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seeking competition, training and experience. To conduct, commission or join in research, activities
to promote excellence among young people. To act as trustee of any bond or to administer any
related to sport. To provide the opportunity for encouragement for talented athletes within the
sporting citizenship. To facilitate the development & support of talented athletes with potential. To provide



ILLAWARRA ACADEMY OF SPORT ANNUAL REPORT 2008

This annual review covers the activities of the Illawarra Academy of Sport.
Incorporated for the period 1st January 2008 to 31st December 2008.

This report highlights the establishment, operation and achievements of the Academy, and presents a detailed source of information for the promotion of the Academy and its athletes.

Enquiries regarding scholarships or sponsorship and donations, to further enhance the Illawarra Academy of Sport as one of the prominent sporting organisations in NSW and Australia can be directed to:

PO Box 241 Fairy Meadow NSW 2519
Telephone: (02) 4283 5611 Facsimile: (02) 4284 0149
Web: <http://www.ias.org.au>
Email: info@ias.org.au

PARTNERS 2008

NSW Sport & Recreation	
Wollongong City Council	Shoalhaven City Council
Shellharbour City Council	Wingecarribee Shire Council
Kiama Municipal Council	University of Wollongong

Sponsors 2008

BlueScope Steel	Credit Union Australia
Sydney Water	AHA Illawarra Sub-branch
Warilla Bowls and Recreation Club	
The Illawarra Mercury	

Affiliate Sponsors

Go Hire	Huskisson RSL
Tynan Motors	West's Illawarra

Friends 2008

Aceit Sportswear	Graphic Connection
Zeffa Consulting	
Fairy Meadow Demonstration School	

Academy Patrons 2008

Professor Stephen Martin
Professor Gerard Sutton Vice - Chancellor,
University of Wollongong

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CHAIRMAN'S REPORT

Our 23rd year approaches and I am pleased to report that the board & staff are just as determined now, as our colleagues were back in the late 1980's, to ensure the Illawarra Academy is at the forefront of youth athlete development in regional Australia.

Our core business is the support and development of talented young athletes of the region through our sport programs.

This year we had 10 sport programs – hockey, individual athletes program, netball, rugby, cricket, golf, lawn bowls, tennis, cycling and swim sports – a total of 159 athletes.

Tennis, lawn bowls and swim sports were added in 2008. Introduction of those sports followed an extensive application and assessment process which will be repeated biannually.

Our programs are guided and supported by some 35 coaches, managers and support staff who dedicate thousands of hours of their expertise. Our thanks go to these volunteers in supporting local athletes to continue their development as athletes and as citizens.

Looking back at 2008, the year was highlighted by a number of significant events both on and off the field of play.

One off field highlight was our sponsor reception in September. The reception was an occasion where I, along with two of my colleagues, John O'Dwyer, Gordon Lewis, were recognised for achieving 20 years of service to the Academy. I know I can speak on behalf of my colleagues in saying that the recognition 'is an honour we all greatly value'.

In 20 years, we have seen the Academy grow from a fledgling organisation to one which has now supported close to 4,000 young local athletes.

The reception was also an occasion at which the Academy bestowed life membership to me. I am privileged to have played my part in Academy's development and, an award, such as this, from my peers, is a great personal honour.

Recently, within Australia Day Honours, Gordon was awarded an Order of Australia for his service to community & sport. I along with all other members of the Academy Board offer to you, Gordon and wife Bette, our congratulations on this well deserved accolade.

Sadly, late last year we lost Kerryn McCann - a good friend of the Academy. Kerryn's sporting achievements have been well publicised but what might not be as well known is that she was also prepared to give back to her community.

Kerryn was a member of our Tobin Family Award selection panel and also generously gave her time to the Academy whenever called upon.

She will be sorely missed by all.

On a happier note, the Illawarra Mercury Novotel Northbeach Sports Star of the Year nominees for 2008 were honoured recently. Nominees once again included Academy graduates including Karen Murphy (lawn bowls), Robert Hurley (swimming) & Sally Fitzgibbons (surfing).

Two other nominees, Olympian, Zoe Uphill & Paralympian, Brett Stibners, both held Academy scholarships - sports other than the sports in which they currently excel.

So too Olympian David Smith, who represented in canoeing but held a swimming scholarship at the Academy.

We are sure some of the lessons learnt during their time at the Academy held them in good stead as they progressed in their current sports.

In addition to these achievements, a glance at the 2008 sports calendar reveals the impact the Academy is having on sport at the State, National and International levels.

We had three world champions: Leif Selby, Karen Murphy (lawn bowls - open) and Sally Fitzgibbons (surfing - junior) and one world record holder – Robert Hurley (swimming – short course-50m backstroke). Brett Lee again featured by securing his 300th test wicket and winning the Alan Border Medal as Australian cricketer of the year.

On the way up are recent graduates Daniel Palmer (rugby) who made his debut for the Waratahs; and Phillip Wells (cricket) who led St George to the Sydney first grade premiership.

Our current athletes, including Ryan Gregson (athletics) and Scott Law (cycling), are continuing the high standard of performance set by their predecessors - something you would have noted in our newsletters and as are detailed in this yearbook.

Fundamental to our existence is the role of sponsors.

Economic times are tough and we are most grateful for the continued support of government at both state and local levels and local business and sports associations in these challenging times.

The NSW Government, through NSW Sport & Recreation, along with the support of local councils and the University of Wollongong are our major partners.

Our major corporate sponsors are BlueScope Steel, Illawarra Hotels Association, ACEIT Sports Wear, Credit Union Australia, the Illawarra Mercury, Sydney Water and Pubstay.

Together with other program sponsors Warilla Bowls, Huskisson RSL, Tynan Motors and Wests Illawarra, our cycling team sponsors and local and state sporting associations (which number more than 20) from cricket, cycling, golf, hockey, lawn bowls, netball, rugby, swimming and tennis.

We also have many in-kind sponsors, including Zeffa Consulting, and Go Hire as well as fantastic support from the media throughout the Illawarra.

All in all, 2008 has been a successful year.

On behalf of the Academy Board, Executive Director, staff, coaches and support staff and especially our athletes and their very supportive parents, to all sponsors and supporters, a sincere thank you for your ongoing support of the Illawarra Academy of Sport.

Brian Weir | Chairperson

EXECUTIVE DIRECTOR'S REPORT

I am frequently asked at non sports functions, "What does the Academy do?"

In reply, I highlight three key outcomes, "(1) we prepare an athlete for the next level of competition by providing technical instruction and educational awareness of issues facing their sport; (2) we reinforce the benefits of learning more about themselves as an athlete and about their sport; and (3) we reinforce the values of being a good role model and corporate citizen". I am please to report that, in 2008, we continue to achieve these outcomes.

A true measure of whether we have achieved success in the long-term, rests with the displays of our graduate athletes both on the field of play and off. In this yearbook there is ample record that scholarship athletes, both past and present, are at the forefront of sport both at the open and junior levels at state, national and international levels. We also receive positive feedback and see reports, on a daily basis, of the lead role graduates are playing in our community – the support of charity and community events by graduates Michael Lowe and Josh Kersten are just two examples.

The Academy, firmly believes that experiences in sport and elements such as its education programs, will assist in supporting the development of community leaders of the future.

Notwithstanding the merits of these longer-term plans, I am pleased to report that in 2008, athletic performance of current scholarship holders has, once again, been of the highest standard.

The present report reflects the depth and excellence of young talented athletes of the region. Whilst these achievements are a fitting acknowledgement for athletes and their families, it also provides sustaining encouragement for our sports staff of coaches, managers, trainers and officials who volunteer hundreds of hours to support these athletes.

At the office, the past year has seen a number of advances from an operations perspective. Some of these advances directly affect athletes, others expand awareness of our Academy, or provide more robust systems under which we operate. Initiatives in the past year include:

- Expanding the pre-scholarship athlete and parent interview process;
- Developing on-line education modules in key subject areas;
- Establishing a weekly page in the Illawarra Mercury dedicated to promoting the Academy, its athletes & sponsors; and
- Streamlining our office project management & records databases to deliver a more efficient service to stakeholders.

In seeking to expand opportunities for our athletes the IAS has also developed a range of relationships with agencies both within the world of sport and in wider business. One key relationship is with Academies of Sport Inc. – a body to which the IAS is a founding member.

The development of the regional academy network in the early 1990's was guided by Illawarra's influence and now 10 independent regional academies exist, with common values of youth, excellence and sport.

In 2008, the Academies of Sport Inc (ASI), although a fledgeling body, demonstrated it could galvanise action of all regional academies in espousing common goals. This was never more evident last year where the collective co-ordinated the production of a business case to NSW Treasury in support of NSW government funding. This action has subsequently proved a milestone event.

The Academy Games, a product developed by that collective, is its most enduring legacy. This multi-sport event provides valuable same age competition against other high performance athletes across NSW. In 2009, at the fourth Academy Games, we will send more than 80 athletes from hockey, golf, netball, rugby union and lawn bowls to join the 1,000 plus athletes at the Games.

The forefathers of our Academy must be proud to see how the regional academy network has developed over the past twenty years. It is fitting that the Illawarra Academy retains an active role in ASI's development and by doing so continues to shape the development in sport both within and outside of the Illawarra.

ASI is in its infancy and their history is yet to be written. For the Illawarra Academy, these longer term successes are achieved by our strong community partnerships – partnerships that are integral in providing support to develop opportunities for young talented local athletes.

As always, my thanks go to our existing partners, sponsors and supporters. Clearly, without their financial and in-kind support the Academy could not continue to provide for local athletes.

Specifically, I gratefully acknowledge the support of NSW Sport & Recreation, the five council areas of Wollongong, Shellharbour, Kiama, Shoalhaven and Wingecarribee, the University of Wollongong. Sports program sponsors, BlueScope Steel, Credit Union Australia, AHA Illawarra, Sydney Water, Warilla Bowls & Recreation Club, the Illawarra Mercury and Aceit Sportswear. Thanks also new sponsors, Go Hire, Tynan Motors, Wests Illawarra, Huskisson RSL and the tens of sporting organisations, both local and at state level, that support our programs.

Equally, my thanks, as always, is extended to the Board which continues to provide good governance and guidance; the Academy's office staff Pasco, Kurt, Violetta and Selin who deliver a professional and dedicated service and to the thirty plus sports program staff who each year volunteer their expertise for countless hours – all in name of assisting the talented young athletes of the Illawarra.

Although we have a good report card we must, as in sport, strive for continual improvement in all that we do! 2009 will undoubtedly present us with new challenges. The Illawarra Academy of Sport, with its broad support from local stakeholders, is in a strong position to meet those challenges and continue its business.

Mark Brogan | Executive Director

CUA, committed to the development
of the youth of our region



cu^a

A change for the better

Proud sponsors of the Illawarra
Academy of Sport since 1985.

For all enquiries please contact Michael Buchanan 0425 306 914

CORPORATE VISION FOR THE ILLAWARRA ACADEMY OF SPORT

To be recognised locally and nationally as the most effective and professional Regional Academy of Sport.

MISSION

To provide opportunities and services for sport, talented athletes and coaches within the Southern Group of Councils area to achieve excellence.

AIMS AND OBJECTIVES

- To provide the opportunity and encouragement for talented athletes within the Southern Councils Group (ScG) area to achieve excellence in sport and outstanding sporting citizenship.
- To facilitate the development & support of talented athletes with potential.
- To provide sports science support and evaluation and specialist services and resources to assist in the pursuit of excellence in sport or in activities related to sport.
- To develop and assist talented coaches and foster an environment conducive to the enhancement of coaching and related activities.
- To maintain an operational structure which contributes to the sports development network.
- To act as a catalyst in the development of innovative programs for the improvement of sport within the Southern Councils Group area, including effective talent identification programs.
- To encourage and assist athletes in their pursuit of improvement and excellence in sports skills to travel both within Australia & overseas for the purpose of seeking competition, training and experience.
- To conduct, commission or join in research, activities in the pursuit of excellence in sport.
- To establish, administer and seek financial assistance to promote excellence among young athletes.
- To act as trustee of any bond or to administer any foundation established to promote excellence or achievement in sport or in activities related to sport.

HISTORY

The concept of the Illawarra Academy of Sport emanated from a community based investigation into sport and lifestyle opportunities in the Illawarra. A committee which comprised of representatives from government, education, business and community sport recommended the establishment of an Academy to expand sporting opportunities for talented athletes of the region.

With the University of Wollongong facilitating its progress, the committee's vision became a reality. Then the Illawarra Institute of Sport was launched in December 1985, becoming Australia's first Regional Academy of Sport. For funding reasons, the term Institute, was replaced with Academy prior to incorporation in 1988.

Sports Programs

As the Academy evolved, the range of sports expanded and since 1986 programs have been conducted in 18 different sports. Although, gymnastics, touch, basketball, soccer and surfing are no longer in the Academy, ten sports programs remain.

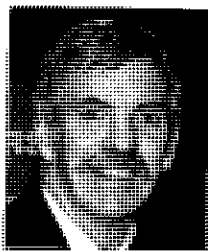
Currently there are programs offered for golf, netball, hockey, cricket, rugby union, cycling, an individual athletes program, lawn bowls, swim sports & tennis. Since 1985, there have been over 3990 scholarships offered to local athletes.

A Growing Example

The regional academy format, pioneered in the Illawarra, has now been replicated across Australia and overseas. Ten independent regional academies are in operation across NSW with the national network of regional academies now totally nineteen.

The strength of the Illawarra Academy of Sport has always been its strategic alliances and partnerships with Illawarra business, local government, sporting associations at regional and state level and support of the University of Wollongong.

BOARD OF MANAGEMENT



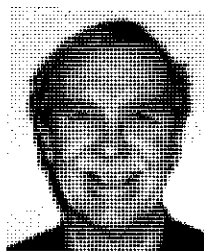
Brian Weir
Chairperson



Keith Wallace
Snr Vice President



William Dowson
Treasurer



Brian Baird
Public Officer



Peter Bowman
Business Plan Chair



Mark Brogan
Executive Director



Gregg Rowland



Ross Fuller



Alex Darling



John Morris



Gordon Lewis



Jeff McCarthy



John O'Dwyer



John Wells



Peter Tomlinson



Julie Steele



Vicki Tieg



Hamish East



Richard Davis



Sue-Baker Finch



Trevor Fredricks

BOARD OF DIRECTORS

The Academy is an independent, incorporated sporting organisation that is governed by a nineteen member Board of Directors which is comprised of 11 permanent representatives and 8 elected community representatives. Board of Directors meetings are held bi-monthly and each Council hosts the meetings on rotation.

PERMANENT BOARD REPRESENTATIVES

NSW Sport & Recreation

Hon Kevin Greene. Represented by Keith Wallace

University of Wollongong

Vice Chancellor Prof. Gerard Sutton

Represented by Dr Gregg Rowland

Australian Institute of Sport

Director Dr Peter Fricker. Represented by Peter Bowman

Sports Medicine Federation

South Coast Branch. Represented by Prof Julie Steele

Department of School Education

Regional Director Illawarra & South Coast Graeham Kennedy

Represented by Ross Fuller

Lord Mayor of Wollongong

Cr. Alex Darling (to Feb 2008)/Ms Sue Baker-Finch (to Oct 2008)

Mayor of Wingecarribee

Cr. Gordon Lewis/Cr. Duncan Gair

Mayor of Shellharbour City

Cr. David Hamilton/Administrator David Jesson.

Represented by Brian Weir

Mayor of Kiama

Cr. Sandra McCarthy. Represented by Cr. Hamish East (to Oct

2008)/Trevor Fredericks (from Oct 2008)

Mayor of Shoalhaven

Cr. Greg Watson/Cr. Paul Green. Represented by John Morris

Executive Director

Mark Brogan

Community Board Representatives

Brian Baird	Richard Davis
William Dowson	Jeff McCarthy
John O'Dwyer	Vicki Tiegs
Peter Tomlinson	John Wells

Executive elected 17 April 2008

Chairperson	Brian Weir
Senior Vice President	Keith Wallace
Vice President	Jeff McCarthy
Public Officer	Brian Baird
Treasurer	William (Bill) Dowson
Business Plan	Peter Bowman
Executive Director	Mark Brogan

ACADEMY POSITION IN SPORTS STRUCTURE

As a provider of talent development services, the Academy aims to position itself within the sports system at a level which will be of most benefit to athletes.

As an independent autonomous organisation, the Academy is in effect, working on behalf of the local and state sporting associations to develop talented athletes for the benefit of both the athletes and the sport.

The Academy programs are designed to complement the activities the athletes receive through their club and representative structure.

LINKS TO SPORTING GROUPS

The Academy operates within the sports system at several pre elite athlete levels.

It maintains links with a range of organisations to ensure that the local talented athletes receive the best possible support in their path to excellence. Links are maintained with:

Local & State Sports Associations

Administrative and coaching links are maintained with local and State sporting associations in the scholarship sports that have programs in the Academy.

NSW Sport & Recreation

As the largest single partner of the Academy, there are close operational links with NSW Sport and Recreation with regular interaction with the South Coast Region and at senior officer level.

NSW Institute of Sport

The Illawarra Academy sports programs are structured to ensure the athletes have the greatest opportunity to feed into the NSW Institute of Sport programs (where appropriate).

NSW Regional Academy Network

The ten independent Regional Academies in NSW maintain close links for athlete competition and training and sport management information sharing.

Academies of Sport Inc (ASi)

The ten independent Regional Academies in NSW, in 2003, formed ASi. The principal purpose of this organization is the planning and support of the Academy Games - a multi sport festival involving all Academies.

Australian Institute of Sport

The links with the AIS were established when the Academy was formed in 1985. Academy athletes have the opportunity of gaining entry to the AIS and a number of Academy athletes have graduated into AIS programs.

Australian Olympic Committee

The AOC is linked through the conduct of Drugs in Sport Education for athletes and their families.

ACADEMY CATCHMENT AREA

The Academy operates through the Illawarra's geographic region comprising the five local government areas of: Wollongong, Shellharbour, Kiama, Shoalhaven, and Wingecarribee. Illawarra covers an area of 8,485 square kilometres and extends from Helensburgh in the north, Ulladulla in the south and across to the Southern Highlands in the west. The region has a population of 405,000.

ADMINISTRATIVE OPERATIONS

The Academy Administration Centre is located within the Fairy Meadow Demonstration School in Wollongong and features administrative offices and meeting rooms.

The Academy employed three (3) full-time staff and two (2) part-time staff in 2008. Academy coaching staff are all contracted on a part-time basis and as volunteers receive a small honorarium to cover their costs.

Staffing Levels During 2008

Full Time

Executive Director	1
Program Manager	1
Administrative Officer	1

Part Time

Project Officer	1
Accountant	1

Media and Public Relations

Media and Public Relations

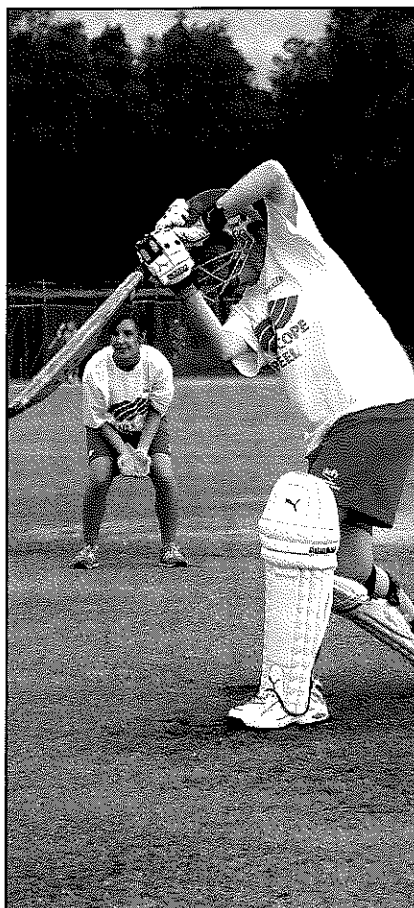
The flagship of Academy public communications is 'Academy Corner'. This newspaper column which is produced weekly is published in the Illawarra Mercury, Northern Leader, Lake Times, South Coast Register and the Southern Highlands News.

