

ILLAWARRA ACADEMY OF SPORT ANNUAL REPORT 2012

This annual review covers the activities of the Illawarra Academy of Sport Incorporated for the period 1st January 2012 to 31st December 2012.

This report highlights the establishment, operation and achievements of the Academy, and presents a detailed source of information for the promotion of the Academy and its athletes.

Enquiries regarding scholarships or sponsorship and donations, to further enhance the Illawarra Academy of Sport as one of the prominent sporting organisations in NSW and Australia, can be directed to:

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Telephone: (02) 4225 3899 Facsimile: (02) 4221 3252
Web: <http://www.illawarraacademy.org.au>
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PRESIDENT'S REPORT

It is my pleasure to present the President's Report for 2012. It was a year of review, of change- indeed a year of renewal. It was also the year of the London Olympics. The year commenced with the Academy appointing a new General Manager- Ms Carolyn Dews.

Shortly thereafter the Academy held a very successful Presentation Night at the Novotel Wollongong.

We were honoured to have the Minister for Sport the Hon. Graham Annesley in attendance.

The Minister is a strong supporter of Regional Academies, as evidenced by his attendance at numerous Academy functions across NSW during the year.

All Academies welcomed his announcement late in the year of a continuation of the State Government's financial support of Regional Academies.

A particular highlight in 2012 was attending the NSW Parliamentary Function, hosted by the Speaker of the House and Member of South Coast, the Honourable Shelly Hancock (who is a former Member of our Academy Board) and attended by the Minister. The event provided an opportunity for Parliamentarians and Academy Board members and athletes from throughout NSW to mix and discuss the achievements and needs of regional

academies. Our Academy was represented by David Smith, Natasha Mullany, Bridget Mullany and Cameron Scott along with Board members and Academy Staff.

David Smith our Olympic Gold Medallist was the guest speaker and he spoke most eloquently about his career and its ups and downs on the way to his Olympic success.

Governance

Having adopted a new constitution 2011, in 2012 the Board set about implementing it and reviewing our operations.

Terms of reference were developed and adopted for the four major Sub-Committees and these Sub-Committees, together with the Executive, began to review the Academy policies, governance and operations. A steady stream of updated policies were presented to the Executive and/or Board for adoption.

This review coincided with the General Manager's commencement and familiarisation with the Academy.

At the operational level there were reviews of Programs, Consultants, Staff Volunteers, Media, Sponsorship and Inductions (just to name a few).

The resignations of the Administration Officer and Program Manager meant there has been a complete turn-over of full-time staff within twelve months.



On a sad note, the former Executive Director Mr Mark Brogan passed away in July.

The year of review culminated in the Strategic Plan 2012/17 and Business Plan 2012/2013 being adopted at the December Board Meeting.

The Academy's finances continue to be carefully managed so as to be able to provide services to our athletes as cost effectively as possible.

In 2012, Board members Prof. Julie Steele, Carolyn Dews and David Stranger resigned and I thank them for their service.

The Board and I welcomed Mark Hume, Rosita O'Keefe and Jason Gordon to the Board.

Athletes

I won't summarise the achievements of the particular squads as these will be referred to in the General Managers Report. However I would like to mention the recent efforts of some of our past and current athletes, who continue to excel at the highest levels.

The Australian Olympic Team which competed in the 2012 London Olympics featured nine athletes from the Illawarra- five of whom were Academy graduates. The Academy is very proud of all of them for attaining Olympic selection.

David Smith's gold medal in the K4 makes him the Academy's first Olympic gold medallist- having formerly been a member of the Academy Swimming Program.

Kieran Govers won a bronze medal with the Men's Hockey team.

We are delighted with the achievements of all our Olympians but especially David and Kieran who have been rewarded for many years of determination, hard work and having overcome illness and injury.

Academy athletes continue to excel across the sporting world, none more than Caleb McEwan (Cycling) who recently won silver in the World Championships. Leif Selby (Lawn Bowls) and Sally Fitzgibbons (Surfing) warrant special mention.

ClubsNSW Regional Academy Games

In April the Illawarra Academy hosted the Games, on behalf of the Academies of Sport incorporated, for the first of three years.

Almost one thousand athletes and their supporters visited the Illawarra. The feedback was that they had very much enjoyed the experience.

The facilities utilised in Wollongong and Shellharbour were top class with the University of Wollongong proving to be the perfect base for the Games. We received magnificent cooperation from the University, the Councils, tourism bodies, sporting associations, media, volunteers and ASi so as to ensure its success at our first attempt.

We look forward to an even more successful Games in 2013. I place on record our appreciation of ClubsNSW for its sponsorship of the Regional Academy Games.

Sponsors

Fundamental to the Academy's existence is the support of our sponsors. Economic times are tough - the Academy is not immune to these pressures. However we are most grateful for the continued support of Government at both state and local levels, local business and sports associations in these challenging times.

The NSW Government, through Office of Communities (Sport and Recreation) is our major sponsor and along with five local councils and the University of Wollongong are our major financial partners. All councils in the Illawarra have recently increased their financial support to the Academy and for this we are most grateful.

Our major corporate sponsors are BlueScope Steel, Aceit Sport Wear, Warilla Bowls and Recreation Club, Illawarra Credit Union and the Illawarra Mercury (sponsor of the Tobin Award). There are also program sponsors, especially our Cycling team sponsors and local and state sporting associations, from Cycling, Golf, Hockey, Netball and Rugby Union and numerous in-kind sponsors.

On behalf of the Academy Board, Staff, Coaches and support staff and especially our athletes and their very appreciative parents, we extend, to all our sponsors and supporters, a sincere thank you for your ongoing support of our Academy and we trust this support will continue.

Community

The Academy is fundamentally a community based organisation. So to the media of the region thank you for your ongoing great support. You are a key conduit to our community.

To the parents, coaches, managers, volunteers and supporters I offer a big thank you from the Board, from myself as President and our Staff for your strong support in 2012.

The Future

The 2013 year will focus on the Academy's financial sustainability and operational efficiency to ensure we remain at the forefront of Regional Academies.

Conclusion

To the General Manager, Academy staff, support staff (coaches/ manager) volunteers, sponsors, media and everybody associated with the Academy- on behalf of the Board, I offer a special thank you for your untiring efforts in 2012. As I do to the Board Members and especially the Executive for your hard work and support over the last 12 months.

B. A. Weir PSM
President

GENERAL MANAGER'S REPORT

The excellence of athletic achievements of Academy scholarship holders continue with athletes competing at regional, state and national level competition – with some outstanding results, particularly at the London Olympics. However we witnessed outstanding performances from our athletes across all program areas as outlined in the Athlete Achievements.

Many of our athletes achieved sporting success in 2012. Aside from the outstanding performance from our Olympic athletes, current scholarship holders worthy of a mention include:

- Blake Govers who made the Under 21 men's hockey team
- Mikaela Patterson – Australian Futures Squad (Hockey)
- Cameron Scott who won a range of state and national cycling titles
- Natasha Mullany who won Australian track and road cycling championships
- Mecenzi Howard who has made the Paralympics' Squad for Boccia
- Natalie Noronha who has been selected in the National squad for Lawn Bowls

The IAS has reviewed the education component of our scholarships. There have been the appointment of new education consultants and the introduction of new education modules, to enhance the scholarship benefits to our athletes.

The IAS now has a new administration team as well as some changes in our coaching and program staff. The IAS office has moved to more suitable accommodation at the University of Wollongong and we have made some changes to sporting programs.

The IAS has updated our image through a new logo, updated computer system and website and a revamp of the IAS uniform worn by our athletes and staff.

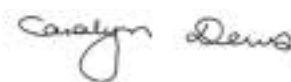
2012 was also a year of firsts for the IAS. It was the first time that IAS hosted the ClubsNSW Academy Games. The three day event, which featured almost 1,000 athletes, coaches and staff was a major success. Thanks must go to the Board and members of the administrative staff for working tirelessly to ensure the success of the event. Work is currently underway for the planning of the 2013 event.

IAS also introduced the sport of triathlon into our sports programs for the first time in 2012. We are grateful for the support of the state and local associations as well as our coaching staff to allow this to happen. The IAS are currently holding discussions with a number of other sports to expand our sporting portfolio in 2013.

I would like to thank the national, state and local sporting associations who support our programs. At a grass roots level it is our dedicated coaches, team managers and range of volunteers who allow us to continue to achieve great results both on and off the field and I would like to thank all of these people.

I would personally like to thank Brian Weir and all of the Board members for their guidance over the past twelve months. I would also like to recognise that hard work and dedication of the staff.

I look forward to 2013 as there is still much to be achieved on our "pathway to excellence".



Carolyn Dews
General Manager



Overview of Illawarra Academy of Sport

Sports Training Camps

Maximise your team's sporting performance at a Sport and Recreation Centre.

Our Sports Training Camps combine specialist sports training facilities and services including accommodation and catering packages. Sports Training Camps are available at Myuna Bay, Jindabyne, Sydney Academy and Lake Ainsworth.

For more information please phone 13 13 02 or visit www.dsr.nsw.gov.au



The Academy acknowledges the support of the five councils in the Southern Councils Group



CORPORATE VISION FOR THE ILLAWARRA ACADEMY OF SPORT

To be recognised locally and nationally as the most effective and professional Regional Academy of Sport.

MISSION

To provide opportunities and services for sport, talented athletes and coaches within the Illawarra Area to achieve excellence.

AIMS AND OBJECTIVES

- To provide the opportunity and encouragement for talented athletes within the Illawarra area to achieve excellence in sport and outstanding sporting citizenship.
- To facilitate the development & support of talented athletes with potential.
- To provide sports science support and evaluation and specialist services and resources to assist in the pursuit of excellence in sport or in activities related to sport.
- To develop and assist talented coaches and foster an environment conducive to the enhancement of coaching and related activities.
- To maintain an operational structure which contributes to the sports development network.
- To act as a catalyst in the development of innovative programs for the improvement of sport within the Illawarra area, including effective talent identification programs.
- To encourage and assist athletes in their pursuit of improvement and excellence in sports skills to travel both within Australia & overseas for the purpose of seeking competition, training and experience.
- To conduct, commission or join in research, activities in the pursuit of excellence in sport.
- To establish, administer and seek financial assistance to promote excellence among young athletes.
- To act as trustee of any bond or to administer any foundation established to promote excellence or achievement in sport or in activities related to sport.

HISTORY

The concept of the Illawarra Academy of Sport emanated from a community based investigation into sport and lifestyle opportunities in the Illawarra. A committee which comprised of representatives from government, education, business and community sport recommended the establishment of an Academy to expand sporting opportunities for talented athletes of the region.

With the University of Wollongong facilitating its progress, the committee's vision became a reality. Then the Illawarra Institute of Sport was launched in December 1985, becoming Australia's first Regional Academy of Sport. For funding reasons, the term Institute, was replaced with Academy prior to incorporation in 1988.

Sports Programs

As the Academy evolved, the range of sports expanded and since 1986 programs have been conducted in 18 different sports. Although, gymnastics, touch, basketball, soccer and surfing are no longer in the Academy, nine sports programs remain.

Currently there are programs offered for golf, netball, hockey, cricket, rugby union, cycling, an individual athletes program, lawn bowls and triathlon. Since 1985, there have been over 4600 scholarships offered to local athletes.

The IAS will continue to build on the range of sports available to local athletes

A Growing Example


The regional academy format, pioneered in the Illawarra, has now been replicated across Australia and overseas. Ten independent regional academies are in operation across NSW with the national network of regional academies now totally nineteen.

The strength of the Illawarra Academy of Sport has always been its strategic alliances and partnerships with Illawarra business, local government, sporting associations at regional and state level and support of the University of Wollongong.

BOARD OF MANAGEMENT



Brian Weir
Chairperson



John Wells
Vice President




William Dowson
Treasurer




Brian Baird
Public Officer



Peter Bowman



Carolyn Dews
General Manager



Gregg Rowland




John O'Dwyer




Jeff McCarthy



Peter Tomlinson




Julie Steele



Clare Rogers



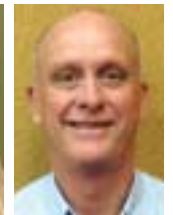
David Stranger



Mark Bond



Rosita O'Keefe



Mark Hume

BOARD OF DIRECTORS

The Academy is an independent, incorporated sporting organisation that is governed by a sixteen (16) member Board of Directors which is comprised of 10 permanent representatives and 8 elected community representatives. Board of Directors meetings are held bi-monthly and each of the five local Council hosts the meetings on rotation.

