uniforms	\$0.00	\$250.01	-\$250.01	(100.0)%
Workers Compensation	\$884.85	\$953.08	-\$68.23	(7.2)%
Total EMPLOYEE RELATED EXPENSES	\$326,856.58	\$244,970.06	\$81,886.52	33.4%
ADMINISTRATIVE COSTS				_
Bank Fees & Charges	\$93.64	\$130.09	-\$36.45	(28.0)%
Insurance	\$2,764.68	\$2,811.10	-\$46.42	(1.7)%
Staff Professional Development	\$1,000.02	\$1,295.45	-\$295.43	(22.8)%
Subscriptions & Memberships	\$2,918.54	\$2,486.36	\$432.18	17.4%
Staff Amenities	\$454.02	\$802.82	-\$348.80	(43.4)%
Travel Mater Vehicle Expenses	\$4,160.88 \$4,610.49	\$3,339.89	\$820.99	24.6%
Motor Vehicle Expenses	\$4,610.49	\$3,320.29	\$1,290.20	38.9%

This report includes Year-End Adjustments.

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#### ILLAWARRA ACADEMY OF SPORT

This Year Last Year \$ Difference % Difference

P.O.Box U39 University of Wollongong NSW 2500

ABN: 31 659 625 641 Email: accounts@ias.org.au

#### Profit & Loss [Last Year Analysis]

July 2017 To June 2018

Audit Fees	\$2,312.00	\$2,250.00	\$62.00	2.8%
Consultancy Fees	\$1,500.00	\$6,011.60	-\$4,511.60	(75.0)%
Legal Expenses	\$50,788.18	\$0.00	\$50,788.18	NA
Total ADMINISTRATIVE COSTS	\$70,602.45	\$22,447.60	\$48,154.85	214.5%
COMMUNICATIONS				
Postage	\$471.59	\$783.96	-\$312.37	(39.8)%
Telephone & Internet	\$2,903.06	\$2,263.60	\$639.46	28.2%
Total COMMUNICATIONS	\$3,374.65	\$3,047.56	\$327.09	10.7%
TT SERVICES				
IT Support	\$273.40	-\$1,785.00	\$2,058.40	115.3%
Total IT SERVICES	\$273.40	-\$1,785.00	\$2,058.40	115.3%
PROMOTIONS & FUNCTIONS				
Promotions	\$3,356.25	\$6,370.00	-\$3,013.75	(47.3)%
Advertising - General	\$1,503.61	\$3,511.09	-\$2,007.48	(57.2)%
Functions	\$904.68	\$3,170.73	-\$2,266.05	(71.5)%
Sponsorship Servicing	\$1,710.73	\$2,010.50	-\$299.77	(14.9)%
Athlete Induction	\$1,283.37	\$3,448.28	-\$2,164.91	(62.8)%
Meetings	\$2,168.98	\$910.20	\$1,258.78	138.3%
RASI Meetings	\$3,430.01	\$1,171.63	\$2,258.38	192.8%
Resistance Training	\$0.00	\$2,062.73	-\$2,062.73	(100.0)%
Total PROMOTIONS & FUNCTIONS	\$14,357.63	\$22,655.16	-\$8,297.53	(36.6)%
PUBLICATIONS & PRINTING				
Newspapers	\$23.30	\$28.67	-\$5.37	(18.7)%
Photocopier	\$2,178.48	\$2,449.77	-\$271.29	(11.1)%
Stationery	\$743.65	\$1,612.24	-\$868.59	(53.9)%
Annual Report	\$857.27	\$0.00	\$857.27	NA
Banners	\$0.00	\$130.00	-\$130.00	(100.0)%
Total PUBLICATIONS & PRINTING	\$3,802.70	\$4,220.68	-\$417.98	(9.9)%
FACILITY & EQUIPMENT				
Office Equipment	\$21.82	\$0.00	\$21.82	NA
Computer Software	\$184.55	\$0.00	\$184.55	NA
Record Storage	\$497.15	\$235.20	\$261.95	111.4%
Rent	\$12,500.00	\$9,125.00	\$3,375.00	37.0%
Total FACILITY & EQUIPMENT	\$13,203.52	\$9,360.20	\$3,843.32	41.1%
SPORT SPECIFIC EXPENSES				
AFL EXPENSES				
AFL Scholarship	\$1,611.82	\$0.00	\$1,611.82	NA
AFL Staff Support	\$1,000.00	\$0.00	\$1,000.00	NA
Total AFL EXPENSES	\$2,611.82	\$0.00	\$2,611.82	NA
AWD EXPENSES				
AWD Scholarship	\$0.00	\$31.82	-\$31.82	(100.0)%
Staff Support	\$500.00	\$0.00	\$500.00	ŇA
Total AWD EXPENSES	\$500.00	\$31.82	\$468.18	1,471.3%
CRICKET EXPENSES		,,,,,,,	,	
Cricket Scholarship	\$0.00	\$2,099.11	-\$2,099.11	(100.0)%
Staff Support	\$0.00	\$2,200.00	-\$2,200.00	(100.0)%
Total CRICKET EXPENSES	\$0.00	\$4,299.11	-\$4,299.11	(100.0)%
CYCLING EXPENSES	40.00	ψ¬,∠JJ,±±	Ψ-1/2/2/11	(100.0)/0
Cycling Scholarship	\$546.66	\$697.69	-\$151.03	(21.6)%
Additional Uniforms	\$0.00	\$55.00	-\$151.03	(100.0)%
Additional Officialis	\$0.00	00.00	-\$55.00	(100.0)/0