In the second half of the year, the Mercury published a special junior sport feature which included a dedicated academy page where local athletes were featured along with the week's news. This proved extremely popular and will continue in 2008.

Once again eNEWS had its following. This weekly electronic newsletter is now distributed to close on 800 locals, athletes, coaches, parents, sponsors & supporters.

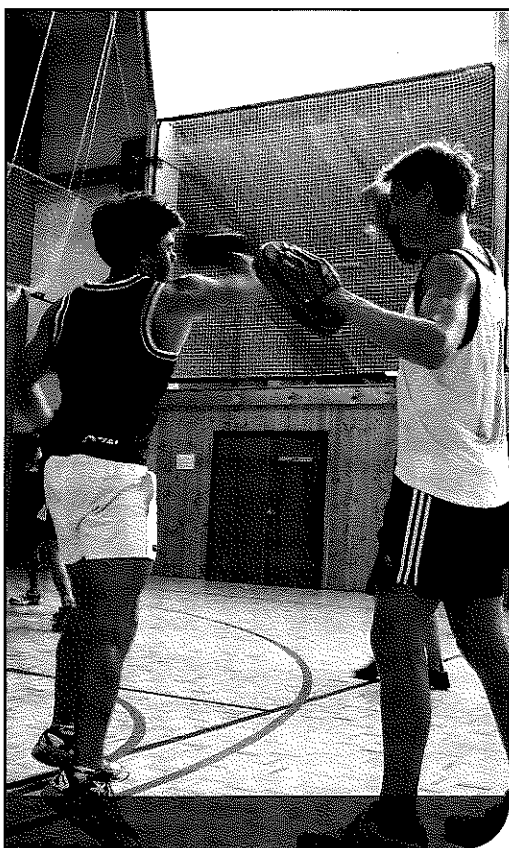


The Academy appreciates the excellent coverage afforded by the various regional media outlets within Illawarra and gratefully acknowledges their support.



**Champions of the future are being nurtured
at the Illawarra Academy of Sport**

**Congratulations on another year of
outstanding achievements**



NSW Sport and Recreation

Sports Training Camps

**Maximise your team's sporting
performance at a NSW Sport and
Recreation Centre**

Our Sports Training Camps combine specialist sports training facilities and services with accommodation and catering packages. Sports Training Camps are available at Myuna Bay, Jindabyne, Sydney Academy and Lake Ainsworth.

For more information call

13 13 02

or visit www.dsr.nsw.gov.au



FUNDING SOURCES

The Academy operates as an independent and autonomous sporting organisation. Funding for the sports programs and the administrative operations is achieved through a variety of sources including government grants, University funding, sports funding, athlete contributions, corporate sponsorship and business support.

The Academy has four primary sponsor categories: Partners, Program Sponsors, Affiliate Sponsors, Supporters and Friends.

Partners

Partners provide substantial 'value in money' by way of donation or funding and 'value in kind' services to benefit a range of Academy activities. Our Partners include the NSW Department of Sport & Recreation, the University of Wollongong and the Southern Councils Group of Councils: Wollongong, Shellharbour, Kiama, Shoalhaven and Wingecarribee.

The New South Wales Government through NSW Sport and Recreation is the largest single sponsor of the Academy providing an annual grant of \$143,000. The five councils of the Southern Councils Group grants total more than \$60,000.

The University of Wollongong provides financial assistance as well as support services and access to facilities. The University assists the Academy with access to staff and sport science support services as does the University Recreation and Aquatic Centre.

Program Sponsors

Program sponsors provide 'value in money' by way of funding and/or substantial 'value in kind' to specific Academy programs or projects including:

- Sports Programs
- Regional Programs
- Special Projects & Events

Our team of Program Sponsors include BlueScope Steel, Credit Union Australia, Sydney Water, Pubstay, AHA Illawarra Sub-branch, Warilla Bowls and the Mercury.

In 2008, a large group of sponsors supported the Cycling Program and included: Bowral & Katoomba NRMA, Raine & Horne Wollongong, the Ben Mikic Foundation, Novotel Northbeach, Roadworx, K-Swiss, Bikesportz and Hot Designs.

Affiliate Sponsors

Assisting the Academy across several sport or event programs were: Wests Illawarra, Huskisson RSL, Go Hire, and Tynan Motors.

Supporter 'Sports'

A policy of the Academy is that any sport, which has an Academy program, is required to contribute financially to that program.

This funding represents approximating 25 - 50% of base program costs. Sources include assistance from governing associations of that sport, local clubs, associations, state associations, or a combination of these.

Sports funding includes 'value in money' and may also include 'value in kind' (goods or services) in support of a specific Academy sports program or project.

Friends of the Academy

We gratefully acknowledge the support of Fairy Meadow Demonstration School for hosting our office and meeting facilities; Graphic Connection for their graphic design and publication expertise; ACEIT Sportswear who are official suppliers of sportswear; and Zeffa Consulting for information technology support.

SPECIAL EVENTS

Mayoral Receptions

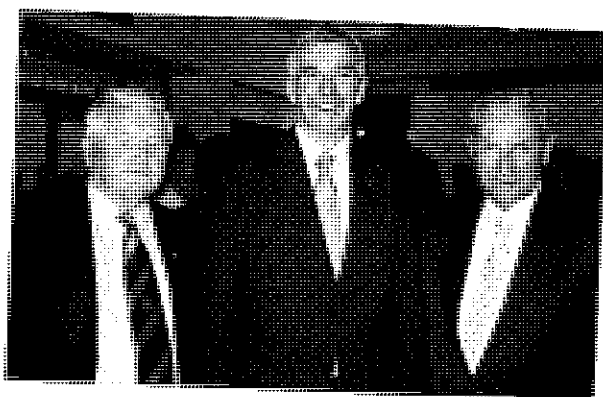


A reception hosted by the Mayor or Council of each of the five of the Illawarra provide an annual opportunity for the athletes and coaches to be officially recognised by their own community.

These functions also serve to develop social and personal aspects of the scholarship holders and an understanding of the range of community and government groups who support their development.

Again we thank our local Councils of Wollongong, Wingecarribee, Shellharbour, Kiama and the Shoalhaven for showing such support for the Academy.

Sponsor Reception, Life Membership & 20 Year Awards



To recognize the substantial support from its partners, sponsors and supporters, the Academy held a Sponsors Reception in September 2008.

The 2008 reception, in addition to recognising the considerable support from sponsors, was also an occasion to celebrate the bestowing of Life Membership to Brian Weir and recognition of 20 years service to Brian, John O'Dwyer and Gordon Lewis.

All three men, as members of the Board, have made a significant and long term contribution to the development of the Academy.

In announcing the Life Membership award, former Chair, and the academy's sole life member, Ted Tobin, commented that, 'Brian's commitment over more than two decades has been truly outstanding and his continuing efforts stand him above the general body of IAS members and truly worthy of elevation to the category of Life Member'.

The reception was held at Wollongong City Gallery where guests, which numbered 100, heard from graduates Ryan Gregson (athletics) and Melissa Simpson (hockey) and were enthralled as Ryan and Melissa spoke of their scholarship years in the academy and their aspirations for the future.

Golf Day



Kiama again host the Academy's Golf day in May 2008. Once again the host course was in tip-top condition for the field of close on 100 competitors.

Sponsored teams on the days came from: RM Chartered Accountants, Maguire & McInerney Solicitors, Warilla Bowls, DGB Lawyers, Allfab Constructions, ACEIT, and Bowral & Katoomba NRMA.

The event is a fundraiser for the golf program, which in 2008, supported 16 athletes.

Our thanks to all those who took part and also to our golf pros, Greg Drummond, John Hufton, Shaun O'Toole and Neil Speirs, who coordinated the day's events.

Athlete Inductions

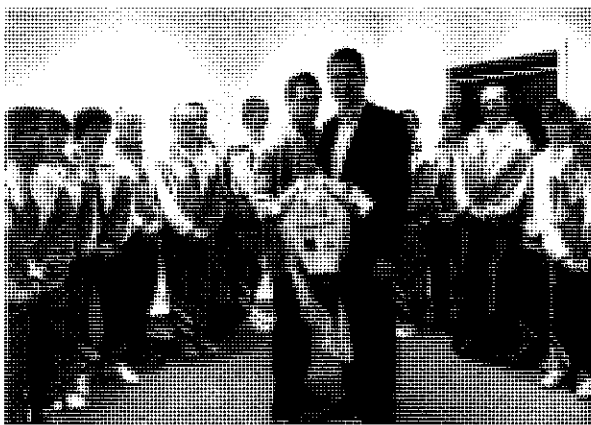
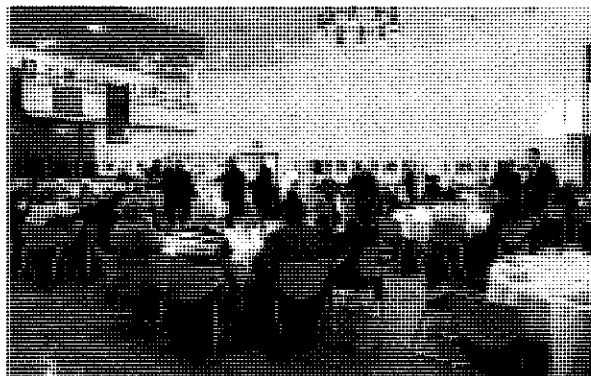


SPECIAL EVENTS *CONTINUED*

Inductions have been part of each Academy sport program since day one. Two major Athlete Inductions involving several sport programs were held in 2008 - an autumn induction in May and a spring induction in October 2008.

The multi-sport induction, is a major event in its own right in which athletes, parents and sports program staff, which may total over 300 on each occasion, participate in several education seminars and undertake their introduction to the Academy.

This format allows more professional presentations and parental involvement in specialist presentations including Drugs in Sport, Female Athlete, and Nutrition.



A FIVE-STAR EDUCATION

The 2009 Good Universities Guide confirms UOW's longstanding position as one of the country's leading universities. UOW received five stars in six key areas—under the Guide's ranking system, only the top 20 per cent of universities can be awarded a five-star rating in any one category.

- ★★★★★ Getting a Job
- ★★★★★ Positive Graduate Outcomes
- ★★★★★ Graduate Starting Salary
- ★★★★★ Research Intensity
- ★★★★★ Graduate Satisfaction
- ★★★★★ Generic Skills

UOW shares the Illawarra Academy of Sport's vision of helping talented young people from in and around the Illawarra reach their goals. Whether on the field or in the classroom, we think everyone deserves the chance to achieve their best.

www.uow.edu.au

University of Wollongong



University of Wollongong CRICOS 003102E

GRADUATE HIGHEST ACHIEVERS

The graduates listed below have achieved, as a minimum, senior/open national team selection or won a medal at a world junior event in 2008. The group represents the highest achievements gained by academy graduates. The Academy is justly proud of its role in supporting their development.

Sport	Name	Achievement
Athletes with a disability	Brett Stibners	Paralympian won gold medal at Beijing Olympics
Athletics	Ryan Gregson	Australian junior team for World cross country and world track champs
Cricket	Brett Lee	Australian Test Team
	Brett Lee	Took his 300th Wicket in both Test & One day arena
	Phil Jacques	Australian Test Team
Cycling	Ben Kersten	Track World Championships Team
	Ben Kersten	3rd Team Sprint Oceania Championships
	Ben Kersten	3rd Team Sprint Track World Cup
	Rochelle Gilmore	Road World Championships Team
	Rochelle Gilmore	1st Oceania Road Race Championship
	Rochelle Gilmore	Won 4 Stages & placed 12 Times in Road Races around the World
	Scott Law	Australian Junior Team World Championships
Hockey	Kurt Ogilvie	Australian Indoor Mens team
	Simon Beaton	Australian Indoor Mens team
	Jye Bunt	Australian Indoor Mens team
	Melissa Simpson	Australian Indoor Womens team
	Lyndal Ogilvie	Australian Indoor Womens team
	Kylie Smith	Australian Indoor Womens team
	Emma Cobbin	Australian Indoor Womens team
	Kieran Govers	NSW Waratahs Team
	Airlie Ogilvie	NSW Arrows Team
Kayaking	Zoe Uphill	Olympian at Beijing Games
Lawn Bowls	Leif Selby	Won World Singles Championship
	Leif Selby	Won Australian Open Singles Championship
	Leif Selby	Selected in Australian Open Squad
	Karen Murphy	Won Gold in Fours & Bronze in Pairs at World Championships
	Karen Murphy	Won Singles Gold at Australian Indoor Championships
	Karen Murphy	Selected in Australian Open Squad
Mountain Bikes	James Williamson	1st World 24hr Solo Championships
	Amiel Cavalier	Selected into Australian Open MTB team
Netball	Sarah Barrett	Sydney Swifts
	Leah Shoard	Sydney Swifts
Rugby League	Craig Fitzgibbon	NSW State of Origin Player & Australian Representative
	Brett Stewart	NSW State of Origin Player & Australian Representative
	Ben Hornby	NSW State of Origin player

GRADUATE HIGHEST ACHIEVERS *CONTINUED*

Rugby Union	Daniel Palmer	Played for Waratahs & Australian U20 Junior Rep Team
Soccer	Luke Wilkshire	Current Socceroo & Olympian
	Brendan Santalab	Sydney FC
	Mitchell Prentice	Sydney FC
	Noel Spencer	Newcastle Jets
Surfing	Sally Fitzgibbons	Won World U18 Title
	Sally Fitzgibbons	1st ASP World Qualifying Series Winner
	Sally Fitzgibbons	1st ISA World Open Women's Champion
	Sally Fitzgibbons	3rd Honda US Open 6* World Qualifying Series Huntington Beach USA
	Sally Fitzgibbons	2nd Billabong EcoSurf 5* World Qualifying Series Bahia Brazil
Swimming	Robert Hurley	Australian Open team for World Short Course Championships
	Robert Hurley	Set a World Record in the 50m Short Course Backstroke Event

***The Academy acknowledges the support of the
five councils in the Southern Councils Group***





Sydney **WATER**

*Managing our environment
for future generations*

Proud to be associated with
the Illawarra Academy of Sport
and take this opportunity to
wish all members of the
Academy success in 2009



**AHA
NSW**

ILLAWARRA SUB BRANCH
(PUBS ILLAWARRA)

Your local hotels are part of the community and our heritage.
We are proud to be supporting The Illawarra Academy of Sport
as sponsors of the Rugby Union Program

OUR MISSION

Keeping talented youth, our future leaders, in the region

TOTAL SCHOLARSHIPS OFFERED 1986 - 2008

Athletes with a Disability

Male.....32
Female.....29

Basketball

Male.....130
Female.....128

Cricket

Male.....435
Female.....95

Cycling

Male.....101
Female.....37

Gymnastics

Female.....26

Golf

Male.....133
Female.....33

Hockey

Male.....341
Female.....349

Individual Athletes

Male.....44
Female.....42

Lawn Bowls

Male.....39
Female.....7

Netball

Female.....468

Rugby League

Male.....666

Rugby Union

Male.....339

Sailing

Male.....81
Female.....25

Soccer

Male.....144
Female.....1

Surfing

Male.....45
Female.....5

Swimming

Male.....83
Female.....69

Touch

Male.....35
Female.....23

Tennis

Male.....6
Female.....7

TOTAL

3998

SCHOLARSHIP PROGRAMS

The major focus of Academy activity is the delivery of sport coaching and education programs for its scholarship athletes. Services are provided to a select group who must satisfy eligibility and selection criteria.

Common Athlete Eligibility Criteria

The athlete must:

1. Reside in the Southern Councils Group area (Wollongong, Shellharbour, Kiama, Shoalhaven & Wingecarribee);
2. Display an ability to apply coaching and technical instruction;
3. Demonstrate dedication to improving performance;
4. Demonstrate, through past performance and/or potential capacity, the potential to improve performance to a high level;
5. Be a registered participant of an association within the SCG area.

Selection Criteria and Program Design

In addition to the eligibility criteria outlined above, sport programs have additional selection criteria which varies from program to program. At time of nomination this criteria is outlined.

BENEFITS & SERVICES

A generic Academy scholarship provides the following benefits and services:

- Coaching by accredited and experienced coaches (except IAP program) including high level guest coaches
- Subsidized Academy uniforms and specialised equipment
- Sport science support and evaluation
- Specialist training including sprint training and fitness advice
- Sport psychology, nutrition and sports medicine advice from leading experts
- Video analysis of technique and tactical appreciation
- Public speaking and personal development opportunities
- Exposure to high level competition
- Travel assistance for competition and Academy activities
- Academy tours in NSW & interstate
- Drug education seminars
- Log books for educational information and monitoring of training and competition
- Tours/camps at some of Australia's premier elite coaching facilities.



**ILLAWARRA
MERCURY**

My Paper.

***"HAVE IT HOME DELIVERED
TODAY"***

PH: (02) 4221 2251

CORE PROGRAM COMPONENTS

The primary objective of the Academy is to improve an individual athlete's sporting ability and to equip them with skills to enhance their prospects of future success.

Training & Technical Development

Coaching and training sessions form the major component of the scholarship program (except individual athlete program). The coaching staff design programs that emphasise individual development concentrating on the strengths and weaknesses of the athletes together with activities to improve an athlete's knowledge and ability in the tactical aspects of their sport.

Sports Science

To supplement the coaching and training component of the program, the athlete receives advice in specialist areas of athlete development. The sport science program elements aim to provide regular and relevant feedback to the coaches and athletes on the physical fitness and training levels of the athletes.

Athletes annually complete sessions in nutrition, sport psychology and sports injury prevention and management. The aim of these sessions is to provide information to make athletes aware of the role these areas play in enhancing individual performance.

Competition Opportunities

Academy squads participate in selected competitive fixtures during their scholarship program. Competition is primarily against selected opponents including other Regional Academies, State Academies, representative sides, or strong club teams and is valuable to the coaches in providing feedback on the progress of the athlete and the effectiveness of the coaching program.

Sporting tours overseas, interstate and within NSW may also be conducted to provide competitive opportunities in the unique touring environment.

Personal Development

A key objective of the Academy is to develop outstanding sports citizens and education and awareness sessions based on public speaking, drugs in sport, media and sponsor servicing are incorporated into the program. In addition, athletes are exposed to social and promotional situations to develop their personal understanding of the breath of sports development and community awareness.



Talented Local Athletes Need Your Help

The Academy recently teamed up with the Australian Sports Foundation (ASF) to help raise funds to assist local athletes through the Academy Athlete Development project. All ASF grants will go to core program assistance such as:





- Quality Coaching
- Facilities & Equipment
- Specialist Consultants
- Sports science support
- Athlete Education
- Sports Development Opportunities


Donations of \$2 or over are tax deductible!