PERMANENT BOARD REPRESENTATIVES

University of Wollongong
Vice Chancellor Prof. Paul Wellings
Represented by Dr Gregg Rowland

Australian Institute of Sport
Director Matthew Favier. Represented by Peter Bowman

Sports Medicine Federation
South Coast Branch. Represented by Prof Julie Steele

Department of School Education
Regional Director Illawarra & South Coast Graeham Kennedy
Represented by Mark Hume

Lord Mayor of Wollongong
Cr. Gordon Bradbery. Represented by Mark Bond

Mayor of Wingecarribee
Cr. Ken Halstead. Represented by Cr. David Stranger

Administrator of Shellharbour City
Cr. Kellie Marsh. Represented by Brian Weir

Mayor of Kiama
Cr. Sandra McCarthy. Represented by Clare Rogers

Mayor of Shoalhaven
Cr. Paul Green. Represented by John Wells

General Manager
Carolyn Dews

Community Board Representatives

Brian Baird	John O'Dwyer
William Dowson	Peter Tomlinson
Jeff McCarthy	Rosita O'Keefe

Executive elected

President.....	Brian Weir
Vice President	John Wells
Public Officer	Brian Baird
Treasurer.....	William (Bill) Dowson
Business Plan & Policy Sub-Committee Chair	Brian Baird
Finance & Audit Sub-Committee Chair	Bill Dowson
Sports & Education Sub-Committee Chair	John Wells
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Like the Illawarra Academy of Sport, we also believe in helping talented people from the Illawarra reach their goals. Whether on field or in the classroom, we think everyone deserves the chance to achieve their best.

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ACADEMY POSITION
IN SPORTS STRUCTURE

As a provider of talent development services, the Academy aims to position itself within the sports system at a level which will be of most benefit to athletes.

As an independent autonomous organisation, the Academy is in effect, working on behalf of the local and state sporting associations to develop talented athletes for the benefit of both the athletes and the sport.

The Academy programs are designed to complement the activities the athletes receive through their club and representative structure.

LINKS TO SPORTING GROUPS

The Academy operates within the sports system at several pre elite athlete levels.

It maintains links with a range of organisations to ensure that the local talented athletes receive the best possible support in their path to excellence. Links are maintained with:

Local & State Sports Associations

Administrative and coaching links are maintained with local and state sporting associations in the scholarship sports that have programs in the Academy.

Office of Communities - Sport & Recreation

As the largest single partner of the Academy, there are close operational links with the Office of Communities Sport and Recreation with regular interaction with the South Coast Region and at senior officer level.

NSW Institute of Sport

The Illawarra Academy of Sport programs are structured to ensure the athletes have the greatest opportunity to feed into the NSW Institute of Sport programs (where appropriate).

NSW Regional Academy Network

The ten independent Regional Academies in NSW maintain close links for athlete competition and training and sport management information sharing.

Academies of Sport Inc (ASi)

The ten independent Regional Academies in NSW, in 2003, formed ASi. The principal purpose of this organization is the planning and support of the Academy Games - a multi sport festival involving all Academies.

Australian Institute of Sport

The links with the AIS were established when the Academy was formed in 1985. Academy athletes have the opportunity of gaining entry to the AIS and a number of Academy athletes have graduated into AIS programs.

ACADEMY CATCHMENT AREA

The Academy operates through the Illawarra’s geographic region comprising the five local government areas of: Wollongong, Shellharbour, Kiama, Shoalhaven, and Wingecarribee. Illawarra covers an area of 8,485 square kilometres and extends from Helensburgh in the north, Ulladulla in the south and across to the Southern Highlands in the west. The region has a population of 405,000.

ADMINISTRATIVE OPERATIONS

The Academy Administration Centre is based at the University of Wollongong. The location offers access to IAS training facilities for a range of sports, access to lecture and tutorial rooms, physiotherapy facilities and close links with key volunteer, sports groups and consultants.

The Academy employed three (3) full-time staff and two (2) part-time staff in 2012. Academy coaching staff are all contracted on a casual basis and as volunteers receive a small honorarium to cover their costs.

Staffing Levels During 2012

Full Time	
General Manager	1
Senior Program Manager	1
Administrative Officer	1
Part Time	
Accountant	1
Media Consultant	1

Media and Public Relations

The flagship of Academy public communications is “Academy Corner”. This newspaper column which is produced weekly is published in the Illawarra Mercury, Lake Times, South Coast Register and the Southern Highlands News.

The one page weekly feature published in the Illawarra Mercury, as part of junior sport, continued in 2012 after its establishment a number of years ago. Again, the feature proved extremely popular with athletes & families, sponsors and supporters.




Once again eNEWS had its following. This monthly electronic newsletter is now distributed to 800 locals, athletes, coaches, parents, sponsors & supporters.

The Academy appreciates the excellent coverage afforded by the various regional media outlets within Illawarra and gratefully acknowledges their support.

The Illawarra Mercury

Keeping you up to date on all the latest local news, sport, events and much more.




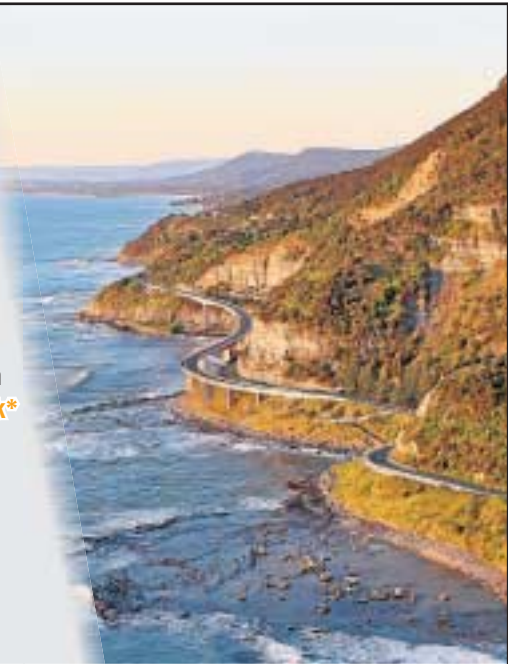
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FUNDING SOURCES

The Academy operates as an independent and autonomous sporting organisation. Funding for the sports programs and the administrative operations is achieved through a variety of sources including government grants, University funding, sports funding, athlete contributions, corporate sponsorship and business support.

The Academy has four primary sponsor categories: Partners, Sponsors, Affiliate Sponsors, Supporters and Friends.

Partners

The New South Wales Government through Office of Communities Sport and Recreation is the largest single sponsor of the Academy providing an annual grant of \$143,000. The five councils of the Illawarra Councils Group grants total more than \$80,000.

The University of Wollongong provides financial assistance as well as support services and access to facilities. The University assists the Academy with access to staff and sport science support services as does the University Recreation and Aquatic Centre.

Sponsors

Program sponsors provide ‘value in money’ by way of funding and/or substantial ‘value in kind’ to specific Academy programs or projects including:

- Sports Programs
- Regional Programs
- Special Projects & Events

Our team of Program Sponsors include BlueScope Steel, Warilla Bowls, Illawarra Mercury, Illawarra Credit Union and Aceit.

In 2012, Cycling Program sponsors included: Bowral & Katoomba NRMA, Raine & Horne Wollongong, Frank Soto & Associates, the Ben Mikic Foundation, Bikesportz, Cycling NSW, Hot Designs, NPA, iPRO Cycling and Illawarra Cycle Club.

Affiliate Sponsors

Assisting the Academy across several sport or event programs was Go Hire.

Supporter ‘Sports’

A policy of the Academy is that any sport, which has an Academy program, is required to contribute financially to that program.

This funding represents approximating 25 - 50% of base program costs. Sources include assistance from governing associations of that sport, local clubs, associations, state associations, or a combination of these.

Sports funding includes ‘value in money’ and may also include ‘value in kind’ (goods or services) in support of a specific Academy sports program or project.

Friends of the Academy

We gratefully acknowledge the support of Graphic Connection for their graphic design and publication expertise.

SCHOLARSHIP PROGRAMS

The major focus of Academy activity is the delivery of sport coaching and education programs for its scholarship athletes. Services are provided to a select group who must satisfy eligibility and selection criteria.

Common Athlete Eligibility Criteria

The athlete must:

1. Reside in the Illawarra area (Wollongong, Shellharbour, Kiama, Shoalhaven and Wingecarribee);
2. Display an ability to apply coaching and technical instruction;
3. Demonstrate dedication to improving performance;
4. Demonstrate, through past performance and/or potential capacity, the potential to improve performance to a high level;
5. Be a registered participant of an association within the Illawarra area.

Selection Criteria and Program Design

In addition to the eligibility criteria outlined above, sport programs have additional selection criteria which varies from program to program. At time of nomination this criteria is outlined.

BENEFITS & SERVICES

A generic Academy scholarship provides the following benefits and services:

- Coaching by accredited and experienced coaches (except IAP program) including high level guest coaches
- Subsidized Academy uniforms and specialised equipment
- Sport science support and evaluation
- Specialist training including sprint training and fitness advice
- Sport psychology, nutrition and sports medicine advice from leading experts
- Video analysis of technique and tactical appreciation
- Public speaking and personal development opportunities
- Exposure to high level competition
- Travel assistance for competition and Academy activities
- Academy tours in NSW & interstate
- Drug education seminars
- Log books for educational information and monitoring of training and competition
- Tours/camps at some of Australia’s premier elite coaching facilities.

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CORE PROGRAM COMPONENTS

The primary objective of the Academy is to improve an individual athlete's sporting ability and to equip them with skills to enhance their prospects of future success.

Training & Technical Development

Coaching and training sessions form the major component of the scholarship program (except individual athlete program). The coaching staff design programs that emphasise individual development concentrating on the strengths and weaknesses of the athletes together with activities to improve an athlete's knowledge and ability in the tactical aspects of their sport.

Sports Science

To supplement the coaching and training component of the program, the athlete receives advice in specialist areas of athlete development. The sport science program elements aim to provide regular and relevant feedback to the coaches and athletes on the physical fitness and training levels of the athletes. Athletes annually complete sessions in nutrition, sport psychology and sports injury prevention and management. The aim of these sessions is to provide information to make athletes aware of the role these areas play in enhancing individual performance.

Competition Opportunities

Academy squads participate in selected competitive fixtures during their scholarship program. Competition is primarily against selected opponents including other Regional Academies, State Academies, representative sides, or strong club teams and is valuable to the coaches in providing

feedback on the progress of the athlete and the effectiveness of the coaching program.

Sporting tours overseas, interstate and within NSW may also be conducted to provide competitive opportunities in the unique touring environment.

Personal Development

A key objective of the Academy is to develop outstanding sports citizens and education and awareness sessions based on public speaking, drugs in sport, media and sponsor servicing are incorporated into the program. In addition, athletes are exposed to social and promotional situations to develop their personal understanding of the breath of sports development and community awareness.



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TOTAL SCHOLARSHIPS OFFERED 1986 - 2012

Athletes with a Disability		Netball	
Male	32	Female.....	558
Female	29	Rugby League	
Basketball		Male	666
Male	130	Rugby Union	
Female.....	128	Male.....	443
Cricket		Sailing	
Male	496	Male.....	81
Female.....	95	Female.....	25
Cycling		Soccer	
Male	129	Male.....	144
Female.....	52	Female.....	1
Gymnastic		Surfing	
Female.....	26	Male.....	45
Golf		Female.....	5
Male	168	Swimming	
Female.....	38	Male.....	92
Hockey		Female.....	79
Male.....	406	Touch	
Female.....	413	Male.....	35
Individual Athletes		Female.....	23
Male.....	74	Tennis	
Female.....	75	Male.....	20
Lawn Bowls		Female.....	26
Male.....	82		
Female.....	30		

TOTAL 4646



SPECIAL EVENTS

Mayoral Receptions

A reception, hosted by the Mayor or Council of the each of the five Councils of the Illawarra, provide an annual opportunity for the athletes and coaches to be officially recognised by their own community. These functions also serve to develop social and personal aspects of the scholarship holders and an understanding of the range of community and government groups who support their development. Again we thank our local Councils of Wollongong, Wingecarribee, Shellharbour, Kiama and the Shoalhaven for showing such support for the Academy.