This report includes Year-End Adjustments.

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#### ILLAWARRA ACADEMY OF SPORT

## ILLAWARRA ACADEMY OF SPORT

#### Profit & Loss [Last Year Analysis]

July 2017 To June 2018

ABN: 31 659 625 641

July 2017 To Ju Email: accounts@ias.org.au

Created: 20/07/2018 9:01 AM

Profit & Loss [Last Year Analysis]

June 2018	ABN: 31 659 625 641
	Email: accounts@ias.org.au

	This Year	Last Year	\$ Difference	% Difference
Staff Support	\$1,400.00	\$3,000.00	-\$1,600.00	(53.3)%
Tour Expenses	\$920.00	\$0.00	\$920.00	NA
Ben Mikic Award	\$500.00	\$500.00	\$0.00	0.0%
Total CYCLING EXPENSES	\$3,366.66	\$4,252.69	-\$886.03	(20.8)%
GOLF EXPENSES				
Golf Scholarship	\$1,704.50	\$1,606.80	\$97.70	6.1%
Additional Uniforms	\$0.00	\$370.00	-\$370.00	(100.0)%
Staff Support	\$1,000.00	\$2,750.00	-\$1,750.00	(63.6)%
Golf Day Expenses	\$1,891.03	\$1,433.89	\$457.14	31.9%
Tour Expenses	\$2,041.98	\$4,491.53	-\$2,449.55	(54.5)%
Total GOLF EXPENSES	\$6,637.51	\$10,652.22	-\$4,014.71	(37.7)%
HOCKEY EXPENSES				
Hockey Scholarship	\$1,842.73	\$2,079.32	-\$236.59	(11.4)%
Additional Uniforms	\$0.00	\$746.00	-\$746.00	(100.0)%
Staff Support	\$2,400.00	\$3,100.00	-\$700.00	(22.6)%
Total HOCKEY EXPENSES	\$4,242.73	\$5,925.32	-\$1,682.59	(28.4)%
LONESTAR EXPENSES				
Lone Star Scholarship	\$730.00	\$1,489.75	-\$759.75	(51.0)%
Total LONESTAR EXPENSES	\$730.00	\$1,489.75	-\$759.75	(51.0)%
RUGBY UNION EXPENSES				
Rugby Scholarship	\$567.50	\$1,882.69	-\$1,315.19	(69.9)%
Additional Uniforms	\$0.00	\$828.00	-\$828.00	(100.0)%
Equipment	\$0.00	\$450.00	-\$450.00	(100.0)%
Staff Support	\$1,547.50	\$1,200.00	\$347.50	29.0%
Coach Development	\$679.55	\$0.00	\$679.55	NA
Tour Expenses	-\$447.27	\$4,782.41	-\$5,229.68	(109.4)%
Tour Uniforms	\$0.00	\$229.02	-\$229.02	(100.0)%
Total RUGBY UNION EXPENSES	\$2,347.28	\$9,372.12	-\$7,024.84	(75.0)%
NETBALL EXPENSES				
Netball Scholarship	\$1,460.45	\$3,135.87	-\$1,675.42	(53.4)%
Additional Uniforms	\$300.00	\$1,765.90	-\$1,465.90	(83.0)%
Staff Support	\$2,900.00	\$3,500.00	-\$600.00	(17.1)%
Tour Expenses	\$8,023.65	\$2,099.27	\$5,924.38	282.2%
Tour Uniforms	\$660.00	\$0.00	\$660.00	NA
Total NETBALL EXPENSES	\$13,344.10	\$10,501.04	\$2,843.06	27.1%
LAWN BOWLS EXPENSE				
Lawn Bowls Scholarship	\$0.00	\$160.00	-\$160.00	(100.0)%
Staff Support	\$0.00	\$1,200.00	-\$1,200.00	(100.0)%
Total LAWN BOWLS EXPENSE	\$0.00	\$1,360.00	-\$1,360.00	(100.0)%
TRIATHLON EXPENSES				
Triathlon Scholarship	\$705.75	\$897.92	-\$192.17	(21.4)%
Additional Uniforms	\$0.00	\$85.00	-\$85.00	(100.0)%
Staff Support	\$700.00	\$2,700.00	-\$2,000.00	(74.1)%
Total TRIATHLON EXPENSES	\$1,405.75	\$3,682.92	-\$2,277.17	(61.8)%
BASKETBALL EXPENSES				
Basketball Scholarship	\$1,320.00	\$2,194.07	-\$874.07	(39.8)%
Additional Uniforms	\$0.00	\$1,971.47	-\$1,971.47	(100.0)%
Staff Support	\$1,900.00	\$1,100.00	\$800.00	72.7%
Total BASKETBALL EXPENSES	\$3,220.00	\$5,265.54	-\$2,045.54	(38.8)%