**Please call the Academy on 02 4283 5611 or
download the form from the Academy website www.ias.org.au**

The Illawarra Academy of Sport has registered the Athlete Development project with the Australian Sports Foundation (ASF) to help with our fundraising efforts. Donations of \$2 or more to the ASF are tax deductible. While donations must be made unconditionally to the ASF, donors are able to nominate the IAS project as their preferred beneficiary. ASF grants will be used to support the provision of core Academy programs.

2008 CRICKET





2008 BLUESCOPE STEEL CRICKET PROGRAM

Rear: Doug Chiselm, Matthew McKenzie, Mitchell Calder, John Kirkby, Ben Toussis, Lachlan Lamont.
Middle: Owen Chivers, Nick Reinhard, Storm Collins, Jack Daskey, Jordan Matthews, Sam Flanagan, Keiran Gray.
Front: Michael Arblaster, Dan Beasley, Will Norrie, Alan Hayter (Coach) Rahil Verma, Nathan McAndrew.
Inset: Mark Simpson (Head Coach)

The Academy appreciates the support and financial assistance from Cricket Associations across the region: South Coast, Illawarra, Shoalhaven, Southern Highlands, NSW Cricket and sponsor BlueScope Steel.

CRICKET PROGRAM 2008

Program Outcomes

To assist athletes reach the next level of competition in their sport. Provide an off-season development program leading into U16 NSW Bradman Cup competition and to assist with progression to NSW & NSW Country Under 17 teams.

Athlete Selection

Athletes were selected following trials conducted throughout the Academy region. Four trials were held prior to final selection. A selection panel, comprising representatives of the Academy coaching staff and Cricket NSW coaches, made athlete selection recommendations to the Academy.

Program Components

In 2008, Mark Simpson, Alan Hayter and Steve Davies designed and delivered a program which included a number of new elements.

The program again maintained its focus on off-season athlete development which linked with the zone & state representative season.

The program included an initial weekend camp at Berry, a series of day camps, a major 4-day tour to the Far North Coast and an end of program match against an older Illawarra representative team. Education sessions included speed & agility, throwing technique, pilates and injury prevention & management.

The 4-day tour was a major success and will become a permanent feature of the cricket program in coming years.

Program Snapshot

Ages: 14 - 16 years during scholarship

Squad: 17 males

Program Year: May - September (5 Months)

Key People: Mark Simpson (Coach)

Alan Hayter (Coach)

Stephen Davies (Coach)

Highlights

Tours: 4 days to NSW Far North Coast

Camp: 3 days at Berry Sport & Recreation

Matches: End of Program match Illawarra U17's

Athlete achievements:

NSW Schools Age Teams – Jordan Matthews, Owen Chivers & Rahil Verma

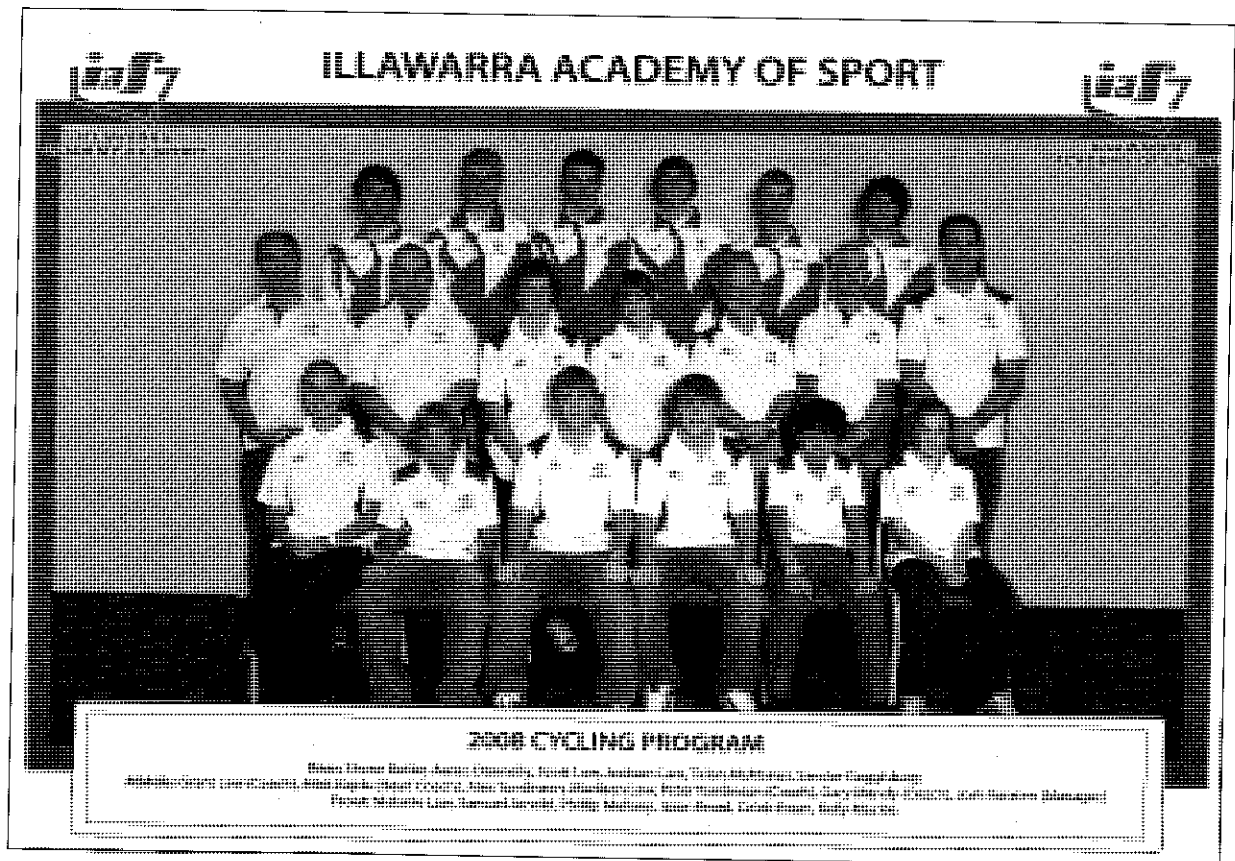
Shoalhaven U20s Team – Lachlan Lamont

Illawarra U19 Team – Matthew McKenzie

In addition to a partnership with BlueScope Steel, the Cricket Program is also supported by the cricket associations of Illawarra, South Coast, Shoalhaven, Southern Highlands and NSW.



2008 CYCLING



The Academy appreciates the support and financial assistance from the NSW Cycling Federation and Cycling Clubs of the Illawarra, Shoalhaven and Southern Highlands.

CYCLING PROGRAM 2008

Program Outcomes

To assist athletes reach the next level of competition in their sport. Assist progression to Under 17 & 19 state, national or international competition levels.

Athlete Selection

Selection was based on results in competition and trials comprised of several bike-handling skills, followed by 10 and 30 second peak power tests on a bicycle ergo meter (ERGO). Finally, a 6.84km time trial (TT) was used to gauge aerobic potential of the athletes.

The same ERGO and TT course have been used for several years so norms and standards have been established with ready comparison with past and present elite, and non-elite cyclists. The coachability of the athletes, together with the expected parental support, was also taken into account prior to athlete selection. A selection panel including Academy coaching staff and a representative from Cycling NSW recommended to the Academy athletes for scholarship.

Program Components

The 2008 cycling squad was the largest cycling group in recent Academy history covering all 5 local council areas. The training program varied with the road and track seasons and involved everything from road training camps to 3 sessions a week on the velodromes in Unanderra and Bankstown.

The squad attended an overnight camp in Canberra, a day camp in Wollongong. A number of education sessions were held including media training, core strength and flexibility, static and dynamic stretching, postural assessment and two sports psychology sessions at the Australian Institute of Sport while the squad was in Canberra.

Athletes & coaches attended an array of targeted events. Major events included a pre- course review and on-site event preparation camps.

Program Snapshot

Ages: 13 - 18 during scholarship
Squad: 14 athletes - 11 male, 3 female
Program Year: October - December (14 months)
Key People: Mick Kejda (Head Coach)
Grant Law (Coach)
Garry Mandy (Coach)
Peter Tomlinson (Coach)
Josh Kersten (Manager)
Michael Lewis (Sports Science)

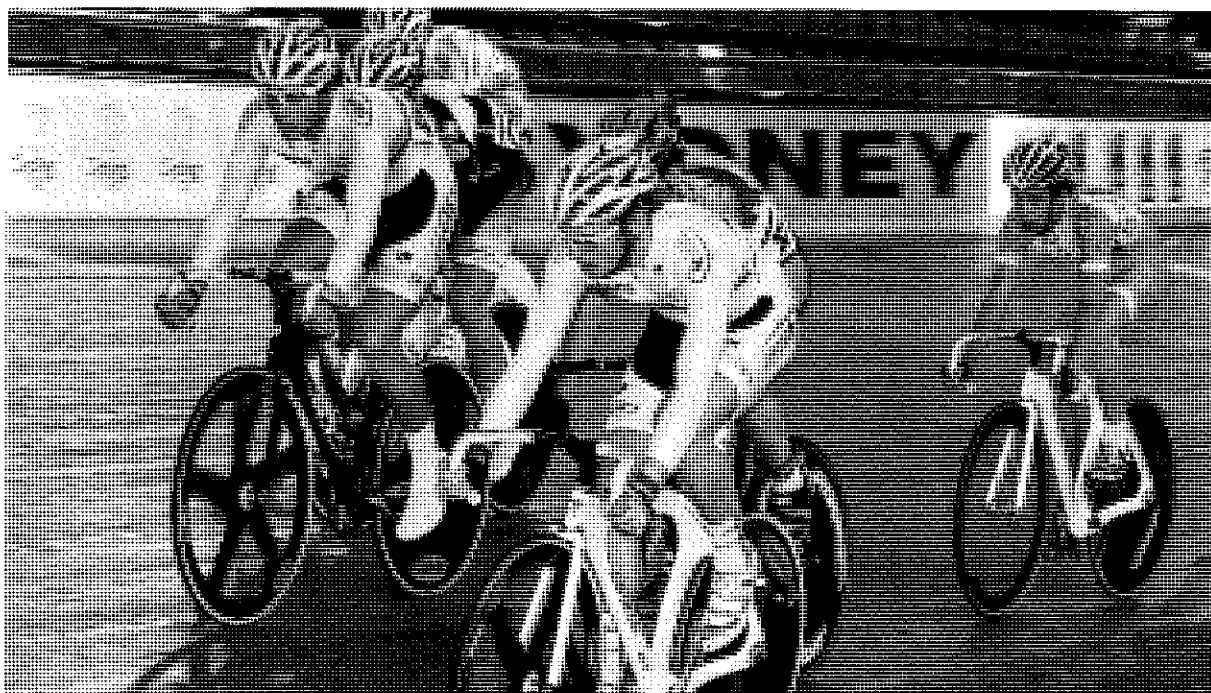
Athlete Highlights

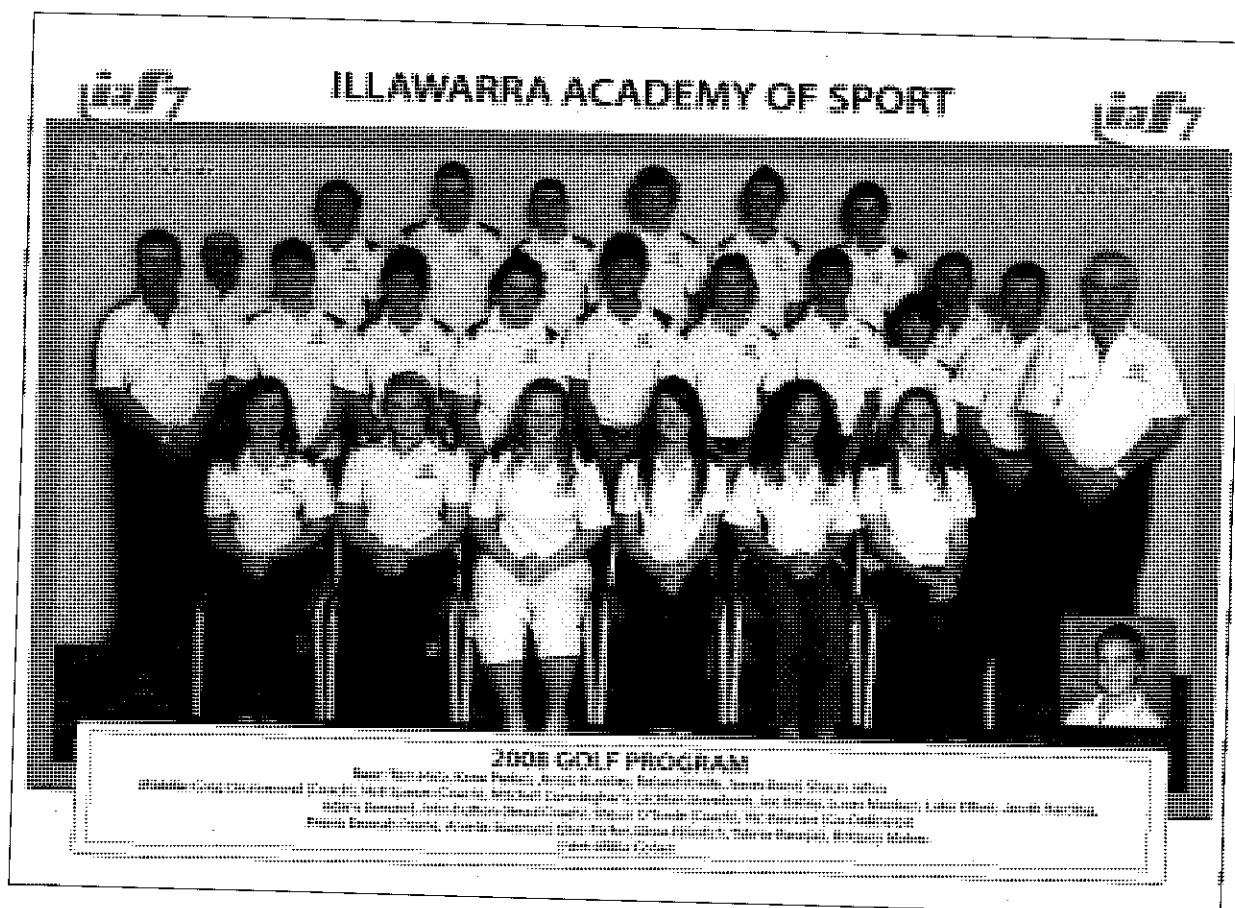
Squad Tours: Wagga - Gwen French Memorial Junior 2 Day Tour
Canberra - Kawolski Preparation Camp & Junior Tour & AIS education session. Day camp at Wollongong Novotel.

Athlete Achievements:

Junior World Track Championships Medallist - Scott Law
Oceania Cycling Championships Medallist - Scott Law
National Championships Medallists - Scott Law, Tirian McManus, Caleb Ewan, Jackson Law, Kelly Mackie & Aaron Donnelly.

The Academy thanks Cycling NSW and the NSW Institute of Sport for their valued assistance with the Cycling Program as well as its collective of sponsors.





The Academy appreciates the support and financial assistance from the Illawarra District Golf Association and the NSW Golf Association.

GOLF PROGRAM 2008

Program Outcomes

To assist athletes reach the next level of competition in their sport. Assist progression to NSW junior state squads & teams.



Athlete Selection

Athletes were short-listed based on handicap. Previous scholarship holders were also required to demonstrate improved performance over their scholarship year to be eligible for a further scholarship term. New nominees were required to attend an interview. The selection panel included Academy coaching staff and an independent selector who made athlete selection recommendations to the Academy.

Program Components

The squad benefited from high-tech video analysis of their golf swing, one-on-one coaching instruction, fitness testing and monitoring. Education sessions focussed on areas such as goal setting, mental rehearsal, playing in various weather conditions, tournament preparation, public speaking, and nutrition.

Program Snapshot

Ages: 14 - 17 years during scholarship
Squad: 20 athletes - 13 males and 7 females
Program year: March - November (9 Months)
Key people: John Hufton (Head Coach/Professional)
Greg Drummond (Coach/Professional)
Shaun O'Toole (Coach/Professional)
Neil Spiers (Coach/Professional)
Vic Burrows (Coordinator)

Highlights

Tours: Tuggerah - Tuggerah Lakes Junior Open
Goulburn - Brett Ogle Junior Masters

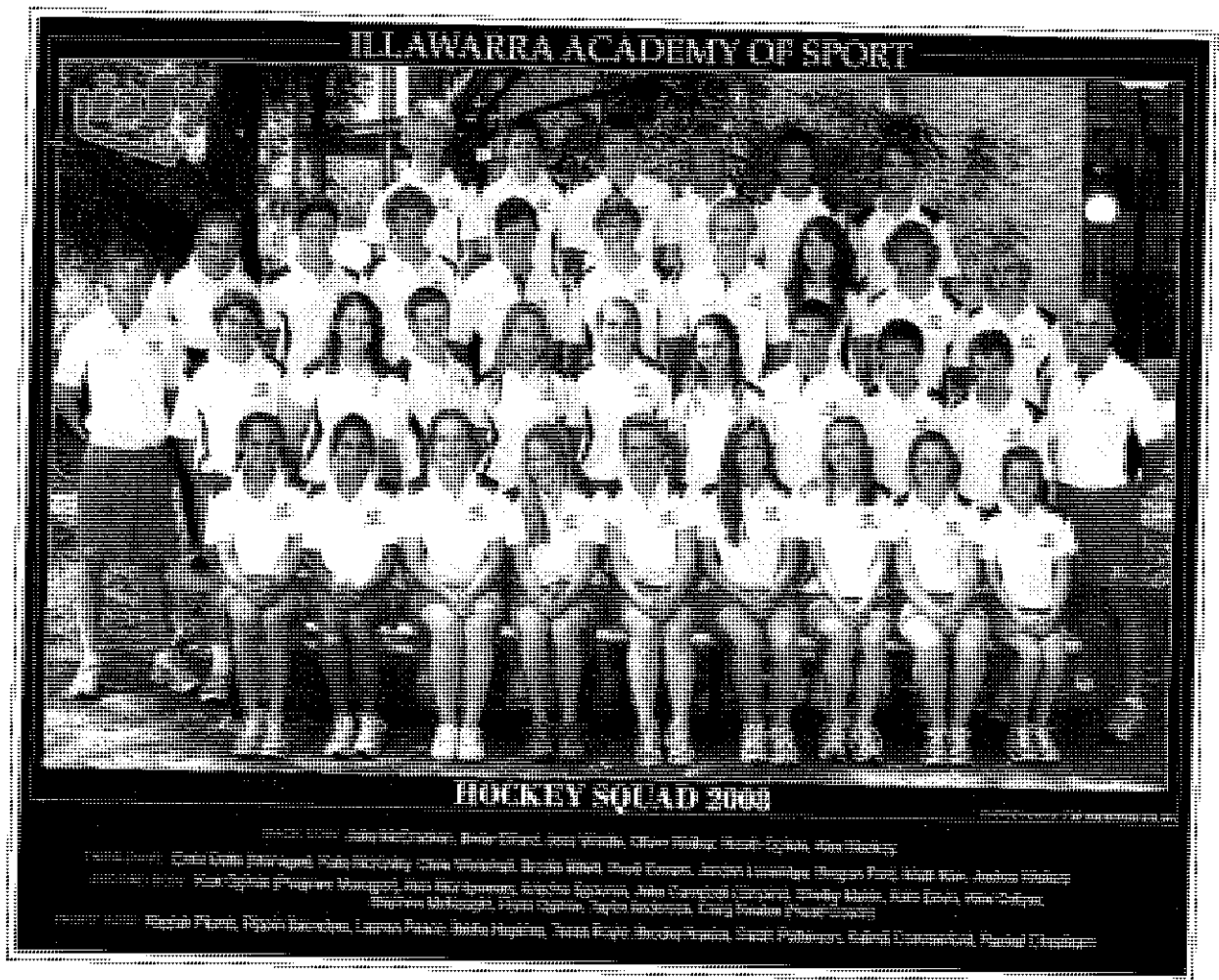
Athlete Achievements:

Golf Australia Cup Nett Winner - Brittany Maher
State Age Championship Nett Winners - Roland Krelle & Brittany Maher
State Age Championship Awards - Jacob Harding, Luke Elliott, Kane Parkes, Tahniah Ravnjak, Thomas Holz & Elissa Nikolich.