Athlete Inductions

Inductions have been part of each Academy sport program since inception. Two athlete inductions involving several sport programs were held in 2012 - an autumn induction in May and a spring induction in November 2012. The multi-sport induction, is a major event in its own right. Athletes, parents and sports program staff (which may total over 300 on each occasion) participate in several education seminars and undertake their introduction to the Academy. This format allows more professional presentations and parental involvement in specialist presentations including Drugs in Sport, Women in Sport, and Nutrition.

Academy Games

Although various sporting and events based organisations exist in the market place none have the specific focus of talented athlete development across a broad range of key sports and a combined capacity to bring together the State's athlete

development Academies at one time for the conduct of an 'Academy Games'. This gives rise to the opportunity to create a unique 'brand' which becomes synonymous with talented athlete development and competition, and the conduct of a high quality and professional major event over a three day period. The 'Academy Games' brand also enables the development and implementation of a highly marketable corporate and media program with coverage across NSW through key agencies who are well known for their support of regional development. In 2012, the seventh year of the Games, the Illawarra Academy hosted the Academy Games at venues throughout Wollongong and Shelhabour. The IAS sent a team of 110 athletes and coaches from six of its sports programs: golf, hockey, lawn bowls, netball, cycling and rugby.

Presentation Night 2012

The Annual Athlete Graduation and Award Presentation Night was held at the Novotel Northbeach. The event attracted over 350 people including dignitaries, athletes, coaches and family members.

Amy Duggan from WIN Television oversaw the presentation of awards as master of ceremonies.

The event acknowledged the achievements of the 2012 Academy athletes and recognised the level of commitment and dedication they showed in striving for excellence in their sport.

The evening also paid tribute to the supporters of the Illawarra Academy of Sport who ensure that opportunities exist for the region's talented junior sportspeople to progress to a high level within their sport.



SPECIAL EVENTS CONTINUED



Women in Sport Lunch

The Illawarra Academy of Sport, in conjunction with the WIN Entertainment Centre hosted a Women in Sport lunch in 2012.

The event was held prior to a Women's Football Game between the Australian Matilda's and the new New Zealand Ferns.

Amy Duggan, was the MC for the luncheon, and interviewed Matilda's player Heather Garriock as part of the event.Over 120 guests enjoyed a fantastic meal at the newly opened function area of the Western Grandstand before a very entertaining game between the Matilda's and the Ferns.

Launch of Triathlon Program

The Illawarra Academy of Sport introduced the sport of triathlon into the Academy in 2012.

The launch of the triathlon program was attended by Olympic bronze medallist Erin Densham as well as representatives from Triathlon NSW and Triathlon Australia. Head Coach and world sprint triathlon champion, Nathan Miller is working with the inaugural triathlon squad which comprises seven athletes from across the Illawarra.



PAST ACADEMY ATHLETES 2012 ACHIEVEMENTS

Sport	Athlete	Event	Achievement
Rowing	David Smith	2012 London Olympic Games	1st (K4 1000m)
	David Smith	2012 National Championships	1st (K4 200m)
	David Smith	2012 Oceania Championships	9th (K1 200m)
Hockey	Kieran Govers	2012 London Olympic Games	Bronze Medal
	Kieran Govers	2012 International Series (v Germany)	Won
	Kieran Govers	2012 International Series (v Belgium)	Won
	Kieran Govers	2012 London Invitational Olympic Test event	Silver Medal
	Kieran Govers	2012 International Series (v Japan)	Won
	Kieran Govers	2012 International Series (v China)	Won
	Kieran Govers	2012 Three Nations	Won
	Kieran Govers	2012 Champions Trophy	Gold Medal
	Kieran Govers	2013 Indian Hockey League	Selected
	Tristan White	Australian Kookaburras	Selected
	Tristan White	2012 Champions Trophy	Gold Medal
	Simon Beaton	2012 NSW Men's Indoor Hockey Team	Selected
	Kurt Ogilvie	2012 NSW Men's AHL Team	Selected
	Flynn Ogilvie	2012 NSW U21 Men's Team	Selected
	Fylnn Ogilvie	2012 NSW Men's AHL Team	Selected
	Lyndal Ogilvie	2012 NSW Women's Indoor Hockey Team	Selected
	Emma Cobbin	2012 NSW Arrows AHL Team	Selected
	Emma Cobbin (MacLeish)	2012 NSW Women's Indoor Hockey Team	Selected
	Kyah Gary	2012 NSW Women's Indoor Hockey Team	Selected
	Tegan Richards	2012 NSW U21 Women's Team	Selected
Rugby Union	Dan Palmer	Super 15 Competition	ACT Brumbies
	Dan Palmer	Australian Wallabies v Scotland	Selected
Soccer	LukeWiltshire	Russian Premier League	Dynamo Moscow
	Luke Wiltshire	Australian National Team	Selected
	Brendan Santalab	China National League	Chongqing Lifan
Rugby League	Josh Morris	NRL Competition – Sydney Bulldogs	Grand finalist
	Josh Morris	Australian Kangaroos	Selected
	Brett Stewart	NRL Competition – Manly Sea Eagles	Selected
	Brett Stewart	NSW Origin Team	Selected
	Brett Stewart	Australian Kangaroos	Selected
	Mitch Rein	NRL Competition – St George Illawarra Dragons	Selected
	Mitch Rein	Emerging Blues	Selected
	Kane Linnett	NRL Competition – North Queensland Cowboys	Selected
	Luke Bailey	NRL Competition – Gold Coast Titans	Selected
	Keith Leilua	UK Super League – Bradford Bulls	Selected
	Luke O'Donnell	UK Super League – Hubbersfield Giants	Selected
	Luke Pattern	UK Super League – Salford City Reds	Selected

PAST ACADEMY ATHLETES 2012 ACHIEVEMENTS

Cycling	Rachelle Gilmore	Jayco Bay Classic	3rd (Stage 1)
	Scott Law	Australian Road National Championships	1st U23 Criterium
	Jackson Law	Australian Road National Championships	5th U23 Criterium
	Jackson Law	Australian Track National Championships	2nd U23 Points Race
	Caleb Ewan	Australian Road National Championships	1st U19 Time Trial
	Caleb Ewan	Australian Road National Championships	2nd U19 Road Race
	Caleb Ewan	Australian Road National Championships	2nd U19 Criterium
	Caleb Ewan	Mitchelton Bay Classic	1st Overall
	Caleb Ewan	Jayco Bay Classic	1st (stage 2)
	Caleb Ewan	Jayco Bay Classic	1st (stage 4)
	Caleb Ewan	Oceania Track Championships	2nd Ind. Pursuit
	Caleb Ewan	Australian Track National Championships	2nd U19 Points Race
	Caleb Ewan	Australian Track National Championships	2nd U19 Madison
Swimming	Caleb Ewan	Australian Track National Championships	3rd U19 Scratch Race
	Caleb Ewan	Oceania Track Championships	3rd 15km Scratch Race
	Scott Law	Australian Road National Championships	1st U23 Criterium
	Bradley Heffernan	2012 NSW JM17 Team	Selected
	Bradley Heffernan	2012 Australian Junior Track Championships	Silver Medal – JM17
	David McKeon	2012 London Olympic Games (400m / 4x200m)	Selected
	David McKeon	2012 National Championships	1st 400m Freestyle
	David McKeon	2012 National Championships	3rd 200m Freestyle
	Jarrood Poort	2012 London Olympic Games (1500m)	Selected
	Jarrood Poort	2012 National Championships	1st 1500m Freestyle
	Jarrood Poort	2012 National Championships	2nd 800m Freestyle
	Jarrood Poort	2012 Oceania Championships	1st 1500m Freestyle
	Jarrood Poort	2012 National Championships	1st 5km Open Water
Golf	Jarrood Poort	2012 National Championships	3rd 10km Open Water
	Emma McKeon	2012 National Championships	Finalist
	Robert Hurley	2012 World Short Course Championships	1st 50m Freestyle
Cricket	Lincoln Tighe	Professional Golfer	
	Jordan Zunic	St Andrews Links Trophy	6th Overall
	Jordan Zunic	Australian Team	Selected
Cricket	Jordan Zunic	Jaun Carlos Tailhade Cup	1st in Team Event
	Brett Lee	Australian ODI Team	Selected
	Brett Lee	Big Bash T20 – Sydney Sixers	Selected
	Phil Jaques	County Cricket – Yorkshire	Selected
	Nic Maddison	NSW Blues Contracted	Selected
	Nic Maddison	Big Bash T20 – Sydney Sixers	Selected
	Adam Zampa	NSW Blues Contracted	Selected
	Adam Zampa	Big Bash T20 – Sydney Thunders	Selected
	Will Sheridan	Melbourne Renegades	Selected

PAST ACADEMY ATHLETES 2012 ACHIEVEMENTS

Lawn Bowls	Leif Selby	2012 World Championships	Gold Medal – Singles
	Leif Selby	2012 World Championships	Silver Medal – Pairs
	Karen Murphy	2012 World Championships	Gold Medal – Singles
	Karen Murphy	2012 World Championships	Gold Medal – Pairs
	Karen Murphy	2012 International Championships	Gold Medal – Triples
	Karen Murphy	2012 International Championships	Silver Medal – Fours
	Karen Murphy	2012 International Championships	Gold Medal – Overall
	Karen Murphy	PBA Ladies World Match Play	Champion
	Karen Murphy	2012 Australian Indoor	Singles Champion
	Sarah Boddington	Australian Women’s Team	Selected
	Sean Mawdsley	2012 Australian Junior Male Bowler of the Year	Won
IAP	Sally Fitzgibbons	Nike US Open Surfing	3rd Overall
	Sally Fitzgibbons	Billabong Rio Pro	1st Overall
	Sally Fitzgibbons	Rip Curl Women’s Pro	1st Overall
	Sally Fitzgibbons	Hunter Ports Women’s Classic	1st Overall
	Sally Fitzgibbons	Roxy Pro	3rd Overall
	Sally Fitzgibbons	Australian Open	1st Overall
	Sarah Carli	Australian World Junior Championship Team	Selected
	Sarah Carli	Hunter Track Classic	3rd 400m Hurdles
	Sarah Carli	2012 Briggs Athletics Classic	3rd 400m Hurdles
	Sarah Carli	2012 Sydney Track Classic	5th 400m Hurdles
	Sarah Carli	2012 Australian Junior Championships	3rd 400m Hurdles
	Sarah Carli	2012 Qantas Melbourne Track Classic	4th 400m Hurdles
	Sarah Carli	2012 Victorian Junior Championships	1st 400m
	Sarah Carli	2012 Brisbane Track Classic	3rd 300m
	Abbie Taddeo	Australian World Junior Championship Team	Selected
	Abbie Taddeo	2012 Australian Senior National Titles	4th 100m Hurdles
	Abbie Taddeo	2012 Australian Junior Championships	2nd 100m Hurdles
	Abbie Taddeo	2012 Brisbane Track Classic	3rd 100m Hurdles
	Abbie Taddeo	2012 Victorian Junior Championships	2nd 100m Hurdles
Netball	Kaitlin Bryce	AIS Scholarship Holder	Selected
	Kaitlin Bryce	2012 Marj Groves Scholarship	Winner
	Kaitlin Bryce	NSW U17’s	Selected I Captain

Illawarra
Academy
of Sport
Programs

IAS – CRICKET PROGRAM REPORT 2012

The Illawarra Academy of Sport BlueScope Steel Cricket program commenced with the squads induction and fitness testing held at the University of Wollongong in May 2012. The program once again maintained its focus on athlete performance development including both skill training and education.