	This Year	Last Year	\$ Difference	% Difference
Ten Pin Bowling Scholarship	\$0.00	\$507.29	-\$507.29	(100.0)%
Additional Uniforms	\$0.00	\$365.91	-\$365.91	(100.0)%
Total TEN PIN BOWLING EXPENSES	\$0.00	\$873.20	-\$873.20	(100.0)%
SURFING EXPENSES				
Surfing Scholarship	\$546.68	\$0.00	\$546.68	NA
Total SURFING EXPENSES	\$546.68	\$0.00	\$546.68	NA
Total SPORT SPECIFIC EXPENSES	\$38,952.53	\$57,705.73	-\$18,753.20	(32.5)%
PROGRAM OR PROJECT EXPENSES				
TOBIN FAMILY AWARD				
Tobin Family Award Winner	\$5,000.00	\$5,000.00	\$0.00	0.0%
PRESENTATION NIGHT				
Production	\$22,103.03	\$25,451.93	-\$3,348.90	(13.2)%
BERRY TRAINING CAMP				
Berry Camp Expenses	\$11,365.22	\$0.00	\$11,365.22	NA
ACADEMY GAMES		****	<b>*</b> 6 000 70	(00.4)0/
Athlete Expenses	\$15,657.58	\$21,878.37	-\$6,220.79	(28.4)%
Registration	\$0.00	\$1,414.00	-\$1,414.00	(100.0)%
RAFFLE	to 00	<b>#</b> 1.62.62	¢162.62	(1.00.0)0/
Raffle Expenses	\$0.00	\$163.63	-\$163.63	(100.0)%
Total PROGRAM OR PROJECT EXPENSES	\$54,125.83	\$53,907.93	\$217.90	0.4%
Total EXPENSES	\$525,549.29	\$416,529.92	\$109,019.37	26.2%
Operating Profit	-\$26,365.27	-\$21,161.53	-\$5,203.74	(24.6)%
OTHER INCOME				
Misc Income	\$0.00	\$72.73	-\$72.73	(100.0)%
Credit Interest	\$5,606.19	\$6,512.57	-\$906.38	(13.9)%
Total OTHER INCOME	\$5,606.19	\$6,585.30	-\$979.11	(14.9)%
OTHER EXPENSES				
Legal Cost	\$0.00	\$7,085.00	-\$7,085.00	(100.0)%
Bad Debt Expense	\$0.00	\$3,900.00	-\$3,900.00	(100.0)%
Depreciation	\$6,796.00	\$12,104.00	-\$5,308.00	(43.9)%
Donations	\$650.00	\$650.00	\$0.00	0.0%
Debit Interest	\$338.33	\$1,235.53	-\$897.20	(72.6)%
Miscellaneous	\$0.00	-\$0.10	\$0.10	100.0%
Presidents Relief Fund	\$227.27	\$0.00	\$227.27	NA
Total OTHER EXPENSES	\$8,011.60	\$24,974.43	-\$16,962.83	(67.9)%
Net Profit/(Loss)	-\$28,770.68	-\$39,550.66	\$10,779.98	27.3%

TEN PIN BOWLING EXPENSES

This report includes Year-End Adjustments.

This report includes Year-End Adjustments.