The squad as a whole attended two targeted events at Tuggerah Lakes and Goulburn - athletes were in-camp for these events and worked on course review and preparation with their coaches.

The Golf Program is supported by the Illawarra Golf Association.

2008 HOCKEY



The Academy appreciates the support and financial assistance from sponsor Credit Union Australia and Hockey Associations across the region: Illawarra, Shoalhaven, Southern Highlands and South Coast.

HOCKEY PROGRAM 2008

Program Outcomes

The program seeks to assist athletes reach the next level of competition in their sport. Assist progression to NSW & NSW Country Under 17 boy's & Under 17 girl's squads and NSWIS EAP squad.

Athlete Selection

Athletes were selected following trials conducted throughout the Academy region in the Illawarra basin and Highlands. Two trials were held prior to final selection. Selectors included Academy coaching staff and Hockey NSW/NSWIS coaches who made athlete selection recommendations to the Academy.

Program Components

The 2008 Credit Union Australia Hockey Program consisted of regular training and education sessions, as well as sessions focusing on speed and agility and weights technique. The squad attended the Inter-Academy Challenge in Newcastle where they competed against other regional academies from across NSW.

The program concluded with a visit by and discussions with local hockey Beijing Olympians Casey Eastham (Hockeyroos) and David Gentles (Umpire- Men's Gold Medal Match).

The Hockey Program thanks the NSW Institute of Sport, and hockey associations of the Illawarra, South Coast, Shoalhaven, Southern Highlands Hockey and NSW for their continued support.

Program Snapshot

Ages: Pre-elite program - 15 - 17 during scholarship
Squad: Pre-elite program - 33 athletes: 16 males and 17 females
Program year: October - October (12 months)
Key people: Craig Nealon (Coordinator)
Melissa Davis (Coach)
Samantha Gillard (Squad Coach)
Ernie Betts (Manager)
John Campbell (Umpire)
Carly Fitzpatrick (Umpire)

Highlights

Tours: Newcastle - Inter Academy Games
Events: Olympians visit - Discussions with Casey Eastham and David Gentles.

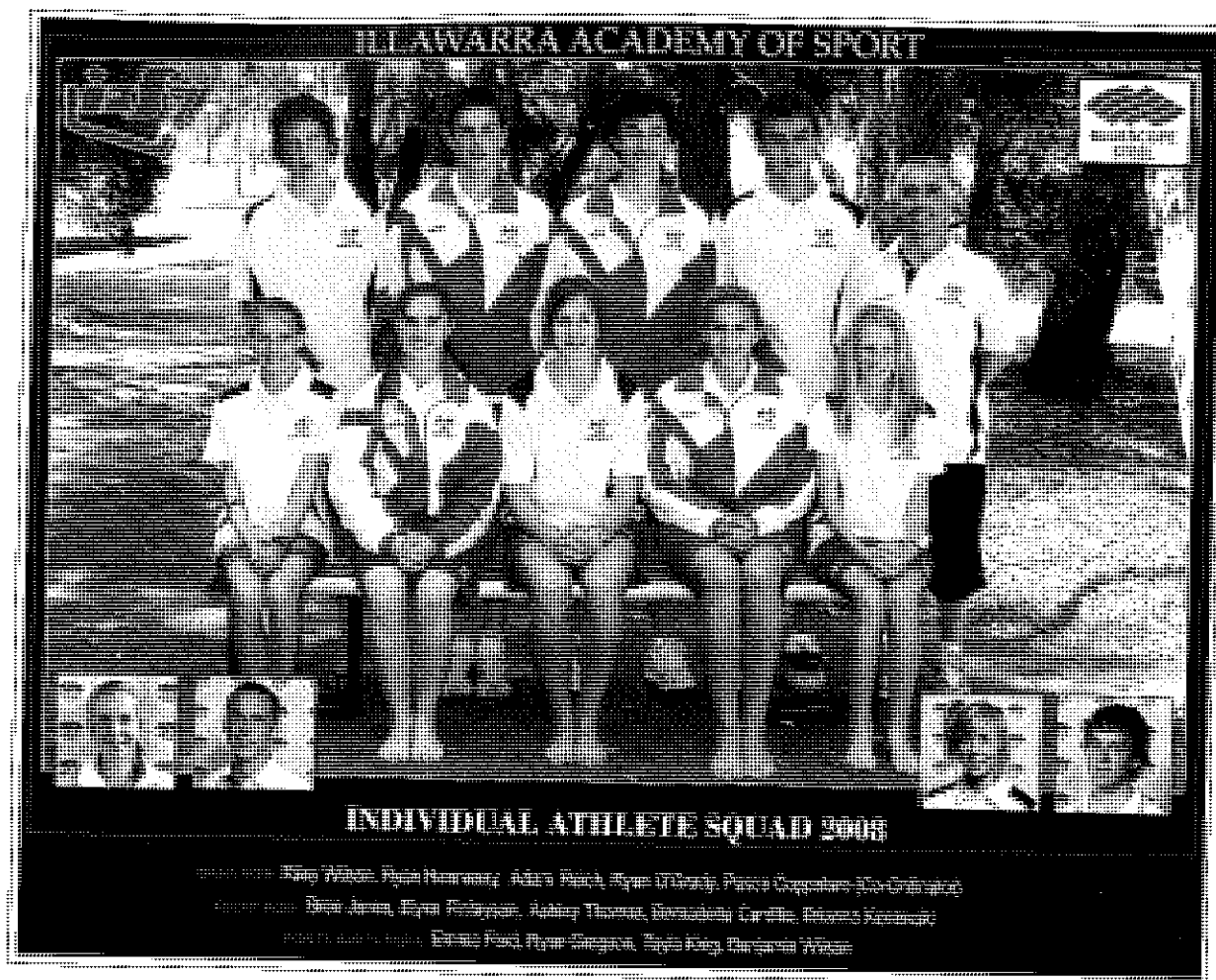
Athlete Achievements:

NSW Field Hockey Representatives - Kate Davis, Kizziah Plumb, Flynn Ogilvie, Scott Govers, Oliver Walker.

NSW U18 Indoor Hockey Representatives - Kate Nealon, Heath Ogilvie, Josh Walters, Bede Gillard.

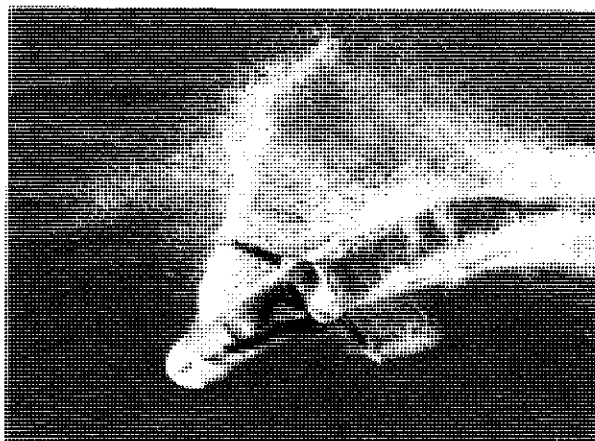


2008 INDIVIDUAL ATHLETE PROGRAM



The Academy appreciates the support and financial assistance from sponsor BlueScope Steel.

INDIVIDUAL ATHLETE PROGRAM 2008



Program Outcomes

To assist athletes reach the next level of competition in their sport. Assist progression to NSW junior state teams and/or national or international competition levels.

Athlete Selection

Athletes nominated for scholarships and provided a detailed list of their existing achievements. An endorsement and ranking from their state sporting organisation was sought in order to adequately assess the merits of their nomination. Only athletes from sports recognised under the NSW Sport & Recreation's Sports Development Program were eligible for consideration.

A selection panel, including representatives from a range of sporting backgrounds, assess each nomination and made final recommendations to the Academy for scholarship offers.

Program Snapshot

Ages: 14 - 18 years during scholarship
Squad: 15 athletes - 6 males and 7 females
Program year: October - October (12 months)
Key people: Pasco Coppolaro (Co-ordinator)

Highlights

Athlete Achievements:

Athlete Achievements:

Australian Teams - Ryan Gregson (Athletics & Cross Country), Megan Field (Gymnastics),

National Championship Medallists - Ryan Gregson, Ryan O'Grady, Tayla King, Megan Field & Adam Reich

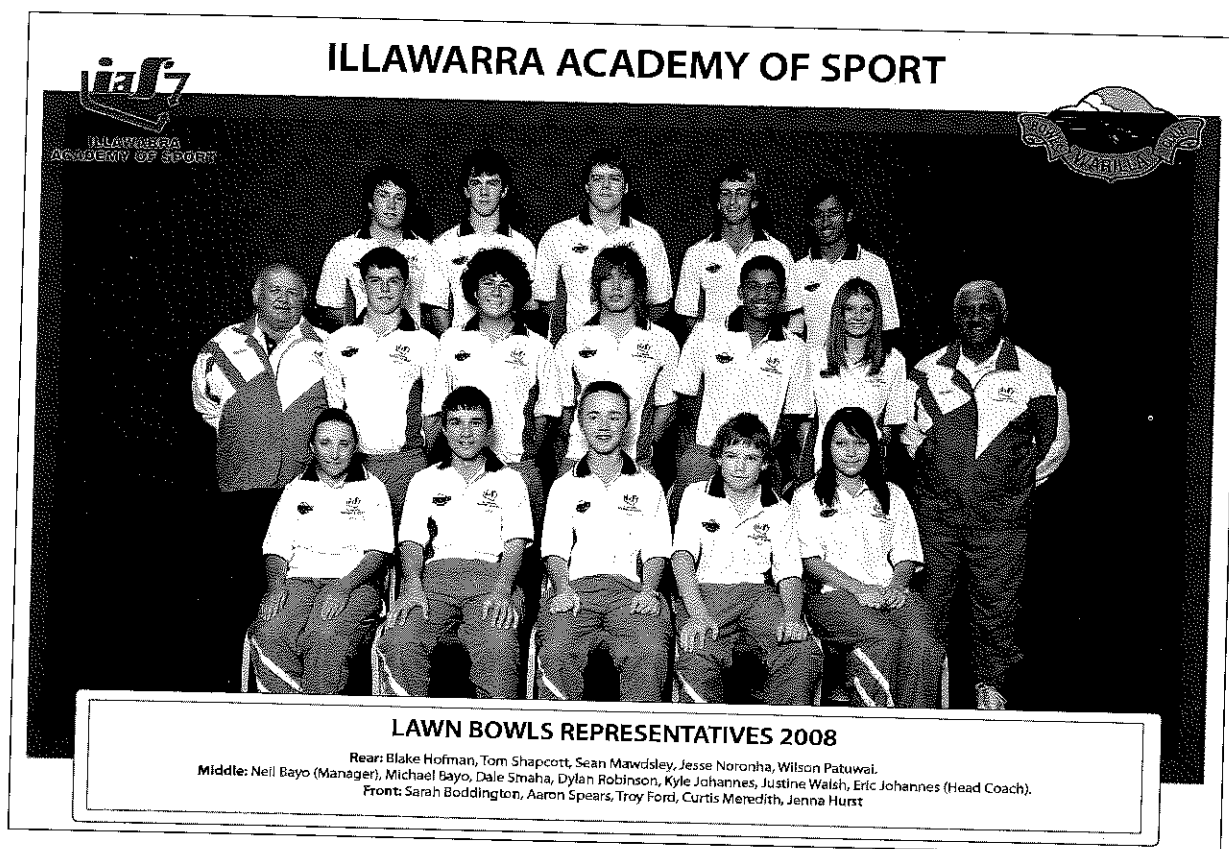
Program Components

2008 was the sixth year for the Individual Athlete Program, with 13 athletes from 7 different sports, including surf life-saving, athletics, tennis, basketball, football, triathlon & mountain biking.

The program provided financial assistance, sport science and education sessions which were tailored to suit each individual and the demands of their sport.

This too was the fifth year of sponsorship by BlueScope Steel and the Academy greatly values their contribution to the program.

2008 LAWN BOWLS



The Academy appreciates the support and financial assistance from Royal NSW Bowls Association, Zone 16 Bowls, South Coast District Bowls, Southern Tablelands Bowls and Warilla Bowls & Recreation Club.

LAWN BOWLS PROGRAM 2008

Program Outcomes

To assist athletes reach the next level of competition in their sport. Assist progression to NSW U18 squads, which is the highest level of aged based competition in the sport at present for these athletes available.

Athlete Selection

Athletes were selected following an open trial conducted at Warilla Bowls & Recreation Club. A selection panel, comprising representatives of the Academy coaching staff and a RNSWBA representative, made athlete selection recommendations to the Academy. Interviews were then conducted with athletes & parents prior to scholarships being offered.

Program Components

The sport of Lawn Bowls returned to the Academy in 2008 for the first time in a number of years. The shortened program saw the squad come together to train at Warilla and Bomaderry bowling clubs. The squad also competed against the Under 25 representative team from Zone 16. The program will look to build in 2009 to include more squad competition opportunities and match play against other NSW regional academies.

The Lawn Bowls Program receives great support from its major sponsor Warilla Bowls & Recreation Club along with Royal Bowling Association of NSW, Zone 16, South Coast District and Southern Highlands Bowling Associations.

Program Snapshot

Ages: 14 - 18 during scholarship
Squad: 16 athletes - 12 male; 4 female
Program year: May to December (8 months)
Key people: Eric Johannes (Head Coach)
Neil Bayo (Manager)

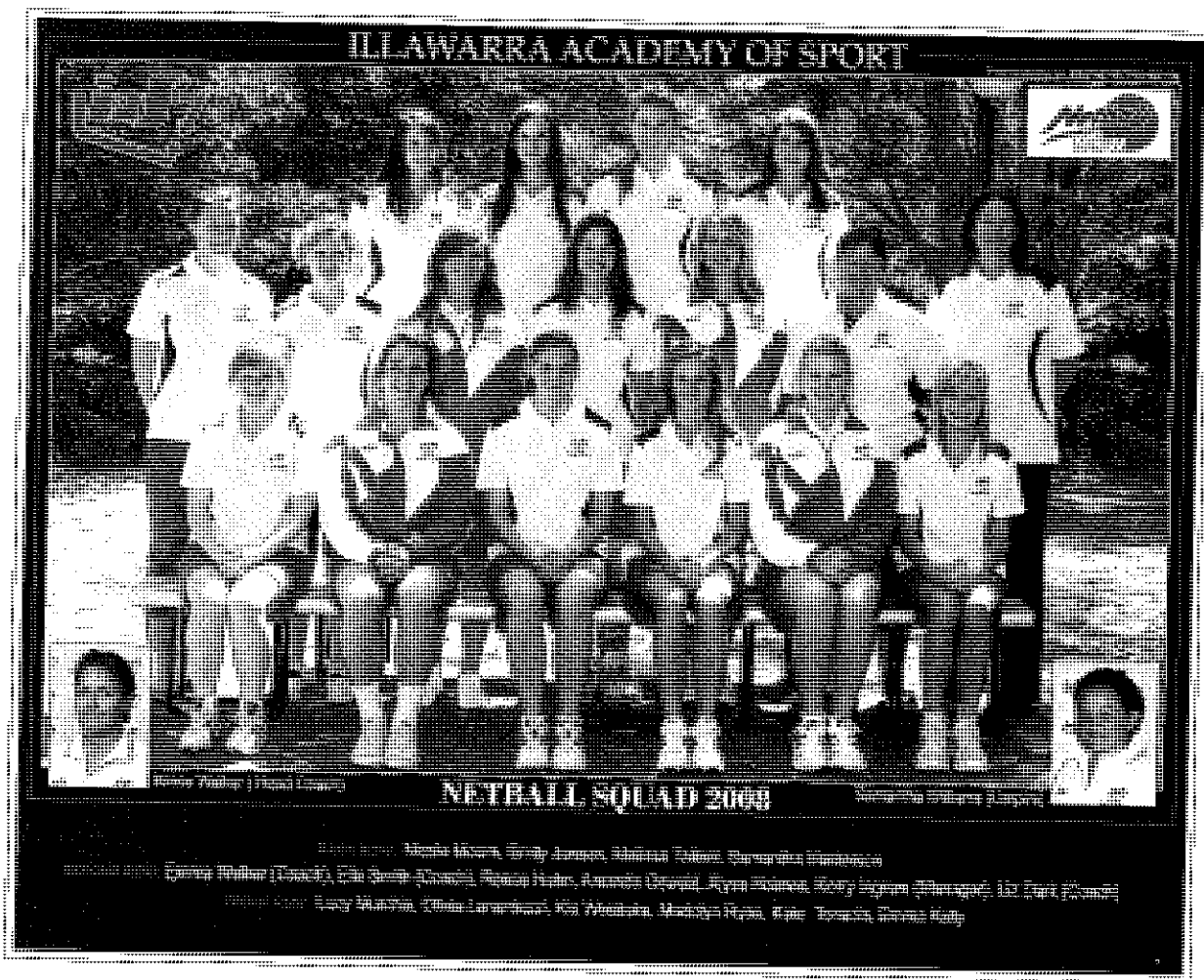
Highlights

Competition vs Zone 16 U25 Squad
Day camp at Warilla Bowls & Recreation Club

Athlete Achievements:

NSW Representatives – Sarah Boddington, Kyle Johannes, Troy Ford, Wilson Patuwai, Jesse Noronha
NSW Schools Representatives – Sarah Boddington, Kyle Johannes, Troy Ford, Wilson Patuwai, Jesse Noronha, Dylan Robinson
Australian Championships Medallist – Kyle Johannes

2008 NETBALL



The Academy appreciates the support and financial assistance from Netball NSW and Netball Associations across the region: Illawarra, Shoalhaven, Kiama, Ulladulla and Southern Highlands.

NETBALL PROGRAM 2008



Program Outcomes

To assist athletes reach the next level of competition in their sport. Assist athletes progress to NSW Under 17 & 19 squads & NSWIS.

Athlete Selection

Athletes were selected following trials conducted throughout the Academy region. Two trials were held prior to final selection. A selection panel, comprising representatives of the Academy coaching staff and Netball NSW coaches, made athlete selection recommendations to the Academy.

Program Components

The netball scholarship program in 2008 provided the athletes with an increased number of competition opportunities. The squad had three round robin weekends in Canberra, competed in tournaments in Liverpool, Maitland and Lidcombe and participated in matches against Metropolitan squads throughout

Program Snapshot

Ages: 15 - 18 years during scholarship
Squad: 13 females
Program year: October - September (12 months)
Key people: Kerrie Ingram (Manager)
Liz Dark (Head Coach)
Samantha Williams (Umpire)
Elle Smith (Squad Coach)
Emma Walker (Squad Coach)

Highlights

Camps & Tours: Curtin Raiser game prior to NSW Swifts match
Squad Camp - Chevalier College, Bowral
NIB Games - Maitland Tournament
Inter Academy matches in Canberra (3 rounds).