The program included a weekend training camp at Berry Sport & Recreation Complex which incorporated team bonding activities, educational seminars on Nutrition, Injury prevention & Management, Performance Psychology as well as skill specific presentations. Out on the oval the squad participated in a number of sport specific sessions including speed & agility, core stability as well as batting, bowling and throwing techniques which were analysed and evaluated.

Throughout the 2012 IAS Cricket Program athletes were provided both training on the physical and technical sides to Cricket. These included sessions on pre-hab exercises for bowlers, basic leg strength exercises, specific conditioning as well as technical sessions on batting, bowling and fielding.

The highlight of the program was the tour to the Bradman Museum and the Sydney Cricket Ground along with games against the Shoalhaven U/16's, Illawarra U/16's, Sydney Cricket Club and finally Bankstown Cricket club. The squad won 4 out of 5 matches with special mentions to batters Adam Ison, Luther Canute, Darren Mansfield & Brandon Booth while with the ball Tom Gibbs and Hayden Kerr also performed well.

At the completion of the program each cricketer was provided with a report highlighting areas requiring further development

The cricket program is supported by Bluesope Steel.

Program Snapshot

Ages:	14 – 16 years during scholarship
Squad:	16 Males
Program Year:	March - September (7 Months)
Key People:	Stephen Davies (Head Coach) Andrew Hicks (Assistant Coach) Matt Faint (Consultant Coach)
Highlights	
Tours:	Bradman Museum Sydney Cricket Ground
Camp:	3-day training camp at Berry Sport & Recreation Complex
Matches:	U/16's Shoalhaven (won) U/16's Illawarra (won) Sydney Cricket Club (won) Sydney Cricket Club (lost) Bankstown Cricket Club (won)
Athlete achievements:	
Matthew Panecasio	Australian U/16's Indoor Cricket Team
Aaryn Kornberger	NSW Academy U/15's Squad & Bradman Cup
Anthony Purdevski	NSW Academy U/15's Squad & Bradman Cup
Charlie Dummer	Kookaburra Cup

IAS – INDIVIDUAL ATHLETE PROGRAM REPORT 2012

2012 was the 9th year for the BlueScope Steel Individual Athlete Program (IAP).

The IAP was made up of 16 athletes from seven (7) different sports, including Tennis, Athletics, Mountain Bike, Skiing, Boccia, Running and Surf Life Saving.

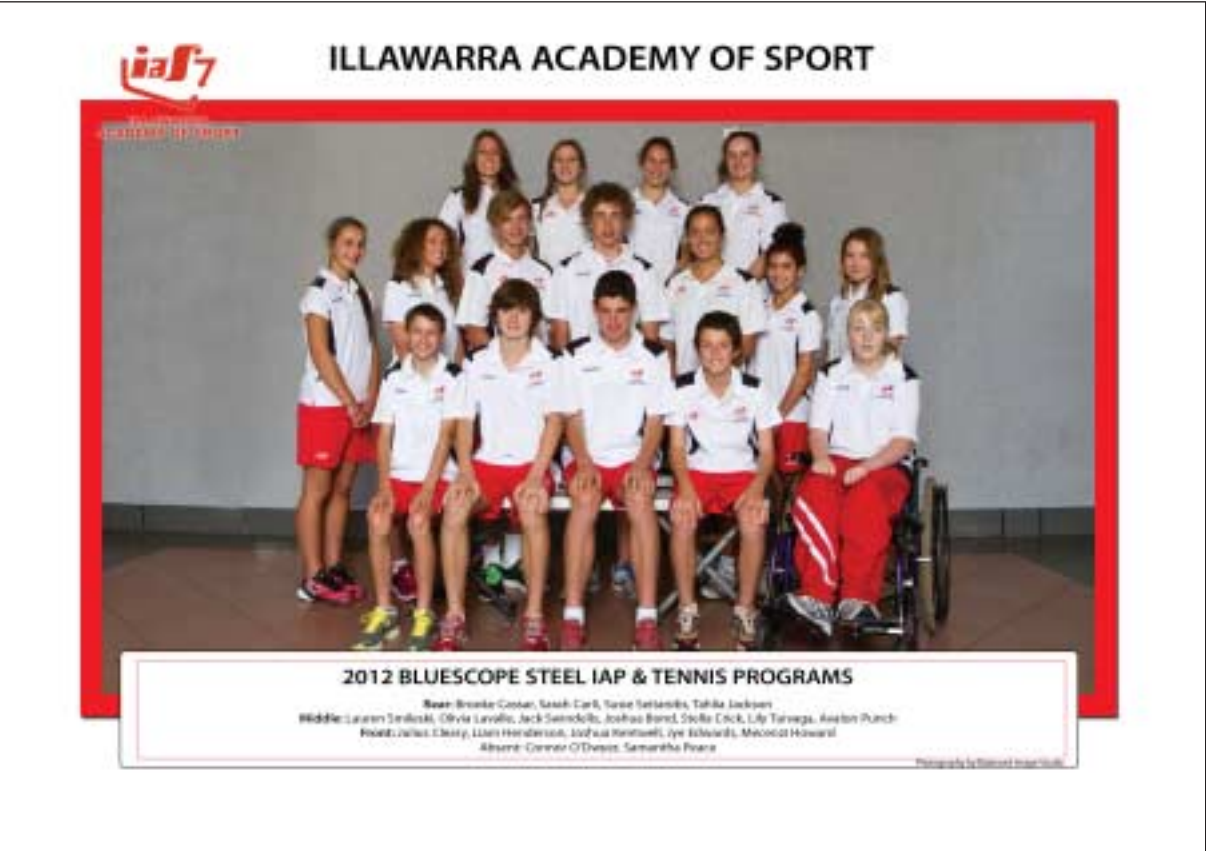
The program provided financial assistance, sport science and education sessions which were tailored to suit each individual and the demands of their sport.

Education sessions included performance psychology, time management, core strength, nutrition and public speaking.

This was the 9th year of sponsorship by BlueScope Steel and the IAS greatly values their contribution to the program.

Program Snapshot

Ages:	14 – 16 years during scholarship
Squad:	9 Females & 7 Males
Program Year:	October – September (11 months)
Key People:	Pasco Coppolaro (Co-ordinator)
Highlights	
Athlete achievements:	
Mecenzi Howard	Paralympic selection squad – Boccia
Susie Seitardis	Australian All Schools Champion – Athletics
Josh Kentwell	Australian Junior Championships – Athletics



The Academy appreciates the support and financial assistance from sponsor BlueScope Steel.

IAS – CYCLING PROGRAM REPORT 2012

The Cycling Squad has made considerable advances throughout the 2012 program. The 2012 team consisted of 9 riders with 4 progressing up an age division during the course of the scholarship period.

The 2012 IAS Cycling Program required athletes to attend two training sessions per/week with additional informal bunch rides scheduled throughout the yearly program. Additionally, athletes were also required to partake in an educational curriculum consisting of Nutrition, Performance Psychology, Media Training, Injury Management and Public Speaking.

IAS Cycling team competed in both the road race season and the track racing season with outstanding results.

In the road race season athletes competed in two day events in Wagga Wagga, Goulburn, Tamworth and Inverell while also competing at the NSW, Australian and Australian u/19's Junior Championships across the country.

The focus on the 2012 Track Race Season was the National Junior Track Series which required the team to travel to Sydney, Perth, Launceston, Adelaide and Melbourne. Athletes also competed in several additional major track events including Oceania, NSW and Australia Junior Track Championships.

Riders from the IAS Squad received 7 Gold Medals at Australian Junior Championships with Cameron Scott claiming Six(6) including two Australian records and Bridget Mullany One(1) also with an Australian Record. IAS team members also dominated the NSW Junior Championships with a total of 24 Gold Medals across both road and track events.

The IAS Cycling staff wishes to formally acknowledge and thank Cycling NSW as well as our sponsors; Raine & Horne Wollongong, Frank Soto & Associates, Hot Designs, Ben Mikic Foundation, NRMA Bowral & Katoomba, NPA, Bikesportz, Illawarra Cycle Club, iPRO Cycling and Ben Kersten for their continued support.

Program Snapshot

Ages:	12 – 17 years during scholarship
Squad:	9 Athletes (5 males 4 females)
Program Year:	March – February (11 months)
Key People:	Wal Mullany (Head Coach) Greg Scott (Assistant Coach) Joshua Kersten (Manager)
Highlights	
Tours:	Training Camp – Canberra
Athlete achievements:	
Cameron Scott	Australian Junior Track & Road Championships – Six (6) Gold Medals NSW Junior Track & Road Championships – Seven (7) Gold Medals Australian Record JM15 ITT – Melbourne 2012
Bridget Mullany	Australian Junior Track & Road Championships – One (1) Gold Medal NSW Junior Track & Road Championships – Six (6) Gold Medals Australian Record JW17 Team Pursuit – Melbourne 2012
Natasha Mullany	Australian Junior Road Championships – One (1) Silver Medal NSW Junior Track & Road Championships – Five (5) Gold Medals
Lara Batkin	NSW Track Team Selection
Mitchell Wright	NSW Junior Road Championships – Three (3) Gold Medals





2012 CYCLING PROGRAM

Rear: Greg Scott (Assistant Coach), Matthew Pignatelli, Cameron Scott, Jaiden Fullerton-Harvey, Ella Scanlon-Bloor, Wal Mullany (Coach).

Front: Lachlan Scott, Bridget Mullany, Lara Batkin, Natasha Mullany, Mitchell Wright.

Photography by Robson Image Studio

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ILLAWARRA CYCLE CLUB

The home of Cycle Racing in the Illawarra









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IAS – GOLF PROGRAM REPORT 2012

The 2012 IAS Golf Program again focused on the holistic development of the athlete with skill development, competition strategy development and a performance education curriculum.

The squad regularly trained Saturday afternoons from 2:30pm – 4:30pm. These sessions involved both skill development training and educational sessions and maintained an emphasis on practical involvement based upon the principles gained through the theory sessions. This was particularly so with sports psychology, with John Crampton involved on the driving range at Windang applying integrated principles gained through his wealth of reading and practical involvement.

To reduce the financial impost upon parents of squad members, a decision was made to raise funds through a golf day. In 2012 the day was hosted at the Kiama Golf Club with management supporting the event along with sponsors and parents. A special thank you is made to the mentioned parties, the coaching staff along with the staff of the Academy who worked together to exceed financial targets.

The IAS Golf Program would like to thank Jack Newton Junior Golf, the IAS Board and Staff, the parents and of course the athletes for their dedication and commitment to the program.

Program Snapshot

Ages:	14 – 17 years during scholarship
Squad:	10 Athletes (9 males 1 female)
Program Year:	May – December (8 months)
Key People:	Richard Jumrukovski (Head Coach)
	Greg Drummond (Squad Coach)
	Ralph Steveson (Manager)
Highlights	
Tours:	Macarthur Junior Classic, South Coast Junior Masters at Bateman's Bay, the Brett Ogle Junior Masters at Goulburn and the ClubsNSW Academy Games.
Athlete achievements:	
Jack Kessell	Won the South Coast Jack Newton Jnr Shield.
	Runner up in State Jack Newton Jnr Shield
Connor Bond	Won the Moss Vale Jnr Open, Macarthur Jnr Masters, Champions Trophy
	Unofficial course record at Kiama Golf Club (-4)

IAS – HOCKEY PROGRAM REPORT 2012

The 2012 Hockey program consisted of a male and female squad. Both squads underwent regular training and education sessions alternating between Albion Park, Unanderra, Mittagong, the University of Wollongong and for the first time the new Nowra complex.

There were a number of specialist sessions including strapping and injury management, nutrition and hydration, performance psychology and water recovery sessions. This year, training sessions focused on a range of core skills and also included creating space, game sense, goal scoring and regular fitness assessments.

The squads had a series of home and away matches against South West Sydney Academy of Sport, which allowed the athletes to practice the skills and concepts learnt, as well as work on team formations and patterns of play.

The highlight of the program was the annual ClubsNSW Academy Games in Wollongong. Whilst results are not a key focus of this event, the boys and girls squads both performed at a high level, with many athletes displaying the improvement they have made in their time at the academy.