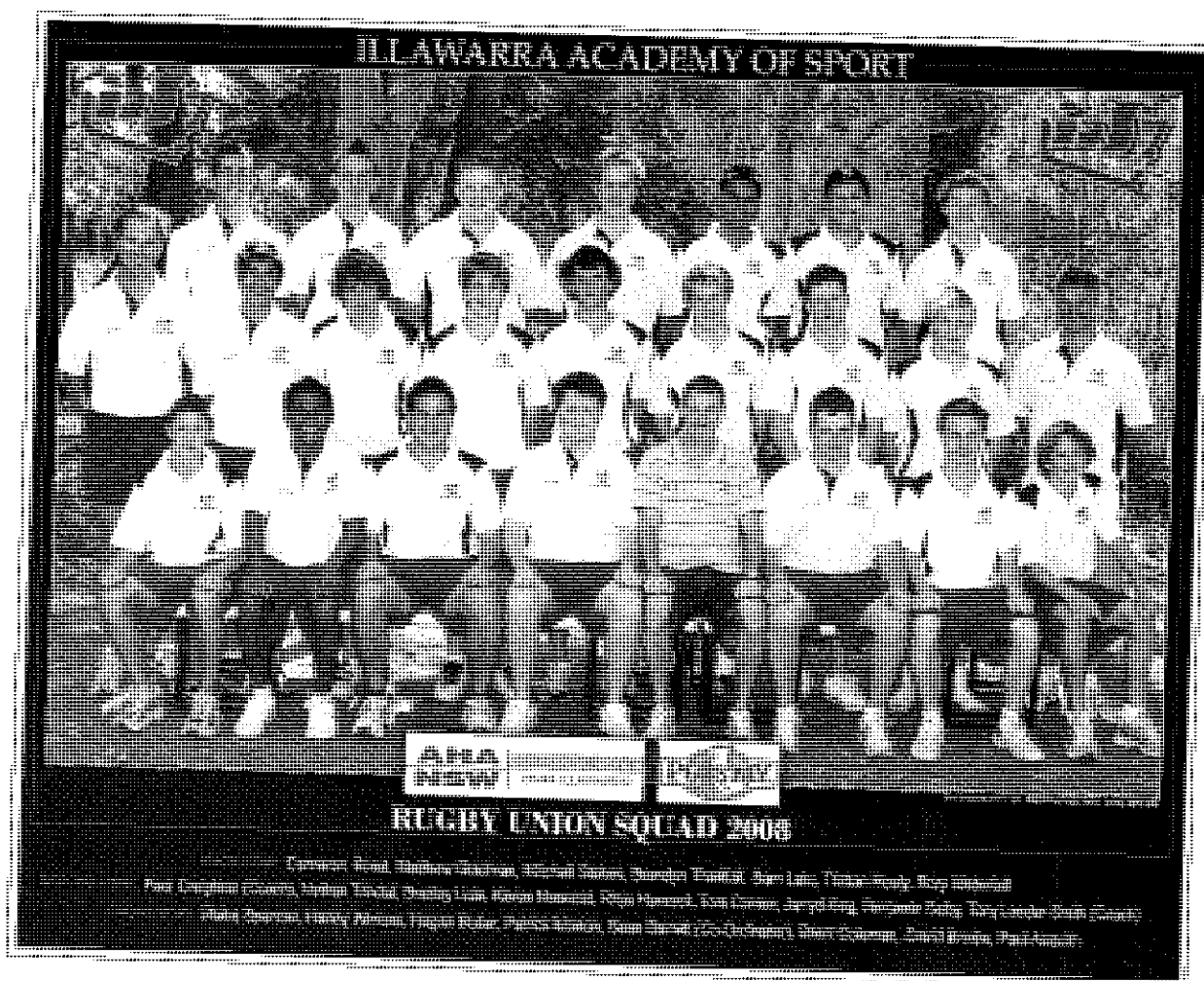
Athlete Achievements:

NSW Schools Representative - Melissa Tallent & Madolyn Ryan

winter, including a curtain raiser prior to a Sydney Swifts match. This was on top of regular training and education sessions and a squad camp in Bowral.

The Netball Program receives great support from Netball NSW and the Illawarra, Kiama, Shoalhaven, Ulladulla and Southern Highlands Netball Associations.

2008 RUGBY UNION



The Academy appreciates the support and financial assistance from sponsors Pubstay, AHA Illawarra, Illawarra District Rugby Union and NSW Rugby.

RUGBY UNION PROGRAM 2008

Program Outcomes

To assist athletes reach the next level of competition in their sport.

Assist progression to NSW & NSW Country under 15 & Under 16 squads, which is the highest age based level of competition available.

Athlete Selection

Athletes were selected following trials conducted throughout the Academy region. Two trials were held prior to final selection. A selection panel, comprising representatives of the Academy coaching staff, Illawarra Junior Rugby Representative Co-ordinator and NSW Rugby Manager, made athlete selection recommendations to the Academy. An athlete assessment was conducted at the final trial to assess physiological capabilities.



Program Components

The program was developed in close consultation with NSW Rugby Training and Development Department.

The main coaching areas covered in the program were non-negotiable core skills, individual position specific skills and unit skills, with education sessions covering injury prevention and recovery, Drugs in Sport, public speaking and nutrition.

The program was conducted weekly and aimed at preparing players for the new season and representative programs.

The squad attended the Regional Academy Camp which was held in conjunction with the HSBC Waratah's Super 14 trial match at Central Coast. This camp involved playing other regional academies in a 10-a-side tournament and featured guest sessions from NSW Rugby and Waratah coaching and technical staff.

The squad also had a day camp at Berry, a demonstration match during the Kiama 7's tournament, specialist coaching sessions, and a range of education sessions including a referees course following which, a number of athletes refereed at the junior Illawarra rugby gala day.

The 2008 Pubstay Rugby Union program was run in the off-season, allowing Academy scholarship holders to further their skills, knowledge and fitness without disruption to their club and representative commitments.

The Academy thanks Pubstay & the Australian Hotels Association Illawarra, the senior and junior Illawarra District Rugby Union Associations, and NSW Rugby Union for their continued support of the program.

Program Snapshot

Ages: 15 – 16 during scholarship
Squad: 21 athletes (male)
Program year: October to October (12 months)
Key people: Paul Creighton (Squad Coach)
Tony Leeder-Smith (Squad Coach)
Sean Barrett (NSWRU Rugby Manager and Mentor Coach/Co-ordinator)

Highlights

Attendance at Waratah's v Brumbies Super 14 trial match

Waratah HPU and Junior Waratah's Coaching sessions

Tours: Central Coast- Waratah Regional Camp

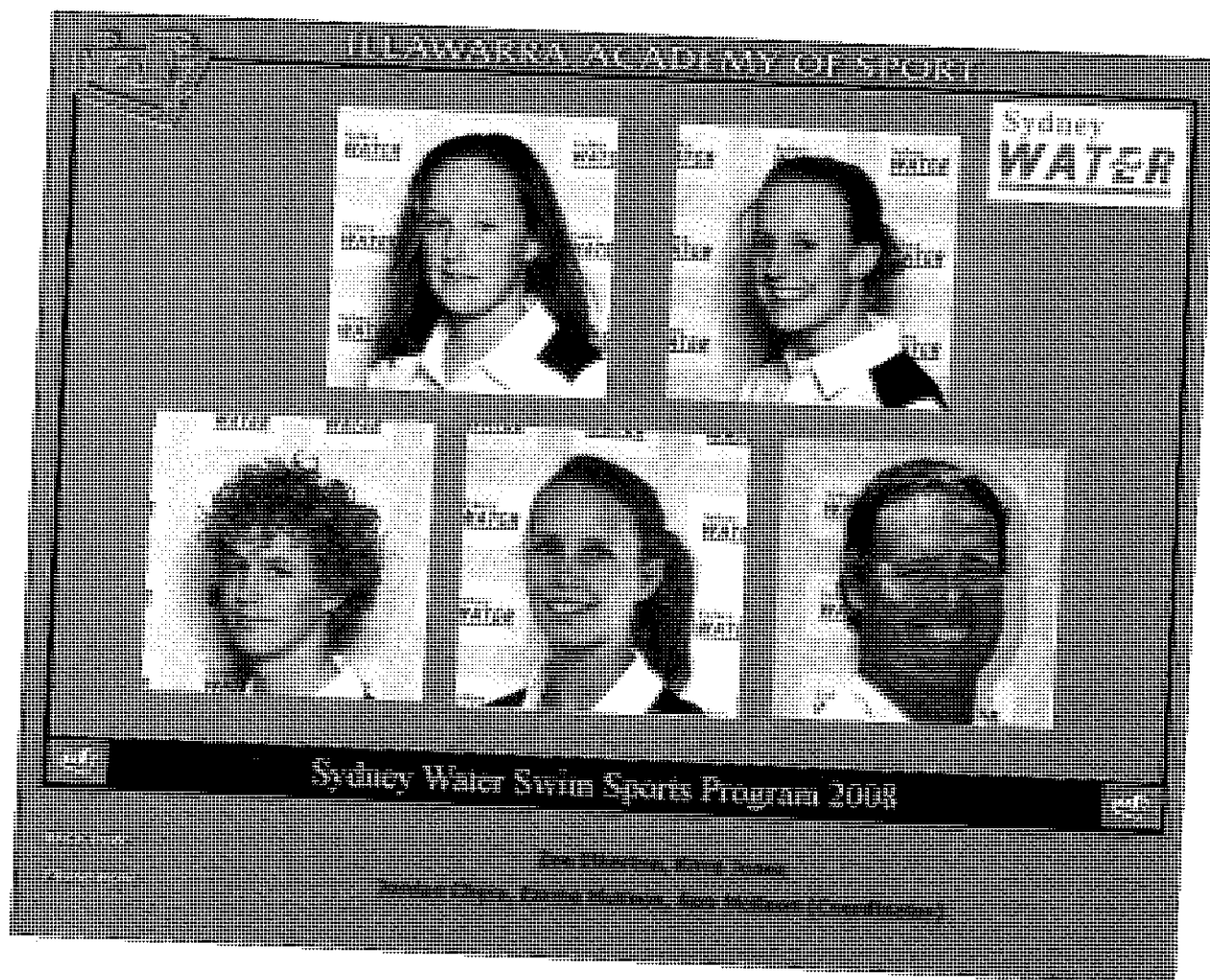
Athletes Achievements:

ARU National Talent Squad – Tom Connor & Cameron Bond

NSW Country Teams – Nathan Trindall, Rhys Hancock, Tristan Healy, Tom Connor, Ben Selby, David Brodie, Matt Gladman

NSW Schools Teams – Sam Latu & Nathan Trindall

2008 SWIM SPORTS



The Academy appreciates the support and financial assistance from sponsor Sydney Water, the South Coast and Tablelands Swimming Association, NSW Swimming and the NSW Institute of Sport.

SWIM SPORTS PROGRAM 2008

Program Outcomes

To assist athletes reach the next level of competition in their sport.

Assist progression to NSWIS squads and representative in finals at Age National Championships.

Athlete Selection

Athletes were selected following 2008 Australian Age National Championships. Athletes who made age finals at the national championships and who fulfilled the age and residential criteria were offered a scholarship.

Program Components

2008 saw the introduction of the Swim Sports program to the Academy under the guidance of Ron McKeon.

The program, for its first year, focussed activities in the latter half of 2008.

The athletes undertook their daily training program with their own private coaches with the Academy providing education, testing and video analysis. Education sessions throughout the year included goal setting, media skills & interview techniques and core strength & flexibility.

Program Snapshot

Ages: 15 - 16 during scholarship

Squad: 4 athletes - 1 male, 3 females

Program year: July to February (8 months)

Key people: Ron McKeon (Coordinator)

Highlights

Athletes Achievements:

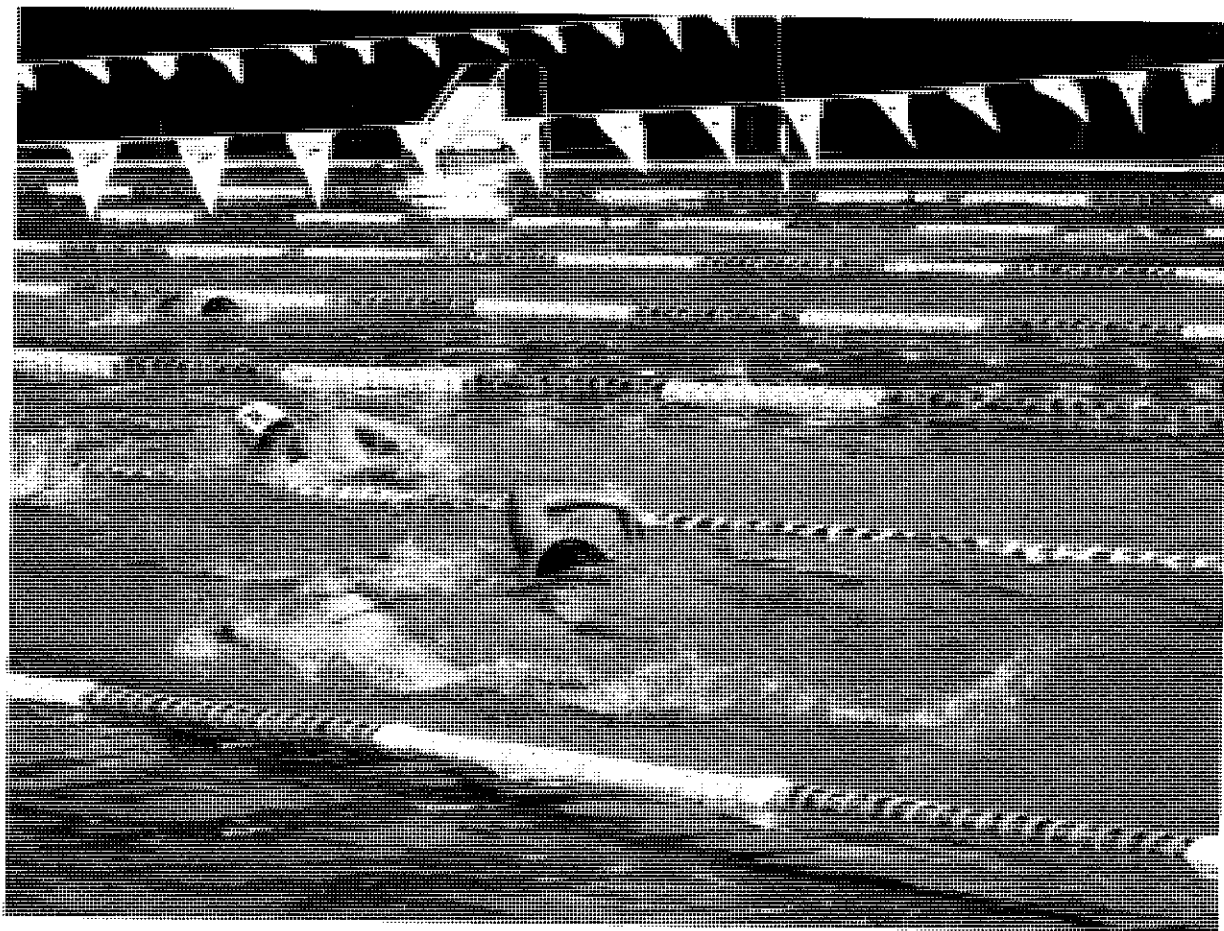
Pacific Schools Games (Medallists) – Emma McKeon & Zoe Elkerton.

State Open Short Course (Medallist) – Emma McKeon

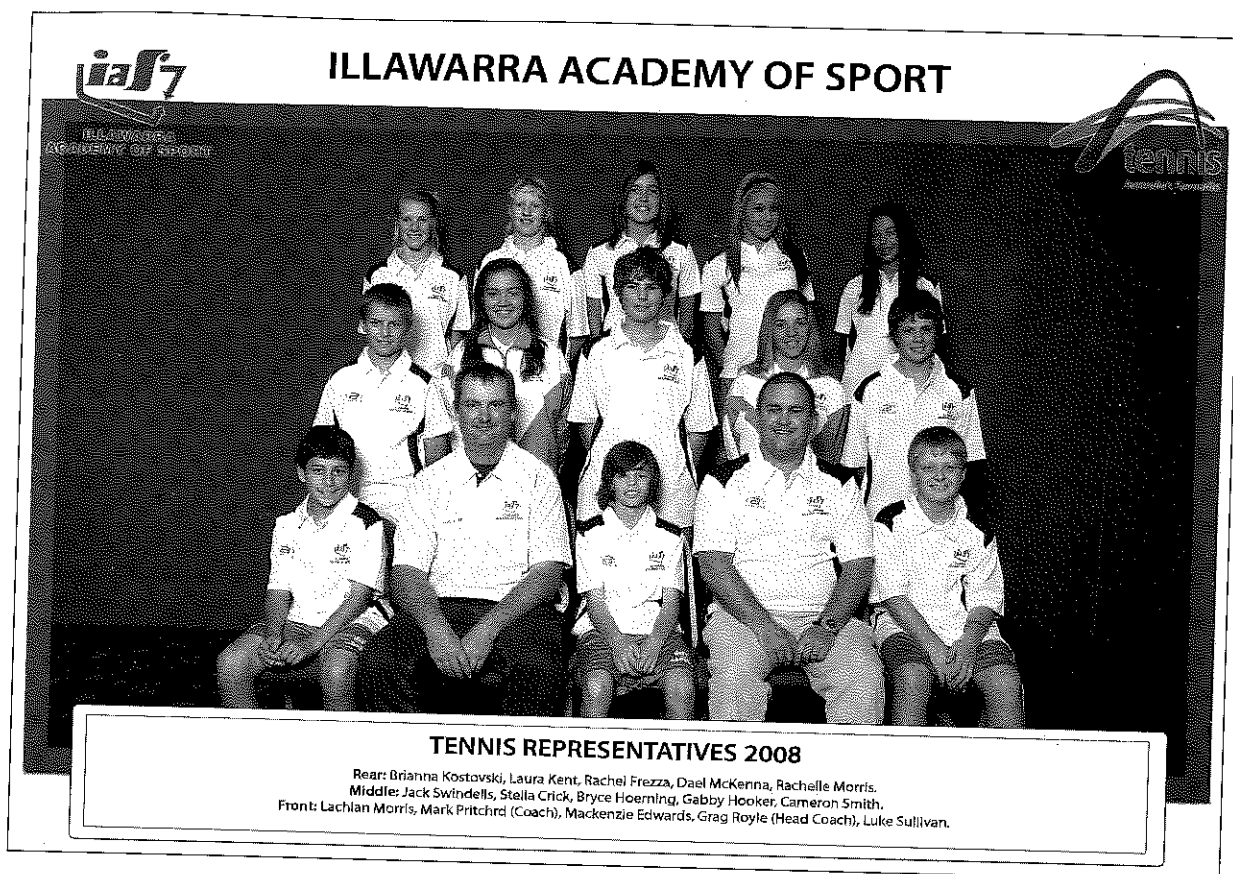
State Age Short Course (Medallists) – Emma McKeon & Jordan Chyra.

In addition to a partnership with Sydney Water, the Swim Sports program is also supported by the South Coast & Tablelands Swimming Association.

The program was developed in close consultation with NSWIS and SCAT Swimming groups.

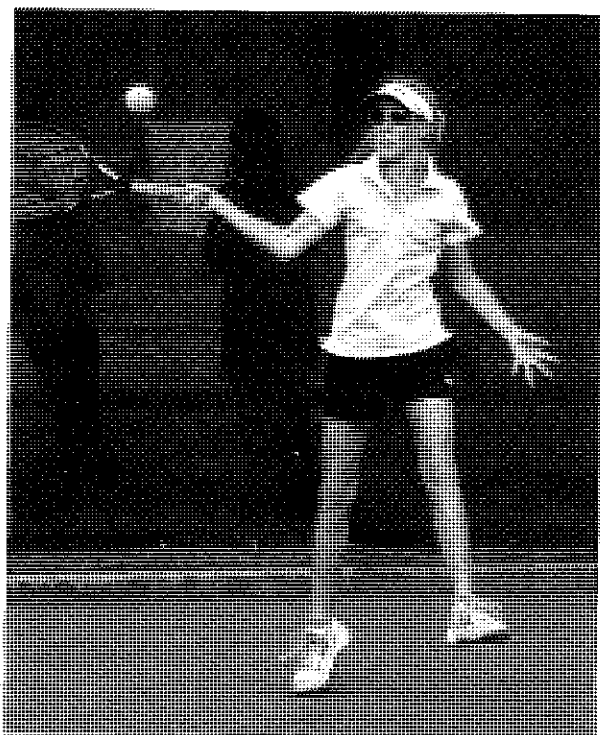


2008 TENNIS



The Academy appreciates the support and financial assistance from Tennis NSW.

TENNIS PROGRAM 2008



Program Outcomes

Pre-elite program - To assist athletes reach the next level of competition in their sport.

Assist progression to NSW squads and NSWIS squads.

Athlete Selection

Athletes were selected for this first year of the program based on national rankings and recommendations from Tennis NSW. A selection panel, comprising representatives of the Academy coaching staff, Local tennis representatives and Tennis NSW representatives made athlete selection recommendations to the Academy.

Program Components

The sport of Tennis was introduced to the Academy in late 2008 for the first time. The program will continue through until late 2009. So far the squad has had a number of on-court sessions split across Wollongong and Bomaderry tennis centers and will also utilise the Bowral tennis centre in 2009. The squad has education components including video shot analysis, sports psychology, speed and agility, nutrition and core strength, amongst others. The squad has tours to Gosford, Canberra and Parkes during the program.

The Tennis Program receives great support from Tennis NSW.

Program Snapshot

Ages: 14 - 18 during scholarship
Squad: 13 athletes - 6 male, 7 female
Program year: October to September (12 months)
Key people: Greg Royle (Coach)
Mark Pritchard (Coach)

Highlights

Squad Tour - Parkes

Squad Tour - Gosford Mentor Tournament

Squad Tour - ACT Junior Open & AIS Visit

Athletes Achievements:

2008 ACT Junior Challenge Semi-finalist Girls 14s Singles - Laura Kent

2008 ACT Junior Challenge Finalist Girls 14s Doubles - Laura Kent

Parkes Junior Open Winner Girls 13yrs Single - Laura Kent

Parkes Junior Open Winner Girls 14yrs Singles - Gabrielle Hooker

2008 ACT Junior Challenge Finalist Boys 14yrs Doubles - Jack Swindells

2008 Parkes Junior Open Finalist Boys 14yrs Doubles - Jack Swindells & Bryce Hoerning

2008 Medibank Cup Semi Finalist Boys 14yrs Doubles - Jack Swindells

2008 ACT Junior Challenge Semi-Finalist Girls 18 Singles - Dael McKenna

The tennis program in it's first year will be conducted over 18 months. Athletes in the program will graduate following 2009.

ILLAWARRA ACADEMY OF SPORT ATHLETE AWARDS 2008

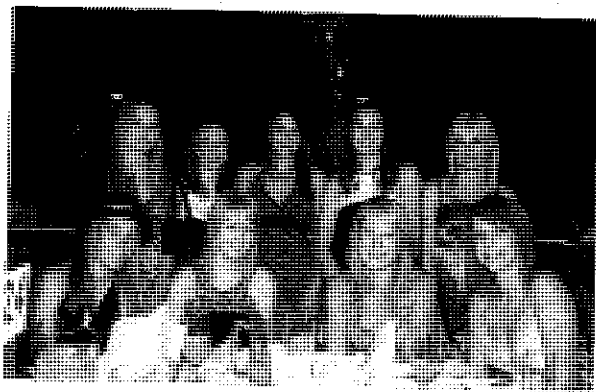
Presentation Night 2008

For the seventh year, the Annual Athlete Graduation and Presentation Night was held in the Union Hall at the University of Wollongong. The event attracted over 300 people including dignitaries, athletes, coaches and family members.

Amy Taylor from WIN Television oversaw the presentation of awards as masters of ceremonies. The event acknowledged the achievements of the 2008 Academy athletes and recognised the level of commitment and dedication they showed in striving for excellence in their sport.

The evening also paid tribute to the supporters of the Illawarra Academy of Sport whose collective support ensures that opportunities exist for the region's talented junior sportspeople to progress to a high level within their sport.

As a key part of the evening, the Academy recognises, from within each sport, a sport athlete who has excelled in their scholarship year. Over and above those awards is Tobin Family Award for the Academy's Athlete of the Year.



The Tobin Family Award

The Tobin Family Award recognises the Illawarra Academy of Sport's Athlete of the Year.

2008 is the seventh year the award has been presented. The Award acknowledges excellence in athlete performance in the scholarship year. It is selected from athletes across all Academy sport programs.

The Award has been named in recognition of the contribution, over many years, made by the Tobin Family to sport in the Illawarra and specifically the Illawarra Academy of Sport.

The recipient of the Award will receive a trophy and a \$5,000.00 scholarship - courtesy of The Illawarra Mercury - to assist their further development in sport.

Past recipients have been Rebecca Borgo (2002, Cycling), Anita Cowley (2003, Freestyle Canoe), Keiran Govers (2004, Hockey), Amiel Cavalier (2005, Mountain Bike) and Sally Fitzgibbons (2006 & 2007, Surfing).

Ryan Gregson



Ryan's scholarship year of 2008 was one dreams are made of! He represented Australia at both the cross country and track championships at World junior level. On the local front, Ryan won numerous state and national championships

and basically ran the entire season undefeated at age group level. During his 2008 scholarship year he set 4 new Australian records and 7 NSW records.

Last October, he ventured to Tasmania to take on the cream of Australia's best long distance runners in a 10km road race. He surprised everyone, including himself, by winning the race and running 29 minutes for 10km.

Ryan has held a scholarship at the Academy for the past 4 years. His talent is unquestionable and his sportsmanship on display at all times.

ILLAWARRA ACADEMY OF SPORT ATHLETE AWARDS 2008 *CONTINUED*

Cricket - Matthew McKenzie



Matthew is a talented batsman who displays maturity beyond his young age. This was evident during 2008 with Illawarra selectors naming Matthew in not only the U16 team but also in the under 17 and under 19 representative teams.

Matthew's attitude toward training, coaches and team mates made him a valuable member of the Academy

cricket program. He was always willing to listen and learn and encourage those around him to also achieve their best.

Hockey - Oliver Walker

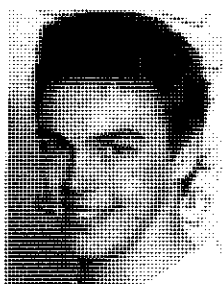


Oliver is a gifted athlete who is a vital member of the IAS hockey program. His training ethic and attitude on and off the field make him a role model for the younger players.

In 2008 Oliver was chosen in the NSW under 18 team to compete at the National championships despite being a year younger than most

other athletes in the team. He was a vital part of the team at the championships, scoring four goals.

Cycling - Scott Law



In 2008 Scott continued the excellent form he showed in 2007. He once again was selected in the Australian Junior Team and competed at the World Junior Track Championships, where he won silver and bronze medals.

Scott leads the squad by example at training or whilst racing. He attends all sessions and is always attentive

and supportive. He presents well and represents himself, his club, the IAS and all the sponsors in the manner befitting an athlete with his talent.

The selection panel for the Tobin Family award made special mention for Scott due to his exceptional performances in 2008.

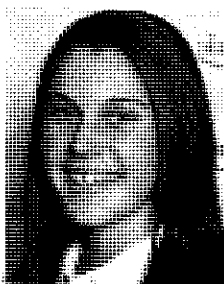
Individual Athletes - Adam Reich



Adam is a dedicated athlete. Since being inducted into the Academy's Individual Athlete Program in 2006, Adam has never missed a session. Last year he represented NSW U18 Country Basketball for the 4th year in a row and his U17 Country team medalled at the Pacific Coast Slam - a tournament against other teams from Australia and New Zealand.

Adam is a fine role model for the other athletes as he demonstrates at all times, his desire to improve and willingness to share what he knows with others.

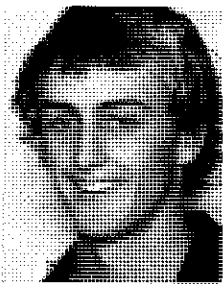
Golf - Brittany Maher



Brittany was one of the real improvers of 2008. She was in contention in most of the tournaments in which she competed. Brittany won a number of local events and was the nett champion in the 16 years girl's category at the state age championships. This result saw her take out the overall nett winner in the Golf Australia cup.

Brittany's infectious smile and enthusiasm makes her a popular member of the IAS golf squad. She attended all sessions and was always keen to get involved.

Lawn Bowls - Jesse Noronha



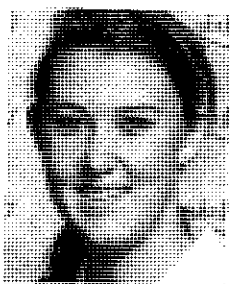
Jesse has been a member of the NSW squad and one of the best 12 bowlers in the state in the under 18 category for the past two years.

Jesse is another who attends all the education and training sessions. He listens eagerly and is always willing to participate. Jesse has won numerous club championships against senior opponents and last year was runner

up in the men's triples at the state open championships.

ILLAWARRA ACADEMY OF SPORT ATHLETE AWARDS 2008 *CONTINUED*

Netball - Melissa Tallent



Melissa is an extremely determined and focused individual. She has a very positive attitude and always gives 100%. She attends all training and education sessions and shows genuine interest in learning.

Just recently she was rewarded for her consistency with selection into the NSW under 19 state squad. This is the second year in a row that

Melissa has won this award.

Swim Sports - Emma McKeon



Emma is a very quiet and talented individual. Her performances in the pool in 2008 have seen her win several medals at state level and last December set a record at the Pacific School Games in Canberra.

She shows a willingness to learn and dedication to improving performance both in and out of the pool.

Rugby Union - Tom Connor



This is the second year in a row that Tom has been selected as the athlete of the year for the Rugby Union program.

Tom's performance for Illawarra led to his selection for NSW Country at the National U16 Championships. His leadership helped NSW Country win the division 1 plate final and pick up the Nick Farr-Jones shield.

From there he was selected in the Australian Rugby Union National Talent Squad.

Tom's level of commitment to his squad or team has never been questioned and he is on track to take his talent to the next level.

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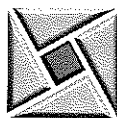


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SCHOLARSHIP HOLDERS 2008

Hockey

Taylor Anderson	Brodie Billett	Rachel Cheetham
Alex Collyer	Kalindi Commerford	Kate Davis
Brogan Ford	Bede Gillard	Scott Govers
Brooke Hawke	Bridie Hopkins	Jordan Loveridge
Alex Mackay	Shelby Makin	Jake McCracken
Kate McKinley	Stephen McNaught	Alex Montgomery
Kate Nealon	Heath Ogilvie	Flynn Ogilvie
Sarah Patterson	Lauren Peace	Kizziah Plumb
Matti Rae	Tessa Royle	Pippin Saunders
Ariadne Sgouros	Oliver Walker	Joshua Walters
Chris Whitehall	Jess Windle	

IAP

Bernadette Cardillo	Elyse Finlayson	Emma Ford
Ryan Gregson	Ryan Hennessy	Bree Jones
o Tayla King	Brianna Kostovski	Ryan O'Grady
Adam Reich	Ashley Thomas	Riley Wilson
Benjamin Wilson		

Netball

Rena Hahn	Alyse Holmes	Emily Jansen
Emma Kelly	Olivia Lenarduzzi	Samantha Masterson
o Nicole Moore	Lucy Murchie	Amanda Oswald
Madolyn Ryan	Melissa Tallent	Kate Tonacia
Kia Westlake		

Rugby Union

Paul Asquith	Cameron Bond	David Brodie
Hagan Butler	Brent Coleman	Tom Connor
o Matt Gladman	Rhys Hancock	Tristan Healy
Jarryd King	Sam Latu	Bradley Lisle
Patrick Morton	Kieran Norwood	Ben Selby
Blake Spencer	Mitchell Stokes	Brandyn Threlfall
Nathan Trindall	Rory Waterfall	Harley Winters

Cricket

Michael Arblaster	Dan Beasley	Mitchell Calder
Douglas Chisholm	Owen Chivers	Storm Collins
Samuel Flanagan	Kieran Gray	John Kirkby
o Lachlan Lamont	Jordan Matthews	Nathan McAndrew
Matthew McKenzie	William Norrie	Nicholas Reinhard
Rahil Verma		

Swim Sports

o Jordan Chyra	Zoe Elkerton	Kirra Jones
Emma McKeon		

Golf

Joe Bailey	Adam Barnard	Jason Bond
Jarryd Buckley	Mitchell Cunningham	Luke Elliott
Jacob Harding	Tom Holz	Shaun Julius
o Roland Krelle	Brittany Maher	Lucas Meehan
Elissa Nikolich	Elise Parker	Kane Parkes
Emmah Payne	Tahnja Ravnjak	Lachlan Staniforth
Amelia Stannard		

Cycling

Samuel Arnold	Isaac Beard	Shane Butler
o Aaron Donnelly	Caleb Ewan	Sandor Guggisberg
Madison Law	Scott Law	Jackson Law
Melanie Law	Kelly Mackie	Tirian McManus
Phillip Mullany	Alex Tomlinson	

Lawn Bowls

Michael Bayo	Sarah Boddington	Troy Ford
Blake Hofman	Jenna Hurst	Kyle Johannes
Sean Mawdsley	Curtis Meredith	Jesse Noronha
Wilson Patuwai	Dylan Robinson	Dale Samaha
Tom Shapcott	Aaron Spears	Justine Walsh

CURRENT SCHOLARSHIP HOLDERS

The scholarship year for many athletes commenced in October 2008. The athletes listed below are part of the 2009 program year.

Rugby Union

Cameron Bond	Josh Brown	Mitchell Burge
Liam Faughlin	Cory Forrest	Daniel Grehan
Blake Holmes	Thomas Mackay	Dean Mayell
Lewis Mitchell	James Needham	Jake Palermo
Benjamin Robinson	Brodie Scott	Sam Smith
Jacob Woolley	Timothy Wylie	

Netball

Mikaela Bryce	Natalie Croker	Paige Fenech
Georgia Fisher	Sam Foster	Shayna Graham
Renae Hahn	Alyse Holmes	Emma Hunt
Freya Jansens	Courtney Jones	Emma Kelly
Tara Martin	Samantha Masterson	Teagan McClure
Ashleigh McHugh	Amanda Oswald	Sophie Robertson
Madolyn Ryan	Delise Sanchez-Lindgren	
Melissa Tallent	Kate Tonacia	

IAP

Bernadette Cardillo	Sarah Carli	Leroy Davies
Nicholas Digenni	Nick Ferderer	Megan Field
Mckenzie Hynard	Bree Jones	Ryan O'Grady
Adam Reich	Abbie Taddeo	

Hockey

Taylor Anderson	Rachel Cheetham	Alex Collyer
Kalinda Commerford	Kate Davis	Sassie Economos
Brogan Ford	Isabella Franceschini	Kyah Gray
Joshua Gregory	Corey Harding	Jack Hayes
Mitchell Hurry	Monique Isemonger	Nick Jennings
Alexander Mackay	Jake McCracken	Kate McKinley
Alex Montgomery	Benjamin Morrell	Laura Nealon
Flynn Ogilvie	Hannah O'Leary	James Olsen
Lauren Peace	Kizziah Plumb	Joseph Plumb
Tegan Richards	Ariadne Sgouros	Ross Sharpe
Rowan Tickner	Christopher Whitehall	Elanor Woods

Tennis

Stella Crick	MacKenzie Edwards	Rachel Frezza
Bryce Hoerning	Gabby Hooker	Laura Kent
Brianna Kostovski	Dael McKenna	Lachlan Morris
Rachelle Morris	Cameron Smith	Luke Sullivan
Jack Swindells		



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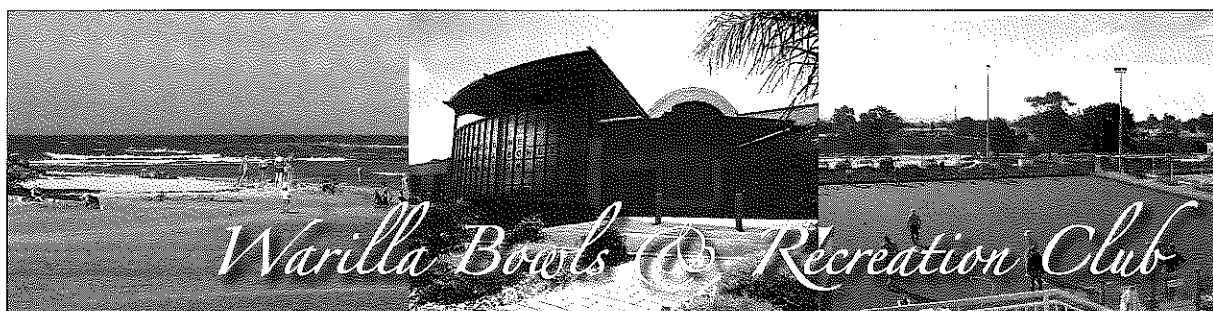
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SCHOLARSHIP HOLDERS BY SPORT AND REGION 2008

SPORT	WOLLONGONG	SHELLHARBOUR	KIAMA	SHOALHAVEN	WINGECARRIBEE	TOTAL
Cricket						
Male	6	3		6	3	18
Female						0
Cycling						
Male	4	1	1	2	3	11
Female	1	2				3
Golf						
Male	4	2	3	4		13
Female	5			2		7
Hockey						
Male	11	2		2	1	16
Female	6	2	4	2	3	17
Individual Athletes						
Male	6					6
Female	2	1	2			5
Lawn Bowls						
Male	5	6		1		12
Female	1	2		1		4
Netball	4	2	2	4		12
Rugby Union	11	2	4	1		18
Swim Sports						
Male			1			1
Female	1	1	1			3
Tennis						
Male	2	1	1	2		6
Female	3	3			1	7
SCG Totals	72	30	19	27	11	159

ATHLETE ACHIEVEMENTS 2008

Academy athletes achieved at all levels in 2008. The following lists athletic achievement in the 2008 calendar year for athletes on scholarship in that period.