As has been the case for a number of years, a number of athletes were selected for a variety of different NSW and Australian teams, both for field and indoor hockey. As well as this several of our current and past athletes are current NSWIS scholarship holders.

Program Snapshot

Ages:	15 – 17 years during scholarship
Squad:	33 Athletes (17 males 16 females)
Program Year:	October – October (12 months)
Key People:	Melissa Davis (Head Coach)
	Emma Cobbin (Coach)
	Craig Nealon (Coach)
	Matthew Davis (Coach)
	Glen Tomlin (Coach)
	Ernie Betts (Manager)
Highlights	
Tours:	ClubsNSW Academy Games – Wollongong (April 2012)
Athlete achievements:	
Blake Govers	Australian U21's
Mikaela Patterson	Australian Futures Squad
Paul Counsell	Australian U17's All Schools Team
Grace Stewart	Australian U16's All Schools Team



The Academy appreciates the support and financial assistance from the Illawarra District Golf Association and the Jack Newton Junior Golf Foundation.



The Academy appreciates the support and financial assistance from Hockey NSW, NSWIS, as well as Associations across the region: Illawarra, Shoalhaven, Southern Highlands and South Coast.

IAS – LAWN BOWLS PROGRAM REPORT 2012

The Lawn Bowls program under the guidance of World Cup gold medallist Leif Selby, once again focused on the development of the entire athlete with the inclusion of practical skills sessions, competitions and performance education all part of the scholarships program.

The squad trained at the Warilla Bowls & Recreation Club on a monthly bases as well as attending several education sessions during the year including Nutrition, Public Speaking, Injury Prevention and Management, Performance Psychology as well as Time management.

The IAS Lawn Bowls Squad had eight (8) athletes eligible to play in the annual City v Country match which also doubled as the trials for the 2013 NSW Junior Team. It was an outstanding result for the IAS with all Eight (8) athletes selected for the NSW team.



All the IAS Lawn Bowls squad is greatly appreciative to the support of the IAS Staff, Sponsors and all the educational consultants who contributed to the delivery of the program.

The IAS Lawn Bowls squad would like to acknowledge and thank Warilla Bowls & Recreation Club for their continued support of the program and we look forward to a continued partnership moving forward. The program is also well supported by Bowls NSW, Zone 16 and Zone 7 Bowls Association (South Coast District).

During the year IAS Lawn Bowls Head Coach Leif Selby won the blue ribbon event of World Bowls, the World Singles title to again be ranked No. 1 in the World, Leif is also an IAS graduate having held a scholarship in 1990. Another member of that 1990 squad Karen Murphy also won the Ladies World singles title, a great achievement for the Academies former members.

Program Snapshot

Ages:	14 – 18 years during scholarship
Squad:	12 Athletes (5 male I 7 female)
Program Year:	May – May (12 months)
Key People:	Leif Selby (Head Coach) Neil Bayo (Manager)
Highlights	
Athlete achievements:	
Natalie Noronha	NSW Junior Female Bowler of the Year Australian Junior Squad Australian Junior Championships – Gold medal (triples)
Samantha Noronha	Australian Junior Squad Australian Junior Championships – Gold Medal (triples)
Dylan Skinner	Australian Junior Squad Australian Junior Championships – Silver Medal (singles)
Jessica Evans	NSW U25 Ladies Team



The Academy appreciates the support and financial assistance from Royal NSW Bowls Association, Zone 16 Bowls, South Coast District Bowls, Southern Tablelands Bowls and sponsor Warilla Bowls & Recreation Club.



IAS – NETBALL PROGRAM REPORT 2012

The Netball Squad has made considerable advances throughout the 2012 program. With a considerable number of players staying for a second year players showed both individual and team development over the year.

Practice competitions that the squad entered over the year were very successful. The team were exceptionally strong in the Inter Academy Competition held in Canberra in March and then followed this on at the Academy Games with again excellent successes.

Players showed that they had the ability to continually challenge other teams and put into play new technical and tactical aspects previously unopposed. It was also excellent to note that squad members not participating attended to not only support their academy mates but to also improve their own skills by watching games, listening to coaches and being part of warm up sessions to improve their knowledge of aspects of play.

Twelve players were selected from the Illawarra region to attend the Under 15 Talented players weekend and from here four players were selected into the 2012 NSW under 15 Talented Camp.

The NSW Netball 17-and-under State Team selections were held over three weekends with 190 players nominated to trial. Six players from the IAS progressed to the 3rd phase of selection and into the last 30 before the final 12 member team were selected.



The NSW Netball 19-and-under State Team selections were held over two weekends with a total of 80 players in attendance. Again it was pleasing to see several IAS athletes’ progress through to the phases of selection.

Each player who attended the trails can be very proud of their efforts as can be their club and association coaches. Well done to all coaches and the players.

The Academy program is greatly appreciative of the work and support gained through the University’s fitness personnel and all educators that the squad was privileged to work with. Each individual was highly professional in their manner and reinforced the holistic approach to the development of the athlete that the academy strives for.

From such involvement the players were exposed to resources and knowledge that has supported them in their individual development.

The academy netball staff wishes to formally acknowledge all club and association coaches for their work with all their team players, but specifically all academy members. Without the great support from all levels players are not able to fully develop into the elite athlete that they can be.

Program Snapshot

Ages:	15 – 18 years during scholarship
Squad:	23 Athletes
Program Year:	October – October (12 months)
Key People:	Vicki Jansen (Head Coach) Regan Tweddle (Assistant Coach) Margaret Corbett (Mentor Coach) Jan Godfrey (Manager) Debbie Bentley (Manager)
Highlights	
Tours:	Inter-Academy Challenge – AIS Canberra
	NIB Games – Maitland
	ClubsNSW Academy Games – Wollongong
Athlete achievements:	
Laura Ducie	Waratahs Cup Netball Squad
Kimberly Murchie	NSW u/16 Indoor Netball Team



The Academy appreciates the support and financial assistance from Netball NSW and Netball Associations across the region: Illawarra, Shoalhaven, Kiama, Ulladulla and Southern Highlands.



IAS – RUGBY UNION PROGRAM REPORT 2012

The 2012 Rugby Union Program was conducted between October 2011 and April 2012. The Program kicked off with trial sessions at the University of Wollongong where athletes were evaluated and a squad eventually selected.

The squad attended training sessions until Christmas and concentrated on building core skills and increasing their strength and fitness. After the Christmas break, the squad came back together and increased their skill level through intensive skill based training sessions.

The Head Coach, Jay Tregonning, along with the Squad Coaches, Tony Leeder-Smith and Norm Buchanan, were assisted throughout the program Allan Barry as manager as well as Sean Barrett and the Australian Rugby Union High Performance Unit Coaching Staff.

The program culminated with the squad competing in the Clubs NSW Academy games in Wollongong, where the squad was put through a training session with the Australian Rugby Union High Performance Unit Coaching Staff including Wallabies Scrum Coach Patricio Noriega and a visit from the Wallabies Coach Robbie Deans. The players from all 8 Academy squads were put through their paces by ARU HPU coaches and the skills focused on position specifics development, unit work and off-field athletic development.

The squad then played in a one-day Rugby Sevens competition and on the final day, played against other Academy squads in 15 a side format games.

This Camp led straight into the NSW Country Juniors Championship and gave the players a great stepping stone to further enhance their skills and development.

The IAS would like to thank the Illawarra District Rugby Union and Australian Rugby Union for their continued support of the program.

Program Snapshot

Ages:	15 – 16 years during scholarship	
Squad:	27 Athletes	
Program Year:	October – October (12 months)	
Key People:	Jay Tregonning (Head Coach)	
	Norm Buchanan (Coach)	
	Tony Leeder-Smith (Coach)	
	Allan Barry (Squad Manager)	
	Sean Barrett (ARU Rep & Mentor Coach)	
Highlights		
Tours:	ClubsNSW Academy Games – Wollongong (April 2012)	
Athlete achievements:		
NSW Country	NSW Combined Catholic College (CCC)	NSW Juniors
Josh Noonan	Nathan Ford	Reece Hewat (u/15's)
Tommy Sawden	Brodie Ford	Brodie Ford (u/15's)
Kieran Bonin	Gareth Thomas	Tim Lewis (u/17's)
Tristan Green	Lachlan King	
Reece Hewat	Tristan Green	
Tim Lewis	Ryan Sorrell	
Harry Boyce		



The Academy appreciates the support and financial assistance from Illawarra District Rugby Union and Australian Rugby Union.



Athlete Achievements

ILLAWARRA ACADEMY OF SPORT ATHLETE AWARDS 2012

Athlete of the Year Awards

The Academy annually recognises a sport athlete in each of its sports programs.

The Tobin Family Award

The Illawarra Academy of Sport, in 2002 created a new annual perpetual award which recognises excellence in junior sport in the Illawarra.

The Award, presented to the Illawarra Academy of Sport's Athlete of the Year, was named "The Tobin Family Award" in recognition of that family's contribution to sport in the Illawarra for more than sixty-five years.

The Tobin Family Award is given to the Academy athlete who, during the course of their scholarship, displays an exceptional level of sports performance, a commendable attitude to competition, persistent dedication to learning and strong community support. All Academy sports program athletes are eligible for the award.

2012 is the eleventh year the award has been presented.

The recipient of the Award receives a trophy and a \$5,000 scholarship to assist their further development in sport.

Past recipients include Rebecca Borgo (2002, Cycling), Anita Cowley (2003, Freestyle Canoe), Kieran Govers (2004, Hockey), Amiel Cavalier (2005, Mountain Bike), Sally Fitzgibbons (2006 & 2007, Surfing), Ryan Gregson (2008, Athletics), Jackson Law (2009, Cycling), Emma McKeon (2010, Swimming) and Sarah Carli (2011, Athletics).

The Tobin Family Award is sponsored by the Illawarra Mercury.

The Vic Burrows Memorial Award

In 2009, the Academy introduced the Vic Burrows Memorial Award. Vic was the founding co-ordinator of the golf program and devoted 10 years to ensuring the program was a success for aspiring young golfers of the region. The Award is supported by the Illawarra District Golf Association with a scholarship of \$500.

The recipient in 2011 was Travis Smyth.



Blake Govers – Winner of Tobin Family Award 2012



Blake has achieved and competes at an exceptional level for someone of his age. He has been selected in NSW and Australian Squads and teams in age groups up to five years his senior. His selection as one of the youngest players in National Junior Squad makes him a targeted player for future Kookaburra's selection. He performed exceptionally at the Sultan of Johor International Series where he excelled for the Australian U21 team and was named as the highest goal scorer of the tournament. Blake's understanding of the game is exceptional; he frequently assists others to help them understand concepts. Blake is a competitive person who always competes to the best of his ability. Blake's achievements are amazing for someone of this age. He is an exciting player who is only going to make improvements as he continues to gain strength, speed and maturity.



ILLAWARRA ACADEMY OF SPORT ATHLETE AWARDS 2012 *CONTINUED*



Cricket Adam Ison

Adam was selected in Bradman Cup Selection he played 2nd grade and was the highest run scorer at IAS Games and southern zone representative cricket and scored a century in Representative Cricket. Adam is a valued squad member who gets on with everyone. His

attendance, punctuality and sportsmanship were excellent. Adams result proved that he worked hard during and after the IAS program, he has the ability to apply advice given to improve his game.



Cycling Cameron Scott

Cameron's achievements in 2012 include: two Australian track cycling records (time trial and 200m fly), winning seven of the eight Australian cycling titles, champion of champions at 2012 Australian junior track championships. This represents the highest level of

achievement of any Junior male 15 cyclist. Cameron has attended all IAS training and educational sessions. He is exemplary in his conduct in all aspects of sport and life in general. Cameron has attended all NSW Tours and Track opens. Cameron is always seeking opportunity to increase his skills and capability. Cameron is a quiet unassuming young man who has worked hard to achieve his goals in cycling. He has a clear vision of reaching the highest level in cycling and this is matched by relentless determination, complimented by a balanced and courteous disposition.



Golf Connor Bond

Connor has received some outstanding result this year including; 1st Place Moss Vale Junior Open, 1st Place Macarthur Junior Masters – Age Champion 15years over, invited to play at the lakes and the Australian Golf

courses, made the cut at the stage age tournament. Connor was an exemplar for the squad and displayed commitment at all levels of events particularly in Jack Newton Masters events where competition was exceptional for his age group. Connor was most influential upon team mates in terms of his achievements and quiet approach to achieving higher levels based upon team and coach teaching. Connor had a level of maturity which was promoted by the coach and manager as a quality which could be relied upon to achieve positive outcomes which he did achieve.



Hockey - Female Mikaela Patterson

Mikaela is competing at the highest level in Australia for both her age group and the age group above. Her selection in the Australian U16 All schools team puts her in the top 16 players in her age group in Australia. Her selection as in the Australian Futures squad makes her

a targeted player for future Hockeyroo's selection.

Mikaela attended all sessions and games during the scholarship period. She has an excellent attitude and is always an honest and fair competitor who displays great respect for her teammates, competitors and officials during competitions.

Mikaela is a real professional when it comes to competitions, she ensures that she (and the team) are adequately prepared for games; including but not limited to warm up, nutrition and understanding games plans and strategies.

Mikaela has worked consistently this year, both at academy training sessions and through individual training. Her hard work has been rewarded with selection in the Australian team, with her selection in the Australian Futures Squad making her a targeted player for future Hockeyroo's selection.



Hockey - Male Paul Counsell

Paul's selection in the Australian U17 All schools team puts him in the top 16 players for his age in Australia. He was also a young member of the U18 team, who won the National Championship.

Paul attended all sessions and games during the scholarship period. He always represented the academy with pride. He has a great attitude and always displays great respect for teammates competitors and officials.

He is a dedicated athlete who always listens and is actively involved in all aspects of training, including education sessions. His willingness to learn is highlighted by him being an active participant in discussions about strategies relevant to the game.

He always listens to coaches and tries his best to implement suggestions to play or techniques. Out of squad training, Paul is a very dedicated student and player who manages his time well between hockey training and games, individual training and school work.

Throughout his three years in the academy we have seen Paul go from strength to strength. During his final year he has not only been extremely successful with the teams and squads that he has been selected in and the tournaments that he has played in, but has also proven to be a role model for the younger players in the squad.

ILLAWARRA ACADEMY OF SPORT ATHLETE AWARDS 2012 *CONTINUED*



IAP (Boccia) Mecenzi Howard

Mecenzi's achievements in 2012 include: bronze in the 2012 NSW State Titles, silver in the team event at the 2012 national titles, selected in the Paralympics preparation junior squad, gold in the 2012 junior titles, selection in the Paralympics Preparation Senior

Squad and selection in the 2013 NSW Representative Team for the 2013 Nationals. These results are an exceptional level of performance in boccia because Mecenzi has reached the highest level she possibly can in her sport at this stage. Mecenzi is now training to get to the next level which is competing in the 2016 Paralympics. Mecenzi attends all Academy events and sessions. Mecenzi competes regularly and teaches boccia, Mecenzi trains 7 days a week. Mecenzi has sacrificed a lot to be on the Australian Team, NSW Squad and Junior Squads, however she has made these choices as she believes in her sport and enjoys being a part of this amazing community. Mecenzi helps coach club members and is an inspiration to them – showing them that with a little hard work and dedication, they too can go far with this sport. Mecenzi is also the team captain in inter club competitions – where Boccia Illawarra players travel around NSW to play the sport.



Lawn Bowls Natalie Noronha

Natalie was selected in National Australian squad, NSW State squad- NSW Junior female bowler of 2012, winner of Gold and Silver medal at National championship. Natalie played in all state events. She attended many tournaments and was always willing to train and play with new junior bowlers. Natalie was named joint NSW junior female bowler of the year

2012. Natalie assists with the coaching of new bowlers and assists with coaching of school sport days. She has her own sponsors whom she reports to monthly. Natalie's ability has been recognised by the Illawarra Senior Ladies by selecting her in the senior ladies Illawarra team.



Netball Emily Osborne

Emily's achievements include representative Illawarra, state league, night inter-district, state Championships, NSW Combined high schools – south coast representative. Emily has achieved the highest level any netball player

can achieve in under age competition. Emily is an exceptional squad member; she is a leader by example. She is fiercely competitive but always holds the ethics of the game in the highest regard. She is continually supportive of her team mates, her coaches and support staff. Emily readily puts into practice and plays all coaching advice and is always looking for to improve. She is an excellent team player.



Rugby Union Tim Lewis

Tim Lewis represented Illawarra 17's, NSW Country 17's, ISA First XV and NSWRU Under 17's. He was part of the NSW team that beat ACTRU, QLDRU to become National Champions. Even though Tim has been a good player for a number of years he has always

tried to remain on top of his skill development. He has always challenged himself to become a better player and has set his goals each year. Tim has always been a leader in his age group, through work ethic, skill development and attitude.



SCHOLARSHIP HOLDERS 2012

Cricket

Brandon Booth	Bradley Ison	Darren Mansfield
Luther Canute	Adam Ison	Matthew Panecasio
Jarryd Clancy	Nathaniel Jones	Anthony Purdevski
Charlie Dummer	Hayden Kerr	Raman Wadhwa
Thomas Gibbs	Aaryn Karl Kornberger	
Nathan Hore	Dale Lovatt	

Cycling

Lara Batkin	Bridget Mullany	Cameron Scott
Jaiden Fullerton-Harvey	Matthew Pignatelli	Lachlan Scott
Natasha Mullany	Ella Scanlan-Bloor	Mitchell Wright

Golf

Chase Boreland	David Woodall	Daniel Davies
Thomas Punnet	Jack Kessell	Natika Dunn
Connor Bond	Jamie Krzyszczak	
Darcy Bond	Rhett Makin	

Hockey - Female

Lilli Bennett	Emma McCurry	Grace Stewart
Holly Furphy	Mikaela Patterson	Rowenn Turvey
Sarah Gilmore	Tiarne Petrovich	Riley Wishart
Katie Hayes	Kiarna Sherry	Bella Worner Butcher
Kiarra Marsh	Maudie Skyring	
Keeleigh McCauley	Riley Smith	

Hockey - Male

Brady Anderson	Samuel Donovan	Joshua Mayo
Wesley Bollinger	Timothy Eringa	Brock McCracken
Paul Counsell	Blake Govers	Colin Menzies
Peter Cowan	Brent Hogg	Daniel Olsen
Alexzander Crawford	Max Hughes	Jack Rowe
Sean Cross	Callum Mayo	

Individual Athlete Program

Joshua Bond	Mecenzi Howard	Avalon Punch
Sarah Carli	Tahlia Jackson	Susie Seitaridis
Brooke Cassar	Joshua Kentwell	Lauren Smileski
Julius Cleary	Olivia Lavalle	Jack Swindells
Jye Edwards	Connor O'Dwyer	
Liam Henderson	Samantha Peace	

Lawn Bowls

Dylan Skinner	Jessica Hili	Natalie Noronha
Taylor Davis	Jessica Evans	Lauren Shaw
Danyon Christie	Cody Boothman	Brooke Johnston
Jesse Godfrey	Samantha Noronha	

Netball

Ella Brennan	Casie Hoddle	Jazmin Tweddle - O'Donnell
Annabel Bretag	Rachel Lyon	Michaela Valesic
Alissa Briggs	Ainsley Midgley	Braiya White
Alex Cassidy	Kimberley Murchie	Caitlin Williams
Claire Chapman	Siobhan O'Brien	Katelyn Wilson
Erin Chard	Emily Osborne	Jamie Woodard
Laura Ducie	Sophie Schetor	
Molly Dugan	Phoebe Shirlow	

Rugby Union

Liam Antrobus	Tristan Green	Ethan Noonan
Jackson Bentley	Lachlan Hennessy	Joshua Noonan
Harry Boyce	Reece Hewat	Curtis Patton
Daniel Bunten	Ben Horton	Ben Rada
Jonathan Chapman	Daniel Hughes	Ben Ridgway
Lachlan Dash	Lachlan King	Tommy Sawden
Jesse Elliot	Tim Lewis	Justin Schmidt
Brodie Ford	Simiki Lufe	Ryan Sorrell
Nathan Ford	Stuart Mill	Gareth Thomas

SCHOLARSHIP HOLDERS BY SPORT AND REGION 2012

SPORT	WOLLONGONG	SHELLHARBOUR	KIAMA	SHOALHAVEN	WINGECARRIBEE	TOTAL
Cricket						
Male	2	3	1	7	3	16
Female						0
Cycling						
Male	1	1		2	2	6
Female	1		1		1	3
Golf						
Male		3	3	3		9
Female		1				1
Hockey						
Male	6	4	1	1	5	17
Female	3	4	7		2	16
Individual Athletes						
Male	6	1				7
Female	7	1		1		9
Lawn Bowls						
Male	2	2			1	5
Female		4		2		6
Netball	14		1	4	3	22
Rugby Union	13	5	2	3	4	27
SCG Totals	55	29	16	23	21	144



CURRENT SCHOLARSHIP HOLDERS - 2013

The Athletes listed below are part of the 2013 program year.

Cricket

Brandon Booth	Bradley Ison	Darren Mansfield
Luther Canute	Adam Ison	Matthew Panecasio
Jarryd Clancy	Nathaniel Jones	Anthony Purdevski
Charlie Dummer	Hayden Kerr	Raman Wadhwa
Thomas Gibbs	Aaryn Karl Kornberger	
Nathan Hore	Dale Lovatt	

Lawn Bowls

Danyon Christie	Lauren Shaw	Kayleigh Darlington
Taylor Davis	Dylan Skinner	Kurt Darlington
Jessica Hilli	Caitlin West	Courtney Sopher
Brooke Johnston	Jordan Taylor	Jayden Gebbie
Samantha Noronha	Jayden Tzortzis	Rylee Lawrence
Natalie Noronha	Bradley Field	

Cycling

Lara Batkin	Lachlan Scott	Matthew Pignatelli
Ella Scanlan-Bloor	Cameron Scott	Natasha Mullany
Jaiden Fullerton-Harvey	Mitchell Wright	Bridget Mullany

Golf

Darcy Bond	Stefanie Hall	Rhett Makin
Connor Bond	Jack Kessell	David Woodall
Chase Boreland	Jamie Krzyszczak	Danielle Vasquez

Hockey - Female

Lilli Bennett	Reagan Pabis	Riley Smith
Eliza Brennan	Mikaela Patterson	Grace Stewart
Chelsea Rose Ford	Tiarne Petrovich	Kristen Turvey
Carly Haddon	Jasmine Riley-Whitworth	Riley Wishart
Mikayla Kelly	Kiarna Sherry	Kelsey Wishart
Keeleigh McCauley	Maudie Skyring	

Hockey - Male

Josh Adams	Patrick Everett	Callum Mayo
Brady Anderson	Mitchell Galea	Colin Menzies
Wesley Bollinger	Blake Govers	Thomas Miotto
Peter Cowan	Max Hughes	Zac Nyrhinen
Sean Cross	Callum Mackay	Kieren Richards
Jack Donovan	Joshua Mayo	

Individual Athlete Program

Kayleigh Falconer	Joshua Kentwell	Lauren Smileski
Astel Gaviglia	Renee McBryde	Cassandra Smith
Sarah Gomes	Alexandra Parker	Daniel St George
Liam Henderson	Jamie Priestley	Kade Szakacs
Mecenzi Howard	Avalon Punch	Jarrold Twigg
Jayden Hutchinson	Jessica Rosskelly	

ATHLETE ACHIEVEMENTS 2012

Academy athletes achieved at all levels in 2012. The following lists athletic achievement in the 2012 calendar year for athletes on scholarship in that period.