INTERNATIONAL ACHIEVEMENTS

Athlete	Program	Event Name	Achievement
Scott Law	CYCLING	Junior World Track Championships	2nd Mens U19 Team Sprint
Scott Law	CYCLING	Junior World Track Championships	3rd Mens U19 1k Time Trial
Ryan Gregson	IAP	World Junior Track Championships	5th 1500m Final
Megan Field	IAP	World Acrobatic Gymnastics Age Games	16th Overall

AUSTRALIAN ACHIEVEMENTS

Athlete	Program	Event Name	Achievement
Ryan Gregson	IAP	World Cross Country Championships	Selected in Junior team
Ryan Gregson	IAP	World Junior Track Championships	Selected in Junior team
Ryan Gregson	IAP	Australian U19 Development Squad	Selected
Ryan Gregson	IAP	Australian U20 Cross Country Championship	1st
Ryan Gregson	IAP	Australian U20 Athletics Championships	1st 1500m & 5000m
Ryan Gregson	IAP	Australian All Schools	1st 1500m & 5000m
Ryan Gregson	IAP	Australian University Games	1st 1500m & 5000m
Ryan O'Grady	IAP	Australian Surf Life Saving Championships	2nd U15 Tube Rescue
Ryan O'Grady	IAP	Australian Surf Life Saving Championships	Finalist in Ironman & Board
Ryan O'Grady	IAP	Australian Surf Life Saving Championships	4th Surf Swim
Bernadette Cardillo	IAP	Australian Surf Life Saving Championships	5th in U15 Final of Beach Sprint
Bree Jones	IAP	Australian Surf Life Saving Championships	4th U15 2k Beach Run
Tayla King	IAP	Australian All Schools	3rd Girls 14y Triple Jump
Tayla King	IAP	Australian All Schools	2nd Girls 14y High Jump & Long Jump
Emma Ford	IAP	Nationals Championships	Semifinalist Girls 16 Doubles
Megan Field	IAP	Australian Sports Acrobatics Championships	2nd Women's Pairs 11-16y
Nick DiGenni	IAP	Australian Youth Championships	2nd 12-16yrs Sport pistol & Air pistol
Nick DiGenni	IAP	Australian Youth Championships	3rd 12-16yrs Standard pistol & Rapid fire
Abbie Taddeo	IAP	Pan Pacific School Games	2nd 14 years 90m Hurdles
Adam Reich	IAP	Pacific Coast Slam	3rd (NSW U17 Country Team)

ATHLETE ACHIEVEMENTS 2008 *CONTINUED*

AUSTRALIAN ACHIEVEMENTS *CONTINUED*

Scott Law	CYCLING	Australian Junior Team	Selected into Junior Worlds Team
Scott Law	CYCLING	2008 Senior Track Championships	1st U19 1k time trial, Scratch Race & Teams Sprint
Scott Law	CYCLING	2008 Senior Track Championships	2nd U19 Sprint
Scott Law	CYCLING	2008 Senior Track Championships	3rd U19 4000m Teams Pursuit
Scott Law	CYCLING	2008 Senior Track Championships	2nd Madison Final
Scott Law	CYCLING	Oceania Cycling Championships	1st Omnium, Teams Pursuit & 10k Scratch Race
Scott Law	CYCLING	Oceania Cycling Championships	3rd 20km Points Race
Tirian McManus	CYCLING	Australian Junior Track Championships	1st Mens U15 Individual Pursuit, Sprint & Scratch Race
Tirian McManus	CYCLING	Australian Junior Track Championships	2nd Mens U15 Time Trial
Tirian McManus	CYCLING	Australian Junior Track Championships	Won the Champion of Champions award
Tirian McManus	CYCLING	Australian Junior Road Championships	1st Time Trial & Criterium
Caleb Ewan	CYCLING	Australian Junior Road Championships	3rd Criterium
Jackson Law	CYCLING	Australian Junior Track Championships	1st Mens U17 Scratch race & Teams Pursuit
Jackson Law	CYCLING	Australian Junior Track Championships	2nd Mens U17 Individual Pursuit
Kelly Mackie	CYCLING	Australian Junior Track Championships	1st Womens U15 Scratch Race
Kelly Mackie	CYCLING	Australian Junior Track Championships	3rd Womens U15 Individual Pursuit
Kelly Mackie	CYCLING	Australian Junior Road Championships	1st U15 Womens Road race
Kelly Mackie	CYCLING	Australian Junior Road Championships	2nd U15 Womens Time trial & Criterium
Kelly Mackie	CYCLING	Australian Road Race Championships	1st U15 Womens Road Race
Aaron Donnelly	CYCLING	2008 Senior Track Championships	1st U19 Madison Final
Aaron Donnelly	CYCLING	2008 Senior Track Championships	3rd U19 4000m Teams pursuit
Aaron Donnelly	CYCLING	National U19 Road & Time Trial Championships	3rd Road Race
Cameron Bond	RUGBY	Australian Rugby Union National Talent Squad	Selected
Tom Connor	RUGBY	Australian Rugby Union National Talent Squad	Selected

STATE ACHIEVEMENTS

Athlete	Program	Event Name	Achievement
Ryan Gregson	IAP	Athletics NSW Annual Awards	Junior Distance & X-Country runner of the year
Ryan Gregson	IAP	NSW Cross Country Championships	Winner U20 8km
Ryan Gregson	IAP	State Road Championships	2nd Mens Open 10km
Bree Jones	IAP	State SLSA Titles	1st 2k beach race
Bree Jones	IAP	NSW Cross Country Championships	3rd U16 4km event
Bree Jones	IAP	State Road Championships	2nd 15yrs girls category
Megan Field	IAP	Acrobatic Gymnastics State Competition	1st Overall
Megan Field	IAP	Canberra National Qualifier	Selected

ATHLETE ACHIEVEMENTS 2008 *CONTINUED*

STATE ACHIEVEMENTS *CONTINUED*

Bernadette Cardillo	IAP	State SLSA Titles	1st U15 sprint
Bernadette Cardillo	IAP	NSW Surf Premiership	1st U17 Beach Sprint pointscore
Bernadette Cardillo	IAP	NSW Surf Premiership	1st U17 Beach Flags pointscore
Bernadette Cardillo	IAP	NSW Sydney Water Premiership	1st U17 Beach Sprint pointscore
Bernadette Cardillo	IAP	NSW Sydney Water Premiership	1st U17 Beach Flags pointscore
Bernadette Cardillo	IAP	NSW Sydney Water Premiership	1st U17 Land Based pointscore
Bernadette Cardillo	IAP	NSW High Performance Squad	Selected
Ryan O'Grady	IAP	State SLSA Titles	1st U15 tube event
Ryan O'Grady	IAP	NSW Surf Premiership	1st ironman pointscore
Ryan O'Grady	IAP	NSW Surf Premiership	1st surf race point score
Ryan O'Grady	IAP	NSW Surf Premiership	3rd board race point score
Ryan O'Grady	IAP	NSW Sydney Water Premiership	1st U17 Water Based Pointscore
Ryan O'Grady	IAP	NSW Endurance Championships	1st junior swim
Ryan O'Grady	IAP	NSW Endurance Championships	1st junior ironman
Ryan O'Grady	IAP	NSW High Performance Squad	Selected
Mackenzie Hynard	IAP	U14 Coolangatta Gold	1st
Tayla King	IAP	NSW Secondary All Schools Track & Field	1st Girls 14y Triple Jump
Tayla King	IAP	NSW Secondary All Schools Track & Field	1st Girls 14y High Jump
Tayla King	IAP	NSW Secondary All Schools Track & Field	2nd Girls 14y Long Jump
Tayla King	IAP	NSW U16 Championships	1st Girls 14y Triple Jump
Tayla King	IAP	NSW U16 Championships	2nd Girls 14y High Jump
Tayla King	IAP	NSW U16 Championships	2nd Girls 14y Long Jump
Abbie Taddeo	IAP	NSW Secondary All Schools Track & Field	2nd Girls Triple Jump 14 years
Abbie Taddeo	IAP	NSW Secondary All Schools Track & Field	1st 14 years 90 Metre Hurdles
Abbie Taddeo	IAP	NSW CCC Athletics Carnival	1st 14 years 90 Metre Hurdles, 100m & 200m sprints, 4x100m Relays
Abbie Taddeo	IAP	NSW CCC Athletics Carnival	Age Champion
Sarah Carli	IAP	NSW Secondary All Schools Track & Field	3rd Girls 14y 3000m
Sarah Carli	IAP	CHS State Championships	2nd Girls 14y 3000m
Sarah Carli	IAP	NSW LAAA State Championships	2nd Girls U14 3000m
Elyse Finlayson	IAP	Futsal Super League U16	NSW Futsal goalkeeper of the year
Elyse Finlayson	IAP	NSW U15 Metro team - Futsal	Selected
Brianna Kostovski	IAP	Canberra Junior Championships	2nd Girls Doubles
Brianna Kostovski	IAP	Tennis NSW Super Series pointscore	Winner girls singles
Brianna Kostovski	IAP	Wollongong Super Series	Winner 14yrs & 15 years girls singles
Brianna Kostovski	IAP	Wollongong Super Series	Finalist 14yrs girls doubles
Brianna Kostovski	IAP	Easter Open Tournament	Winner B special doubles
Emma Ford	IAP	ITF 4 Gallipoli Youth Cup	Winner double titles
Emma Ford	IAP	2008 Sawtell RSL Seaside Open	1st Womens Doubles
Emma Ford	IAP	2008 Northern Territory Junior ITF Grade 3	Runner Up Girls 18yrs Doubles
Emma Ford	IAP	Sydney Junior ITF Grade 4	Girls doubles semifinalist

ATHLETE ACHIEVEMENTS 2008 *CONTINUED*

STATE ACHIEVEMENTS *CONTINUED*

Nicholas DiGenni	IAP	NSW ISSF Pistol Shooting Championships	Gold medal Mens D Grade Rapid Fire
Nicholas DiGenni	IAP	NSW ISSF Pistol Shooting Championships	Silver Junior C Grade Sport Pistol
Nicholas DiGenni	IAP	NSW ISSF Pistol Shooting Championships	Bronze Junior C Grade Air Pistol
Nicholas DiGenni	IAP	NSW State Championships	1st D-Grade Men's rapid fire
Nicholas DiGenni	IAP	NSW State Championships	2nd C-Grade Junior sport pistol
Nicholas DiGenni	IAP	NSW State Championships	3rd C-Grade Junior air pistol
Nicholas DiGenni	IAP	NSW Tri-State Team	Selected in train on squad
Nick Ferderer	IAP	St Mary's Ripples Open Water Meet Penrith	3rd 15yrs 5km event
Leroy Davies	IAP	NSW State Titles - Surfing	4th U16 Boys
Adam Reich	IAP	ANSW U18 Country Basketball Team	Selected
Adam Reich	IAP	NSW U18 State Team	Invited to trial
Adam Reich	IAP	Illawarra U18 Basketball Team	Selected
Adam Reich	IAP	NSW Country Basketball Champs	3rd
Adam Reich	IAP	Gosford Basketball Classic	2nd
Bridie Hopkins	HOCKEY	2009 NSW U18 Squad	Selected
Kate Davis	HOCKEY	Hockey NSW U15 State Team	Selected
Kate Davis	HOCKEY	NSW Combined Catholic Colleges U16 Team	Selected
Kate Davis	HOCKEY	Aust U15 Girls Field Champs NSW U15 Team	Selected
Kate Nealon	HOCKEY	National U18 Indoor Championships	1st place in final
Kate Nealon	HOCKEY	2008 NSW U18 Squad	Selected
Lauren Peace	HOCKEY	2008 NSW U18 Squad	Selected
Lauren Peace	HOCKEY	2008 NSW U18 Country Team	Selected
Tessa Royle	HOCKEY	2008 NSW U18 Squad	Selected
Tessa Royle	HOCKEY	NSW Combined Catholic Colleges U16 Team	Selected
Kizziah Plumb	HOCKEY	Hockey NSW U15 State team	Selected
Kizziah Plumb	HOCKEY	NSW U16's All Schools Team	Selected
Kizziah Plumb	HOCKEY	NSW U15's Outdoor Team	Selected
Laura Nealon	HOCKEY	NSW U15 Country Team	Selected
Kyah Gray	HOCKEY	NSW U15 Country Team	Selected
Rachel Cheetham	HOCKEY	NSW U16 Blues Indoor Team	Selected
Jake McCracken	HOCKEY	NSW U16 All Schools Squad	Selected
Chris Whitehall	HOCKEY	NSW U16 All Schools Squad	Shadow player
James Olsen	HOCKEY	NSW U15 Country Team	Selected

ATHLETE ACHIEVEMENTS 2008 *CONTINUED*

STATE ACHIEVEMENTS *CONTINUED*

Josh Gregory	HOCKEY	NSW U15 Country Team	Selected
Corey Harding	HOCKEY	NSW U15 Country Team	Selected
Jack Hayes	HOCKEY	NSW U15 Country Team	Selected
Joe Plumb	HOCKEY	NSW U15 Country Team	Selected
Ross Sharpe	HOCKEY	NSW U15 Country Team	Selected
Bede Gillard	HOCKEY	NSW U18 Indoor Team	Selected
Health Ogilvie	HOCKEY	National U18 Indoor Championships	2nd place final
Health Ogilvie	HOCKEY	National U18 Indoor Championships	Player of the tournament award
Heath Ogilvie	HOCKEY	NSW U18 All Schools Squad	Selected
Heath Ogilvie	HOCKEY	NSW U21 Indoor Team	Shadow player
Flynn Ogilvie	HOCKEY	NSW U15 state team	Selected
Flynn Ogilvie	HOCKEY	Aust U15 Boys Field Championships	1st place in final
Flynn Ogilvie	HOCKEY	NSW U16 Indoor Team	Selected
Scott Govers	HOCKEY	NSW U15 state team	Selected
Scott Govers	HOCKEY	Aust U15 Boys Field Championships	1st place in final
Scott Govers	HOCKEY	NSW U16 Indoor Team	Selected
Chris Whitehall	HOCKEY	NSW All Schools U16 Boys team	Selected
Chris Whitehall	HOCKEY	NSW CCC (Combined Catholic Colleges) Team	Selected
Oliver Walker	HOCKEY	Aust U18 Hockey Champs NSW Team	Selected
Oliver Walker	HOCKEY	NSW U18 All Schools Squad	Selected
Josh Walters	HOCKEY	National U18 Indoor Championships	2nd place final
Josh Walters	HOCKEY	NSW U18 All Schools Squad	Selected
Josh Walters	HOCKEY	NSW U18 Country Team	Selected
Josh Walters	HOCKEY	NSW U18 Squad for 2009	Selected
Scott Law	CYCLING	NSW U19 Sprint Championships	2nd
Scott Law	CYCLING	NSW Madison Championships	1st elite mens' category
Scott Law	CYCLING	Wagga Wagga Golden Wheel Race	1st mens
Scott Law	CYCLING	NSW U19 Criterium Championship	1st
Aaron Donnelly	CYCLING	NSW Madison Championships	3rd elite mens category
Aaron Donnelly	CYCLING	Canberra Junior Tour	3rd JM19
Aaron Donnelly	CYCLING	NSW U19 Road Championships	1st 132km mens road race
Aaron Donnelly	CYCLING	NSW U19 Road Championships	1st U19 Time Trial
Aaron Donnelly	CYCLING	Wagga Wagga Golden Wheel Race	3rd mens
Aaron Donnelly	CYCLING	Wagga To Albury Handicap	2nd Overall

ATHLETE ACHIEVEMENTS 2008 *CONTINUED*

STATE ACHIEVEMENTS *CONTINUED*

Jackson Law	CYCLING	Australian Junior Road Championships	Selected for NSW
Jackson Law	CYCLING	Australian Junior Track Championships	Selected for NSW
Jackson Law	CYCLING	NSW Junior Track Championships	1st U17 Time trial & 2k Pursuit
Jackson Law	CYCLING	NSW Junior Track Championships	2nd U17 Scratch race
Jackson Law	CYCLING	Country Road Championships	Winner boys 17 years category
Jackson Law	CYCLING	NSW Country Track Championships	1st JM17 Category
Jackson Law	CYCLING	Goulburn 2 Day Tour	Winner U17 mens category
Jackson Law	CYCLING	Wagga 2 Day Tour	Winner U17 mens category
Jackson Law	CYCLING	NSW Junior Road Person of the Year	1st U17 mens pointscore
Madison Law	CYCLING	NSW Country Track Championships	2nd JW17 Category
Melanie Law	CYCLING	NSW Country Track Championships	1st JW19 Category
Caleb Ewan	CYCLING	Australian Junior Road Championships	Selected for NSW
Caleb Ewan	CYCLING	Australian Junior Track Championships	Selected for NSW
Caleb Ewan	CYCLING	NSW Junior Championships	3rd U15 Individual pursuit
Caleb Ewan	CYCLING	Canberra Junior Tour	5th JM15 boys category
Caleb Ewan	CYCLING	Goulburn 2 Day Tour	3rd U15 boys
Caleb Ewan	CYCLING	Wagga 2 Day Tour	2nd U15 mens division
Caleb Ewan	CYCLING	NSW Junior Road Person of the Year	2nd U15 mens pointscore
Tirian McManus	CYCLING	Australian Junior Road Championships	Selected for NSW
Tirian McManus	CYCLING	Australian Junior Track Championships	Selected for NSW
Tirian McManus	CYCLING	NSW Junior Track Championships	1st U15 Time Trial, Scratch Race, Pursuit & Sprint
Tirian McManus	CYCLING	NSW Junior Track Championships	3rd U15 Teams Sprint
Tirian McManus	CYCLING	NSW Metropolitan Junior Track Championships	1st U15 Time Trial, Scratch Race & Derby
Tirian McManus	CYCLING	NSW Metropolitan Junior Track Championships	Winner boys 15 years category
Tirian McManus	CYCLING	NSW Junior Road Championships	1st U15 Road Race, Time Trial & Criterium
Tirian McManus	CYCLING	Goulburn 2 Day Tour	Winner U15 category
Tirian McManus	CYCLING	Wagga Junior Tour	Winner U15 mens division
Tirian McManus	CYCLING	Tamworth Junior Tour	Winner U15 category
Tirian McManus	CYCLING	Canberra Junior Tour	3rd U15
Tirian McManus	CYCLING	NSW Junior Road Person of the Year	1st U15 mens pointscore
Kelly Mackie	CYCLING	Australian Junior Track Championships	Selected for NSW
Kelly Mackie	CYCLING	Australian Junior Road Championships	Selected for NSW
Kelly Mackie	CYCLING	NSW Junior Road Championships	1st JW15 Road Race, Criterium & JW Pointscore
Kelly Mackie	CYCLING	NSW Junior Road Championships	2nd JW15 Time Trial
Kelly Mackie	CYCLING	NSW Junior Track Championships	1st JW15 Scratch Race & Time Trial
Kelly Mackie	CYCLING	NSW Junior Track Championships	2nd JW15 Individual Pursuit & Sprint
Kelly Mackie	CYCLING	NSW Country Road Championships	1st U15 womens pointscore
Kelly Mackie	CYCLING	NSW Country Track Championships	1st girls 15 years category
Kelly Mackie	CYCLING	Future Stars @ Revolution 4 Victoria	Overall winner JW17
Kelly Mackie	CYCLING	Central Districts Junior Tour Adelaide	1st JW15's general classification
Kelly Mackie	CYCLING	Canberra Junior Tour	3rd JW15
Kelly Mackie	CYCLING	Goulburn 2 Day Tour	1st U15 girls category
Kelly Mackie	CYCLING	Wagga 2 Day Tour	1st U15 girls category