INTERNATIONAL ACHIEVEMENTS

Athlete	Squad	Event Name	Achievement
Sarah Carli	Athletics	World Junior Championship Squad	Selected for Barcelona

AUSTRALIAN ACHIEVEMENTS

Athlete	Squad	Event Name	Achievement
Sarah Carli	Athletics	Australian Junior Championships	3rd- 400m Hurdles
Josh Kentwell	Athletics	Australian Junior Championships	2nd- U/17 1500m
Josh Kentwell	Athletics	Australian All Schools Track & Field	4th- U18 2000m Steeple Chase
Susie Seitaridis	Athletics	Australian Junior Championships U/16	1st- 200m & 5th 90m Hurdles
Susie Seitaridis	Athletics	Australian Combined Heptathlon Event	Silver Medal U/16
Susie Seitaridis	Athletics	Australian All Schools Championship	5th- 200m Hurdles
Mecenzi Howard	Boccia	National Titles Teams Event	Silver Medal
Mecenzi Howard	Boccia	Paralympic Preparation Senior & Junior Squad	Selected
Blake Govers	Hockey	National Junior Squad	Selected
Blake Govers	Hockey	Australian Futures Squad	Selected
Blake Govers	Hockey	Australian U/16 All Schools Team	Selected
Blake Govers	Hockey	Australian U/21 Team	Selected
Mikaela Patterson	Hockey	Australian Futures Squad	Selected
Mikaela Patterson	Hockey	Australian U/17 All Schools Team	Selected
Mikaela Patterson	Hockey	Australian U/16 All Schools Team	Selected
Paul Counsell	Hockey	Australian U/17 All Schools Team	Selected
Grace Stewart	Hockey	Australian U/16 All Schools Team	Selected
Samantha Noronha	Lawn Bowls	Australian Squad	Selected
Samantha Noronha	Lawn Bowls	Australian Championships	Silver Medal-U/18 Fours
Samantha Noronha	Lawn Bowls	Australian Championships	Gold Medal-U/18 Triples
Natalie Noronha	Lawn Bowls	Australian Squad	Selected
Natalie Noronha	Lawn Bowls	Australian Championships	Silver Medal-U/18 Fours
Natalie Noronha	Lawn Bowls	Australian Championships	Gold Medal-U/18 Triples
Joanne Shaw	Lawn Bowls	Australian Championships	U/18 Mixed Pair Semi Finalist
Tommy Sawden	Oz Tag	Australian U/16 team New Zealand Tour	Selected
Joshua Noonan	Rugby Union	Wallaby Gold Pathway Squad	Selected

The Illawarra Academy of Sport gratefully acknowledges the support of a number of local businesses and clubs. We thank them for their financial support or in-kind support in 2012.

ATHLETE ACHIEVEMENTS 2012 CONTINUED

AUSTRALIAN ACHIEVEMENTS CONTINUED

Avalon Punch	Surf Life Saving	Australian Surf Life Saving Championships	3rd-U/15 Beach Flags
Avalon Punch	Surf Life Saving	Australian Surf Life Saving Championships	1st-U/15 Beach Relay
Cameron Scott	Track Cycling	Australian Individual Pursuit Championship	1st
Cameron Scott	Track Cycling	Australian Sprint Championship 200m	1st- New Australian Record
Cameron Scott	Track Cycling	Australian 500m Time Trial Championship	1st- New Australian Record
Cameron Scott	Track Cycling	Australian Scratch Race Championship	2nd
Cameron Scott	Track Cycling	Australian Junior Championship	Champion of Champions
Cameron Scott	Track Cycling	National Junior Track Series	Winner
Cameron Scott	Road Cycling	Australian Junior Road Race Championship	1st
Cameron Scott	Road Cycling	Australian Junior Time Trial Championship	1st
Cameron Scott	Road Cycling	Australian Junior Criterium Championship	1st
Cameron Scott	Road Cycling	Australian National Hill Climb Championship	1st
Bridget Mullany	Track Cycling	Australian Junior Championships Team Pursuit	Gold & Record
Bridget Mullany	Road Cycling	Australian Junior Road Race Championship	Bronze
Bridget Mullany	Road Cycling	Australian Junior Criterium Championship	Bronze

STATE ACHIEVEMENTS

Athlete	Squad	Event Name	Achievement
Sarah Carli	Athletics	Victorian Junior Championships	1st-400m
Sarah Carli	Athletics	Brisbane Track Classic	3rd-300m
Sarah Carli	Athletics	QANTAS Melbourne Track Classic	4th-400m Hurdles
Susie Seitaridis	Athletics	NSW State Combined Heptathlon U/16	2nd
Susie Seitaridis	Athletics	NSW Club Championships	1st-800m Hurdles
Susie Seitaridis	Athletics	NSW Club Championships	1st-200m Hurdles
Susie Seitaridis	Athletics	NSW Junior Championships	1st-800m Hurdles
Susie Seitaridis	Athletics	NSW Junior Championships	1st-200m Hurdles
Susie Seitaridis	Athletics	NSW Junior Championships	2nd-Javelin
Susie Seitaridis	Athletics	NSW Little Athletics’ New State Record	Multi-Winner
Susie Seitaridis	Athletics	NSW Little Athletics Championship U/14	1st-80m Hurdles, State Record
Susie Seitaridis	Athletics	NSW Little Athletics Championship U/14	2nd-Javelin
Susie Seitaridis	Athletics	NSW Little Athletics Championship U/14	2nd-800m
Susie Seitaridis	Athletics	NSW Combined Catholic Colleges U/15	Age Champion
Susie Seitaridis	Athletics	NSW All Schools Championship	Gold-200m Hurdles
Susie Seitaridis	Athletics	NSW All Schools Championship	Silver-800m
Josh Kentwell	Athletics	NSW Junior Championships U/18	2nd-1500m
Josh Kentwell	Athletics	NSW Country Championships U/16	1st-3000m,1500m,800m,400m
Josh Kentwell	Athletics	NSW Country Championships U/16	1st-400m Hurdles
Josh Kentwell	Athletics	NSW Country Championships U/16	1st-2000m Steeple Chase
Josh Kentwell	Athletics	NSW Little Athletics Championship U/17	1st-3000m,1500m
Josh Kentwell	Athletics	NSW All Schools Track & Field U/17	1st-2000m Steeple Chase
Josh Kentwell	Athletics	NSW All Schools Track & Field U/17	2nd-1500m

ATHLETE ACHIEVEMENTS 2012 CONTINUED

STATE ACHIEVEMENTS CONTINUED

Mecenzi Howard	Boccia	NSW State Titles	Bronze
Mecenzi Howard	Boccia	NSW Junior Titles	Gold
Connor Bond	Golf	State Age Tournament	Made the Cut
Blake Govers	Hockey	NSW Institute of Sport	Scholarship Holder
Blake Govers	Hockey	NSW U/21 Team	Selected
Blake Govers	Hockey	NSW U/18 Team	Selected
Blake Govers	Hockey	NSW Country U/17 Team	Selected
Blake Govers	Hockey	NSW U/16 All Schools Team	Selected
Blake Govers	Hockey	NSW U/21 Indoor Team	Selected
Blake Govers	Hockey	NSW U/18 Indoor Team	Selected
Mikaela Patterson	Hockey	NSW Institute of Sport	Scholarship Holder
Mikaela Patterson	Hockey	NSW U/18 Team	Selected
Mikaela Patterson	Hockey	NSW Country U/17 Team	Selected
Mikaela Patterson	Hockey	NSW U/16 All Schools Team	Selected
Mikaela Patterson	Hockey	NSW U/18 Indoor Team	Selected
Paul Counsell	Hockey	NSW Institute of Sport Emerging Talent Squad	Scholarship Holder
Paul Counsell	Hockey	NSW U/18 Team	Selected
Paul Counsell	Hockey	NSW Country U/17 Team	Selected
Paul Counsell	Hockey	NSW Combined High School Open Team	Selected
Riley Smith	Hockey	NSW Institute of Sport Emerging Talent Squad	Scholarship Holder
Riley Smith	Hockey	NSW U/15 Team	Selected
Riley Smith	Hockey	NSW Country U/15 Team	Selected
Riley Smith	Hockey	NSW U/16 All Schools Team	Selected
Riley Smith	Hockey	NSW All Schools Open Merit Team	Selected
Riley Smith	Hockey	NSW Combined Catholic Colleges Open Team	Selected
Riley Smith	Hockey	NSW Combined Catholic Colleges U/16 Team	Selected
Riley Smith	Hockey	NSW U/15 Indoor Team	Selected
Grace Stewart	Hockey	NSW Institute of Sport Emerging Talent Squad	Selected
Grace Stewart	Hockey	NSW U/15 Team	Selected
Grace Stewart	Hockey	NSW Country U/15 Team	Selected
Grace Stewart	Hockey	NSW U/16 All Schools Team	Selected
Grace Stewart	Hockey	NSW U/15 Indoor Team	Selected
Joshua Mayo	Hockey	NSW Country U/15 Team	Selected
Joshua Mayo	Hockey	NSW U/15 Indoor Team	Selected
Joshua Mayo	Hockey	NSW U/15 Team	Selected
Riley Wishart	Hockey	NSW Country U/15 Team	Selected
Riley Wishart	Hockey	NSW U/15 Indoor Team	Selected
Riley Wishart	Hockey	NSW U/15 Team	Selected

ATHLETE ACHIEVEMENTS 2012 CONTINUED

STATE ACHIEVEMENTS CONTINUED

Brady Anderson	Hockey	NSW U/15 Development Team	Selected
Brady Anderson	Hockey	NSW Country U/15 Team	Selected
Brady Anderson	Hockey	NSW U/15 Squad	Selected
Keeleigh McCauley	Hockey	NSW U/15 Development Team	Selected
Keeleigh McCauley	Hockey	NSW U/15 Squad	Selected
Brock McCracken	Hockey	NSW Country U/17 Team	Selected
Brock McCracken	Hockey	NSW Combined High Schools U/18 Outdoor	Selected
Jack Rowe	Hockey	NSW Country U/17 Team	Selected
Kiarra Marsh	Hockey	NSW Country U/17 Team	Selected
Kiarra Marsh	Hockey	NSW Combined High School Open Team	Selected
Bella Warner-Butcher	Hockey	NSW Country U/17 Team	Selected
Bella Warner-Butcher	Hockey	NSW Combined High School Open Team	Selected
Katie Hayes	Hockey	NSW Combined Catholic Colleges U/16 Team	Selected
Holly Furphy	Hockey	NSW C.I.S U/16 Team	Selected
Samantha Noronha	Lawn Bowls	U/18 NSW Training Squad	Selected
Samantha Noronha	Lawn Bowls	U/18 NSW Team vs NSW Institute of Sport	Selected
Samantha Noronha	Lawn Bowls	U/18 NSW Team vs U/25 NSW Team	Selected
Samantha Noronha	Lawn Bowls	NSW State Team for Nationals	Selected
Samantha Noronha	Lawn Bowls	U/18 State Singles Championships	Quarter Finalist
Samantha Noronha	Lawn Bowls	U/18 State Pairs Championships	Quarter Finalist
Samantha Noronha	Lawn Bowls	U/18 State Fours Championships	Runners Up
Samantha Noronha	Lawn Bowls	Combined High Schools State School Carnival	Champions
Samantha Noronha	Lawn Bowls	7 aside State Championships	Bronze
Samantha Noronha	Lawn Bowls	Combined High School State Team	Selected
Samantha Noronha	Lawn Bowls	Combined High School Exchange Shield	Winner
Samantha Noronha	Lawn Bowls	Combined High School Exchange Shield- Fours	Gold
Samantha Noronha	Lawn Bowls	NSW Country Team	Selected
Samantha Noronha	Lawn Bowls	Junior Golden Nugget	Champion
Natalie Noronha	Lawn Bowls	NSW Training Squad	Selected
Natalie Noronha	Lawn Bowls	U/18 NSW Team vs U/25 NSW Team	Selected
Natalie Noronha	Lawn Bowls	Selected in NSW Team vs QLD	Champions
Natalie Noronha	Lawn Bowls	U/18 State Fours Championships	Runners Up
Natalie Noronha	Lawn Bowls	Combined High Schools State School Carnival	Champions
Natalie Noronha	Lawn Bowls	7 aside State Championships	Bronze
Natalie Noronha	Lawn Bowls	Combined High School State Team	Selected
Natalie Noronha	Lawn Bowls	Combined High School Exchange Shield	Winner
Natalie Noronha	Lawn Bowls	Combined High School Exchange Shield- Fours	Gold

ATHLETE ACHIEVEMENTS 2012 CONTINUED

STATE ACHIEVEMENTS CONTINUED

Natalie Noronha	Lawn Bowls	NSW Country Team	Selected
Natalie Noronha	Lawn Bowls	NSW State Team for Nationals	Selected
Natalie Noronha	Lawn Bowls	NSW U/18 Female Bowler of the Year	Winner
Jessica Hilli	Lawn Bowls	NSW U/18 State Squad	Selected
Jessica Hilli	Lawn Bowls	Combined High Schools Open's Singles	Runner up
Jessica Hilli	Lawn Bowls	Combined High Schools State Carnival	Winner
Jessica Hilli	Lawn Bowls	NSW Country Team	Selected
Jessica Hilli	Lawn Bowls	7 aside State Championships	Bronze
Brooke Johnstone	Lawn Bowls	NSW U/18 State Squad	Selected
Brooke Johnstone	Lawn Bowls	NSW Country Team	Selected
Brooke Johnstone	Lawn Bowls	7 aside State Championships	Bronze
Brooke Johnstone	Lawn Bowls	NSW Combined High Schools Finals	Quarter Finalists
Joanne Shaw	Lawn Bowls	NSW U/18 State Singles	Quarter Finalist
Joanne Shaw	Lawn Bowls	NSW U/18 State Pairs	Semi Finalist
Joanne Shaw	Lawn Bowls	NSW Country Team	Selected
Joanne Shaw	Lawn Bowls	NSW U/18 State Squad	Selected
Joanne Shaw	Lawn Bowls	NSW Open Mixed Pairs	Semi Finalist
Jessica Evans	Lawn Bowls	NSW U/25 Team	Selected
Jesse Godfrey	Lawn Bowls	7 aside State Championships	Bronze
Molly Dugan	Netball	NSW Open Combined High Schools Team	Selected
Kimberly Murchie	Netball	NSW U/16 Indoor Team	Selected
Emily Osborne	Netball	NSW Combined High Schools U/17 Team	Selected
Tommy Sawden	Rugby Union	NSW Country U/16 Team	Selected
Tim Lewis	Rugby Union	NSW Country U/17 Team	Selected
Tim Lewis	Rugby Union	NSW Rugby Union U/17 Team	Selected-Winners
Curtis Patton	Rugby Union	NSW Combined High Schools U/18 tour squad	Selected
Joshua Noonan	Rugby Union	U/15 NSW Country Rugby Union	Selected
Joshua Noonan	Rugby Union	U/15 NSW Country Rugby Union	Fiji Tour
Joshua Noonan	Rugby Union	Illawarra Sports High- Buchan Shield Team	Winners
Avalon Punch	Surf Life Saving	State Surf Life Saving U/14	3rd-Beach Flags
Avalon Punch	Surf Life Saving	State Surf Life Saving U/14	1st-Beach Relay
Avalon Punch	Surf Life Saving	State Surf Life Saving U/15	3rd-Beach Flags
Avalon Punch	Surf Life Saving	NSW Pool Rescue	2nd-Line Throw
Avalon Punch	Surf Life Saving	NSW Interbranch Carnival	2nd-Beach Flags

ATHLETE ACHIEVEMENTS 2012 CONTINUED

STATE ACHIEVEMENTS CONTINUED

Cameron Scott	Track Cycling	NSW Team Sprint Championship U/17	1st
Cameron Scott	Track Cycling	NSW Team Pursuit Championship U/15	1st
Cameron Scott	Track Cycling	NSW Individual Pursuit Championship U/15	1st
Cameron Scott	Track Cycling	NSW Sprint Championship U/15	1st
Cameron Scott	Track Cycling	NSW 500m Time Trial Championship U/15	1st
Cameron Scott	Track Cycling	NSW Scratch Race Championship U/15	1st
Cameron Scott	Road Cycling	NSW Time Trial Championship U/15	1st
Cameron Scott	Road Cycling	NSW Road Race Championship U/15	1st
Cameron Scott	Road Cycling	NSW Criterium Championship U/15	1st
Cameron Scott	Road Cycling	NSW Hill Climb Championship U/15	1st
Cameron Scott	Road Cycling	NSW Junior Road Championship Team U/15	Selected
Bridget Mullany	Track Cycling	NSW Team Sprint Championship U/17	Gold Medal
Bridget Mullany	Track Cycling	NSW Scratch Race Championship U/17	Silver Medal
Bridget Mullany	Track Cycling	NSW Time Trial Championship U/17	Silver Medal
Bridget Mullany	Track Cycling	NSW Individual Pursuit Championship U/17	Silver Medal
Bridget Mullany	Track Cycling	NSW Sprint Championship U/17	Bronze Medal
Bridget Mullany	Track Cycling	NSW Junior Track Cycling Team U/17	Selected
Bridget Mullany	Road Cycling	NSW Country Championship U/17	Gold Medal
Bridget Mullany	Road Cycling	NSW Criterium Championships U/17	Silver Medal
Bridget Mullany	Road Cycling	ACT Criterium Championships U/17	Bronze Medal

REGIONAL ACHIEVEMENTS

Athlete Achievement	Squad	Event Name	
Susie Seitaridis	Athletics	Regional Little Athletics	1st 800m,400m,
Susie Seitaridis	Athletics	Regional Little Athletics	1st Javelin
Susie Seitaridis	Athletics	Regional Little Athletics	80m Hurdle New Record
Nathan Jones	Cricket	Southern Zone U/16 Bradman Cup	Selected
Connor Bond	Golf	Moss Vale Junior Open	1st
Connor Bond	Golf	Macarthur Junior Masters Age Champion	1st-15years & over
Connor Bond	Golf	Champions Trophy	1st Place
Connor Bond	Golf	Kiama Junior Open	2nd
Jesse Godfrey	Lawn Bowls	Illawarra Zone Junior Fours	Runners up
Jesse Godfrey	Lawn Bowls	Metropolitan Shield Team	Selected
Samantha Noronha	Lawn Bowls	South Coast Schools Triples	Champions
Samantha Noronha	Lawn Bowls	Zone 16 Fours	Champions
Samantha Noronha	Lawn Bowls	South Coast Schools Open Singles	Runner Up
Natalie Noronha	Lawn Bowls	South Coast Schools Open Singles	Champion
Natalie Noronha	Lawn Bowls	South Pacific Open Singles	Runner Up
Natalie Noronha	Lawn Bowls	South Coast Schools Triples	Champions

ATHLETE ACHIEVEMENTS 2012 CONTINUED

REGIONAL ACHIEVEMENTS CONTINUED

Natalie Noronha	Lawn Bowls	Zone 16 Singles	Runner Up
Natalie Noronha	Lawn Bowls	Zone 16 Pairs	Runner Up
Natalie Noronha	Lawn Bowls	Zone 16 Fours	Champions
Jessica Evans	Lawn Bowls	Bomaderry Womens Minor Singles	Champion
Jessica Evans	Lawn Bowls	Bomaderry Womens Minor Pairs	Champion
Jessica Evans	Lawn Bowls	Bomaderry Womens Club Consistency	Champion
Joanne Shaw	Lawn Bowls	Zone 16 Fours	Champions
Joanne Shaw	Lawn Bowls	Goulburn Juniors Pairs U/15s	Winners
Jessica Hilli	Lawn Bowls	Zone 16 Representative Team	Selected
Jessica Hilli	Lawn Bowls	2012 Warilla vs Tweed Heads Team	Champions
Jessica Hilli	Lawn Bowls	Warilla Ladies Major Fours	Champions
Jessica Hilli	Lawn Bowls	Warilla Indoor Triples	Winners
Brooke Johnston	Lawn Bowls	Zone 16 Junior Pairs	Champions
Brooke Johnston	Lawn Bowls	Narooma Classic	Plate Finalist
Brooke Johnston	Lawn Bowls	Warilla Ladies Major Fours	Champions
Brooke Johnston	Lawn Bowls	Warilla Indoor Mixed Pairs	Champions
Emily Osborne	Netball	Illawarra State League Representative Team	Selected
Emily Osborne	Netball	South Coast Representative Team	Selected
Casie Hoddle	Netball	Illawarra U/19 State Team	Champions
Casie Hoddle	Netball	Illawarra State League Division 8	Champions
Molly Duggan	Netball	Illawarra State League Representative Team	Selected
Tim Lewis	Rugby Union	Illawarra U/17 Representative Team	Selected
Tim Lewis	Rugby Union	ISA First XV	Selected
Joshua Noonan	Rugby Union	Illawarra U/15 Representative Team	Selected
Joshua Noonan	Rugby Union	Illawarra U/16 Representative Team	Selected
Tommy Sawden	Rugby Union	Illawarra U/16 Representative Team	Selected
Tommy Sawden	Oztag	Illawarra U/16 Representative Team	Selected

Financial Reports

ILLAWARRA ACADEMY OF SPORT INC. Balance Sheet as at 31 December 2012

Current Assets	2012	2011
Sundry Debtors	\$52,214	\$43,036
Uniform Stock	\$0	\$7,021
Cash at Bank & on hand	\$23,701	\$867
Cash on deposit	\$233,352	\$144,041
Total Current Assets	\$309,267	\$194,964
Fixed Assets		
Equipment at cost	\$27,823	\$13,186
Accum Depreciation - Equipment	(\$13,202)	(\$9,597)
Total Equipment at cost	\$14,621	\$3,589
Furniture & Fittings	\$6,120	\$1,694
Accum Depreciation - Furniture	(\$1,474)	(\$1,127)
Total Furniture	\$4,646	\$567
Total Fixed Assets	\$19,267	\$4,156
Total Assets	\$328,533	\$199,121
Current Liabilities		
Sundry Creditors	\$14,874	\$5,525
Annual Leave Liability	\$741	\$5,491
LSL Liability	\$0	\$6,327
Thorn Equipment Finance	\$5,546	\$0
Tax Liabilities	\$21,950	\$10,931
2013 Funding in Advance	\$143,000	\$0
Total Current Liabilities	\$186,111	\$28,274
Total Liabilities	\$186,111	\$28,274
Net Assets	\$142,422	\$170,847
Equity		
Retained Earnings	\$170,847	\$180,472
Current Year Deficit	(\$28,425)	(\$9,625)
Total Equity	\$142,422	\$170,847

for the Period ended 31 December 2012

NOTES

	2012	2011
INCOME		
Government & Corporate Sponsorships	\$277,620	\$239,058
Sport Specific Income		
Cricket	\$3,091	\$24,326
Cycling	\$12,900	\$14,955
Golf	\$20,375	\$17,596
Hockey - Male & Female	\$16,365	\$20,820
Rugby League	\$0	\$16,065
Rugby Union	\$11,382	\$0
Netball	\$22,331	\$24,188
Lawn Bowls	\$8,918	\$9,275
Triathlon	\$3,000	\$0
Swimming	\$0	\$180
Tennis	\$0	\$105
Individual Athletes	\$0	\$7,174
Tobin Family Award	\$5,000	\$5,000
Total Sport Specific Income	\$103,363	\$139,684
Other Income		
Functions	\$8,073	\$3,173
Other Income	\$9,215	\$9,382
TOTAL INCOME	\$398,270	\$391,297
EXPENSES		
Sport Specific Expenses		
Cricket	\$31,501	\$38,395
Cycling	\$34,086	\$22,738
Golf	\$36,311	\$20,378
Hockey - Male & Female	\$53,233	\$36,133
Athletes	\$27,487	\$24,347
Rugby Union	\$29,828	\$35,003
Netball	\$37,887	\$39,827
Lawn Bowls	\$26,595	\$16,325
Swimming	\$300	\$10,206
Tennis	\$0	\$9,604
Triathlon	\$16	\$0
Tobin Family Award	\$5,000	\$5,000
Total Sport Specific Expenses	\$282,245	\$257,956
Other Expenses		
Academy Games		\$2,564
Presentation Dinner	\$20,012	\$8,366
Administration	\$105,989	\$117,269
Other	\$18,448	\$14,767
TOTAL EXPENSES	\$426,695	\$400,922
NET OPERATING DEFICIT	(\$28,425)	(\$9,625)