ATHLETE ACHIEVEMENTS 2008 *CONTINUED*

STATE ACHIEVEMENTS *CONTINUED*

Jacob Harding	GOLF	2008 Subaru State Age Championships	Nett Champion 16yrs Nett Winner - Plate Division
Luke Elliott	GOLF	2008 Subaru State Age Championships	Day 3 Plate U15 Scratch winner
Luke Elliott	GOLF	2008 Subaru State Age Championships	Day 3 Plate U15 Scratch winner
Jordan Zunic	GOLF	NSW development Squad	Selected
Jordan Zunic	GOLF	Illawarra District Prime 90 Tournament	1st overall
Thomas Holz	GOLF	2008 State Junior Medals	Silver boys 14 to 15 years category
Thomas Holz	GOLF	2008 Subaru State Age Championships	Day 3 U15 Scratch winner
Thomas Holz	GOLF	Russel Vale Youth Masters	Runner up Boys
Thomas Holz	GOLF	Wollongong Youth Links Classics	Won Overall Gross
Jake Parkinson	GOLF	Illawarra District Prime 90 Tournament	1st U18 boys gross winner
Jarryd Buckley	GOLF	Illawarra District Prime 90 Tournament	boys nett winner
Kane Parkes	GOLF	Illawarra District Prime 90 Tournament	1st U16 gross
Kane Parkes	GOLF	St Georges Basin Junior Open	2nd overall boys
Kane Parkes	GOLF	St Georges Basin Junior Open	1st nett boys
Kane Parkes	GOLF	State Age Titles	boys 16yrs nett runner up
Roland Krelle	GOLF	2008 Subaru State Age Championships	Nett Champion 16yrs boys
Roland Krelle	GOLF	Wollongong Youth Links Classics	Overall Runner up
Aaron Keevers	GOLF	Illawarra District Prime 90 Tournament	Runner up Boys gross
Brittany Maher	GOLF	Illawarra District Prime 90 Tournament	Winner Girls gross
Brittany Maher	GOLF	St Georges Basin Junior Open	Winner Girls gross
Brittany Maher	GOLF	State Junior Medals	3rd Nett Girls 16 yrs
Brittany Maher	GOLF	2008 Subaru State Age Championships	Nett Champion 16yrs girls
Brittany Maher	GOLF	2008 Subaru State Age Championships	3rd gross 16 years girls
Brittany Maher	GOLF	Golf Australia Cup	Winner Overall Nett Female
Brittany Maher	GOLF	Wollongong Youth Links Classics	Nett Winner
Brittany Maher	GOLF	Kiama Junior Masters Classic	Overall Winner Girls
Brittany Maher	GOLF	Vincentia Womens Open	Won
Brittany Maher	GOLF	Moss Vale Junior Open	Female gross winner
Brittany Maher	GOLF	St Georges Basin Prom Am	Won female amateur gross
Brittany Maher	GOLF	Nepean-Illawarra Womens Golf	Junior champion
Elise Parker	GOLF	Wollongong Youth Links Classics	Nett Runner up
Shaun Julius	GOLF	Wollongong Youth Links Classics	Won U15 Gross
Amelia Stannard	GOLF	Wollongong Youth Links Classics	Won U15 Category
Amelia Stannard	GOLF	Kiama Junior Masters Classic	Nett Runner Up Girls
Lachlan Staniforth	GOLF	Brett Ogle Junior Masters	Winner 2nd Day Nett

ATHLETE ACHIEVEMENTS 2008 *CONTINUED*

STATE ACHIEVEMENTS *CONTINUED*

Jarrold Buckley	GOLF	Wollongong Youth Links Classics	Won U18 nett
Tahnia Ravnjak	GOLF	Illawarra District Prime 90 Tournament	Runner up girls gross
Tahnia Ravnjak	GOLF	The Tuggerah Lakes Junior Classic	Overall Girls gross winner
Tahnia Ravnjak	GOLF	State Age Titles	Day 3 & 4 nett winner
Tahnia Ravnjak	GOLF	State Age Titles	Runner up girls 15y gross
Tahnia Ravnjak	GOLF	Jamberoo Junior Open	Girls gross winner
Tahnia Ravnjak	GOLF	Kiama Junior Masters	Girls nett winner
Tahnia Ravnjak	GOLF	The Grange Youth Classic	Girls nett winner
Tahnia Ravnjak	GOLF	Port Kembla Junior Classic	Girls gross winner
Tahnia Ravnjak	GOLF	Champions Trophy Mt Broughton	Overall nett winner
Tahnia Ravnjak	GOLF	Macarthur Junior Masters	2nd Girls gross
Roland Krelle	GOLF	State Age Titles	Champion 16 yrs Boys nett
Roland Krelle	GOLF	2008 Subaru State Age Championships	Nett Champion 16yrs Boys
Shaun Julius	GOLF	The Tuggerah Lakes Junior Classic	Winner 14/15 years Boys gross
Shaun Julius	GOLF	Kiama Junior Masters Classic	Runner up U16 Gross Boys
Elissa Nikolich	GOLF	State Age Titles	Nett Runner up girls
Elissa Nikolich	GOLF	Muswellbrook Junior Masters	Winner girls division 2
Elissa Nikolich	GOLF	2008 Subaru State Age Championships	Nett Runner up 16yrs girls
Elissa Nikolich	GOLF	The Liverpool Junior Cup	Nett Champion 16yrs Girls
Elissa Nikolich	GOLF	Macarthur Junior Masters	Div 2 36 hole Scratch Winner
Elissa Nikolich	GOLF	Russell Vale Championships	Open & Junior Ladies champion
Elissa Nikolich	GOLF	2008 Champions Trophy	Nett Runner up Girls 15yrs & over
Elissa Nikolich	GOLF	Ladies Illawarra to Nepean Championships	18 Holes Scratch winner
Elissa Nikolich	GOLF	Jack Newton Junior Golf Foundation Awards	Junior Girls Rookie of the year
Lachlan Lamont	CRICKET	Shoalhaven U16 Team	Selected
Lachlan Lamont	CRICKET	Southern Zone U16 Team	Selected
Lachlan Lamont	CRICKET	Shoalhaven U20 Jeffrey Cup Team	Selected
Samuel Flanagan	CRICKET	Illawarra U15 Team	Selected
Samuel Flanagan	CRICKET	NSW Catholic Schools Team	Invited to trial
Rahil Verma	CRICKET	Illawarra U15 Team	Selected
Rahil Verma	CRICKET	NSW U15 Combined Independent Schools Team	Selected
Jordan Matthews	CRICKET	Shoalhaven U16 Team	Selected
Jordan Matthews	CRICKET	Southern Zone U16 Team	Selected
Jordan Matthews	CRICKET	NSW CCC (Combined Catholic Colleges) Country Team	Selected
Jordan Matthews	CRICKET	NSW AllSchools Team	Selected
Mitchell Calder	CRICKET	Illawarra U16 Team	Selected
Mitchell Calder	CRICKET	Illawarra Bradman Cup Team	Selected
John Kirkby	CRICKET	Shoalhaven U16 Team	Selected
John Kirkby	CRICKET	Shoalhaven U20 Jeffrey Cup Team	Selected

ATHLETE ACHIEVEMENTS 2008 *CONTINUED*

STATE ACHIEVEMENTS *CONTINUED*

William Norrie	CRICKET	Southern Highlands Bradman Cup Team	Selected
Owen Chivers	CRICKET	NSW U15 CIS (Combined Independent Schools)	Selected
Owen Chivers	CRICKET	NSW All Schools U15 Squad	Selected
Nathan McAndrew	CRICKET	Shoalhaven U16 Team	Selected
Nathan McAndrew	CRICKET	Southern Zone U16 Bradman Cup Team	Selected
Storm Collins	CRICKET	South Coast U16 Gold Rep Team	Selected
Dan Beasley	CRICKET	Shoalhaven U16 Team	Selected
Matt McKenzie	CRICKET	Illawarra U16 Team	Selected
Matt McKenzie	CRICKET	Illawarra U17 Team	Selected
Matt McKenzie	CRICKET	Illawarra U19 Team	Selected
Emma McKeon	SWIM	State Open Short Course Championships	3rd Womens 50m Freestyle
Emma McKeon	SWIM	State Age Short Course Championships	2nd Girls 14yrs 50m Freestyle
Emma McKeon	SWIM	State Age Short Course Championships	3rd Girls 14yrs 200m Freestyle
Emma McKeon	SWIM	State Age Short Course Championships	1st Girls 14yrs 100m Freestyle
Emma McKeon	SWIM	Pacific School Games	1st Girls 14yrs 100m Butterfly
Emma McKeon	SWIM	Pacific School Games	2nd Girls 14yrs 50m Butterfly
Emma McKeon	SWIM	Pacific School Games	2nd Girls 14yrs 50m & 100m Freestyle
Zoe Elkerton	SWIM	Pacific School Games	3rd Girls 13-14y 400m Freestyle
Jordan Chyra	SWIM	State Age Short Course Championships	1st Boys 15yr olds 100m butterfly
Jordan Chyra	SWIM	State Age Short Course Championships	1st Boys 15yr olds 200m butterfly
Sarah Boddington	BOWLS	NSW U18 Combined High Schools girls side A	Selected
Sarah Boddington	BOWLS	South Coast District Womens Side	Selected
Sarah Boddington	BOWLS	U18s Presidents v Chairmans Series	Selected for Chairmans side
Sarah Boddington	BOWLS	NSW U18 Squad for 2009	Selected
Sarah Boddington	BOWLS	Zone 7 U18 Team	Selected
Sarah Boddington	BOWLS	South Coast District Junior Side	Selected
Sarah Boddington	BOWLS	Huskisson Club Championship	Winner Womens Minor Singles, Mixed Pairs & Womens Fours
Sarah Boddington	BOWLS	Huskisson Club Championship	Runner up Womens Major Singles
Sarah Boddington	BOWLS	Huskisson Club Championship	Winner Womens Consistency Singles
Sarah Boddington	BOWLS	NSW U18 Championships	Winner Girls Pairs
Kyle Johannes	BOWLS	NSW U18 State Sides Nationals/ CHS	Selected
Kyle Johannes	BOWLS	NSW CHS Secondary Lawn Bowls Team	Selected
Kyle Johannes	BOWLS	Zone 16 U/18 Side	Selected
Kyle Johannes	BOWLS	NSW U/18 State Squad 2008/2009	Selected
Kyle Johannes	BOWLS	Zone 16 senior Rep Side	Selected
Kyle Johannes	BOWLS	Australian Championships Triples	Winner
Kyle Johannes	BOWLS	Australian Championships Fours	3rd
Kyle Johannes	BOWLS	Zone 16 Junior Fours	Winner
Kyle Johannes	BOWLS	Zone 16 Junior Pairs	Runner Up

ATHLETE ACHIEVEMENTS 2008 *CONTINUED*

STATE ACHIEVEMENTS *CONTINUED*

Kyle Johannes	BOWLS	Warilla Club Championships	Winner Junior Singles & Junior Pairs
Kyle Johannes	BOWLS	NSW Senior Mixed Club Championship	Winner
Kyle Johannes	BOWLS	Zone 16 No1 State Pennant	Winner
Kyle Johannes	BOWLS	NSW No1 Pennant	Runner Up
Michael Bayo	BOWLS	U18s Presidents v Chairmans Series	Selected for Chairmans side
Michael Bayo	BOWLS	Zone 16 U/18 Side	Selected
Michael Bayo	BOWLS	Zone 16 Junior Fours	Winner
Michael Bayo	BOWLS	Zone 16 Junior Pairs	Runner Up
Michael Bayo	BOWLS	Warilla Reserve Pairs	Runner Up
Michael Bayo	BOWLS	Warilla Senior Fours	Winner
Michael Bayo	BOWLS	Warilla Senior Triples	Winner
Michael Bayo	BOWLS	NSW Senior Mixed Club Championship	Winner
Michael Bayo	BOWLS	Warilla U/18 Championship Singles	Runner Up
Troy Ford	BOWLS	NSW U18 Combined High Schools girls side C mixed	Selected
Troy Ford	BOWLS	U18s Presidents v Chairmans Series	Selected for Presidents side
Troy Ford	BOWLS	Zone 16 U/18 Side	Selected
Troy Ford	BOWLS	State Squad 2008	Selected
Wilson Patuwai	BOWLS	NSW CHS Secondary Lawn Bowls Team	Selected
Wilson Patuwai	BOWLS	U18s Presidents v Chairmans Series	Selected for Chairmans side
Wilson Patuwai	BOWLS	Zone 16 U/18 Side	Selected
Wilson Patuwai	BOWLS	Zone 16 Senior Rep Side	Selected
Wilson Patuwai	BOWLS	NSW U/18 Squad 2009	Selected
Wilson Patuwai	BOWLS	Senior State Zone Championship	Winner
Wilson Patuwai	BOWLS	Zone 16 No 1 Pennant	Winner
Wilson Patuwai	BOWLS	NSW Senior Mixed Club Championship	Winner
Wilson Patuwai	BOWLS	Warilla U/18 Championship Pairs	Runner Up
Jesse Noronha	BOWLS	NSW CHS Secondary Lawn Bowls Team	Selected
Jesse Noronha	BOWLS	U18s Presidents v Chairmans Series	Selected for Presidents side
Jesse Noronha	BOWLS	Zone 16 U/18 Side	Selected
Jesse Noronha	BOWLS	NSW State Squad U/18	Selected
Jesse Noronha	BOWLS	Zone 16 Senior Rep Side	Selected
Jesse Noronha	BOWLS	Zone 16 U/18 Championships	"Winner Singles, Pairs & Fours"
Jesse Noronha	BOWLS	Warilla Club Championships	"Winner Reserve Singles, Pairs & Mixed Pairs"
Jesse Noronha	BOWLS	Warilla Club Championships	Winner Senior Triples & Fours
Jesse Noronha	BOWLS	Senior State Zone Championship	Winner
Jesse Noronha	BOWLS	Zone 16 No 1 Pennant	Winner
Jesse Noronha	BOWLS	State Championships	Runner up Mens Triples
Justine Walsh	BOWLS	U18s Presidents v Chairmans Series	Selected for Chairmans side
Justine Walsh	BOWLS	Zone 16 U/18 Side	Selected
Tom Shapcott	BOWLS	U18s Presidents v Chairmans Series	Selected for Presidents side
Tom Shapcott	BOWLS	Zone 7 U/18 Side	Selected

ATHLETE ACHIEVEMENTS 2008 *CONTINUED*

STATE ACHIEVEMENTS *CONTINUED*

Curtis Meredith	BOWLS	Zone 16 U/18 Side	Selected
Curtis Meredith	BOWLS	Zone 16 Reserve Singles	Winner
Dylan Robinson	BOWLS	Zone 16 U/18 Side	Selected
Dylan Robinson	BOWLS	NSW CHS team	Selected
Dylan Robinson	BOWLS	Zone 16 Reserve Pairs	Runner Up
Dylan Robinson	BOWLS	Dapto Bowling Club Championships	"Winner minor singles, minor pairs & major fours"
Dylan Robinson	BOWLS	South Coast CHS Championships	Boys singles runner up
Aaron Spears	BOWLS	Zone 16 U/18 Side	Selected
Aaron Spears	BOWLS	U18s Presidents v Chairmans Series	Selected for Presidents side
Aaron Spears	BOWLS	CHS South Coast Team	Selected
Aaron Spears	BOWLS	NSW Senior Mixed Club Championship	Winner
Sean Mawdsley	BOWLS	Zone 16 U/18 Side	Selected
Sean Mawdsley	BOWLS	Zone 16 U/18 Singles	Runner Up
Dale Samaha	BOWLS	Zone 16 U/18 Side	Selected
Jenna Hurst	BOWLS	Zone 16 U/18 Side	Selected
Laura Kent	TENNIS	2008 ACT Junior Challenge	Semi finalist Girls 14s Singles
Laura Kent	TENNIS	2008 ACT Junior Challenge	Finalist Girls 14s Doubles
Laura Kent	TENNIS	Parkes Junior Open	Winner Girls 13yrs Singles
Gabrielle Hooker	TENNIS	Parkes Junior Open	Winner Girls 14yrs Singles
Jack Swindells	TENNIS	2008 ACT Junior Challenge	Finalist Boys 14yrs Doubles
Jack Swindells	TENNIS	2008 Parkes Junior Open	Finalist Boys 14yrs Doubles
Jack Swindells	TENNIS	2008 Medibank Cup	Semi Finalist Boys 14yrs Doubles
Dael McKenna	TENNIS	2008 ACT Junior Challenge	Semi Finalist Girls 18 Singles
Dael McKenna	TENNIS	Canberra Junior Open	Semifinalist Girls 18yrs category
Dael McKenna	TENNIS	State Age Championships	Semifinalist Girls 14yrs Single category
Jack Swindells	TENNIS	Canberra Junior Open	Winner Boys 14yrs Doubles category
Bryce Hoerning	TENNIS	Tweed Heads Junior Open	Winner Boys 18yrs Doubles
Bryce Hoerning	TENNIS	Wollongong Super Series	Finalist Boys 16yrs Doubles
Bryce Hoerning	TENNIS	Wollongong Super Series	Winner Boys 14yrs Singles
Bryce Hoerning	TENNIS	Medibank Cup	Quarterfinalist 14yrs Doubles
Rachel Frezza	TENNIS	Wollongong Super Series	Winner Girls 14 yrs Doubles
Rachel Frezza	TENNIS	Wollongong Super Series	Finalist Girls 14 yrs Singles
Madolyn Ryan	NETBALL	Anne Clark U17 Phase 2 Athlete trials	Selected
Melissa Tallent	NETBALL	AICES (Assoc of Independent Coeducational Schools) Open Team	Selected
Melissa Tallent	NETBALL	NSW CIS (Combined Independent Schools) Open Team	Selected

ATHLETE ACHIEVEMENTS 2008 *CONTINUED*

STATE ACHIEVEMENTS *CONTINUED*

Amanda Oswald	NETBALL	South Coast CHS Open Team	Selected
Amanda Oswald	NETBALL	Illawarra Under 17 Team	Selected
Sam Latu	RUGBY	NSW Schools U16 Squad	Selected
Sam Latu	RUGBY	NSW South Coast Schools Regional Rugby Union team	Selected
Nathan Trindall	RUGBY	NSW South Coast Schools Regional Rugby Union team	Selected
Corey Forrest	RUGBY	Illawarra U14Team	Selected
Corey Forrest	RUGBY	Illawarra U14 Division	Player of the year & Players player of the year
Corey Forrest	RUGBY	NSW U14 Country Team	Selected
Rhys Hancock	RUGBY	NSW U14 Country Team	Selected as a shadow player
Tim Wylie	RUGBY	Illawarra U14Team	Selected
Tristan Healy	RUGBY	Illawarra U16Team	Selected
Tristan Healy	RUGBY	NSW U16 Country Team	Selected
Blake Spencer	RUGBY	Illawarra U15Team	Selected
Blake Spencer	RUGBY	Illawarra U15 Representative Side	Won most outstanding rep player
Tom Connor	RUGBY	NSW U16 Country Team	Selected
Ben Belby	RUGBY	NSW U16 Country Team	Selected
David Brodie	RUGBY	NSW U16 Country Team	Selected
Matt Gladman	RUGBY	NSW U16 Country Team	Selected
Ben Robinson	RUGBY	Illawarra U14Team	Selected
Ben Robinson	RUGBY	NSW U14 Country Team	Selected
James Needham	RUGBY	Illawarra U14Team	Selected

The Illawarra Academy of Sport gratefully acknowledges
the support of a number of local businesses and clubs.

We thank them for their financial support
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